

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

January 18, 2025

Neil's Notes

Another successful meet in the books for TEAM SEA. Thank you to all the families who took the time to support their swimmers' team. Our final hosted meet will be YMCA Sectionals, March 15-16. Volunteer sign-up will be available next week. All swimmers are encouraged to race in this hosted meet!

We are inching closer to the championship portion of our season ... where meets ramp up and time begins to slip away in regards to punching tickets for State and Nationals. It's important to keep our emotions in check and remember our sport is supposed to be fun (filled with opportunities of learning, making new friends, striving for goals, learning how to handle setbacks, and learning how to become a supportive teammate and parent ... among many, many other traits and experiences). Let's have fun TEAM SEA!

Tomorrow, we travel to Lake Geneva for another installment of our Conference meet. Please note, the heat sheet was posted on our website Friday, but the meet hosted updated it this morning. Please ensure your heat sheet reads 1/18/25 in the upper right-hand corner.

We will be training at Carthage College this Monday and Tuesday, January 20 and 21. Practice times will be: Bronze and Silver 6:15-7:15 PM, Gold 6:15-7:45 PM, and Senior 6:15-8:15 PM. View more information about where to park and enter the building in the weekly newsletter emails. For those wondering why we are training at Carthage College - Monday RUSD buildings are closed, Tuesday the high school boys team is hosted a dual meet at RAC.

If you are not current with your monthly swim tuition payments, please ensure you get caught up. Thank you.

We have added a meet on Saturday, February 8. We will be attending NBSC's Valentines meet. Please note, this meet is two days in length (February 8 and 9), but we are only attending Saturday, February 8. The mile is offered Saturday for those interested. We are

only attending Saturday as we have our Conference Champs meet on Sunday.

Reminder, please ensure your swimmers carry a YMCA membership - either a youth membership or part of your family membership.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

Conference Meet Information

Tomorrow we will race in Lake Geneva (203 Wells Street).

Doors open at 7:30 AM, warm-ups begin in lanes 3-4 at 8:00 AM, meet begins at 9:00 AM and is scheduled to end at 11:23 AM.

Please ensure your heat sheet reads 1/18/25 in the upper right-hand corner.

Drive safe, swim fast, have fun!

Upcoming Meets

Date	Meet	Entry Deadline
Jan 19	Conference Meet	Closed
Jan 24-26	Chasestrong Splash	Closed
Jan 26	J-HK 8&U All Star	Closed
Feb 8	NBSC	1/20
Feb 9	Conference Champs	1/13
Feb 21-23	WI LSC Regionals	TBA
Feb 28-2	WI LSC Senior State	2/22
Mar 1-2	WI LSC 10&U State	TBA
Mar 7-9	WI LSC 11-12 State	TBA
Mar 15-16	YMCA Sectionals	3/1
Mar 21-23	YMCA State	3/16
Mar 31-4	YMCA Nationals	3/24
May 3-4	SEA Early Bird	TBA
Jun 6-8	SEA Pirate Plunge	TBA
Jun 20-21	SEA Summer Sizzler	TBA
Jul 18-20	WI LSC Regionals	TBA
Jul 25-27	12&U State	TBA
Jul 31-3	13&O State	TBA
Aug 7-10	14&U Zones	TBA
Oct 10-12	OZ Fall Classic	TBA

Penguin Challenge Recap & Highlights

Very strong results last weekend during our 19th Annual Penguin Challenge. As a team we posted 81% best times (404 of 500 splashes), 19 new State qualifying times, one new Y-National cut, three new team records, and 28 DQs (a little high here, 11 Breaststroke, six each IM and Backstroke, three Freestyle, and two Butterfly).

Jack Borzynski picked up another YMCA National qualifying time! He finished the 50 Freestyle in 22.07 sliding under the cut of 22.09. Jack also broke the meet record in the 500 Freestyle touching in 4:55.54 (old mark was 5:11.30 from 2023).

New USA State qualifying times were recorded by Ireland Byrne 11-12 200 Butterfly 2:50.84, Sophie Gutknecht 13-14 100 Breaststroke 1:15.92, Bennett Menken 11-12 100 Backstroke 1:08.39, 200 Breaststroke 2:47.37, 100 Freestyle 1:01.15, 200 Backstroke 2:36.66, Molly Staniger 8&U 50 Butterfly 48.63, 100 IM 1:41.08, Nate Steenrod 9-10 100 Backstroke 1:24.98, and Vivienne Yanke 13-14 100 Breaststroke 1:15.71.

New YMCA State qualifying times were achieved by Ale Arteaga 13-14 400 IM 5:11.81, Ireland Byrne 11-year-old 200 Freestyle 2:23.22, Rowan Glassen 7-year-old 50 Breaststroke 1:09.87, 25 Breaststroke 30.20, Sophie Gutknecht 13-14 100 Breaststroke 1:15.92, Emma Masaya 10-year-old 50 Freestyle 33.84, Bennett Menken 11-12 100 Freestyle 1:01.15, Ellie Staniger 10-year-old 200 IM 3:02.16, Liam Sura 7-year-old 25 Freestyle 25.49, 25 Backstroke 31.28, 50 Backstroke 1:02.68, and Orion Sura 8-year-old 50 Freestyle 44.60.

New team records were set by Matilda Gutjahr 8&U 100 Breaststroke 1:37.26 (old record was held by Kelli Klepel 1:37.61, 1992); Ale Arteaga 13-14 100 IM 1:05.16 (old record was held by Mac Thomas 1:06.02, 2019); and Jack Borzynski 15-16 100 IM 54.83 (old record was held by Brady Moore 56.12, 2023).

Notching some of the fastest times in our team history included Matilda Gutjahr 8&U 100 Freestyle 3rd 1:21.98, 3rd 200 Freestyle 3:04.32, 200 Backstroke 2nd 3:14.10, 2nd 200 Breaststroke 3:34.80, 7th 100 Butterfly 1:59.27, 5th 200 IM 3:24.40, Molly Staniger 8&U 5th 500 Freestyle 9:03.99, 7th 200 Backstroke 3:51.02, 9th 200 IM 3:51.93, Ellie Staniger 9-10 7th 200 Backstroke 2:52.65, 7th 200 Butterfly 3:44.21,

8th 400 IM 6:59.31, Vivienne Yanke 11-12 10th 100 Breaststroke 1:15.71, 7th 400 IM 5:26.38, Ireland Byrne 11-12 9th 200 Butterfly 2:50.84, Ashlyn Malzewski 17-18 8th 100 IM 1:05.58, Sophie Gutknecht 13-14 4th 100 IM 1:09.75, Kaylee Staniger 13-14 5th 100 IM 1:10.37, Fiona Marini 13-14 9th 100 IM 1:17.52, Jordan Borzynski 11-12 200 Backstroke 2:26.66, Bennett Menken 11-12 8th 200 Breaststroke 2:47.37, Harrison Yanke 9-10 9th 200 Breaststroke 3:18.87, 6th 400 IM 6:17.56, and Eli Ehmcke 13-14 9th 100 IM 1:22.01.

The following list of swimmers posted 100% best times! Zoey Aho, Jenna Aschenbrenner, Aubrey Becker, Sylvie Carlson, Eden Cayemberg, Eli Chentnik, Rylee Clouse, Rowan Glassen, Natalie Johnson, Ella Kirchenberg, Phoebe La Mothe, Arya Morey, Morgan Pankow, Claire Speers, Ellie Staniger, Kaylee Staniger, Molly Staniger, Zack Steenrod, Liam Sura, Aubree van Dyke, Luke Waddle, Bria Widmar, and Valeria Zavala Lopez.

