

2024 CHASESTRONG Prelim/Final Invite

Hosted by: Center Grove Aquatic Club (CGAC)
Center Grove High School Natatorium
January 26-28, 2024

Sanction: This meet is sanctioned by USA and Indiana Swimming. Sanction # IN24129

Location: Center Grove High School Natatorium 2717 S. Morgantown Rd. Greenwood, IN 46143

Facility: Center Grove High School Natatorium has (2) 10-lane 25 yard pools with a separate 4 lane 25 yard warm-down area. Lane dimensions are 7'6" wide each with non-turbulent lane markers with pool depth ranges from 7'0" to 13'6". The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Daktronics touchpads and timing system will be used with a full digital video scoreboard.

Format: This meet will be swum in short course yards.

This meet will be run in modified Championship Meet Format with preliminaries, consolation finals, and finals for the 11-12 and 13 & Over age groups. (See modification below) The 10 & Under and 8 & Under events will run a timed finals format. The following events will be conducted as timed finals for the 13 & Over age group: 400 IM, 500, 1000 and 1650 Freestyle. The following events will be conducted as timed finals for 11-12 age group: 500 Freestyle and 200 IM. The distance freestyles (1000 and 1650 Freestyles) will be limited to the top 30 swimmers, and will be swum on a timed final basis with heats swum fastest to slowest. The fastest seeded heat of girls and fastest seeded heat of boys, not designated as a prelim swim, will swim in the finals. Distance event swimmers must provide their own lap counter. Lap counters that do not have deck access via their coach card or athlete status will not be allowed on deck until 15 minutes prior to the distance event start time(s) and must exit the deck immediately following the swim. These counters must sign in and out at the deck entrance security table. The meet will be run in two pools during the preliminary sessions and during the afternoon 10&Under sessions. If entries dictate the necessity, CGAC reserves the right to condense the meet to one pool. Pool assignments will be made once entries are received to produce equitable timelines. CGAC has the right to limit and/or combine events if it deemed necessary. Fly-over starts will be used in the preliminary sessions.

Clerk of Course will be offered for all 8&under events only

NOTE: Modification to championship rules will be as follows: In a preliminary session, if a checked-in 11-12 or 13&Over swimmer misses an event that they did not scratch, they will be scratched from their next individual event that session. If a 11-12 or 13&Over swimmer fails to compete in a FINALS session will be scratched from any subsequent events in that session and will be required to sign an INTENT TO COMPETE prior to the scratch deadline for their next session or they will be scratched. An INTENT TO COMPETE form will be available at the administration table. For any 10&U/8&U events, there will be no penalty for failure to compete.

Schedule: Warm-up/Start times may be adjusted based on entries for the meet. CGAC will inform all entered teams if changes are made.

| | | |
|--------------------------|---------------------------|------------------------------|
| Friday: | warm-ups 4:45p | meet starts 5:45p |
| Saturday & Sunday AM | warm-ups 7:00a | meet starts 8:15a |
| Saturday & Sunday PM | warm-ups 12:00p | meet starts 1:00p |
| Saturday & Sunday FINALS | warm-ups not before 3:30p | meet starts not before 4:30p |

Eligibility: Swimmers must be registered with USA Swimming. Indiana Swimming does not process on-site registration. Age as of January 26, 2024, will determine the swimmer's age for the entire meet.

Entries: **Entries will be accepted beginning Tuesday, January 2, at 8:00a.**
Entry deadline will be Friday, January 5, at 12:00p (Deadline will be extended if the meet does not fill.) Teams will be notified of acceptance by Saturday, January 6.
Only electronic entries will be accepted.
Please send to meet entry chair: Michele Deluna at michele@inswimming.org
Clubs will receive an email notification upon receipt of entry.

Entry Limits: Each swimmer in the 11-12 and 13 & Over age groups will be limited to three (3) individual events per day. 8 & Under and 10 & Under swimmers are limited to five (5) individual events per day. If an entry is submitted with an individual entered in more events than allowed, the swimmer will be entered in the order of events until the rule is satisfied. CGAC reserves the right to limit the number of entries and any event to achieve a reasonable timeline. The Meet Director will notify all accepted teams of any limited events and the psych sheet for those events will be posted on our team website: www.cgacswim.org. There will be refunds of swimmers cut from any events.

