13 & Over Training Trip Code of Conduct

As a member of TEAM SEA, I understand that I represent SEA, the Racine Family YMCA, Wisconsin Swimming, YMCA and USA Swimming, my parents, my coach and chaperones, as well as myself.

- 1. I understand that the possession or use of alcohol, tobacco products, fireworks, weapons, or controlled substances is prohibited.
- 2. I will adhere to curfews established by the coach and chaperones each day and arrive in a timely manner for departures for swim practice, dinner, excursions, team meetings, etc.
- 3. I will attend all team functions including meetings, practices, dinners, excursions, unless otherwise excused or instructed by coach or chaperones.
- 4. I will not participate in any illegal or inappropriate behavior, including gambling, that would detract from a positive image of SEA and myself.
- 5. I will display proper respect and obey the directions of my coach and chaperones.
- 6. I agree that rooms and luggage are subject to search by the coach and chaperones, if a rule violation is suspected or reported.
- 7. I will not cause physical or emotional harm, nor will I threaten physical or emotional harm to a fellow team member, coach, chaperone, or others I come in contact with.
- 8. I will act and conduct myself with dignity and with respect for others and the property of others.
- 9. I will dress in a manner suitable of my position as a representation of TEAM SEA.
- 10. I will be a responsible goodwill ambassador between the sport of swimming and the public.
- 11. I will promote positive high team spirit and morale.
- 12. I will cultivate in myself and encourage in all team members the virtues of patience, courage, justice, and sincerity.
- 13. I will strive to do my best and encourage all team members to do the same.
- 14. I will not expose myself in any way or form.
- 15. I will deal justly, kindly, impartially, and intelligently with all of my team members, coach and chaperones.
- 16. I will be inclusive when around my team members, not exclusive.
- 17. I will not pout, whine, or nag!
- 18. NO DRAMA.
- 19. Live in the core values of the YMCA caring, honesty, respect, and responsibility.
- 20. I will have fun!

Implementation

Date

In signing this Code, I agree to comply with all of the provisions the Code of Conduct of SEA for the duration of the trip, until the team officially disbands.

Failure to comply with this Code of Conduct may result in disciplinary action under the provisions of SEA. Such discipline may include, but not be limited to:

- Dismissal from the Training Trip and immediate return home at the expense of the swimmer's family
- Suspension from subsequent Training Trips

| Swimmer Name (Please Print) | | |
|-------------------------------------|--|--|
| Swimmer Signature | | |
| Parent/Guardian Name (Please Print) | | |
| Parent/Guardian Signature | | |

Any appeal from disciplinary action shall occur in accordance with SEA bylaws.