Serpent Times

newsletter for Southeastern Aquatics Racine Family YMCA Swim TEAM est. 1984









TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

January 20, 2023

Neil's Notes

Great job hosting our 17th Annual Penguin Challenge last weekend! We only have one meet left to host (YMCA Sectionals, March 11-12 at RAC). Sign-ups will be posted soon.

For those new to the team, we are now at the doorstep of the championship portion of our season. A lot of meets on the horizon and opportunities to score those additional State qualifying times, first ever State cuts and continue to cut time in events. Athletes can still sign-up for the two remaining Conference Meets, WI LSC Regionals (open to all swimmers), YMCA Sectionals (open to all swimmers and team hosted), and if qualified, USA & YMCA State meets and YMCA Nationals. Send an email and we'll get your swimmers slotted to any of the remaining meets!

Looks like Amazon is canceling its AmazonSmile Program on February 20. Thank you to the families who participated in this program over the years.

We will be training at Park High School on the following dates: January 24 and February 10. Training times are: Bronze/Silver 5:00-6:00 PM, Gold 6:00-7:30 PM, and Senior 6:00-8:00 PM.

There will be no practice offered on Friday, February 17.

Beginning February 20, we will be able to move all practice times 30-minutes earlier. Bronze and Silver will train 5:00-6:00 PM, Gold 6:00-7:30 PM and Senior 6:00-8:00 PM.

Beginning next season, Bronze swimmers will be able to train Friday nights!

If you ordered a TEAM SEA towel, please be sure to forward payment. \$40 per towel. Towels should arrive in 2-4 weeks.

Save the dates for the Spring & Summer meet we will be hosting ... May 6-7, June 2-4 and June 23-24.

The 13&O Training Trip is scheduled and still has a few spots open for any female athletes on the fence about attending. Take advantage of this great opportunity!

If you have a Facebook account, please considering joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

LCB Prelim/Final Meet Information

We will be racing in a new pool this weekend (Lake Central Aquatic Center, 8400 Wicker Avenue, St. John, IN).

Friday night warm-ups begin at 5:00 PM, meet begins at 6:00 PM and ends at 6:54 PM.

Saturday and Sunday warm-ups begin at 7:00 AM, meet begins at 8:00 AM and ends at 10:54 AM and 10:37 AM respectively.

Athletes moving on to Finals should check with Coach Neil on what time to return. Finals racing begins at 3:30 PM.

Drive safe, swim fast, have fun!

17th Annual Penguin Challenge Recap

Excellent swimming last weekend! As a team, we posted 71% best times (329 of 466 swims) and posted 19 DQs (eight Breaststroke, five Butterfly, and three each of Backstroke and IM).

New USA State qualifying times were achieved by Ale Arteaga 200 Breaststroke 3:00.14, 50 Freestyle 28.94, 400 IM 5:38.41, Callie Klepp 100 Breaststroke 1:10.73, 25 Breaststroke 27.92, Mason Walker 100 Breaststroke 1:24.61, Harrison Yanke 50 Butterfly 46.89, 25 Breaststroke 25.85, 25 Butterfly 21.63, and Vivienne Yanke 200 IM 2:59.67, 100 IM 1:24.59.

New YMCA State qualifying times were achieved by Ireland Byrne 50 Butterfly 43.53, Callie Klepp 100 Breaststroke 1:10.73, Olivia Speers 25 freestyle 19.91, Nate Steenrod 25 Breaststroke 35.22, Mason Walker 100 Breaststroke 1:24.61, Harrison Yanke 50 Butterfly 46.89, 50 Breaststroke 1:06.19, 25 Butterfly 21.63, and Vivienne Yanke 200 IM 2:59.67.

Dropping five or seconds in a single event included Savannah Allison -21.21 100 Breaststroke, Ale Arteaga -14.03 500 Freestyle, David Binder -9.17 100 IM, Logan Buska -7.82 100 Backstroke, Ireland Byrne -8.18 100 IM, Sylvie Carlson -15.55 50 Freestyle, Greyson Clark -5.51 50 Breaststroke, Hannah Daams -13.97 100 Backstroke, Ethan Eckel -5.20 100 Backstroke, Aisling Fahy -15.61 100 IM, Nicholas Foster -8.84 100 Backstroke, Sarina Foster -9.35 50 Butterfly, Jack Gerszewski -10.24 100 IM, Jessica Gonzalez -7.48 100 IM, Evelyn Gutknecht -7.90 100 IM, Adriana Hotchkiss -9.72 100 IM, Levi Jansen -6.85 100 Breaststroke, Piper Jansen -10.51 Breaststroke, Natalie Johnson -23.48 100 IM, Carter Justman -13.25 100 Backstroke, Ava Kerbawv -5.76 25 Butterfly, Gravson Kirchenberg -6.29 50 Breaststroke, Callie Klepp -12.60 100 IM, Walter Olinski -16.49 100 Freestyle, Ellie Olson -18.20 100 Freestyle, Olivia Speers -19.07 50 Freestyle, Ellie Staniger -5.91 100 Freestyle, Kaylee Staniger -5.38100 IM, Evan Steenrod -5.19 100 IM, Nate Steenrod -15.46 100 Freestyle. Zack Steenrod -36.15 500 Freestyle, Aubree Van Dyke -8.92 100 IM, and Vivienne Yanke -7.75 100 Backstroke.

