

GYD PRESENTS THE  
**December CONFERENCE MEET**  
**December 10th, 2023**  
Closed Invite - Single Session  
25 Yards

- Location:** Lake Geneva YMCA, 203 Wells Street, Lake Geneva, WI
- Facility:** Six lanes, 25 yards flush deck, non-turbulence lane markers and backstroke flags, with 30" height starting blocks. Pool is 10 feet deep at starting blocks and 4 feet deep on the shallow end. The Competition course has not been certified in accordance with 104.2.2C(4).
- Timing:** Colorado System with backup watches. All events are timed final.
- Head Official:** Amy Langelund e-mail: [alangelund@charter.net](mailto:alangelund@charter.net)  
**Admin Official:** Alison Whowell e-mail: [alison@gordysboats.com](mailto:alison@gordysboats.com)
- Official Rules:** Current USA-S Rules shall prevail for this meet. Age as of December 10th, 2023.
- Warm-up:** 8:00am (50 min)      Competition starts      9:00am
- Warm-up lanes will be assigned. Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.
- Entry Chair/Meet Director**  
Glenn Biller      e-mail: [glenn.biller@glymca.org](mailto:glenn.biller@glymca.org)  
Lake Geneva, WI      phone: 262-215-7750
- Entry Limit:** Swimmers may swim three (3) individual events and 1 Relay per day. All events are MIXED. A separate warm-up will be given, if necessary, if the meet is longer than 4 hours.  
**No deck entries allowed**
- Fees:** \$30 per athlete.
- Entry Deadline:** The entry chair must receive **e-mail entry files** and **paper entries** (no hy-tek software) ***no later than Sunday, December 2, 2023.*** This meet is being run with Hy-Tek swim software. Deck entries will be accepted in open lanes only. Completed online waiver and fees must be received before the meet starts, on Sunday, December 10<sup>th</sup> 2023.
- Disabled Swimmers:** If you have any disabled swimmers, please notify the Meet Director by e-mail or phone before the meet starts on December 10<sup>th</sup> 2023.
- 25 Yard Race Starts:** All 25 yard races will start on the blocks in the deep end of the pool
- Awards:** Rubber Duck heat winners
- Racing Start Certification:** Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Image Authorization:**

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.

**Heat Sheets:**

Heat sheets will be emailed to teams.

## December Conference Meet 2023

Sunday, December 10th, 2023

25 Yards

1	Mixed	Open	200	Free Relay
2	Mixed	Open	400	IM
3	Mixed	Open	25	Fly
4	Mixed	Open	50	Back
5	Mixed	Open	100	Breast
6	Mixed	Open	200	Free
7	Mixed	Open	25	Back
8	Mixed	Open	50	Breast
9	Mixed	Open	100	Free
10	Mixed	Open	200	Fly
11	Mixed	Open	100	IM
12	Mixed	Open	200	IM
13	Mixed	Open	25	Breast
14	Mixed	Open	50	Free
15	Mixed	Open	100	Fly
16	Mixed	Open	200	Back
17	Mixed	Open	25	Free
18	Mixed	Open	50	Fly
19	Mixed	Open	100	Back
20	Mixed	Open	200	Breast
21	Mixed	Open	500	Free

**\*\* Optional 5 minute breaks will be added at the discretion of the meet director.**