

# CLOSED MEET INVITE

June 26, 2026-- 50 meters

**Rain Date: June 27, 2026**

Hosted by J-Hawk Aquatic Club

In granting this approval it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

- Sanction/Approval:** WI2026-520A **Location:** Rockport Pool, Janesville, WI
- Facility:** Eight lanes (6 lanes will be used), 50 meters flush deck, non-turbulence lane markers and backstroke flags, with 30" height starting blocks. Pool is 5 feet deep at starting blocks and 3.5 feet deep on the shallow end. The meet host will ensure the required course dimensions.
- Timing:** Three (3) wireless stopwatches.
- Head Official/  
Administrative Chairs** Starter/Ref: Eric Rhodes  
Cheri Zimdars or Kelli Keller
- Official Rules:** Official 2026 Long Course USA-S Rules shall prevail for this meet. Age as of June 26, 2026.
- Warm-up:** Warm-ups will begin at 4:40pm, with competition starting at 5:30pm. All entries to the pool are 3 point entry during each team's general warmup. Once teams switch to start lanes, swimmers may use the blocks to practice starts. Each team will have assigned warm-up lanes and times and can determine their general warmups and start times within their allotted time.
- Entry Chair/  
Meet Director:** Cheri Zimdars E-Mail: j\_hawkswim@charter.net  
430 Assembly Court  
Whitewater, WI 53190 Phone: 608-449-5150
- Entry Limit:** Swimmers may swim three (3) individual events.
- Entry Fees:** \$10/facility & admissions fee + \$4 Wisconsin Swimming Splash Fee = \$14/swimmer
- Entry Deadline:** Completed entry form, waiver, and fees must be received *no later than Friday, June 19th*. This meet is being run with Hy-Tek swim software. Please send a Hy-tek entry file. No seed times will be changed once the entry chair has seeded the meet. Deck entries will be accepted in open lanes only. Updated files can be sent by 6/22/26, 10pm.
- Combining Events:** All events are MIXED. Some events may be combined, depending upon the entry numbers. Results will be finalized with men and women separated (for the SWIMS database).
- Video Use:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.
- Suit Changes:** Deck changes are prohibited.
- Disabled Swimmers:** If you have any disabled swimmers, please notify the Meet Director by e-mail, phone, or in person, before the start of the meet.
- Final Results:** Final results will be emailed to each team represented. No awards will be mailed with the final results.
- Conduct:** Each team is responsible for the conduct of its' swimmers.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

**MAAPP** All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned/approved meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. This includes participation as a member of a relay. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

**AWARDS** There are no event awards for this meet. This is a swim for time competition.

**INCELEMENT**

**WEATHER** If inclement weather is occurring on meet day and looks to run through the meet, we will race Saturday morning. If inclement weather occurs after we have started warmups, the meet director, head official, and coaches will determine if we will continue the meet, after any possible delays. The later events may be cancelled due to nightfall. If we decide to cancel Friday night, we will run the meet Saturday morning, at Rockport, if weather permits. If Saturday morning's weather is still an issue, we will run the meet at UW-Whitewater. Refunds will only be given for families that cannot make a Saturday morning option.

## **SAFE SPORT 360**

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit [www.usaswimming.org/report](http://www.usaswimming.org/report).

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after **MAY 26<sup>TH</sup>**, who has not completed Athlete Protection Training by **JUNE 26<sup>TH</sup>**, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after **JUNE 26<sup>TH</sup>**, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

**J-HAWK CLOSED INVITE  
WAIVER  
6/26/26**

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assigns, waive and release any and all claims against the United States Swimming, the Wisconsin Local Swimming Committee of the United States Swimming, the J-Hawk Aquatic Club, the City of Janesville and their staffs for the injuries and/or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide amateur athletes. Some of our athletes are currently registered with United States Swimming and those athletes are in good standing with Wisconsin Swimming, Inc. and eligible to compete in all events I/We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

We understand that our club is responsible for their designated portion of the Rockport Pool rent for this event and is also required to provide workers.

Club Name: \_\_\_\_\_ Initials: \_\_\_\_\_

Signature of Club Official, Parent or Guardian (final results will be mailed to this address)

\_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Name of coach(es) or team representative(s) at meet:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Entry Fees Due :**      **# of Swimmers Entered =** \_\_\_\_\_ **x \$14.00 = \$** \_\_\_\_\_

Checks are made payable to J-Hawk and will be collected at the meet.

# CLOSED MEET INVITE

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**Rain Date: June 27, 2026**

50 Meters

<b>Event #</b>	<b>ORDER OF EVENTS</b>
1	Senior Mixed 400 meter free
2	Senior Mixed 400 meter IM
3	12&Under Mixed 50 meter Back
4	Senior Mixed 100 meter Fly
5	Senior mixed 100 meter Free
6	Senior Mixed 200 meter Breast
7	12&Under Mixed 50 meter Fly
8	Senior Mixed 100 meter Back
9	Senior Mixed 200 meter Fly
10	12&Under Mixed 50 meter Free
11	Senior Mixed 50 meter Free
12	Senior Mixed 100 meter Breast
13	Senior Mixed 200 meter Back
14	12&Under Mixed 50 meter Breast
15	Senior Mixed 200 meter Free
16	Senior Mixed 200 meter IM
17	Senior Mixed 800 meter Free
18	** if time permits ** 11&Older Mixed 1500 meter free

*\*\* 5 minute breaks will be added when the meet director feels necessary \*\**