

GYD PRESENTS THE  
**January Conference Meet 2025**  
**Sunday January 19, 2025**  
Closed Invite - Single Session  
25 Yards

**Sanction/Approval: WI2025-146A**

In granting this approval it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Location:** Lake Geneva YMCA, 203 Wells Street, Lake Geneva, WI

**Facility:** Six lanes, 25 yards flush deck, non-turbulence lane markers and backstroke flags, with 30" height starting blocks. Pool is 10 feet deep at starting blocks and 4 feet deep on the shallow end. The Meet host will ensure the required course dimensions.

**Timing:** Colorado System with backup watches. All events are timed final.

**Head Official:** Amy Langelund e-mail: [alangelund@charter.net](mailto:alangelund@charter.net)

**Admin Official:** Alison Whowell e-mail: [alison@gordysboats.com](mailto:alison@gordysboats.com)

**Official Rules:** Current USA-S Rules shall prevail for this meet. Age as of January 19, 2025.

**Warm-up:** 8:00am (50 min) Competition starts 9:00am

Warm-up lanes will be assigned. Sit and Slide entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.

Circle swimming only, except in designated lanes and times. All entry to pools during open warm-up cool down periods shall be feet first three-point entry from the start end. No snorkels, kickboards or other training devices are allowed during warm-ups. Teams should plan to do starts, sprint and pace work within their assigned warm-up time. Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment

**Entry Chair/Meet Director**

Glenn Biller e-mail: [glenn.biller@glymca.org](mailto:glenn.biller@glymca.org)  
Lake Geneva, WI phone: 262-215-7750

**Entry Limit:** Swimmers may swim three (3) individual events. All events are MIXED. A separate warm-up will be given, if necessary, if the meet is longer than 4 hours.

**Eligibility:** Athletes do not need to be USAS registered to participate in this meet.

**Fees:** \$30

**Entry Deadline:** The entry chair must receive **e-mail entry files** and **paper entries** (no hy-tek software) ***no later than Sunday, January 12, 2025***. This meet is being run with Hy-Tek swim software. Deck entries will be accepted in open lanes only. Completed online waiver and fees must be received before the meet starts, on Friday, January 19, 2025.

- Disabled Swimmers:** If you have any disabled swimmers, please notify the Meet Director by e-mail or phone before the meet starts on January 19, 2025.
- 25 Yard Race Starts:** All 25 yard races will start on the blocks in the deep end of the pool
- Awards:** Rubber Duck heat winners
- Racing Start Certification:** Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Wisconsin Swimming and the meet host under the conditions authored by Wisconsin and USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Wisconsin Swimming competition to promote such competitions.
- Heat Sheets:** Heat sheets will be emailed to teams.
- Final Results:** One copy of final results will be e-mailed to each team represented.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves.  
Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, restrooms, or locker rooms.  
Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited.  
Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

# January Conference Meet 2025

Sunday, January 19 2025

25 Yards

1	Mixed	Open	400	IM
2	Mixed	Open	25	Fly
3	Mixed	Open	50	Back
4	Mixed	Open	100	Breast
5	Mixed	Open	200	Free
6	Mixed	Open	25	Back
7	Mixed	Open	50	Breast
8	Mixed	Open	100	Free
9	Mixed	Open	200	Fly
10	Mixed	Open	100	IM
11	Mixed	Open	200	IM
12	Mixed	Open	25	Breast
13	Mixed	Open	50	Free
14	Mixed	Open	100	Fly
15	Mixed	Open	200	Back
16	Mixed	Open	25	Free
17	Mixed	Open	50	Fly
18	Mixed	Open	100	Back
29	Mixed	Open	200	Breast
20	Mixed	Open	500	Free

**\*\* Optional 5 minute breaks will be added at the discretion of the meet director.**