



Weekly Newsletter
Southeastern Aquatics
Racine Family YMCA Swim Team
Est. 1984
January 3, 2019

Notes from Neil

Happy New Year! Please remember, no practice tonight – no pools available. Bronze will be offered practice tomorrow!

Tonight is the deadline to sign-up for our team hosted Penguin Challenge to be held in Brown Deer on January 12-13 (next weekend). Please email me prior to 8 PM this evening for any additions or changes.

This Monday at 5:30 PM I'll be receiving my new hair style courtesy of the swimmers and their efforts made during last months Swim-a-Thon. Any swimmers who would like to have a turn in shaving my head are welcome to attend (we'll try to accommodate everyone).

Good luck to Coach Katie and Hugo Arteaga this weekend as they head to the campus of IUPUI in Indiana to compete and coach in the Mid-States All-Star Zone meet. Drive safe, swim fast, have fun!

We have a nice sized group heading to Green Bay in January for our annual team travel meet. To date, 21 swimmers are entered in the meet. Deadline to sign-up is January 10. These meets are always a blast ... hope to you can attend and don't forget to reserve a hotel room at the Tundra Lodge!

Don't forget about Duck Pin Bowling schedule for later this month – read all about it later in this newsletter. (16 spots remain.)

I'm in need a high school swimmer (or will be entering high school in the Fall or 2019) to serve as our Athlete Rep. This position requires attending three meetings per year (usually in Oconomowoc on the fourth Tuesday's of January and October and a Saturday in late April). Let me know if you're interested.

Do you need a TEAM SEA swim cap? You can purchase them from myself or Katie ... \$5 for latex or \$12 for silicone.

Parents, please remember to check the end of this newsletter for practice locations. Most practices will be held at Horlick High School (there are a few oddball dates that still need to be figured out).

If you need any help with the registration process, please reach out to Missy Reischl at mjreischl@wi.rr.com or call her at 262.989.9065.

If you need any assistance with the in-and-outs of TEAM SEA, please reach out to me at south.eastern.aquatics@gmail.com or via mobile at 262.994.3157.

Katie's Kickboard

Hello again,

Happy New Year! I hope everyone had a wonderful holiday break and rang in the New Year with style. I hope to make some resolutions with the athletes this next week.

This weekend I will head down with Hugo to the Mid-State All-Star Meet. I will keep everyone updated on his efforts as much as I can. This will be an awesome meet!

We have our SEA Penguin Challenge this next weekend and I'm very excited to see our hard work out to the test. In preparation all groups will work on starts, turns, finishes, and any last-minute stroke technique.

Bronze had a great time practicing with coach Katie. They worked really hard on their starts, streamlining, dolphin kicks, and freestyle breathing. I worked them pretty well this past week and I hope they keep their motivation moving forward.

Silvers did great with coach Jake this past week, working on a lot of race pace swims. This will translate to the upcoming meet seamlessly. The next week we will break out the whistle and practice in a more meet like environment.

Golds had a fun cross training workout this past week. Swimming, then hoping out to do squats, push-ups, or planks. I thought this was fun, but I'm sure they were sore the next day!

Titletown Freeze Hotel Information

TEAM SEA hits the road in January to return to Green Bay for GBY's annual Titletown Freeze meet. Rooms are reserved at the Tundra Lodge Resort and come with two queen beds and a pullout sleeper sofa. The rate is \$149.95 plus tax. Please call 877.886.3725 to reserve one of the twenty rooms reserved under South Eastern Aquatics.

Email Coach Neil if you are planning on attending this fun team travel event so he can sign-up your swimmer.

Duck Pin Bowling Scheduled

You don't want to miss this!

Duck Pin bowling is scheduled for Sunday, January 27 from 1:00 PM to 2:00 PM at the Thirsty Duck in Wauwatosa (address is 11320 W. Bluemound Rd.) – roughly 30-40 minutes from Racine depending on where you live.

If you think traditional bowling is fun, wait until you try Duck Pin Bowling (similar to regular bowling, but the lane is a lot shorter – the pins are smaller and wider than regular pins, the ball can fit in your hand, and there are people working behind the lane setting up your pins). It's a ton of fun!

The cost for this event is \$12 per person and will include one hour of bowling, the world's largest pretzel for each lane to share along with some cheese curds. Attendees are responsible for their drinks. Fees for this event will be added to your escrow account (similar to how meet fees are added/collected).

This event is limited to 36 people. Email Coach Neil if you are planning on attending!

Attending to date include:



Coach Neil	Coach Katie	Coach Alyssa	Coach Jake	Coach Dana	Zoe Chartrand
Neil Wright III	Quinn Wright	Charlotte Wright	Kim Wergin	Cate Mike	Gabi Peterman
Justin Peterman	Marie Peterman	Nick Wolfe	Betsy Wolfe	Claire Wolfe	Jameson Wolfe
Luke Wolfe	Eleanor Wolfe				

Locker Room Use at Horlick ... During Basketball Games

When a high school basketball game is schedule at Horlick High School, we will lose use of either of the girls' or boys' locker room. The small bathroom (with shower) in the pool office will be available on those nights, however.

On the following nights, the girl's locker room will not be available: January 8, 18, 23, and February 1, 5, 14.

On the following nights, the boy's locker room will not be available: January 4, 11, 15, 22, 31, and February 1, 8, 21.

