

## Serpent Times

weekly newsletter for  
Southeastern Aquatics  
Racine Family YMCA Swim TEAM  
est. 1984



### TEAM SEA's Mission:

*To empower the youth of southeastern Wisconsin to be champions in life through excellence in swimming.*

January 23, 2020

### Head Coach Notes

What a great experience we had last weekend during our Penguin Challenge meet. TEAM SEA athletes handled the 50-meter event effortlessly and performed well during the two-day event. Besides a timing equipment malfunction Saturday, the meet ran well. Thank you to all our families who helped out! We now only have one hosted meet remaining this season, Wisconsin YMCA Regionals (this meet is held at St. Aug Prep in Milwaukee).

Tomorrow night we will conduct our annual Swim-a-Thon at Horlick High School beginning at 5:30 p.m. (This will replace all regularly scheduled practices). We usually need parent help counting laps. Thanks to all the families who signed up to bring snacks and sundry items! I will have the pizza delivered at 7:00 p.m. For parents dropping off their swimmers please plan to return to pick them by 7:45 p.m. Thanks in advance to Shay for all the hard work she did behind the scenes setting up this event.

We finished our last Carthage College practice this past Tuesday. The remaining practices will be held at Horlick High School. Although, in an effort to keep crowding down when our high school boys return, I'm attempting to secure pool time at Park High School for our Senior swimmers when the high school boys' swim season finishes up.

We have 15 remaining swims for the upcoming NBSC meet. Deadline to sign-up is January 27. Take advantage!

January 26 (this Sunday) we are heading to the Thirsty Duck for some Duckpin Bowling. 12 spots remain for this fun event. Contact me if you want to go.

Don't forget, we are conducting the final Tryout of this season this Monday, January 27. New families can stop by anytime between 5:30 p.m. and 6:30 p.m. Tell all your friends!

We are up to seven swimmers planning on attending this summer's 13&O Training Trip to Panama City Beach, FL. Deadline to sign-up is March 20.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Thanks for reading!

### Annual TEAM SEA Swim-a-Thon

The Annual TEAM SEA Swim-a-Thon is scheduled for Friday, January 24 at Horlick High School from 5:30 p.m. to 8:00 p.m. Save the date!

TEAM SEA will provide pizza and families are asked to volunteer to bring the following items (please contact Coach Neil if you are willing to donate any of the items below:

Case of water - Hohnl	Case of water - Keland
Juice boxes - Steenrod	Juice boxes - Marini and Peterman
Fruit plate - Peterman	Fruit plate - Cerny
Veggie plate - Kaprelian	Veggie plate - Arteaga
Brownies - Thomas	Brownies - Greening
Paper plates - Schurman	Paper plates - Gutknecht
Napkins - Schurman	Napkins - Stingl
Pretzels - Steenrod	Popcorn - Vitek

### Duckpin Bowling Scheduled for January 26

We'll be heading up to the Thirsty Duck in Wauwatosa for another round of Duckpin Bowling. This is our second year conducting this event and it was well received last year. Spots are limited so contact Coach Neil early if you're planning on attending.

This event will take place at the Thirsty Duck (11320 W. Bluemound Road, Wauwatosa) from 11:00 AM to 12:30 PM. Cost is \$15 per person and 1.5-hours of bowling and giant

pretzels. This event is limited to 30 team members.

Do not forward payment – your escrow account will be charged for this event.

Attending to date:

Coach Neil	Coach Katie	Coach Alyssa
Coach Dana	Kim Wergin	Donnie James
Steve Hall	Zoe Chartrand	Neil Wright III
Quinn Wright	Charlotte Wright	Lindsey Hohnl
Ian Hohnl	Mike Hohnl	Melissa Hohnl
Gabi Peterman	Justin Peterman	Maria Peterman

### SSTY A+ Meet Information

*This section will be updated next week.*

This weekend we'll be racing in Brown Deer (9240 N. Green Bay Road) during Drive safe, swim fast, have fun!

### Upcoming Meets

Date	Meet	Entry Deadline
Jan. 31-2	SSTY	Closed
Feb. 15-16	NBSC	Jan. 27
Feb. 21-23	WI LSC Regionals	Feb. 10
Feb. 28-1	12&U State	TBA
Mar. 5-8	13&O State	TBA
Mar. 14-15	Y-Regionals	Mar. 8
Mar. 20-22	Y-State	Mar. 15
Mar. 30-3	Y-Nationals	Mar. 22
Apr. 8-11	ISCA	Mar. 30

### Katie's Kickboard

*This section will be updated next week.*

Please don't hesitate to contact me with any questions, comments, or concerns via email ([coachkatiejames@gmail.com](mailto:coachkatiejames@gmail.com)) or 15-minutes before practice and 15-minutes after practice.

