

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

January 30, 2025

Neil's Notes

Great swimming last weekend in Indiana and Whitewater! Continue attending practice regularly in preparation for this season's remaining BIG MEETS ... we only have seven weeks left until YMCA State!!

NBSC is allowing teams to add to their entries through tomorrow. If you were on the fence about attending their meet on Saturday, February 8, now is your chance. Any families who would like their swimmer entered in the meet should shoot me an email no later than 8:00 PM tonight.

We have some dates in February where we will lose RAC for the evening (believe it or not, a college conference meet - out of the Chicago area - is hosting their Conference meet there). Tentatively we will not conduct practice on the February 13 (no pools available) and February 21 (we are attending Regionals ... don't forget to sign-up). We are working on finalizing pool time at Bradford High School on February 12, we are heading back to Carthage on February 14, and we will train at our Y on February 28. Practices times will be all over the map for these three dates. Once everything is figured out, you'll be the first to know via an email. Thanks for your flexibility and let's be honest ... it's fun to train at other facilities!

So there's no confusion on what meets your swimmer can attend during the Championship portion of our season, here's the cheat sheet: all swimmers can attend Conference Champs, WI LSC Regionals and YMCA Sectionals; swimmers with USA State qualifying times will not be able to race those specific events at WI LSC Regionals (unless you are 8&U and then this rule does not apply or if you are an age-group swimmer - 9-10, 11-12, 13-14 - then you can swim that particular event in the Senior division as long as you don't have the Senior State qualifying time). Swimmers will need a State qualifying time to attend 10&U State, 11-14 State, Senior State, YMCA State, and YMCA Nationals (all time standards are posted on our website under the Members

dropdown menu / Time Standards). A few swimmers will be invited to attend some of the State meets and/or YMCA Nationals as a relay swimmer - for any of the three USA State meets, relay swimmers will only be able to race in the relays (they can time trial too if they like), but for YMCA State relay swimmers are granted a few individual events; for YMCA Nationals, relay athletes will be able to time trial between Prelims and Finals. There you have it! Do reach out if you are confused about anything and we'll be happy to speak with you in more detail.

The coaching staff hopes a majority of the team attends Conference Champs and Regionals. Additionally, we hope ALL TEAM SEA swimmers' race both days of YMCA Sectionals!

Volunteer sign-up is now open for our YMCA Sectional meet - please grab two volunteer spots!

If you are not current with your monthly swim tuition payments, please ensure you get caught up. Additionally, there are some families with outstanding escrow balances from the last season. I'm slowly working through those files, but you can take a look to see if you have any balances too. Thank you.

Reminder, please ensure your swimmers carry a YMCA membership - either a youth membership or part of your family membership.

Just a note that if you didn't know it, your son or daughter is plugged into one of the greatest sports ever. Speak with me if you want to know why.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Feb 8	NBSC	1/30

Feb 9	Conference Champs	1/31
Feb 21-23	WI LSC Regionals	1/21
Feb 28-2	WI LSC Senior State	2/22
Mar 1-2	WI LSC 10&U State	2/22
Mar 7-9	WI LSC 11-12 State	2/22
Mar 15-16	YMCA Sectionals	3/1
Mar 21-23	YMCA State	3/16
Mar 31-4	YMCA Nationals	3/24
May 3-4	SEA Early Bird	4/20
Jun 6-8	SEA Pirate Plunge	TBA
Jun 20-21	SEA Summer Sizzler	TBA
Jul 18-20	WI LSC Regionals	TBA
Jul 25-27	12&U State	TBA
Jul 31-3	13&O State	TBA
Aug 7-10	14&U Zones	TBA
Oct 10-12	OZ Fall Classic	TBA
Nov 2	SEA Pentathlon	TBA
Jan 10-11	SEA Penguin Challenge	TBA

ChaseStrong Invite Recap & Highlights

Strong swims last weekend during the 10th Annual ChaseStrong Invite ... with only nine athletes in attendance, TEAM SEA finished 15th of 20 teams with 272.50-points, no DQs and 62% best times (43 swims of 69). We are planning on attending this event again in 2026. Save the date! January 23-25, 2026.

Congratulations to Emma Masaya who notched two new State qualifying times in the 50 Freestyle 33.02 and 50 Breaststroke 44.81 for 9-10 Girls (both USA & YMCA). She also posted 100% best times.

Dropping five or more seconds in an event included Aisling Fahy -65.96 1650 Freestyle, Ciara Fahy -45.11 500 Freestyle, Summer Gustafson-Binger -59.98 200 Freestyle, Emma Masaya -7.97 100 Freestyle, Bennett Menken -11.20 500 Freestyle, Makenna Menken -7.15 500 Freestyle, Molly Warren -6.97 200 IM, and John Westfall -43.22 500 Freestyle.

Lindsey Hohnl notched two season best times in the 200 Freestyle and 100 Freestyle!

Silver Medalist: Bennett Menken

Bronze Medalist: Molly Warren

It's time to enter Conference Champs and WI LSC Regional meet ... open to ALL TEAM SEA athletes.

J-HK 8&U All-Star Recap & Highlights

Seven of our 8&U girls attended the 8&U All-Star event in Whitewater last Sunday. We posted 56% best times (15 of 27 swims) and two DQs (both in Breaststroke).

