

YMCA National Required Meets

YMCA Nationals will take place in Greensboro, NC, April 2-6, 2024.

High School Boys

November 12, SSTY Fall Invite

December 1-3, Y-Finalist (at least one day, but would be great to race all three); will need permission from your high school coach and AD)

March 9-10, YMCA Sectionals

March 15-17, YMCA State

High School Girls

November 12, SSTY Fall Invite

December 1-3, Y-Finalist

March 9-10, YMCA Sectionals

March 15-17, YMCA State

Non-High School Swimmers

November 12, SSTY Fall Invite

December 1-3, Y-Finalist

March 9-10, YMCA Sectionals

March 15-17, YMCA State