

**ChaseStrong Prelim/Final Invite Team Travel Meet**  
**(subject to change)**  
**-- last updated December 30, 2025 --**

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**Friday, January 23**

- Meet at Image Management Family YMCA at 10:15 AM
- On the road by 10:30 AM (please pack a lunch/snacks for the ride down)
- Arrive at Center Grove High School, 4:30 PM
- Warm-ups begin at 4:45 PM
- We'll stop for dinner on the way to the hotel
- In rooms by 9:30 PM
- Lights out by 10:30 PM

**Saturday, January 24**

- Rise and shine, 6:30 AM (plan on getting up earlier if you need more time in the morning)
- Depart for Prelims at 7:30 AM
- Warm-ups begin at 8:00 AM
- We'll stop for lunch on the way back to the hotel
- Nap and rest prior to Finals
- Depart for Finals at 3:00 PM
- Warm-ups begin at 3:30 PM
- Team Dinner after Finals
- In rooms by 9:30 PM or thereabouts depending on dinner
- Lights out by 10:30 PM

**Sunday, January 25**

- Rise and shine, 6:30 AM (plan on getting up earlier if you need more time in the morning)
- Depart for Prelims at 7:30 PM
- Warm-ups begin at 8:00 AM
- Head out for lunch after Prelims
- We will attempt to get a late checkout so we rest in our rooms prior to Finals
- Depart for Finals at 3:00 PM
- Warm-ups begin at 3:30 PM
- Head home at the conclusion of Finals
- Athletes will keep families updated on our estimated return time (will return to Image Management YMCA)

**Contact Number**

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