Serpent Times

newsletter for Southeastern Aquatics Racine Family YMCA Swim TEAM est. 1984









TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

January 23, 2025

Neil's Notes

Thanks to Greg Byrne for stepping forward to become an official. We would like another four parents to make the same decision. Contact me if you are willing ... no experience necessary and no out-of-pocket expense, just some of your time is needed and you'll end up with one of the best seats in the house at our hosted meets.

Remember, we are training at Carthage College tonight with all practices beginning at 6:15 PM. SEA you there!

All meet information for the remaining meet for our short course season are now populated on our website. Take a look and be sure to pencil in the meets you plan on attending. All swimmers are welcome to attend Regionals and YMCA Sectionals (two meets at RAC – we are not hosted Regionals). Take advantage!

Volunteer sign-up is now open for our YMCA Sectional meet.

If you are not current with your monthly swim tuition payments, please ensure you get caught up. Thank you.

Reminder, please ensure your swimmers carry a YMCA membership - either a youth membership or part of your family membership.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

ChaseStrong Invite Meet Information

This weekend we will be racing in Indiana during the 10th Annual ChaseStrong Invite. We will be racing at Center Grove High School, 2717 S. Morgantown Road, Greenwood, IN. Please remember, this meet is being held in the Eastern Time Zone and the location is one hour ahead of us.

Friday night warm-ups (events 1-12) begin at 4:45 PM, meet begins at 5:45 PM and is scheduled to end at 7:47 PM.

Saturday & Sunday Prelim warm-ups (11&O) begin at 8:00 AM, meet begins at 9:15 AM and is scheduled to end at 11:31 AM Saturday and 11:11 AM Sunday.

Saturday & Sunday warm-ups (10&U) begin at Noon, meet begins at 1:00 PM and is scheduled to end at 3:07 PM Saturday and 2:51 PM Sunday.

This meet is Prelim-Final with the top 20 swimmers for 11-12 and Senior age-groups moving to evening Finals (longer events are timed final with the top 10 swimmers racing in Finals). Warm-ups will begin at 3:30 PM and Finals begins at 4:30 PM, but please check with Coach Neil prior to departing Prelims if you are racing during Finals.

Heat sheets will be posted soon. Drive safe, swim fast, have fun!

J-HK 8&U All Star Meet Information

This Sunday a group of our 8&U swimmers are heading to the Whitewater Aquatic Center (580 South Elizabeth Street) to race in this year's 8&U All Star Meet (please enter the Aquatic Center through the high school – view the meet landing page for the exact location).

We have assigned warm-ups for this meet (please be on time). We will warm-up in in lane 8 at 8:15 AM. The meet will begin at 9:05 AM and at the time of posting this newsletter, a session report has not yet been posted ... with only 92 swimmers entered in the meet, it should run fairly quick.

Heat sheets will be posted Friday. Drive safe, swim fast, have fun!

Upcoming Meets

Date	Meet Entry Deadline	
Jan 24-26	Chasestrong Invite	Closed
Jan 26	J-HK 8&U All Star	Closed
Feb 8	NBSC	Closed
Feb 9	Conference Champs	1/31

Feb	21-23	WI LSC Regionals	1/21
Feb	28-2	WI LSC Senior State	2/22
Mar	1-2	WI LSC 10&U State	2/22
Mar	7-9	WI LSC 11-12 State	2/22
Mar	15-16	YMCA Sectionals	3/1
Mar	21-23	YMCA State	3/16
Mar	31-4	YMCA Nationals	3/24
May	3-4	SEA Early Bird	4/20
Jun	6-8	SEA Pirate Plunge	TBA
Jun	20-21	SEA Summer Sizzler	TBA
Jul	18-20	WI LSC Regionals	TBA
Jul	25-27	12&U State	TBA
Jul	31-3	13&O State	TBA
Aug	7-10	14&U Zones	TBA
Oct	10-12	OZ Fall Classic	TBA
Nov	2	SEA Pentathlon	TBA
Jan	10-11	SEA Penguin Challenge	TBA

Conference Meet Recap & Highlights

We continue to string together strong meet performances and last weekend as no different. We posted 68% best times, three new State qualifying times, one team record and only one DQ (Butterfly).

Congratulations to first year swimmer Tovi Papillon on punching his ticket to USA and YMCA State. He posted a YMCA State cut in the 10-year-old 50 Backstroke 40.58, a USA State cut in the 100 Breaststroke 1:40.79, and a YMCA & USA State cut in the 50 Breaststroke 44.30.

Matilda Gutjahr broke the 8&U 200 Breaststroke with her effort of 3:31.42 (broke Rayann Jaryszak's 2007 mark of 3:32.94). She also posted the 5th fastest times in our team's history for 8&U in the 50 Backstroke 41.89 and 200 IM 3:22.76.

Notching 100% best times included Matilda Gutjahr, Charlotte Horton, Julie Horton, Allie Mertins, Tovi Papillon, and Aubree Van Dyke.

