

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

February 12, 2021

Head Coach Notes

Great swimming last weekend during C+, Conference Meet, and WIAA State. We certainly were busy last weekend!

This weekend we travel to Muskego High School for a tri-dual meet. Read about warm-up times later in this document. Good luck!

Please declare your intentions to attend YMCA Regionals. We are attempting to build the meet, but need a rough estimate of the number of swimmers attending. Teams attending include us, SSTY, SHEB, and GYD. Thanks for your help!

Although the ground is covered in snow and the temperatures are very cold, Spring & Summer swimming are right around the corner. Here are the dates for the upcoming Spring & Summer Season: Spring & Summer (April 12-August 1), Spring (April 12-June 27), and Summer (May 17-August 1). At this point, we will continue to have access to Sealed Air YMCA. In addition, it sounds like Meadowbrook Country Club will be available once again. More information to follow in the coming weeks.

We will be hosting one more meet this season on the weekend of March 13-14; Wisconsin YMCA Regionals. This event will probably be held at Aug. Prep. More information will be coming along in the next few weeks. This meet is the last chance for YMCA State qualifying times and is open to all swimmers and will be run with two sessions a day (still working on the breakdown of age-groups). Take advantage!

We are in the need of parents to step forward to help behind the scenes here at TEAM SEA. Currently, we are looking for some help with SCRIP. If you think you would be a good fit to help out behind the scenes, please reach out to me.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is – find us at Instagram (seaswimteam), Facebook (SEA Swim Team – this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Katie's Kickboard

Hello Y'all,

It's so great to be back on deck with the Bronze and Silver groups, I may be a little rusty, I hope I don't work them too hard! My favorite things to work on are all the little stuff, turns, starts, streamlines, and breakouts. Repetition is key, I always remind them "you'll only get better the more you practice". You don't have to have beautiful turns every time, but you do have to try your best every time.

We are just weeks away from USA State, the Last Chance Regional meet is your "last chance" to snag some state cuts. I highly recommend this meet for all of our athletes. Check out the Meet Schedule tab on our website for more information.

Gold's have a new practice schedule; we are slotted in right after Bronze and Silvers from 6pm - 7:30pm. We may only have 3 lanes but it's so nice to all be in the same pool again. We are also able to work in the middle lanes so there is no risk to kick or hit the wall while they swim. Neil and I have been kicking around ideas for how to successfully offer dryland to these athletes. We will hold dryland 6-6:30pm on Tuesdays and Thursdays, please make sure to let your athletes know this change in the dryland routine.

These athletes always bring smiles to my face and have me cracking up on a daily basis! Let's keep the motivation and focus into the final weeks of our season. Please don't hesitate to reach out to Coach Neil or I with any questions or concerns. Don't forget to sign up for YMCA Regionals!

Tri-dual Meet Information

Tomorrow (Saturday, February 13) we will be racing at New Berlin Eisenhower High

School (4333 S. Sunnyslope Road in New Berlin).

Session 1 warm-ups (10&U swimmers) begins at 8:00 AM, meet begins at 9:05 AM and is scheduled to end at 9:54 AM

Session 2 warm-ups (11&O swimmers) begins at the conclusion of Session 1 (9:54 AM). Meet start time and end time were not available at the time this newsletter was sent out.

Drive safe, swim fast, have fun!

C+ Meet Recap & Highlights

We finished 19th of 28 teams last weekend in Brown Deer scoring 22 points (with only three athletes entered in the meet).

Congratulations to Jordan Borzynski on breaking our 8&U team record in the 50 Backstroke. He won the event in 39.89 breaking Ivar Iverson's 2006 mark of 40.17.

Ava Rydzewski notched all best times and posted the 10th fastest 9-10 100 Freestyle time in our team's history, 1:08.77.

Jack Borzynski scored points in three of his five events.

Great job swimmers!

Conference Meet Recap & Highlights

We had a nice showing last weekend in Lake Geneva during our final Conference Meet of the season. As a team we finished with 58% best times (35 of 60 swims) and five DQs (one each in Fly, Back, IM, and two in IM).

Brady Moore (13-14 50 Freestyle) and Gabi Peterman (11-12 50 Freestyle) punched their tickets to State!

Hugo Arteaga (4th 13-14 500 Freestyle) and Megan Schultz (6th Senior 500 Freestyle) notched some of the fastest times in our team's history.

Achieving best times in all of their events included Alessandra Arteaga, Lindsey Hohnl, Shawlyn Jensen, and Charlotte Wright.

Dropping five or more seconds in a single event were: Alessandra Arteaga -7.21 200 IM, Sarina Foster -7.77 50 Freestyle, Lindsey Hohnl -13.84 500 Freestyle, Shaelyn Jensen -6.89 100 Freestyle, Andy Krug -12.06 200 Freestyle, Gabi Peterman -7.04 50 Backstroke, and Charlotte Wright -15.21 100 Freestyle.

Gold Medalist: Hugo Arteaga (three events), Megan Schultz (one event), Rhegan Weidner (one event)

Silver Medalist: Nathaniel Foster (one event), Shaelyn Jensen (one event), Brady Moore

(one event), Megan Schultz (one event), Vivienne Yanke (one event)

Bronze Medalist: Gabi Peterman (one event), Macie Ritter (one event), Megan Schultz (one event)

Great swimming athletes!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Feb. 13	Tri-Dual	Closed
Feb. 19-21	Last Chance	Closed
Feb. 26-28	12&U USA State	Closed
Mar. 4-7	13&O USA State	Closed
Mar. 13-14	WI YMCA Regionals	TBA
Mar. 19-21	WI YMCA State	TBA
Apr. 8-11	National YMCA Festival	TBA

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Julie Kopsea at jkopsea@yahoo.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Fall & Winter

<i>Order By</i>	<i>Delivery On</i>
February 14	February 17-19
February 28	March 3-5
March 14	March 17-19

If you have any questions or need help, please reach out to Julie Kopsea at 414.530.5399 or at jkopsea@yahoo.com.

February Birthdays

Max Bergemann, Maddie Cerny,
Sebastian Greening, Jake Hendricks, Ava Knaus,
Sophia Marini, Ava Rydzewski, Megan Schultz.

Extended Calendar

February

13 Tri-dual w/NBSC & LGSC
19-21 Last Chance (WI LSC Regional
replacement)
26-28 12&U WI LSC State

March

4-7 13&O WI LSC State
13-14 WI YMCA Regionals
19-21 WI YMCA State

April

8-11 YMCA National Swimming Festival
12 Spring & Summer Season begins

Did You Know?

When you introduce new swimmers to
TEAM SEA and they join, your escrow account is
credited \$50. Take advantage!

Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve