## 19th Annual Penguin Challenge

Presented by Southeastern Aquatics Racine Family YMCA Swim Team January 11-12, 2025 WI LSC Approval # 2025-105A

Entry window opens December 1, 2024.

Location: **Racine Aquatic Center** 7567 Washington Avenue Mt. Pleasant, Wisconsin 53406 **Meet Director &** Neil Wright Entries: 262.994.3157 south.eastern.aquatics@gmail.com Officials: Meet Official Jost Arteaga 262.664.9741 jostarteaga@gmail.com Admin Official Pat Lewno 262.637.2913 plewno@gmail.com **Eligibility:** Both USA Swimming and YMCA athletes may participate in the meet. USA Swimming deck registrations will not be accepted. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the Backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Format of Meet: Timed final with all events pre-seeded slow to fast. Heats/events may be combined. Breaks may be added after entries are received. Volunteer Teams attending may be required to supply meet volunteers during this Timers: event. Requirements (if any) will be posted on the meet landing page and emailed. Facility: The ten-lane pool is 25-yards with non-turbulent lane markers and backstroke flags. Pool depth at starting end is 7-feet, the turn is 7feet with a block height of 29.5-inches and the meet host will ensure the required course dimensions. Warm-ups: 8:00 AM warm-ups with a meet start at 9:05 AM. Doors open at 7:30 AM. Counterclockwise circle swimming using a feet first three-point entry from the starting end of the pool. Teams should plan to do starts, sprint

and pace work within their assigned warm-up time. No equipment or other training devices are allowed during warm-ups. Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for a lane assignment. Estimated meet timeline and meet warm-ups assignments will be available on the meet landing page www.sea-y.org/penguin-challenge. Timing System: A fully automatic Colorado timing system with two manual back-up buttons and two back-up timers for each lane will be used. If the automatic system fails, a gun, horn or whistle start will be used. **General Rules:** Official USA Swimming and WI LSC rules shall prevail at this meet. Age as of January 11, 2025. In granting this approval, it is understood and agreed that USA Swimming and Wisconsin Swimming Inc. will be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Entry Deadline: December 29, 2024 (include entry file and PDF of entries). Please forward Waivers and payment on the day of the meet (or mail prior if you prefer) to: Neil Wright 3210 96<sup>th</sup> Street Sturtevant, Wisconsin 53177 Entry Fees: \$6.00 per event, \$4.00 WI LSC Splash Fee, \$15.00 admission fee, \$10.00 facility fee. Check payable to "SEA." Entry Limit: Participation is limited to a maximum of eight events (four per day). **Deck Entries:** Will be taken for open lanes only until 8:30 AM on each day of the meet. \$10 per event. If the athlete is not entered in the meet, the fee is \$29 plus \$10 per event. **Disabled Swimmers:** Coaches are encouraged to inform Officials and the Meet Director of any disabled swimmer's needs prior to warm-ups. MAAPP: All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1. Coaches: Coaches may pick-up heat sheets and pay any remaining balance for entry fees/submit waivers in the timing office. Please be prepared to show your USA coach's coach or USA Swimming App credentials at this time.

- Awards: Heat Winner medals and ribbons (1<sup>st</sup>-16<sup>th</sup>) for 50-yard events and under (will be bagged by team for pick-up).
- Scoring: This event will not be scored.
- Heat Sheets:Available for free on the meet landing page,<br/>www.sea-y.org/penguin-challenge.www.sea-y.org/penguin-challenge.Will not be available at the venue.
- Admissions: Included with entry fee.
- Food: Hospitality will be available for coaches and officials. Concessions will be offered if the time-line deems it necessary.

**Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer from the meet for any violation such as improver behavior, damage to property, etc. No smoking on the premises. Please encourage your swimmers to clean up after themselves.

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.
- Flash photography and photography from behind the starting blocks are prohibited at the start of each race.
- Operation of a drone, or any other flying apparatus, is prohibited over the competition venue. This includes pools, athlete/coach areas, spectator areas and open ceiling locker rooms anytime athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior approval by the Program Operations Vice Chair. 103.13M/Drones.
- Deck changes are prohibited.
- Please note the locker rooms are public in nature and are not policed. Athletes should not leave their belongings unattended and/or unsecured.
- **First Aid:** Report injuries to the Lifeguard and Meet Director.
- Lost and Found: An area for lost and found will be designated at the meet. After the meet, lost and found items will be donated to charity.
- Meet Results: Will be posted on the meet landing page, www.sea-y.org/penguin-challenge.

## Penguin Challenge Event Order

| Saturday |                   |      |
|----------|-------------------|------|
| Girls    | Event Description | Boys |
| 1        | Open 200 IM       | 2    |
| 3        | Open 100 Back     | 4    |
| 5        | Open 25 Free      | 6    |
| 7        | Open 50 Fly       | 8    |
| 9        | Open 200 Breast   | 10   |
| 11       | Open 25 Back      | 12   |
| 13       | Open 100 Free     | 14   |
| 15       | Open 50 Breast    | 16   |
| 17       | Open 100 Fly      | 18   |
| 19       | Open 500 Free     | 20   |

## Sunday

| Girls | Event Description | Boys |
|-------|-------------------|------|
| 21    | Open 100 IM       | 22   |
| 23    | Open 200 Back     | 24   |
| 25    | Open 25 Breast    | 26   |
| 27    | Open 200 Fly      | 28   |
| 29    | Open 100 Breast   | 30   |
| 31    | Open 25 Fly       | 32   |
| 33    | Open 50 Free      | 34   |
| 35    | Open 200 Free     | 36   |
| 37    | Open 50 Back      | 38   |
| 39    | Open 400 IM       | 40   |

## Waiver and Summer Entry Form

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assignees, waive and release any and all claims against Southeastern Aquatics Racine Family YMCA Swim Team, Racine Aquatic Center, RUSD, WI Swimming, USA Swimming, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this event. I/We are bona fide amateur athletes and eligible to complete in all events I/we have entered.

1. Email/Mail completed waiver and entry file to entry chair or hand deliver on the day of the meet.

| Team name:  | Code:             |
|---|-------------------|
| Signature of Club Official, Parent, or Guardian   |                   |
| Name:   | Title:            |
| Entry Fee Recap:                                  |                   |
| Total individual events x \$6.00                  | =                 |
| Total number of swimmers x \$4.00 (WI LSC Splas   | h fee)=           |
| Total number of swimmers x \$15.00 (admission f   | ee) =             |
| Total number of swimmers x \$10.00 (facility fee) | =                 |
| Make checks payable to SEA. Check number          | Total entry fee = |