

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

October 23, 2025

Neil's Notes

The new family meeting was well attended ... thank you for taking the time to show up. Do reach out if you need help with anything TEAM SEA related.

Thank you to all the families who have stepped forward to donate during tomorrow's Halloween practice! Everything is covered, but if you can think of something else to bring, please don't hesitate to bring it to the event.

Next up please email your intentions to attend Sprint Time Trials on October 30 and our first hosted meet of the year, 16th Annual Pentathlon on Sunday, November 2nd.

Please ensure you have registered online if you are paying your swim tuition in full or are submitting your monthly payments in a timely fashion. Additionally, please be sure to secure your swimmer's YMCA membership.

It's that time of year again! If you would like to order personalized TEAM SEA swim caps or TEAM SEA apparel, head over to our online Elsmore Swim Shop (personalized swim caps) and/or Burghardt Sporting Goods (apparel) place your order by Monday, October 27. The link for our Elsmore Swim Shop and Burghardt Sporting Goods online store is on our website under the MEMBERS dropdown menu at TEAM APPAREL.

Please note, the information in our weekly newsletter changes from week-to-week. Dates and times for upcoming events are fluid and can change. Please ensure you are reading the latest newsletter so you are up-to-date!

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

Upcoming Meets

Date	Meet	Entry Deadline
Oct 30	Sprint Time Trials	10/28

Nov 2	SEA Pentathlon	10/19
Nov 13	MD Time Trials	11/12
Nov 14	Conference Meet	tba
Nov 16	YMCA Invite	tba
Nov 21-23	Mid-Season Showdown	10/10
Dec 5	Conference Meet	tba
Dec 6-7	YMCA Finalist	tba
Dec 12-14	RA Distance Classic	11/30
Dec 13-14	Single Age State	tba
Dec 18	Distance Time Trials	12/17
Jan 10-11	SEA Penguin Challenge	12/28
Jan 18	Conference Meet	tba
Jan 23-25	Chase Strong Invite	12/20
Jan 25	J-HK 8&U All Star	tba
Feb 8	Conference Champs	tba
Feb 20-22	Regionals	tba
Feb 27-1	Senior State	tba
Feb 28-1	10&U State	tba
Mar 6-8	11-14 State	tba
Mar 14-15	YMCA Sectionals	tba
Mar 20-22	YMCA State	tba
Mar 30-3	YMCA Nationals	tba
May 2-3	SEA Early Bird	4/19
June 5-7	SEA Pirate Plunge	tba
June 19-20	SEA Summer Sizzler	tba

OZ Fall Classic Recap & Highlights

Our first meet of the season is under our belts and as usual, our age-groupers picked up where they left off last season and our senior athletes produced a handful of best times and solid opening efforts to their races. As a team, we finished with 58% best times (92 of 158 splashes) and only two DQs (one each for Breaststroke and IM).

New State qualifying times were posted by Asher Gendusio (Single Age State for 100 Butterfly 1:25.32, 50 Freestyle 31.45, 100 IM 1:19.09 and YMCA State in the 50 Freestyle, 100 IM), Matilda Gutjahr (USA State 100 Freestyle 1:13.37, 50 Backstroke 37.30), Ellie Staniger (Single Age State 100 Backstroke 1:16.91, 100 Freestyle 1:06.36, 100 Butterfly 1:17.86, 50 Freestyle 30.34 and YMCA State 100 Backstroke, 100 Freestyle, 100 Butterfly), and Kaylee Staniger (YMCA State 200 Breaststroke 2:46.20).

Notching some of the fastest times in our team's history included Jordy Borzynski 11-12 9th 100 Freestyle 56.49, Matilda Gutjahr 9-10

2nd 200 Breaststroke 3:08.05, and Molly Staniger 8&U 4th 200 Freestyle 3:07.90, 7th 200 IM 2:35.60.