Notching 100% best times were Savannah Allison, Greyson Clark, Hannah Daams, Ethan Eckel, Ciara Fahy, Jessica Gonzalez, Alli Grinhaug, Maren Jagel, Levi Jansen, Ava Kerbawy, Callie Klepp, Allie Mertins, Brennan Meyer, Walter Olinski, Ellie Olson, Evan Olson, Aubree Van Dyke, and John Westfall.

Congratulations to the Coughlin boys, Eli, Ezra and Silas and Audrey Lescher on racing in the first meet of their lives!

Making her way into the 8&U :21 and under club was Olivia Speers who went 19.91 in the 25 Freestyle!

Two Bronze level swimmers completed the 100 IM legally and now are welcome to join the Silver squad! Audrey Lescher and Arya Morey.

A special shout out to Joanna, Charlie, Kelli, and Steve for working so tirelessly with our swimmers and helping them develop their skill sets!

Gold Medalist: Sofia Badillo, Zoe D'Alessandro, Hannah Scherwinski, Mason Weber

Silver Medalist: Ale Arteaga, Sofia Badillo, Ava Kerbawy, Callie Klepp, Brennan Meyer, Hannah Scherwinski, Mason Weber, Harrison Yanke

Bronze Medalist: Ale Arteaga, Sofia Badillo, Zoe D'Alessandro, Lindsey Hohnl, Ava Kerbawy, Brennan Meyer, Zack Steenrod, Mason Weber

Continue to attend practice regularly and sign-up for the upcoming Conference meets, USA Regionals and YMCA Sectionals!

Upcoming Meets

- 1				
Date		Meet	Entry	Deadline
Jan	20-22	LCB Prelim/	Final	Closed
Jan	29	Conference		1/22
Feb	3-5	A+		Closed
Feb	5	J-HK 8&U Al	l Star	Closed
Feb	12	Conference		2/5
Feb	17-19	Regionals		2/5
Feb	24-26	Senior State	е	TBA
Feb	25-26	10&U State		TBA
Mar	3-5	11-14 State		TBA
Mar	11-12	YMCA Section	nals	3/1
Mar	17-19	YMCA State		TBA
Apr	3-7	YMCA Nation	als	3/27
May	6-7	SEA Early B	ird	TBA
Jun	2-4	SEA Pirate	Plunge	TBA
Jun	23-24	SEA Summer S	Sizzler	TBA

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.seay.org/scrip) - you can also read about PrestroPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is

safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

Order By	Delivery On		
February 5	February 9-10		
March 5	March 9-10		

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

13&O Training Trip

Every two year's all athletes 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip will take place in June of 2023, 9th-16th. A minimum of 12 athletes must attend this trip for it to take place. Athletes interested in attending include: Jordyn Tran, Rylie Bergemann, Sophia Marini, Brady Moore, Lindsey Hohnl, Gabi Peterman, Jack Borzynski, Alice Stratman, Nathaniel Foster, Nicholas Foster, Andy Krug, Sofia Badillo, Caleb Bergman, Molly Warren.

The trip has averaged out to \$1000 per swimmer over the years and we usually drive to Panama City Beach, FL. This year's trip is currently sitting at \$1350 (plus expenses for food).

We will also need two chaperones with priority given to those parents who have not had an opportunity to attend. Eric Bergemann, John Marini, Ben Foster, Maria Peterman, Sarah Foster are interested.

Please contact Coach Neil if you would like to attend or need more information.

January Birthdays

Sofia Badillo, Ireland Byrne, Eli Coughlin, Amalia Ehmcke, Nicholas Foster, Fion Marini, Allie Mertins, Evan Olson, Elli Palermo, Ellie Staniger, Jordyn Tran.

Extended Calendar

<u>January</u>

20-22 LCB Prelim/Final

29 Conference Meet

February

3-5 A+

5 J-HK 8&U All Star Meet

11 WIAA Boys Sectionals

12 Conference Meet

17 No practice

17-19 Regionals

24-26 Senior State

25-26 10&U State

<u>March</u>

3-5 11-14 State

11-12 YMCA Sectionals

17-19 YMCA State

21 Tryouts, 5-6 PM @ RAC

<u>April</u>

3-7 YMCA Nationals

18 Spring & Summer Season begins

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$17 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve