

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

January 19, 2024

Neil's Notes

Thank you to all our families who stepped forward to volunteer during our 18th Annual Penguin Challenge. Not a single swimmer missed the meet because of the weather ... we are a hardy bunch! Read all about our successes below ... amazing job swimmers!

It's hard to believe, but we only have eight weeks of the season remaining! Be sure to take full advantage of all practices and meets!

For those wondering, our Spring & Summer Season is scheduled to begin on Tuesday, April 23. We should be able to conduct some Off-Season Training between the seasons ... watch the newsletter for these opportunities.

Please take a look at the escrow reports and zero out any negative balances from the last two seasons. Additionally, if you are paying swim tuition monthly, please stay current. Thanks in advance!

If you have a Facebook account, please consider joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

Conference Meet Information

This Sunday we'll head west to Lake Geneva for another installment of our Conference Meet (203 Wells Street).

Warm-ups for Senior and Gold swimmers run 8:00-8:30 AM and warm-ups for Silver and Bronze run 8:30-8:50 AM. The meet

begins at 9:00 AM and is scheduled to finish at 11:24 AM.

At the sending of this newsletter, the heat sheet has not been received yet, but will be forwarded when it is received.

Drive safe, swim fast, have fun!

Penguin Challenge Highlights & Recap

We could not ask for a more impressive start to 2024 than what we worked for during our 18th Annual Penguin Challenge ... sans the computer issues we experience Saturday.

As a team, we finished with a very impressive 72% best times (302 of 419 swims), 14 new State qualifying times, and 25 DQs (nine Butterfly, eight Breaststroke, four IM, three Backstroke, and one Freestyle ... we will never have zero DQs at our hosted meets, but we will continue to address our mistakes and practice).

New State qualifying times were posted by Ale Arteaga YMCA 12-year-old 100 Backstroke 1:10.96, Matilda Gutjahr USA 8&U 25 Breaststroke 25.11, Bennett Menken YMCA and USA 11-12 50 Breaststroke 39.36, Ellie Palermo YMCA Open 200 Butterfly 2:26.90, Molly Staniger YMCA 7&U 50 Backstroke 57.17, Evan Steenrod USA 9-10 200 IM 3:04.90, 500 Freestyle 6:58.68, Nate Steenrod USA 8&U 50 Backstroke 49.52, Harrison Yanke USA 8&U 100 Freestyle 1:20.96, and Vivienne Yanke 11-year-old 100 Freestyle 1:07.82, 100 Butterfly 1:16.89, 100 IM 1:15.75, 50 Freestyle 31.24, 50 Backstroke 36.51.

Notching some of the fastest times in our team's history were Eli Coughlin 8th 13-14 100 IM 1:28.74, Matilda Gutjahr 9th 8&U 100 Breaststroke 1:51.02, Callie Klepp 9th 17-18 200 Breaststroke 2:39.90, 6th 100 IM 1:08.84, Makenna Menken 7th 13-14 100 IM 1:20.37, Evan Olson 9th 13-14 100 IM 1:38.59, Evan Steenrod 5th 9-10 200 Backstroke 2:47.37, Nate Steenrod 4th 8&U 200 Backstroke 3:37.04, and Harrison Yanke 8th 8&U 25 Backstroke 19.31, 6th 100 Freestyle 1:20.96, 8th 50 Breaststroke 47.33, 8th 100 IM 1:30.55.

Achieving 100% best times included Rylee Clouse, Eli Coughlin, Amalia Ehmcke, Eli Ehmcke, Summer Gustafson-Binger, Matilda Gutjahr, Fiona Marini, Bennett Menken, Allie Mertins, Evalyn Speers, Olivia Speers, Zack Steenrod, Grayson Sullivan, Finley Thompkins, Rhemy Thompkins, and Vivienne Yanke.

Slicing five or more seconds in a single event were Ale Arteaga -6.28 200 Backstroke, Jordan Borzynski -16.42 200 Breaststroke, Logan Buska -7.13 100 Breaststroke, Ireland Byrne -54.60 500 Freestyle, Rylee Clouse -8.85 100 Backstroke, Eli Coughlin -10.48 100 Freestyle, Ezra Coughlin -7.25 50 Freestyle, Hannah Daams -8.68 100 Breaststroke, Amalia Ehmcke -10.75 200 Freestyle, Aisling Fahy -19.88 500 Freestyle, Ciara Fahy -12.82 100 Backstroke, Sarina Foster -7.91 100 Freestyle, Summer Gustafson-Binger -10.43 50 Breaststroke, Matilda Gutjahr -26.13 100 Breaststroke, Evelyyn Gutknecht -7.09 50 Butterfly, Jules Horton -9.60 50 Breaststroke, Maran Jagel -6.20 100 Backstroke, Carter Justman -20.18 100 IM, Ava Kerbawy -25.96 200 IM, Ella Kirchenberg -23.53 200 Freestyle, Callie Klepp -10.86 50 Butterfly, Fiona Marini -9.02 100 Backstroke, Bennett Menken -5.66 50 Breaststroke, Allie Mertins -7.86 200 Backstroke, Arya Morey -19.39 100 IM, Jocelyn Niebuhr -5.63 50 Freestyle, Evan Olson -13.72 200 Freestyle, Ellie Palermo -6.60 200 Butterfly, Claire Speers -28.23 50 Breaststroke, Evalyn Speers -26.17 200 Breaststroke, Olivia Speers -9.27 100 Backstroke, Ellie Staniger -5.98 100 Freestyle, Kaylee Staniger -23.22 500 Freestyle, Molly Staniger -10.27 50 Backstroke, Evan Steenrod -9.62 200 IM, Nate Steenrod -12.90 100 IM, Zack Steenrod -9.21 200 Breaststroke, Finley Thompkins -33.84 200 Freestyle, Rhemy Thompkins -10.05 200 Freestyle, Aubree Van Dyke -18.70 200 IM, Logan Walker -6.58 200 IM, John Westfall -13.27 100 Freestyle, Harrison Yanke -7.81 100 Freestyle, and Vivienne Yanke -11.29 100 Freestyle.