### Penguin Challenge Recap and Highlights

Great job to our swimmers adjusting to long course last weekend in Brown Deer! We finished second of 11 teams scoring 1,884.50 points while notching 75% best times and 12 DQs (heavy on the Breaststroke event this go around with seven, two for Butterfly, and one each for Backstroke, Freestyle, and IM).

New State qualifying times were achieved by Jack Borzynski 11-12 100 Backstroke 1:26.56, Brady Moore 11-12 100 Freestyle 1:10.80, 50 Backstroke 38.75, 50 Butterfly 36.71, and Ava Rydzewski 10&U 50 Freestyle 36.31.

Posting some of the fastest times in our team's history were Mac Thomas 6<sup>th</sup> 13-14 50 Freestyle 29.36, Megan Schultz 5<sup>th</sup> 15-16 400 IM 5:35.11, Zack Steenrod 8&U 50 Backstroke

56.74, 9<sup>th</sup> 50 Butterfly 1:12.26, 7<sup>th</sup> 100 Backstroke 1:59.04, 6<sup>th</sup> 100 Breaststroke 2:32.89, and Hugo Arteaga 8<sup>th</sup> 13-14 200 Butterfly 2:50.53.

Athletes bringing home a High Point trophy were Zack Steenrod (1<sup>st</sup> place for 8&U with 98 points), Alessandra Arteaga (3<sup>rd</sup> place for 9-10 with 113 points), Hugo Arteaga (1<sup>st</sup> place for 13-14 with 122 points), and Megan Schultz (1<sup>st</sup> place for Senior with 100.50 points).

Swimmers dropping five or more seconds in a single event included Alessandra Arteaga -45.13 200 Freestyle 2:32.10, Hugo Arteaga -7.25 50 Breaststroke 38.78, Natalia Badillo -19.50 400 Freestyle 5:22.33, Rylie Bergemann -18.31 400 Freestyle 5:41.05, Caleb Bergman -41.90 100 Freestyle 1:26.56, Jack Borzynski -5.21 100 Breaststroke 1:41.75, Jordan Borzynski -18.95 50 Backstroke 1:04.64, Arev Buchaklian -13.55 50 Breaststroke 47.65, Maddie Cerny -7.85 200 Freestyle 2:56.24, Zoe Chartrand -11.56 100 Freestyle 1:30.01, Nicholas Foster -17.44 100 Backstroke 1:57.88, Evelyn Gutknecht -13.79 50 Breaststroke 1:18.54, Sophie Gutknecht -13.28 50 Freestyle, Jacob Hendricks -19.86 200 Freestyle 2:52.84, Lindsey Hohnl -9.51 400 Freestyle 6:20.17, Shaelyn Jensen -21.71 200 IM 3:31.64, Lenna Karapetian -26.27 100 Freestyle 1:39.23, Callie Klepp -5.33 200 Freestyle 2:52.68, Jorja Makovsky -38.71 200 Freestyle 2:58.87, Fiona Marini -27.42 100 Freestyle 2:07.00, Sophia Marini -33.07 1:42.33, Lauren Michel -10.33 100 Breaststroke 2:24.49, Cate Mike -8.66 100 Freestyle 1:50.38, Madhura Patil -15.90 50 Backstroke 1:00.00, Gabi Peterman -64.61 200 Freestyle 3:04.67, Adam Ries -22.94 100 Backstroke 1:23.23, Megan Schultz -7.44 50 Butterfly 32.74, Marie Spang -17.59 50 Freestyle 40.66, Alice Stratman -12.90 50 Butterfly 39.87, Elizabeth Stratman -39.20 200 Backstroke 3:15.86, CJ Trask -28.69 100 Breaststroke 1:39.06, Natalie Vitek -7.47 400 Freestyle 5:50.01, Claire Wolfe -8.11 100 Backstroke 1:40.86, and Aarya Zore -29.65 100 Freestyle 1:58.38.

Achieving 100% best times in all of their events were Paul Amundson, Caleb Bergman, Jordan Borzynski, Arev Buchaklian, Leah Fallenbeck, Grace Gross, Sophie Gutknecht, Jacob Hendricks, Lindsey Hohnl, Erika Kaprelian, Lenna Karapetian, Tyler Keland, Ava Kerbawy, Callie Klepp, Jorja Makovsky, Fiona Marini, Brady Moore, Evan Olsen, Madhura Patil, Sydney Rybarik, Marie Spang, Zack Steenrod, and Aarya Zore.