Dropping five or more seconds in a single event were Zoey Aho -11.10 50 Freestyle, Ale Arteaga -22.43 400 IM, Jenna Aschenbrenner -9.24 50 Freestyle, Aubrey Becker -6.10 100 Breaststroke, David Binder -10.54 200 Freestyle, Jordan Borzynski -17.10 200 Butterfly, Ireland Byrne -19.90 200 Breaststroke, Sylvie Carlson -14.24 100 Breaststroke, Eli Chentnik -7.70 50 Freestyle, Haylee Clouse -8.78 50 Freestyle, Rylee Clouse -70.64 200 Backstroke, Silas Coughlin -11.61 100 Backstroke, Sebastian Davalos -13.87 50 Breaststroke, Eli Ehmcke -15.39 100 IM, Ash Fahy -20.68 200 Backstroke, Ciara Fahy -16.46 200 Backstroke, Charlotte Gruetther -7.10 100 Backstroke, Summer Gustafson-Binger -17.68 100 Butterfly, Matilda Gutjahr -69.64 200 Freestyle, Olivia Hayes -10.34 100 Freestyle, Charlotte Horton -8.76 100 Freestyle, Julie Horton -7.17 100 Freestyle, Adriana Hotchkiss -22.34 200 Freestyle, Maran Jagel -17.16 100 Freestyle, Natalie Johnson -36.91 200 IM, Carter Johnson -32.86 200 Backstroke, Ava Kerbawy -37.49 400 IM, Ella Kirchenberg -12.32 200 Backstroke, Delilah Kuhl -22.69 100 Freestyle, Phoebe LaMothe -6.26 25 Freestyle, Emma Masaya -40.96 100 Backstroke, Bennett Menken -43.12 500 Freestyle, Makenna Menken -9.20 500 Freestyle, Allie Mertins -15.34 500 Freestyle, Arya Morey -17.45 100 Breaststroke, Evan Olson -16.58 200 Freestyle, Morgan Pankow -13.12 200 IM, Allanna Peterson -14.17 50 Backstroke, Claire Speers -42.06 200 Freestyle, Evalyn Speers -16.46 200 IM, Olivia Speers -31.93 200 Freestyle, Ellie Staniger -35.39 200 IM, Kaylee Staniger -62.14 400 IM,

Molly Staniger -11.72 50 Butterfly, Nate Steenrod -25.29 200 Backstroke, Zack Steenrod -19.89 500 Freestyle, Liam Sura -16.93 50 Freestyle, Orian Sura -11.80 50 Freestyle, Rhemy Thompkins -19.47 200 Bresatstroke, Aubree Van Dyke -44.92 400 IM, Luke Waddle -7.75 100 IM, Molly Warren -10.11 500 Freestyle, Vivienne Yanke -36.13 400 IM, and Valeria Zavala Lopez -15.60 100 IM.

Congratulations to Kennedy Thomson on racing in the first meet of her life and congratulations to Rowan Glassen on joining the 21-and-under club for our 8&U swimmers when she touched the wall in 20.97 in the 25 Freestyle!

Gold Medalist: Ale Arteaga, Jack Borzynski, Gabi Peterman

Silver Medalist: Jordan Borzynski, Gabi Peterman, Kaylee Staniger, Zack Steenrod, Molly Warren, Vivienne Yanke

Bronze Medalist: Ireland Byrne, Rylee Clouse, Lindsey Hohnl, Ashlyn Malzewski, Bennett Menken, Kaylee Staniger, Zack Steenrod, Molly Warren

Way to start of the new year swimmers! Keep attending practice regularly!!

Become an Official – no experience needed

One of the important cogs in TEAM SEA operations is maintaining a strong stable of parents who are officials.

No experience is necessary and TEAM SEA reimburses any expenses associated with becoming certified.

Please contact Coach Neil if you are willing to step-up and become an official and he'll help get you started.

World Record Holder Jason Lezak On His Way

Save the date! Saturday, April 12 world record holder Jason Lezak will conduct a swim clinic for all TEAM SEA swimmers. Jason was USA's anchor leg of the unbelievable 400 Freestyle Relay during the Beijing Olympics where the USA men came from behind to touch out the French team and smash the world record by four seconds (the record still stands today). We hope to SEA all TEAM SEA swimmers and parents in attendance for this amazing opportunity to learn from one of the greats!