Meet Fees: Entry fee is \$5.00 per individual timed final event, \$6.00 per prelim/final event plus a \$20.00 LSC ancillary fee/surcharge. Please bring one check payable to: CENTER GROVE AQUATIC CLUB that covers all entry fees. All entry fees must be submitted prior to the start of the meet, or the team will not be allowed to compete. If any event is limited, CGAC will return the entry fees to the club(s) whose swimmers are not allowed to compete in the specific event(s).

Deck Entries: If the meet is not full, deck entries for individual events will be accepted at the meet. Deck entry fee is \$10.00 per individual timed final event and \$12.00 per prelim/final event plus the \$20.00 LSC ancillary fee/surcharge. Cash or check payment is due at the time of entry. Deck entries will be accepted until 60 minutes before the next session begins. No additional heats will be created to accommodate deck entries. No deck entries will be permitted for events which have been limited.

Check-in: We will be running a POSITIVE CHECK-IN for this meet. Swimmer will check-in with their coaches. Sign-in sheets will be provided to each team upon arrival and will need to be submitted within 15 minutes after the start of warm-ups.

Admissions: CGAC will NOT be charging admission fees.

Concessions: Concessions will be available throughout the meet in the lobby area. Cash and credit cards will be accepted.

Hospitality: Hospitality area will be available in the pool classroom off the pool deck for Coaches and Officials only.

Awards: Ribbons for 1st-20th will be awarded for all 12&U events.

Rules: Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”) and Indiana Swimming rules will govern this meet. USA Swimming rules state that at a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet must be certified by a USA Swimming-member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Coaches and Officials MUST sign in upon arrival and display their current USA Swimming coach credential or Deck Pass to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credential or Deck Pass and/or deny deck access if coach does not comply or the card is no longer valid/current.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel or below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited. Deck changes are prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Operations of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

COVID RISK STATEMENT (Required by USA Swimming)

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming

sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Safe Sport 360: The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert date that is 30 days prior to the last date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after [insert same date], who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

Facility Notes: We are guests of Center Grove High School. Please help us with the following:

- Keep all trash picked up
- No sound devices or objects such as balls, radios, etc. that are inconvenience to swimmers, coaches, officials, volunteers, or spectators will be allowed
- NO GLASS WILL BE ALLOWED ON THE POOL DECK
- Only registered coaches, athletes, and officials along with meet volunteers will be allowed on the pool deck. As per USA Swimming insurance policies, no parents are allowed on deck.
- Smoking is PROHIBITED on school property.
- Anyone caught abusing the facilities will be asked to leave the meet/facility immediately and the team will be billed for any damages caused by their swimmers.

Final Results: Final results will be distributed in the manner specified on the Team Summary Report. Results will be live on Meet Mobile.

Officials: Anyone who would like to help officiate is encouraged to contact Brian Lewis, Meet Referee, at officials@cgacswim.org prior to the meet. Officials meetings will be held one half hour prior to the start of each session.

Meet Personnel: **MEET DIRECTORS** meetdirector@cgacswim.org
Brad Smith 317-881-0581 ext 4704 (office) 317-850-1689 (cell)
Kaitlin Smith 317-881-0581 ext 4702 (office)

MEET ENTRY CHAIR
Michele DeLuna michele@inswimming.org

MEET REFEREE
Brian Lewis officials@cgacswim.org

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FRIDAY (JAN 26) EVENING SESSION

Warm-ups start at 4:45p Meet starts at 5:45p

| Girls | | Boys |
|-------|--------------------------|------|
| 1 | 13 & OVER 500 Freestyle | 2 |
| 3 | 11-12 500 Freestyle | 4 |
| 5 | 10 & UNDER 200 Freestyle | 6 |
| 7 | 13 & OVER 400 IM | 8 |
| 9 | 11-12 200 IM | 10 |
| 11 | 10 & UNDER 200 IM | 12 |

SATURDAY (JAN 27) AM SESSION

Warm-ups start at 7:00a Meet starts at 8:15a

| Girls | | Boys |
|-------|----------------------------------|------|
| 13 | 11-12 100 Butterfly | 14 |
| 15 | 13&OVER 100 Butterfly | 16 |
| 17 | 11-12 50 Freestyle | 18 |
| 19 | 13&OVER 200 Freestyle | 20 |
| 21 | 11-12 100 Backstroke | 22 |
| 23 | 13&OVER 100 Backstroke | 24 |
| 25 | 11-12 50 Breaststroke | 26 |
| 27 | 13&OVER 200 Breaststroke | 28 |
| 29 | 11-12 200 Freestyle | 30 |
| 31 | 13&OVER 50 Freestyle | 32 |
| 33 | 13&OVER 1000 Freestyle (GIRLS)** | x |
| x | 13&OVER 1650 Freestyle (BOYS)** | 34 |