Thanks for your understanding and keep up the great locker room behavior!

Fundraising Updates

Thanks to all of our families for all of your fundraising efforts this Fall! Here is a report of our earnings so far this season:

Elegant Farmer Pie Sale: \$763

Rustic Sign Painting Night: \$65

Swim-a-Thon: \$5,226

Swim-a-Thon wrap up notes: We officially reached our goal of \$5,000, which means Neil will be shaving his head! (Date TBA). There are a few families that need to turn in pledge money from the Swim-a-Thon. Please turn into your coach ASAP.

If anyone is interested in ordering one of the Swim-a-Thon t-shirts, please contact Jo Anne Mudry at 414.530.5037 or jmudry@earthlink.net. We need just a few more orders to have enough to reorder. Pricing is:

Option 1: design on front/blank on back = \$19

Option 2: design on front/name on back = \$25

Heat Sheet Advertising

Do you own a business or work for a business in the area? Heat Sheet Advertising is a great marketing tool and a great way to meet your fundraising requirement. Advertise your business in the heat sheets for all the SEA hosted meets for an entire year! 100% of the cost goes directly toward your fundraising goals.

Full Page Ad (8x10.5 inches)	\$250
Half Page Ad (8x5 inches)	\$175
Quarter Page Ad (3.75x5 inches)	\$125
Business Card Ad (3.5x2 inches)	\$75
Friendship Ad (1.75x2 inches)	\$50

Please submit your print-ready black-and-white ad to jmudry@earthlink.net. Deadline to submit for the upcoming SEA Pentathlon is Friday, October 26.

SCRIP Schedule through December

Your SCRIP Coordinator this season is Julie Kopsea. Julie has one son on the team (Zack trains with the Seniors) and can be reached at jkopsea@yahoo.com or at 414.530.5399.

All orders are due by 11 PM on Sunday. Julie will email / text to communicate with families and orders arrive.

<i>Orders Due</i>	<i>Orders Available</i>
January 6	January 9-10
January 20	January 23-24
February 3	February 6-7
February 17	February 20-21
March 3	March 6-7
March 17	March 20-21

Upcoming Meets

If you would like to have your swimmer enter in a meet, please send an email to Coach Neil at south.eastern.aquatics@gmail.com or speak with him at practice.

<i>Meet</i>	<i>Entries Due</i>
Jan. 4-6 – Mid State Championships	Entries closed
Jan. 12-13 – SEA Penguin Challenge	Extended deadline Jan. 3
Jan. 18-20 – GBY Titletown Freeze	Jan. 10
Feb. 1-3 – SSTY A+	Jan. 22
Feb. 1-3 – PX3 Open	Jan. 20
Feb. 9-10 – LAKE February Freeze	Jan. 20

Happy January Birthday!

Sofia Badillo, Kate Brown, Nicholas Foster, Nolan Greb, Fiona Marini, Emaleigh Neo, Scott Palmer, Tessa Pias, Marlee Reischl, Kayeley Rubio, Jordyn Tran, and Jameson Waite.

Calendar

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
			Jan. 3 – No practice, no pools available	Jan. 4 – Practice at Horlick	Jan. 5 – Practice at Sealed Air YMCA, Mid- States All-Star Zone meet	Jan. 6 – Mid- States All-Star Zone meet
Jan. 7 – Practice at Horlick	Jan. 8 – Practice at Park	Jan. 9 – Practice at Horlick	Jan. 10 – Practice at Horlick	Jan. 11 – Practice at Horlick	Jan. 12 – No practice, SEA Penguin Challenge	Jan. 13 – SEA Penguin Challenge
Jan. 14 – Practice at Horlick	Jan. 15 – Practice at Horlick	Jan. 16 – Practice at Horlick	Jan. 17 – Practice at Horlick	Jan. 18 – Practice at Horlick, GBY Tittletown Freeze	Jan. 19 – Practice at Sealed Air YMCA, GBY Tittletown Freeze	Jan. 20 – GBY Tittletown Freeze
Jan. 21 – Practice TBA	Jan. 22 – Practice TBA	Jan. 23 – Practice at Horlick	Jan. 24 – Practice at Horlick	Jan. 25 – Practice at Horlick	Jan. 26 – Practice at Sealed Air YMCA	Jan. 27 – Duck Pin Bowling
Jan. 28 – Practice at Horlick, Parent Board meeting	Jan. 29 – Practice at Horlick	Jan. 30 – Practice at Horlick	Jan. 31 – Practice at Horlick	Feb. 1 – Practice at Horlick, SSTY A+ & PX3 meet	Feb. 2 – Practice at Sealed Air YMCA, SSTY A+ & PX3 meet	Feb. 3 – SSTY A+ & PX3 meet

Extended Calendar

January 2019

27, TEAM SEA Duckpin Bowling – you don't want to miss this event!

28, Board meeting, 6:00 PM at Horlick, all welcome

March 2019

15, Last day of practice for the Fall & Winter Season

18, Team Picture

May 2019

4-5, SEA Early Bird Meet

9, Annual Banquet

31-2, SEA Pirate Plunge

June 2019

21-22, SEA Summer Sizzler

Find SEA on Social Media

SEA is on Facebook (SEA Swim Team – closed group, must request to join), Twitter (@SEAWisconsin), and Instagram (SEASWIMTEAM).