

Serpent Times

newsletter for
Southeastern Aquatics
Racine Family YMCA Swim TEAM
est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

January 26, 2023

Neil's Notes

There remain three meets in which all athletes can swim without qualifying times ... Conference Meet (2/12), WI LSC Regionals (2/17-19), and YMCA Sectionals (3/11-12). Conference Meet will be held in Lake Geneva and be treated as our Conference Champs meet for the Fall & Winter Season (medals 1-3 ribbons 4-16) while Regionals and Sectionals will be held at the RAC. Take advantage!

We will be training at Park High School on the following date: February 10. Training times are: Bronze/Silver 5:00-6:00 PM, Gold 6:00-7:30 PM, and Senior 6:00-8:00 PM.

There will be no practice offered on Friday, February 17. Take advantage of WI LSC Regionals that evening which will be hosted at the Racine Aquatic Center (we are not hosting this meet). Entries due February 5.

Beginning February 20, we will be able to move all practice times 30-minutes earlier. Bronze and Silver will train 5:00-6:00 PM, Gold 6:00-7:30 PM and Senior 6:00-8:00 PM.

Beginning next season, Bronze swimmers will be able to train Friday nights!

If you ordered a TEAM SEA towel, please be sure to forward payment. \$40 per towel. Towels should arrive in 2-4 weeks.

Save the dates for the Spring & Summer meet we will be hosting ... May 6-7, June 2-4 and June 23-24.

The 13&O Training Trip is scheduled and still has a few spots open for any female athletes on the fence about attending. Take advantage of this great opportunity!

If you have a Facebook account, please consider joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Conference Meet Information

We are racing at the Lake Geneva YMCA (203 Wells Street) this Sunday for another installment of our Conference Meet.

Warm-ups begin at 9:30 AM for Senior and Gold and 10:00 AM for Silver and Bronze. The meet gets underway at 10:30 AM and is scheduled to end at 1:47 PM. Heat sheets will be sent out when received from the meet host.

Drive safe, swim fast, have fun!

LCB Prelim/Final Invite Recap & Highlights

Amazing efforts last week in Indiana! Although our squad was small, we managed to finish 7th of 8 teams scoring 360-points, 53% best times, and no DQs.

Hannah Scherwinski posted some of the fastest times in our team's history for 17-18: 7th 200 Freestyle, 9th 100 Backstroke, and 9th 200 Backstroke.

Lindsey Hohnl slashed 6.04 seconds in the 200 Backstroke.

Molly Warren is getting ready to break the minute barrier in the 100 Freestyle for the first time! (Hopefully this Sunday!)

Gold Medalist: Lindsey Hohnl, Hannah Scherwinski

Silver Medalist: Lindsey Hohnl, Hannah Scherwinski

Bronze Medalist: Hannah Scherwinski, Molly Warren

Good luck this weekend in Lake Geneva!

Upcoming Meets

Date	Meet	Entry Deadline
Jan 29	Conference	Closed
Feb 3-5	A+	Closed
Feb 5	J-HK 8&U All Star	Closed
Feb 12	Conference	2/5
Feb 17-19	Regionals	2/5

Feb 24-26	Senior State	TBA
Feb 25-26	10&U State	TBA
Mar 3-5	11-14 State	TBA
Mar 11-12	YMCA Sectionals	3/1
Mar 17-19	YMCA State	2/19
Apr 3-7	YMCA Nationals	3/27
May 6-7	SEA Early Bird	TBA
May 13	NBSC Open	TBA
May 21	Conference Meet	TBA
Jun 2-4	SEA Pirate Plunge	TBA
Jun 11	Conference Meet	TBA
Jun 23-24	SEA Summer Sizzler	TBA
Jun 23-25	WGLO Invite	TBA
Jun 29	Open Water State	TBA
Jun 30	Conference Meet	TBA
Jul 6-8	Lakeside Invite	TBA
Jul 13-16	Speedo Sectionals	TBA
Jul 14-16	12&U State	TBA
Jul 25	Conference Champs	TBA
Jul 27-30	13&O State	TBA
Jul 31-4	Junior Nationals	TBA
Aug 3-6	14&U Zones	TBA

Hotel Information for Lakeside Invite, 7/6-8

We will be attending the Lakeside Invite again this summer. The meet takes place in Kentucky at the Lakeside Swim Club facility (it's an outdoor facility with the competition pool located in a closed quarry).



As usual, hotels are difficult to come by (this summer there's a major volleyball and baseball tournament taking place on the same weekend we will be racing). After Coach Neil spoke with a few group reservation representatives, they seem to feel rooms will free up a week or two out of our arrival as many teams over reserve their needs.

However, we did secure a block of ten rooms at the Drury Inn & Suites located 7.2-miles/14-minutes from the venue. All rooms are double queen and the hotel offers complimentary hot breakfast and dinner/drinks.

If you are planning on attending this meet, you can reserve a room by visiting the link below.

Once all rooms are secured, please try and contact the hotel directly to see if you can

secure a room (Coach Neil was able to pick-up a room on 1/25 without issue - reserved online at hotels website).

The hotel address is 9501 Blairwood Road, Louisville. Phone is 502.326.4170. Hope to see you there!

<https://www.druryhotels.com/bookandstay/newreservation/?groupno=10051888>

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

<i>Order By</i>	<i>Delivery On</i>
February 5	February 9-10
March 5	March 9-10

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

13&O Training Trip

Every two year's all athletes 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip will take place in June of 2023, 9th-16th. A minimum of 12 athletes must attend this trip for it to take place. Athletes

interested in attending include: Jordyn Tran, Rylie Bergemann, Sophia Marini, Brady Moore, Lindsey Hohnl, Gabi Peterman, Jack Borzynski, Alice Stratman, Nathaniel Foster, Nicholas Foster, Andy Krug, Sofia Badillo, Caleb Bergman, Molly Warren.

The trip has averaged out to \$1000 per swimmer over the years and we usually drive to Panama City Beach, FL. This year's trip is currently sitting at \$1350 (plus expenses for food).

We will also need two chaperones with priority given to those parents who have not had an opportunity to attend. Eric Bergemann, John Marini, Ben Foster, Maria Peterman, Sarah Foster are interested.

Please contact Coach Neil if you would like to attend or need more information.

January Birthdays

Sofia Badillo, Ireland Byrne, Eli Coughlin, Amalia Ehmcke, Nicholas Foster, Fion Marini, Allie Mertins, Evan Olson, Elli Palermo, Ellie Staniger, Jordyn Tran.

Extended Calendar

January

29 Conference Meet

February

3-5 A+

5 J-HK 8&U All Star Meet

11 WIAA Boys Sectionals

12 Conference Meet

17 No practice

17-19 Regionals

24-26 Senior State

25-26 10&U State

March

3-5 11-14 State

11-12 YMCA Sectionals

17-19 YMCA State

21 Tryouts, 5-6 PM @ RAC

April

3-7 YMCA Nationals

18 Spring & Summer Season begins

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$17 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet

(please indicate what days of meet if it takes place on multiple days)

- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***