Congratulations to Adeline Hell on her new YMCA State qualifying time in the 7-year-old 25 Butterfly 25.31 and Lillian Hilbrich in the 7-year-old 25 Backstroke 29.85.

Matilda Gutjahr was awarded the 2nd place highpoint award for 8-year-olds and Molly Staniger was awarded the 3rd place highpoint award for 7-year-olds.

Matilda posted the 3rd and 8th fastest times for 8&U in our team's history for 25 Breaststroke 19.68 and 50 Freestyle 35.21.

Dropping five or more seconds in an event included Aviana Gelden -5.70 50 Freestyle, Adeline Hell -6.10 25 Butterfly, Lillian Hilbrich -6.55 25 Backstroke, and Tennyson Morey -5.61 25 Backstroke.

Gold Medalist: Matilda Gutjahr

Silver Medalist: Matilda Gutjahr, Molly Staniger

Bronze Medalist: Matilda Gutjahr, Molly Staniger

It's time to sign-up for the Conference Champs and WI LSC Regionals ... open to all swimmers!

Become an Official - no experience needed

One of the important cogs in TEAM SEA operations is maintaining a strong stable of parents who are officials.

No experience is necessary and TEAM SEA reimburses any expenses associated with becoming certified.

Please contact Coach Neil if you are willing to step-up and become an official and he'll help get you started.

World Record Holder Jason Lezak on His Way

Save the date! Saturday, April 12 world record holder Jason Lezak will conduct a swim clinic for all TEAM SEA swimmers. Jason was USA's anchor leg of the unbelievable 400 Freestyle Relay during the Beijing Olympics where the USA men came from behind to touch out the French team and smash the world record by four seconds (the record still stands today). We hope to SEA all TEAM SEA swimmers and parents in attendance for this amazing opportunity to learn from one of the greats!

2025 13&O Training Trip

Since 1999, every two years all athletes' 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip is tentatively scheduled for June 22-29. A minimum of 14 athletes must attend this trip for it to take place. This year's trip is "sold out."

The trip has averaged out to \$1200-\$1500 per swimmer over the years and we

usually drive, stay, and train in the Panama City Beach, FL area.

Attending (if you have not yet, please forward \$100 for the down payment) includes:

GIRLS

Kealey Aalderks, Hannah Daams, Ash Fahy, Jessica Gonzalez, Evelyn Gutknecht, Lindsey Hohnl, Fiona Marini, Sophia Marini, Ashlyn Malzewski, Allie Mertins, Gabi Peterman, Kylie Thomas, Kaylee Staniger, Aubree Van Dyke, Molly Warren

BOYS

Caleb Bergman, Jack Borzynski, Nathan Breit, Max Carlson, Nathaniel Foster, Nicholas Foster, Levi Jansen, Grayson Kirchenberg, Ryan McGillis, Brennen Meyer, Brady Moore, Zack Steenrod

CHAPERONES

Maria Peterman, Melissa Hohnl, Kim Wright

COACHES

Parker Palermo, Neil Wright

WAIT LIST

Rylie Clouse

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

<i>Order By</i>	<i>Delivery On</i>
February 17	February 20-21
March 17	March 20-21

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

OST (Off-Season Training)

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season (March 24-April 17, 2025).

OST represents an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and affords them a change to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 24-April 17) and lead by Coach Joanna and Coach Parker. Bronze and Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:30 PM with each week covering starts, breakouts, turns, and finishes for one stroke each week (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The fee for Bronze and Silver is \$120 for all four weeks or \$30 per week. The fee for Gold and Senior is \$160 for all four weeks or \$40 per week. Swimmers can al-a-carte which weeks they would like to attend.

To attend, simply email Coach Neil stating which week(s) your swimmers plan on attending and forward payment on the first practice they attend.

All practices will be held at the RAC.

January Birthdays

Sofia Badillo, Ireland Byrne, Eli Coughlin, Amalia Ehmcke, Nicholas Foster, Julissa Gonzalez, Fiona Marini, Ryan McGillis, Evan Olson, Ellie Staniger, Liam Sura, Jordyn Tran.

Extended Calendar

January

- 24 January payment due
- 24-26 ChaseStrong Splash Prelim/Final
- 26 J-HK 8&U All Star

February

- 9 Conference Champs
- 13 No practice, no pools available
- 15 WIAA Boys Sectionals
- 21 No practice, Regionals
- 21-23 WI LSC Regionals
- 22 WIAA Boys State
- 24 February payment due

28-2 WI LSC Senior State

March

1-2 WI LSC 10&U State

7-9 11-14 WI LSC State

15-16 YMCA Sectionals

21-23 YMCA State

24 Tryouts, 5:30-6:30 PM @ RAC

24 OST begins (runs through April 17)

31-4 YMCA Nationals

April

12 Jason Lezak swim clinic

28 First day of Spring & Summer practice

May

3-4 16th Annual SEA Early Bird

June

6-8 10th Annual SEA Pirate Plunge

20-21 16th Annual SEA Summer Sizzler

July

18-20 WI LSC Regionals

25-27 12&U State

31-3 13&O State

August

4-28 OST

September

22 Tryouts for new families

23 Fall & Winter Season begins

October

24 Annual Halloween Party

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of the meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.

- 6) Got a question you need an answer to? Please reach out to Coach Neil at 262.994.3157.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***