

**Sunday, June 22**

- Meet at Coach Neil's home, 3210 96<sup>th</sup> Street in Sturtevant at 3:00 AM
- Depart as soon as possible
- We'll be stopping for breakfast/lunch/dinner as needed on the trip down, probably a good idea to pack some snacks/drinks for in the van
- We will stop at Exit 205 in Alabama for some of the best peaches in the world
- Arrive around 8:00 PM
- Unpack
- Lights out by 11:00 PM

**Monday, June 23**

- Rise and shine, TBD (plan on getting up earlier if you need more time for breakfast)
- Depart for morning practice, TBD, morning practice TBD
- Grocery shopping after practice
- Return home, unpack groceries, unpack some more? – hit the beach, nap?
- Lunch at home
- Depart for afternoon practice at TBD, afternoon practice TBD
- Dinner at home, Pasta Night
- Relax
- Lights out by 11:00 PM

**Tuesday, June 24**

- Rise and shine, TBD (plan on getting up earlier if you need more time for breakfast)
- Depart for morning practice, TBD morning practice TBD
- Dryland on the beach after morning practice
- Lunch at home
- Depart for afternoon practice at TBD, afternoon practice TBD
- Dinner at home, Girls Choice
- Relax
- Lights out by 11:00 PM

**Wednesday, June 25**

- Rise and shine, TBD (plan on getting up earlier if you need more time for breakfast)
- Depart for morning practice, TBD, morning practice TBD
- Stop at Thomas Donuts after practice
- Lunch at home
- Depart for afternoon practice TBD, afternoon practice TBD
- Dinner at home, Boys Choice
- Lights out by 11:00 PM

**Thursday, June 26**

- Rise and shine, TBD (plan on getting up earlier if you need more time for breakfast)
- Depart for morning practice, TBD, morning practice TBD
- Dryland on the beach after morning practice
- Lunch at home
- Depart for afternoon practice at TBD afternoon practice TBD
- Dinner at The Red Bar in Grayton Beach – expect a wait so bring snacks if you need to
- Lights out by 11:00 PM

**Friday, June 27**

- Rise and shine, TBD (plan on getting up earlier if you need more time for breakfast)
- Depart for morning practice, TBD, morning practice TBD
- Return home – hit the beach, nap?
- Lunch at home
- Depart for Pier Park outdoor mall, will head to practice from the mall at TBD
- Dinner at home, Taco Night
- Lights out by 11:00 PM

**Saturday, June 28**

- Rise and shine, TBD (plan on getting up earlier if you need more time for breakfast)
- Depart for morning practice, TBD, morning practice TBD
- Dryland on the beach after morning practice
- Lunch at home
- Depart for afternoon practice at TBD, afternoon practice TBD
- Dinner at home, Leftover Night
- Pack
- Lights out by 11:00 PM

**Sunday, June 29**

- Rise and shine, 2:30 AM, pack the vans, depart
- Will stop for breakfast at Waffle House at TBD
- We'll be stopping for lunch/dinner as needed on the return trip home
- Return to Coach Neil's home around 8:00 PM (athletes will text/call when we are in Chicago)

**Contact Numbers**

- Neil Wright, 262.994.3157
- Parker Palermo, 262.994.6722
- Kim Wright, 414.708.3808
- Maria Peterman, 262.488.0744