Posting 100% best times were Summer Gustafson-Binger, Delilah Kuhl, Cash Peterson, and Molly Staniger.

Dropping five or more seconds in a single event: Jordy Borzynski -6.09 100 Breaststroke, Max Carlson -8.81 100 Breaststroke, Amalia Ehmcke -16.32 100 Backstroke, Ciara Fahy -9.54 100 Butterfly, Asher Genduso -7.72 100 Butterfly, Summer Gustafson-Binger -13.21 100 Backstroke, Matilda Gutjahr -23.37 200 Breaststroke, Maddie Kaminskis -6.79 100 Butterfly, Delilah Kuhl -9.23 100 Freestyle, Alanna Peterson -12.60 100 Backstroke, Cash Peterson -8.02 100 Backstroke, Braxton Rosemann -16.52 200 Freestyle, Evalyn Speers -12.67 100 Butterfly, Olivia Speers -30.14 100 Butterfly, Ellie Staniger -7.12 50 Breaststroke, Kaylee Staniger -27.70 200 Backstroke, Molly Staniger -23.02 200 Freestyle, and John Westfall -85.47 400 IM.

Congratulations to Logan Masaya on racing in the first meet of his life!

Gold Medalist: Jordy Borzynski, Asher Genduso, Matilda Gutjahr, Ashlyn Malzewski, Ellie Staniger, Molly Staniger

Silver Medalist: Jordy Borzynski, Asher Genduso, Kaylee Staniger, Molly Staniger

Bronze Medalist: Nathaniel Foster, Asher Genduso, Emma Masaya, Gavin Peterson, Braxton Rosemann, Kaylee Staniger

Great job TEAM SEA! The next two meets to enter include Sprint Time Trials and the 16th Annual Pentathlon. Take advantage!

Glowstick Halloween Party

Our annual Glowstick Halloween Party is scheduled for Friday, October 24. This fun event will take place at the Racine Aquatic Center. The fun begins at 5:30 PM for all TEAM SEA swimmers (all practices this evening are canceled). This event is scheduled to end around 7:30 PM.

We will conduct a team wide practice and then slide into some games and relays.

Chick-fil-a sandwiches will be provided for all swimmers and families. A list of other items for families to donate can be found below. Please contact Coach Neil if you are willing to help make this event a success by supplying a donation.

Veggie tray (need two) - Thompkins

Fruit platter (need two) - Walker x2, Melendez

Brownies (need three) - Jansen x2, VanDyke

Single serving juice boxes/bags (need a handful of these) - Kuhl, Steenrod, Ehmcke

Case of water (need three) - Duncan, Westfall, Thompkins

Box of single serving chips (need three) - Genduso, Schrik

Paper plates & napkins (need 100 of each) - Horton (paper plates), Walker (napkins)

If there is something else parents think would be cool to bring, please reach out to Coach Neil and let him know.

Looking forward to a great night of fun!

TEAM SEA Towel Order Information

We will be taking orders for the exact same towels we ordered last year around this time. Watch this section of the newsletter for more information coming soon!

TEAM SEA Partners With ETS For Dryland

Strength equals speed and in an effort to strength our swimmers TEAM SEA has partnered with ETS Performance of Racine County for our dryland training. What follows is and introduction from the Director of Operations of ETS, Dominic Esposito. Take advantage!

Hi TEAM SEA Swim Families!

My name is Dominic Esposito and I am the Director of Operations at ETS Racine County. I wanted to get a message out to you as an athlete performance partner of TEAM SEA to speak about the importance of strength and conditioning as it pertains to your sport. Swimming is one of the most demanding sports and success in the pool often comes down to more than just time spent in the water. Strength and conditioning is a great tool to utilize if you want to improve performance, reduce injury risk, and give your athlete a competitive mental and physical edge in the pool.