Congratulations to Haylee Clouse, Anna James, and Delilah Kuhl on racing in the first meet of their lives! So cool!!

Ezra Coughlin and Maran Jagel finished a 100 IM legally last weekend and are welcome to join our Silver training group!

Finally, Matilda Gutjahr joined our 21 and under club when she finished the 25 Freestyle in 20.00!

Gold medalist: Ireland Byrne, Zoe D'Alessandro

Silver medalist: Zoe D'Alessandro, Callie Klepp, Bennett Menken, Harrison Yanke

Bronze medalist: Lindsey Hohnl, Callie Klepp, Ellie Palermo, Evan Steenrod, Finley Thompkins, Rhemy Thompkins, Harrison Yanke

Keep attending practice regularly so we continue to excel at the meets we attend! Only nine weeks of the season remain!!

Upcoming Meets

| <i>Date</i> | <i>Meet</i> | <i>Entry Deadline</i> |
|-------------|---------------------|-----------------------|
| Jan 21 | Conference Meet | Closed |
| Jan 26-28 | ChaseStrong Invite | Closed |
| Feb 4 | J-HK 8&U Meet | Closed |
| Feb 11 | Conference Champs | TBA |
| Feb 16-18 | Regionals | 2/1 |
| Feb 23-25 | Senior State | TBA |
| Feb 24-25 | 10&U State | TBA |
| Mar 1-3 | 11-14 State | TBA |
| Mar 9-10 | SEA YMCA Sectionals | 3/3 |
| Mar 15-17 | YMCA State | TBA |
| Apr 2-6 | YMCA Nationals | TBA |

40 For 40 Trophy Available

To celebrate our 40th Anniversary, a new trophy (it goes without saying that it will be "cool") will be available during August's 2024 annual banquet (currently scheduled for August 8, 2024).

To "win" this trophy, athletes need to notch 40 best times during the next two seasons (2023-2024 Fall & Winter and 2024 Spring & Summer). Athletes entered at NT = no time (never having raced in a particular event before), will be credited for a best time if the event is scored legally.

Good luck!

Incentive Program for Key Roles

In an effort to ensure our hosted meets and fundraising continue to run smooth, we will begin incentivizing key positions; these positions include head official, meet director, concessions & hospitality lead (this is one position) and AO (administrative official).

These key roles will have their escrow accounts credited \$100 for each session they attend in their capacity (fundraising lead will be credited \$250 per season).

At this time, we have parents slotted into all positions, but we are always looking at training the next generation of parents so if anyone is interested in learning about any of these positions prior to a spot opening, please do reach out to Coach Neil.

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families.

This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

| <i>Order By</i> | <i>Delivery On</i> |
|-----------------|--------------------|
| February 11 | February 15-16 |
| March 10 | March 14-15 |

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

December Birthdays

Savannah Allison, Ale Arteaga, Caleb Bergman, Ethan Bergman, Logan Buska, Hannah Daams, Nathaniel Foster, Valerie Himin, Ava Kerbaway, Deliah Kuhl, Ian Lopez, Mac Thomas, Logan Walker, John Westfall.

January Birthdays

Mathilde Angeline, Sofia Badillo, Ireland Byrne, Eli Coughlin, Amalia Ehmcke, Nicholas Foster, Fiona Marini, Ryan McGillis, Allie Mertins, Evan Olson, Ellie Palermo, Ellie Staniger.

Extended Calendar

January

21 Conference Meet
26-28 Chase Strong Invite

February

4 J-HK 8&U Meet

10 WIAA Sectionals
11 Conference Champs Meet
16-18 Regionals
17 WIAA State
23-25 Senior State
24-25 10&U State

March

1-3 11-14 State
9-10 YMCA Sectionals
15-17 YMCA State

April

2-6 YMCA Nationals
22 Tryouts
23 First day of Spring & Summer practice

May

4-5 SEA Early Bird
19 Swim for a Cause
27 No practice, Memorial Day
31-2 SEA Pirate Plunge

June

11 Last day of school (RUSD)
12 AM practice begins for Seniors
21-22 SEA Summer Sizzler

July

4 No practice, Happy Independence Day
11-14 Speedo Sectionals
19-21 Regionals
26-28 12&U State
31 Last day of Spring & Summer practice

August

1-4 13&O State
8-11 14&U Zones
13 Annual Awards Banquet

September

23 Tryouts
23 First day of practice for Fall & Winter
28 40th Anniversary TEAM SEA Celebration

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5

- c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
 - 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
 - 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve