

16th Annual Summer Sizzler
Presented by
Southeastern Aquatics
Racine Family YMCA Swim Team
June 19-20, 2026
WI LSC Approval # WI2026-???A

Entry window opens June 1, 2026.

Location:	RecPlex Aqua Arena 9900 Terwall Terrace Pleasant Prairie, Wisconsin 53158
Meet Director & Entries:	Neil Wright 262.994.3157 south.eastern.aquatics@gmail.com
Officials:	Meet Official Jose Arteaga 262.664.9741 joseharteaga@gmail.com Admin Official Pat Lewno 262.637.2913 plewno@gmail.com
Eligibility:	Meet is open to all swimmers regardless of affiliation. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the Backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Format of Meet:	Time final with all events pre-seeded slow to fast. Heats/events may be combined. Breaks may be added after entries are received.
Volunteers Timers:	Teams attending may be required to supply meet volunteers during this event. Requirements (if any) will be posted on the meet landing page www.sea-y.org/summer-sizzler and emailed.
Facility:	Indoor, 50-meter pool with ten lanes. 7' at the start end and 12" at the turn end. Starting blocks are 29.5" and the meet host will ensure the required course dimensions.
Warm-ups:	Friday warm-ups will begin at 3:00 PM and the meet will begin at 4:05 PM. Saturday warm-ups will begin at 8:00 AM for the 12&U Sessions and the meet will begin at 9:05 AM. Saturday PM Sessions will be developed after the entry deadline with warm-ups beginning at the conclusion of the AM session.

Warm-up assignments will be posted on the meet landing site. Teams will have full use of their lanes during warm-ups and can perform general warm-up, pacing and starts during their allotted time. All entries to the pool shall be feet first from the start end. No snorkels, kickboards or other training devices are allowed during warm-ups. Swimmers without a coach present are to report to the meet director prior to warm-ups for their lane assignments. Estimated meet timeline will be available on meet landing page.

- Timing System:** A fully automatic Colorado timing systems with one manual back-up button and one back-up timer for each lane will be used. If the automatic system fails, a gun or horn start will be used.
- General Rules:** Official 2026 USA Swimming and WI LSC rules will prevail at this event. Age as of June 19, 2026. In granting this approval it is understood and agreed that USA Swimming and Wisconsin Swimming Inc. will be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Distance events (400 IM and 400 Free) are positive check-in.
- Entry Deadline:** June 7, 2026 (include entry file and PDF of entries). Entry window opens June 1. Forward waiver and payment on the day of the meet (or mail prior if you prefer) to:
Neil Wright
3210 96th Street
Sturtevant, Wisconsin 53177
- Entry Fees:** \$7.00 per event, \$4.00 WI LSC Splash Fee, \$15.00 admission fee, and \$15.00 RecPlex user fee. Check payable to "SEA."
- Entry Limit:** Participation is limited to a maximum of eight events (four per day). Entries will be imported in the order they are received. The 12&U AM sessions will be limited to four hours. Teams will be promptly notified (within 24-hours) whether their entries are accepted or not.
- Deck Entries:** Allowed in open lanes, closes 30-minutes after warm-ups begin, \$10 per event.
- Disabled Swimmers:** Coaches are encouraged to inform Officials and the Meet Director of any disabled swimmer's needs prior to warm-ups.
- MAAPP:** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18-years of age who have not completed the Athlete Protection Training (of whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

Coaches:	Coaches may pick-up heat sheets, submit waivers, pay entry fees, and sign the coaches sign-in sheet in the office.
Awards:	Heat Winner medals and 1 st -16 th ribbons for 12&U events (will be bagged by team for pick-up).
Heat Sheets:	Will be available on the meet landing page, www.sea-y.org/summer-sizzler . Will not be available at the venue.
Admissions:	Included with entry fee.
Food:	Hospitality will be available for coaches and officials. The RecPlex Concession Stand may or may not be open for spectators.
Conduct:	<p>All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your swimmers to clean up after themselves.</p> <ul style="list-style-type: none">• Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.• Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.• Flash photography and photography from behind the starting blocks is prohibited at the start of each race.• Operation of a drone, or any other flying apparatus, is prohibited over the competition venue. This includes pools, athlete and coaches' areas, sitting areas, and open ceiling locker rooms anytime athletes, coaches, and/or officials are present. Exceptions may be granted with prior approval by the Program Operations Vice Chair (103.13M/Drones).• Deck changes are prohibited.• Please note the locker rooms are public in nature and are not policed. Athletes should not leave their belongings unattended and/or unsecured.
First Aid:	Report injuries to the Lifeguard and Meet Director.
Lost and Found:	Lost and found will be outside the office. After the meet, lost and found items will be donated to charity.
Meet Results:	Will be posted on the meet landing page, www.sea-y.org/summer-sizzler .

Summer Sizzler Event Order

Friday PM

Girls	Age-Group	Event	Age-Group	Boys
1	Open	50 Free	Open	2
3	Open	100 Back	Open	4
5	Open	50 Breast	Open	6
7	Open	200 Breast	Open	8
9	Open	100 Fly	Open	10
11	Open	200 Free	Open	12
13	Open	200 IM	Open	14
15	Open	400 IM	Open	16

Saturday 12&U

Girls	Age-Group	Event	Age-Group	Boys
17	12&U	100 Free	12&U	18
19	12&U	50 Back	12&U	20
21	12&U	100 Breast	12&U	22
23	12&U	50 Fly	12&U	24
25	12&U	200 Back	12&U	26
27	12&U	200 Fly	12&U	28
29	12&U	400 Free*	12&U	30

Saturday Open

Girls	Age-Group	Event	Age-Group	Boys
31	Open	100 Free	Open	32
33	Open	200 Back	Open	34
35	Open	100 Breast	Open	36
37	Open	200 Fly	Open	38
39	Open	200 IM	Open	40
41	Open	400 Free*	Open	42

* Positive Check-in Event. Check-in sheets due at the end of warm-ups.

Waiver and Summer Entry Form

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assignees, waive and release any and all claims against Southeastern Aquatics, Racine Family YMCA, RecPlex Aqua Arena, PX3 Swim Team, WI Swimming, USA Swimming, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this event. Additionally, we are not responsible for lost or stolen items. I/We are bona fide amateur athletes and eligible to complete in all events I/we have entered.

Team name: _____ Code: _____

Signature of Club Official, Parent, or Guardian

Name: _____ Title: _____

Entry Fee Recap:

Total individual events _____ x \$7.00 = _____

Total number of swimmers _____ x \$4.00 (WI LSC Splash Fee) = _____

Total number of swimmers _____ x \$15.00 (Admission Fee) = _____

Total number of swimmers _____ x \$15.00 (RecPlex User Fee) = _____

Make checks payable to SEA. Check number _____ Total entry fee = _____