SATURDAY (JAN 27) PM SESSION

Warm-ups start at 12:00p Meet starts at 1:00p

| Girls | | Boys |
|-------|-----------------------------|------|
| 35 | 10 & UNDER 50 Butterfly | 36 |
| 37 | 8 & UNDER 25 Butterfly | 38 |
| 39 | 10 & UNDER 100 Backstroke | 40 |
| 41 | 8 & UNDER 50 Backstroke | 42 |
| 43 | 10 & UNDER 50 Freestyle | 44 |
| 45 | 8 & UNDER 25 Freestyle | 46 |
| 47 | 10 & UNDER 100 Breaststroke | 48 |
| 49 | 8 & UNDER 50 Breaststroke | 50 |

SATURDAY (JAN 27) FINALS SESSION

Warm-ups start not before 3:30p Meet starts not before 4:30p

| Girls | | Boys |
|-------|----------------------------------|------|
| 33 | 13&OVER 1000 Freestyle (GIRLS)** | x |
| x | 13&OVER 1650 Freestyle (BOYS)** | 34 |
| 13 | 11-12 100 Butterfly | 14 |
| 15 | 13&OVER 100 Butterfly | 16 |
| 17 | 11-12 50 Freestyle | 18 |
| 19 | 13&OVER 200 Freestyle | 20 |
| 21 | 11-12 100 Backstroke | 22 |
| 23 | 13&OVER 100 Backstroke | 24 |
| 25 | 11-12 50 Breaststroke | 26 |
| 27 | 13&OVER 200 Breaststroke | 28 |
| 29 | 11-12 200 Freestyle | 30 |
| 31 | 13&OVER 50 Freestyle | 32 |

**Top 10 seeds will swim during FINALS SESSION

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| SUNDAY (JAN 28) AM SESSION | | |
|--|----------------------------------|------|
| Warm-ups start at 7:00a Meet starts at 8:15a | | |
| Girls | | Boys |
| 51 | 13&OVER 200 IM | 52 |
| 53 | 11-12 50 Butterfly | 54 |
| 55 | 13&OVER 200 Butterfly | 56 |
| 57 | 11-12 100 Freestyle | 58 |
| 59 | 13&OVER 100 Freestyle | 60 |
| 61 | 11-12 50 Backstroke | 62 |
| 63 | 13&OVER 200 Backstroke | 64 |
| 65 | 11-12 100 Breaststroke | 66 |
| 67 | 13&OVER 100 Breaststroke | 68 |
| 69 | 13&OVER 1650 Freestyle (GIRLS)** | |
| x | 13&OVER 1000 Freestyle (BOYS)** | 70 |

| SUNDAY (JAN 28) PM SESSION | | |
|---|----------------------------|------|
| Warm-ups start at 12:00p Meet starts at 1:00p | | |
| Girls | | Boys |
| 71 | 10 & UNDER 100 Butterfly | 72 |
| 73 | 8 & UNDER 50 Butterfly | 74 |
| 75 | 10 & UNDER 50 Backstroke | 76 |
| 77 | 8 & UNDER 25 Backstroke | 78 |
| 79 | 10 & UNDER 100 Freestyle | 80 |
| 81 | 8 & UNDER 50 Freestyle | 82 |
| 83 | 10 & UNDER 50 Breaststroke | 84 |
| 85 | 8 & UNDER 25 Breaststroke | 86 |

| SUNDAY (JAN 28) FINALS SESSION | | |
|--|----------------------------------|------|
| Warm-ups start not before 3:30p Meet starts not before 4:30p | | |
| Girls | | Boys |
| 69 | 13&OVER 1650 Freestyle (GIRLS)** | x |
| x | 13&OVER 1000 Freestyle (BOYS)** | 70 |
| 51 | 13&OVER 200 IM | 52 |
| 53 | 11-12 50 Butterfly | 54 |
| 55 | 13&OVER 200 Butterfly | 56 |
| 57 | 11-12 100 Freestyle | 58 |
| 59 | 13&OVER 100 Freestyle | 60 |
| 61 | 11-12 50 Backstroke | 62 |
| 63 | 13&OVER 200 Backstroke | 64 |
| 65 | 11-12 100 Breaststroke | 66 |
| 67 | 13&OVER 100 Breaststroke | 68 |

****Top 10 seeds will swim during FINALS SESSION**

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Summary Page

Club Name: _____ Club Code: _____

In addition to returning your completed entry form, please fill out the requested information below and submit with your check payable to Center Grove Aquatic Club to the entry chair.

Entry Chair: Michele Deluna michele@inswimming.org

Entry Chair _____

Address _____

Phone _____ Email _____

Coaches Names _____

RELEASE AND HOLD HARMLESS AGREEMENT

In consideration of being permitted to participate in this swim meet, and for the good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges USA Swimming, Indiana Swimming, Center Grove Aquatic Club, the Center Grove Community School Corporation, and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the understanding shall indemnify and hold harmless USA Swimming, Indiana Swimming, Center Grove Aquatic Club, the Center Grove Community School Corporation, and each of their respective officers, agents, employees, members, and members of the foregoing and all other persons in any way and claims arising out of in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of this meet. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Executed _____, 20____ Team Representative Signature _____

Total Number of Swimmers Entered _____ x \$20.00 = _____
(Indiana Swimming surcharge)

Number of Timed Final Entries _____ x \$5.00 = _____

Number of Prelim/Final Entries _____ x \$6.00 = _____

TOTAL DUE = _____

How would you like results sent to you?

____ Hard Copy (.htm/.pdf file emailed)

____ Meet Manager Back-up (emailed)

____ Team Manager .cl2 file (emailed)

____ All of the above

Email address to send above: _____

WELCOME TO THE 2024 CHASESTRONG INVITATIONAL!!!!

We would like to take this opportunity to thank all of you for your continued love and support you have shared with us over the past two and a half years. Through prayer, emails, and messages - we have felt such an overwhelming support from our fellow swim teams and families. We were encouraged and lifted up by the love and support that was shared with us when Chase fought his journey and have been comforted by those that have held us up since he has been gone. Nothing compares to the swim community and the bonds that we have formed while pursuing the swim life.

As many of you recall, Chase was originally diagnosed in the summer of 2014 with Ewings Sarcoma. Chase went through nine months of intense chemotherapy and a major resection surgery to remove the tumor, femur, and surrounding muscles. In July of 2016, Chase noticed a small bump in his left leg. Scans indicated that his cancer had returned in the leg and near a pelvic lymph node. The tumors did not respond to the new chemotherapy protocol. After consulting several doctors nationwide; we decided to go a different route. In October of 2016, Chase had a successful surgery to remove both malignant masses. After healing from surgery, Chase started a new chemo protocol and started radiation treatments on both sites. The combination of the new chemo drugs made Chase sick and progressively got worse as the months continued. He fought through the process and took his last dose in late November 2017. In February 2018, a spot in Chase's lungs, that the doctor's had been watching since early 2017, began to grow. We opted to have it removed that March - tests indicated that it was Ewing's. We went just about a year without any signs of cancer and then in April of 2019 a tumor was spotted in Chase's left lung that had wrapped around Chase's left bronchial tube. We opted to seek the advice of the Cleveland Clinic. After a short stint of chemotherapy, the doctors decided to treat the tumor with SBRT radiation - an extremely high dose, pinpointed radiation. Chase went back to Cleveland Clinic to receive specialized radiation over the course of the year. In January of 2020, Chase received the news of being in NED (no evidence of disease).

In April of 2020, Chase relapsed for the 4th time, making it the 5th time to battle Ewings Sarcoma. There were several tumors throughout the body and Chase was given 3-5 months to live. Chase went through additional chemotherapy, radiation, and other measures to help extend his quantity and quality of life. During this time, Chase married his sweetheart, Sadie, continued to impact others with his incredible strength, and soaked up time with his family and friends.

After 7 long and hard years, Chase passed away on April 4, 2021 surrounded by his family. Chase left a legacy that will forever impact others. Chase taught those around him how to love big, how to never give up even when things get tough, how to walk humbly through life, and how to live life to the fullest.

We give thanks to Jesus for his blessings throughout this journey. We also give thanks to the CHASESTRONG NATION for being the support Chase needed and that our family continues to need to this day. Thank you all for your love and we are incredibly excited that you chose to attend the 2024 CHASESTRONG MEET!! Let's honor Chase and SWIM FAST!

Brad and Kelli Smith
Chase's parents