Gold medalist: Hugo Arteaga (one event), Zoe D'Alessandro (one event), Brady

Moore (three events), Ava Rydzewski (one event), Megan Schultz (one event)

Silver medalist: Hugo Arteaga (two events), Jack Borzynski (two events), Nicholas Foster (one event), Nolan Mrotek (one event), Megan Schultz (one event), Zack Steenrod (two events)

Bronze medalist: Alessandra Arteaga (one event), Hugo Arteaga (two events), Jack Borzynski (one event), Nathaniel Foster (one event), Nicholas Foster (one event), Lindsey Hohnl (three events), Nolan Mrotek (one event), Ava Rydzewski (one event), Megan Schultz (one event), Zack Steenrod (two events), Mac Thomas (one event), CJ Trask (one event)

Great job TEAM SEA! Good luck at A+ next weekend!!

### **Swimmer Requirements for YMCA Nationals**

For those swimmers who have YMCA Nationals (March 30-April 3) on their radar for the 2019-2020 Season, please be sure to follow the following guidelines: **male swimmers** planning on attending YMCA Nationals must swim the following meets (KENO meet on November 10, SSTY meet on November 17, Wisconsin YMCA Regionals on March 14-15, and YMCA State on March 20-22); **female swimmers** planning on attending YMCA Nationals must swim the following meets (SSTY meet on November 17, SSTY meet on December 6-8, Wisconsin YMCA Regionals on March 14-15, and YMCA State on March 20-22).

Qualifying times are posted on our website. If you have questions or concerns in regards to YMCA Nationals, please reach out to Coach Neil.

### **Buffalo Wild Wings Home Team Advantage**

Do you need a good excuse to skip cooking one night? Every time you dine in or carry out at our local Buffalo Wild Wings (next to Olive Garden at the corner of HWY 20 and 31), 10% of the total spent will be forwarded to TEAM SEA (yes, this does include alcohol). Just tell your server you are supporting TEAM "E" when placing your orders.

### **Tryouts Scheduled for January 27**

TEAM SEA has another Tryout scheduled for new and interested swimmers on Monday, January 27 at Horlick High School between 5:30 p.m. and 6:30 p.m.

Tell all our friends about how to get involved with one of Racine's hidden gems!

### **New Family Orientation & Registration**

New Family Orientation & Registration will be held at Horlick High School Monday, February 10 beginning at 6:00 p.m. Missy Reischl along with some help from some of our board members will talk all new families through the process and be able to answer and questions you may have.

If you are unable to attend, please contact Missy Reischl at [mjreischl@outlook.com](mailto:mjreischl@outlook.com) or text/call her at 262.989.9065.

### **13&O Training Trip, June 2020**

Every so often (usually every other year), Coach Neil organizes a 13&O Training Trip to Panama City Beach, FL.

This trip is a great way to get in shape (includes 11 swim practices and three day-land practices), a way to tighten team bonds and friendships, and it even serves as a right-of-passage for our swimmers.

The dates for our next 13&O Training Trip is June 14-21. We usually drive down in 15-passenger vans (departing at 3 AM and returning at 9 PM). Cost is usually around \$1,000 for the week (covers everything).

At this time, please reach out to Coach Neil if you are interested in sending your swimmer (a minimum of ten swimmers must attend this event). The deadline to declare your intentions is March 20, 2020.

Swimmers interesting in attending include Megan Schultz, Mac Thomas, Macie Ritter, Josh Abel, Rylie Bergemann, Hugo Arteaga, Joe Skantz.

We may need a chaperone or two depending on the number of swimmers attending. Parents interesting in chaperoning include Kim Wergin, Lindsey Thomas, Erik Bergemann.

### **:21 & Under Club for 8&U Swimmers**

As an incentive for our youngest swimmers we offer a really cool t-shirt for any athlete breaking :21 in any 25-yard race.

With the meet season about to start, begin working towards this goal and remember, streamline position is the most important aspect of swimming! Good luck!

### **Inclement Weather and Practice Cancellation**

In the event RUSD cancels school or afterschool activities, TEAM SEA swim practice will also be canceled. In order to get the word out, the coaching staff will send emails, post a note on the homepage of our website, and post

on social media (Twitter, Facebook, and Instagram).

In addition, from time-to-time, the pools we train in close unexpectedly. When this happens, the same protocol as inclement weather will be put in place.

Please ensure Coach Neil has added your email address to the team's distribution list so you don't miss any timely updates and changes in regards to the practice schedule.

### SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage ([www.sea-y.org/scrip](http://www.sea-y.org/scrip)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA enrollment cord (please email Julie Kopsea at [jkopsea@yahoo.com](mailto:jkopsea@yahoo.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

#### **Order Dates for Fall & Winter**

<i>Order By</i>	<i>Delivery On</i>
January 19	January 22-23
February 2	February 5-6
February 16	February 19-20
March 8	March 18-19

If you have any questions or need help, please reach out to Julie Kopsea at 414.530.5399 or at [jkopsea@yahoo.com](mailto:jkopsea@yahoo.com).

### Swimmer Spotlight

*Will return next week.*

Age:  
Group: Bronze  
Role Model:  
Favorite Stroke:

Favorite Event:  
Favorite Swimmer:  
Future Goal:  
Hobbies:  
Famous Person You'd Like to Meet:  
Favorite Book:

### January Birthdays

Sofia Badillo, Nicholas Foster, Fiona Marini, Evan Olsen.

### State & National Qualifiers to Date

In this section you'll be able to see our State and National qualifiers to date. This section will hopefully be updated after each competition we attend. There're already three to five swimmers very close to punching their tickets to State ... stay focus on the process of improvement, attend practice regularly, and work hard/smart during practice!

#### *12&U State*

Brady Moore	Jack Borzynski
Ava Rydzewski	
<i>Who's next?</i>	<i>It could be you!</i>

#### *13&O State*

Natalia Badillo	Sofia Badillo
Zoe D'Alessandro	Kinzie Reischl
Megan Schultz	Mac Thomas
Josh Abel	Hugo Arteaga
Zack Kopsea	Joe Skantz
CJ Trask	Hopking Uyenbat
<i>If they can do it ...</i>	<i>YOU CAN DO IT!</i>

#### *YMCA State*

Alessandra Arteaga	Brady Moore
Sofia Badillo	Zoe D'Alessandro
Mac Thomas	Hugo Arteaga
Zack Kopsea	Hopking Uyenbat
Natalia Badillo	Isabelle Buhler
Kinzie Reischl	Macie Ritter
Megan Schultz	Josh Abel
Joe Skantz	CJ Trask
<i>"If you think you can do a thing or think you can't do a thing,</i>	<i>do a thing or think you're right."</i>
<i>Henry</i>	<i>Ford</i>

#### *YMCA Nationals*

Natalia Badillo	Mac Thomas
Megan Schultz	
<i>Three is a magic</i>	<i>number,</i>
<i>but four is</i>	<i>MORE!</i>

#### *ISCA Elite Showcase Classic*

Hugo Arteaga	Zoe D'Alessandro
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**Extended Calendar**January

- 24 Swim-a-Thon, no practice  
 26 Duckpin Bowling  
 27 Tryouts  
 28 No practice (no pools available)  
 31-2 SSTY meet

February

- 10 New family orientation and registration  
 15-16 NBSC meet  
 21-23 WI LSC Regionals  
 24 Parent board meeting at Horlick  
 28-1 12&U USA State

March

- 5-8 13&O USA State  
 14-15 Wisconsin YMCA Regionals  
 20 Deadline to sign-up for the 13&O  
 Training Trip  
 20-22 YMCA State  
 23 Team Picture  
 30-3 YMCA Nationals

April

- 8-11 ISCA meet  
 21 Spring & Summer Season begin

**TEAM SEA Parent Board**

## President

Jeff Peterson - [petersonj12@gmail.com](mailto:petersonj12@gmail.com)

## Vice President

Ben Foster - [BenFoster311@gmail.com](mailto:BenFoster311@gmail.com)

## Treasurer

Britney Bilgrien - [babilgrien@gmail.com](mailto:babilgrien@gmail.com)

## Registration

Missy Reischl - [mjreischl@outlook.com](mailto:mjreischl@outlook.com)

## Meet Director

Amy Bergman - [bergman\\_family@att.net](mailto:bergman_family@att.net)

## Secretary

Katie Ritter - [kr Ritter717@att.net](mailto:kr Ritter717@att.net)

## Officials

Jose Arteaga - [josearteaga@gmail.com](mailto:josearteaga@gmail.com)

## Fundraising

Shay Borzynski - [sborzynski@gmail.com](mailto:sborzynski@gmail.com)

## Head Coach

Neil Wright -  
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***Caring \* Honesty  
 Respect \* Responsibility  
 Build \* Promote \* Achieve***

**Did You Know?**

When you introduce new swimmers to TEAM SEA and they join, your escrow account is credited \$50. Take advantage!