Here are just a few of the benefits: 1) Increased power and speed - specific training develops the muscles needed for explosive starts, turns, and displace more water with each stroke, 2) Increased endurance - muscular endurance improves efficiency for longer periods of time, allowing swimmers to maintain speed and technique from race-to-race, 3) Injury prevention - building strength and stability helps protect the shoulders, quads, hamstrings, and hips which are common areas of overuse injuries in swimmers, and 4) Longterm development - a strong foundation

carries over from season-to-season, ensuring athletes can keep progressing in their athletic careers and build a strong foundation of training technique that last a lifetime.

We've seen this firsthand with many of our TEAM SEA swim team athletes who are currently training with us. They've already experienced great improvements, both in and out of the water and those gains will continue to grow if they stay consistent and committed. Right now, we are running a Bring a Friend promotion. It is the best time to give ETS a try if you know someone who trains with us already. I am happy to foster any questions or concerns you might have. Please feel free to connect with me anytime!

Yours in performance mastery,
Dominic Esposito
262.800.6005
www.etsperformance.com/racine-county

Elegant Farmer Fundraiser

Just in time for Thanksgiving, our annual Elegant Farmer Pie fundraiser is sure to please. We will be selling Elegant Farmer pies, breads, and hams through November 1st. Orders will be delivered to the Racine Aquatic Center on Wednesday, November 12 during practice. Please forward your order form and payment (cash or checks payable to SEA) to any coach on deck or you can email your order to our fundraising chair Shay Borzynski at sborzynski@prairieschool.com and forward payments a coach at practice. Each item sold nets TEAM SEA \$7!

Canceled Practice Dates

We have a few dates scattered throughout the season where we lose pool time at RAC (usually for high school dual meets, college meets, and holidays) and cannot secure pool time at any of our back-up pools. We are unable to conduct practice on the following dates:

October 31
November 26
December 24, 25, 31
January 1

Please watch this area of the newsletter for additional dates that may be added in the future.

December 16 Practice at Carthage College

We will practice at Carthage College on Tuesday, December 16. All practices will begin at 5:00 PM. Bronze and Silver practice ends at

6:00 PM, Gold at 6:30 PM, and Senior at 7:00 PM. Hope to SEA you there!

New Time Trial Meets This Season

In an effort to give our athletes an opportunity to race during the week, we will conduct three time trial meets this season. These meets will give veteran swimmers a chance to "see where they are" with their training and will give our developing swimmers an opportunity to experience a meet-type situation and collect some seed times for any meets they end up attending during the season.

These time trials will be offered in lieu of practice. To sign-up, simply email Coach Neil.

The dates for our time trial meets are: October 30 (Sprint Time Trials), November 13 (Middle Distance Time Trials), and December 18 (Distance Time Trials).

Take advantage of this opportunity!

YMCA National Required Meets

Athletes qualified for, working towards, or may be attending as a relay swimmer will need to ensure they attend the following meets in order to race at YMCA Nationals which will take place in Greensboro, NC, March 30-April 3, 2026.

- 1) November 16, YMCA Invite
- 2) December 6-7 Y-Finalist (high school boys will need permission from their high school coach and athletic director)
- 3) March 15-16, YMCA Sectionals
- 4) March 21-23, YMCA State

Chase Strong Invite Senior Trip

We have been attending the Chase Strong Invite for the past three years. It's a great meet at a newer facility on the campus of Center Grove High School (a suburb of Indianapolis) and the competition is such that most of our Senior swimmers who have attending were able to score second swims.

We are attending the meet again this year (weekend of January 23-25, 2026) and all swimmers are welcome to attend.

New year this, our Senior level athletes can attend the meet as a travel meet and travel to and from the meet with Coach Neil (additional coaches will attend depending on the number of swimmers planning on attending).

The cost is yet to be worked out, but as of today includes \$60 entry fee (we will need to figure our lodging and transportation and this

depends a lot on the number of swimmers interested in attending).