Dropping five or more seconds in a single event were Charlotte Horton -8.21 200 Freestyle, Julie Horton -5.93 50 Backstroke, Allie Mertins -5.85 500 Freestyle, Cash Peterson -9.01 100 IM, and Olivia Speers -10.85 100 Freestyle.

Maddie Kaminskis, you are .46 off the YMCA State qualifying time for 11-year-olds!

Gold Medalist: Maddie Kaminskis

Silver Medalist: Ashlyn Malzewski, Harrison Yanke, Vivienne Yanke

Bronze Medalist: Aubree Van Dyke Attend practice regularly for success in meets ... it's that easy!

Become an Official - no experience needed

One of the important cogs in TEAM SEA operations is maintaining a strong stable of parents who are officials.

No experience is necessary and TEAM SEA reimburses any expenses associated with becoming certified.

Please contact Coach Neil if you are willing to step-up and become an official and he'll help get you started.

World Record Holder Jason Lezak On His Way

Save the date! Saturday, April 12 world record holder Jason Lezak will conduct a swim clinic for all TEAM SEA swimmers. Jason was USA's anchor leg of the unbelievable 400 Freestyle Relay during the Beijing Olympics where the USA men came from behind to touch out the French team and smash the world record by four seconds (the record still stands today). We hope to SEA all TEAM SEA swimmers and parents in attendance for this amazing opportunity to learn from one of the greats!

2025 13&O Training Trip

Since 1999, every two years all athletes' 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip is tentatively scheduled for June 22-29. A minimum of 14 athletes must attend this trip for it to take place. This year's trip is "sold out."

The trip has averaged out to \$1200-\$1500 per swimmer over the years and we usually drive, stay, and train in the Panama City Beach, FL area.

Attending (if you have not yet, please forward \$100 for the down payment) includes:

GIRLS

Kealey Aalderks, Hannah Daams, Ash Fahy, Jessica Gonzalez, Evelyn Gutknecht, Lindsey Hohnl, Fiona Marini, Sophia Marini, Ashlyn Malzewski, Allie Mertins, Gabi Peterman, Kylie Thomas, Kaylee Staniger, Aubree Van Dyke, Molly Warren

BOYS

Caleb Bergman, Jack Borzynski, Nathan Breit, Max Carlson, Nathaniel Foster, Nicholas Foster, Levi Jansen, Grayson Kirchenberg, Ryan McGillis, Brennen Meyer, Brady Moore, Zack Steenrod

CHAPERONES

Maria Peterman, Melissa Hohnl, Kim Wright COACHES Parker Palermo, Neil Wright WAIT LIST

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) you can also read about PrestroPay on that page too.

placed Your order be can at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aguatics@gmail.com for code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

Order By	Delivery On
January 20	January 23-24
February 17	February 20-21
March 17	March 20-21

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aguatics@gmail.com.

OST (Off-Season Training)

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season (March 24-April 17, 2025).

OST represents an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and affords them a change to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 24-April 17) and lead

by Coach Joanna and Coach Parker. Bronze and Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:30 PM with each week covering starts, breakouts, turns, and finishes for one stroke each week (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The fee for Bronze and Silver is \$120 for all four weeks or \$30 per week. The fee for Gold and Senior is \$160 for all four weeks or \$40 per week. Swimmers can al-a-carte which weeks they would like to attend.

To attend, simply email Coach Neil stating which week(s) your swimmers plan on attending and forward payment on the first practice they attend.

All practices will be held at the RAC.

January Birthdays

Sofia Badillo, Ireland Byrne, Eli Coughlin, Amalia Ehmcke, Nicholas Foster, Julissa Gonzalez, Fiona Marini, Ryan McGillis, Evan Olson, Ellie Staniger, Liam Sura, Jordyn Tran.

Olson, Ellie Staniger, Liam Sura, Jordyn Tran.			
Extended Calendar			
<u>January</u>			
24 January payment due			
24-26 ChaseStrong Splash Prelim/Final			

<u>February</u> 9 Conference Champs

J-HK 8&U All Star

15 WIAA Boys Sectionals

21 No practice

21-23 WI LSC Regionals

22 WIAA Boys State

24 February payment due

28-2 WI LSC Senior State

March

26

1-2 WI LSC 10&U State

7-9 11-14 WI LSC State

15-16 YMCA Sectionals

21-23 YMCA State

24 Tryouts, 5:30-6:30 PM @ RAC

OST begins (runs through April 17)

31-4 YMCA Nationals

<u>April</u>

12 Jason Lezak swim clinic

28 First day of Spring & Summer practice

<u>May</u>

3-4 16th Annual SEA Early Bird

<u>June</u>

6-8 10th Annual SEA Pirate Plunge

20-21 16th Annual SEA Summer Sizzler

<u>July</u>

18-20 WI LSC Regionals

25-27 12&U State

31-3 13&O State

<u>August</u>

4-28 OST

<u>Septemb</u>er

- 22 Tryouts for new families
- 23 Fall & Winter Season begins

<u>October</u>

24 Annual Halloween Party

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of the meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please reach out to Coach Neil at 262.994.3157.

Caring * Honesty Respect * Responsibility Build * Promote * Achieve