17th Annual Pentathlon
Presented by
Southeastern Aquatics
Racine Family YMCA Swim Team
November 1, 2026
US-AP-WI-26/27-016

Entry window opens at 8:00 AM, Monday, October 5, 2026.

Location:
Racine Aquatic Center
7567 Washington Avenue
Mt. Pleasant, WI 53406

Meet Director & Entries:
Neil Wright
262.994.3157
south.eastern.aquatics@gmail.com

Officials:
Meet Official
Jose Arteaga
262.664.9741
josearteaga@gmail.com

Admin Official
Pat Lewno
262.637.2913
plewno@gmail.com

Eligibility:
This event is open to all swimmers regardless of affiliation. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Format of Meet:
Timed final with all events pre-seeded slow to fast. Heats/Events may be combined. Breaks may be added after entries are received. 25-yard events will start from the blocks positioned on the bulkhead. Staging for 25-yard events will take place next to lane one at the turn end of the competition pool.

Volunteer Timers:
Teams attending may be required to supply meet volunteers during this event. Requirements (if any) will be posted on the meet landing page and emailed.

Facility:
The ten-lane pool is 25-yards with non-turbulent lane markers and backstrokes flags. Pool depth at starting end is 7-feet and the turn is 7-feet with a block height of 29.5-inches and the meet host will ensure the required course dimensions.

Warm-ups:
8:00 AM warm-ups with a meet start at 9:05 AM. Doors open at 7:30 AM. Warm-up assignments will be posted on the meet landing page. Teams will have full use of their lanes during warm-ups and can perform general warm-up, pacing and starts during their allotted time. All entries to the pool shall be feet first from the start end. No snorkels, kickboards or other training devices are allowed during warm-ups. Swimmers without a coach present are to report to the meet director prior to warm-ups for their lane assignments. Estimated meet timeline will be available on the meet landing page.

Timing System:
A fully automatic Colorado timing system with two manual back-up buttons and two back-up timers for each lane will be used. If the automatic system fails, a gun or horn start will be used.

General Rules:
Official 2026 USA Swimming and WI LSC rules shall prevail at this meet. Age as of November 1, 2026. In granting this approval, it is understood and agreed that USA Swimming and Wisconsin Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries

to anyone during the conduct of the event.

Entry Deadline: Entry deadline is October 18, 2026 (will include entry file and PDF of entries). Please forward waivers and payment on the day of the meet (or mail prior if you prefer) to:

Neil Wright
3210 96th Street
Sturtevant, WI 53177

Entry Fees: $7.00 per event, $4.00 WI LSC Splash fee, $15.00 admission fee. Checks payable to "SEA."

Entry Limit: Participation is limited to a maximum of five (5) individual events.

Deck Entries: Will be taken for open lanes only until 8:30 AM on the day of the meet. $10.00 per event. If the athlete is not entered in the meet, WI LSC Splash fee and facility fee will be collected at the time of deck seeding.

Disabled Swimmers: Coaches are encouraged to inform Officials and the meet director of any disabled swimmer's needs prior to warm-ups. Athletes that are requesting an accommodation and/or modification, shall present the WSI Para Accommodation Form to the meet referee and/or meet director prior to the meet start.

Coaches: Coaches may pick-up heat sheets, submit waivers, pay entry fees, and sign the coaches sign-in sheet in the office.

Awards: Heat Winner medals.

Scoring: This event will not be scored.

Heat Sheets: Available for free on the meet landing page and will not be available for purchase at the venue (please print at home if a hardcopy is needed).

Admissions: Included with entry fee.

Food & Drink: Hospitality will be available for coaches and officials. Concessions will be offered if the time-line deems it necessary.

Conduct: All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet marshals have the authority to remove any swimmer from the meet for any violation such as improver behavior, damage to property, etc. No smoking on the premises. Please encourage your swimmers to clean up after themselves.

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Flash photography and photography from behind the starting blocks is prohibited at the start of each race.
- Operation of a drone, or any other flying apparatus, is prohibited over the competition venue. This includes pools, athlete and coaches' areas, sitting areas, and open ceiling locker rooms anytime athletes, coaches, and/or officials are present. Exceptions may be granted with prior approval by the Program Operations Vice Chair (103.13M/Drones).
- Deck changes are prohibited.

First Aid: Report injuries to the lifeguard and meet director.

Lost & Found: An area for lost and found will be designated at the meet. After the meet, lost and found items will be donated to charity.

Meet Results: Will be posted on the meet landing page and available via the Meet Mobile App.

MAAPP: All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned/approved meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. This includes participation as a member of a relay. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

Safe Sport 360: The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after 4/10/26, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after 4/10/26, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

Pentathlon
Event Order

Girls	Event Description	Boys
1	Open 25 Fly	2
3	Open 50 Fly	4
5	Open 100 Fly	6
7	Open 25 Back	8
9	Open 50 Back	10
11	Open 100 Back	12
13	Open 25 Breast	14
15	Open 50 Breast	16
17	Open 100 Breast	18
19	Open 25 Free	20
21	Open 50 Free	22
23	Open 100 Free	24
25	Open 100 IM	26
27	Open 200 IM	28

Waiver and Summary Form

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assignees, waive and release any and all claims against Southeastern Aquatics, Racine Family YMCA, Racine Aquatic Center, RUSD, WI Swimming, USA Swimming, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this event. Additionally, we are not responsible for lost or stolen items. I/We are bona fide amateur athletes and eligible to compete in all events I/we have entered.

Team name:_____ Code:_____

Signature of Club Official, Parent, or Guardian:

Name:_____ Title:_____

Entry Fee Recap:

Description	x	Number of events or athletes	=	Total
Individual events @ $7.00	x		=	
WI LSC Splash Fee @ $4.00	x		=	
Admission Fee @ $15.00	x		=	
		Total Entry Fee →	=	

Checks payable to SEA.