Watch this section for more information! To add your name to the list, please contact Coach Neil by October 31st! This is a new idea for TEAM SEA, but can be viewed similar to our bi-annual training trip (without all the training and the beautiful emerald coast beaches).

Planning on attending include Aubree VanDyke.

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

<i>Order By</i>	<i>Delivery On</i>
November 9	November 13-14
December 14	December 18-19
January 11	January 15-16
February 8	February 12-13
March 8	March 12-13

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

October Birthdays

Aubrey Becker Eden Cayemberg, Silas Coughlin, Saria Foster, Miles Hoffman, Kylie

Greiner, Adeline Hell, Morgan Pankow, Nate Steenrod, Kennedy Thomson, Molly Warren, Bria Widmar, Valeria Zavala Lopez.

Extended Calendar

October

24 Annual Halloween Party
30 Sprint Time Trials
31 No practice, Trick or Treat

November

2 16th Annual SEA Pentathlon
8 WIAA Girls Sectionals
13 Middle Distance Time Trials
14 Conference Meet
14 WIAA D2 Girls State
15 WIAA D1 Girls State
16 YMCA Invite
17 HS Boys Season begins
21-23 Arena Mid-Season Showdown
26 No practice, no pools available
27-28 No practice, Happy Thanksgiving

December

5 Conference Meet
6-7 YMCA Finalist
12-14 RA Distance Classic
13-14 Single Age State
16 Practice at Carthage College
18 Distance Time Trials
24-25 No practice, Merry Christmas
31 No practice, Happy New Year's Eve

January

1 No practice, Happy New Year
10-11 20th Annual SEA Penguin Challenge
18 Conference Meet
23-25 11th Annual Chase Strong Invite
25 J-HK 8&U All Star

February

8 Conference Champs
14 WIAA Boys Sectionals
20 WI D2 Boys State
21 WIAA D1 Boys State
20-22 Regionals
27-1 Senior State
28-1 10&U State

March

6-8 11-14 State
14-15 YMCA Sectionals
20-22 YMCA State
30-3 YMCA Nationals

April

20 Tryouts for new swimmers
21 Annual Banquet
22 Spring & Summer Season begins

May

2-3 17th Annual SEA Early Bird
25 No practice, Memorial Day

June

5-7 11th Annual SEA Pirate Plunge
19-20 16th Annual SEA Summer Sizzler

*Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve*

How to TEAM SEA

In this section of the newsletter, you'll be able to review some of the processes involved with TEAM SEA. If you need additional help in understanding anything TEAM SEA related after reading this section, please reach out to Coach Neil. Please note this section is under construction and will be updated throughout the season.

How do we sign-up our swimmers for meets?

To enter your swimmer in any meet on our meet schedule (which can be viewed online at MEMBERS/MEET SCHEDULE or earlier in this newsletter) simply email Coach Neil stating which meet you plan on having your swimmer race in (please include the day(s) you plan on having your swimmer race if the meet is multiple days). 95% of our family's leave event selection up to the coaching staff (you are welcome to select your swimmer's events and if you do, please include them in the email you send).

Families can view meet information, entries, meet fees, and final results online on the MEET SCHEDULE page. Families should view their escrow account via MEMBERS/ESCROW ACCOUNT throughout the season and forward meet fee payments via check (payable to SEA) or cash to any coach on deck.

How do we purchase TEAM SEA swim caps?

Coach Neil has TEAM SEA swim caps with him at practices and meets. Cost for silicone is \$20 and latex is \$5. What's the difference between the two caps ... basically, thickness. These days, most swimmers prefer silicone, but to each their own.

How many practices should my swimmer attend?

General rule of thumb: Bronze and Silver 2-3, Gold 4-5, and Senior 5-6.

How do I receive emails?

If you are currently not receiving weekly newsletter emails and other updates, please send an email to Coach Neil at south.eastern.aquatics@gmail.com and he'll ensure your email is added to the database.