2025 13&O Training Trip

Since 1999, every two years all athletes' 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip is tentatively scheduled for June 22-29. A minimum of 14 athletes must attend this trip for it to take place. This year's trip is "sold out."

The trip has averaged out to \$1200-\$1500 per swimmer over the years and we usually drive, stay, and train in the Panama City Beach, FL area.

Attending (if you have not yet, please forward \$100 for the down payment) includes:

GIRLS

Kealey Aalderks, Hannah Daams, Ash Fahy, Jessica Gonzalez, Evelyn Gutknecht, Lindsey Hohnl, Fiona Marini, Sophia Marini, Ashlyn Malzewski, Allie Mertins, Gabi Peterman, Kylie Thomas, Kaylee Staniger, Aubree Van Dyke, Molly Warren

BOYS

Caleb Bergman, Jack Borzynski, Nathan Breit, Max Carlson, Nathaniel Foster, Nicholas Foster, Levi Jansen, Grayson Kirchenberg, Ryan McGillis, Brennen Meyer, Brady Moore, Zack Steenrod

CHAPERONES

Maria Peterman, Melissa Hohnl, Kim Wright

COACHES

Parker Palermo, Neil Wright

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements

can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

Order By	Delivery On
January 20	January 23-24
February 17	February 20-21
March 17	March 20-21

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

OST (Off-Season Training)

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season (March 24-April 17, 2025).

OST represents an opportunity for our athletes to “bridge the gap” between seasons. It allows them to keep a feel for the water during the off-season and affords them a change to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 24-April 17) and lead by Coach Joanna and Coach Parker. Bronze and Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:30 PM with each week covering starts, breakouts, turns, and finishes for one stroke each week (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The fee for Bronze and Silver is \$120 for all four weeks or \$30 per week. The fee for Gold and Senior is \$160 for all four weeks or \$40 per week. Swimmers can al-a-carte which weeks they would like to attend.

To attend, simply email Coach Neil stating which week(s) your swimmers plan on attending and forward payment on the first practice they attend.

All practices will be held at the RAC.

January Birthdays

Sofia Badillo, Ireland Byrne, Eli Coughlin, Amalia Ehmcke, Nicholas Foster, Julissa Gonzalez, Fiona Marini, Ryan McGillis, Evan Olson, Ellie Staniger, Liam Sura, Jordyn Tran.

Extended Calendar

January

19 Conference Meet
 24 January payment due
 24-26 ChaseStrong Splash Prelim/Final
 26 J-HK 8&U All Star

February

9 Conference Champs

15 WIAA Boys Sectionals
 21-23 WI LSC Regionals
 22 WIAA Boys State
 24 February payment due
 28-2 WI LSC Senior State

March

1-2 WI LSC 10&U State
 7-9 11-14 WI LSC State
 15-16 YMCA Sectionals
 21-23 YMCA State
 24 Tryouts, 5:30-6:30 PM @ RAC
 24 OST begins (runs through April 17)
 31-4 YMCA Nationals

April

12 Jason Lezak swim clinic
 28 First day of Spring & Summer practice

May

3-4 16th Annual SEA Early Bird

June

6-8 10th Annual SEA Pirate Plunge
 20-21 16th Annual SEA Summer Sizzler

July

18-20 WI LSC Regionals
 25-27 12&U State
 31-3 13&O State

August

4-28 OST

September

22 Tryouts for new families
 23 Fall & Winter Season begins

October

24 Annual Halloween Party

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in “x” meet (please indicate what days of the meet if it takes place on multiple days)
- 3) I’m new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I’m not receiving emails; how can I be placed on the email list? Contact Coach Neil and he’ll be happy to add your email address to the list.

- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please reach out to Coach Neil at 262.994.3157.

Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve