

Serpent Times

weekly newsletter for
Southeastern Aquatics
Racine Family YMCA Swim TEAM
est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin to be champions in life through excellence in swimming.

October 17, 2019

Head Coach Notes

Please take your time and look over the newsletter carefully. There's an awful lot happening in the next month and there are opportunities to attend meets, design t-shirts, volunteer to bring treats and drinks for our annual Halloween Party and much, much more!

Great job signing-up to work our first TEAM SEA hosted meet in Kenosha on November 3. We only need nine more volunteer timers and two volunteer kitchen workers. Also, don't forget to email me directly (or speak with me on deck) to have your swimmer compete in this great meet!

I would like to invite all of our new families to meet with me on Tuesday, October 29 at Horlick High School beginning at 6:00 p.m. It would be great to share with you a bit more about TEAM SEA and what your family has to look forward to over the next six months. Please save the date and I hope to see you there.

This is a plea for parents to take a leap and become officials. We are beginning to run a little low on current TEAM SEA officials and need to "restock" our bullpen. There's some great information later in this newsletter. Please consider becoming an official - no experience necessary.

Continuing next week, the coaching staff will be handing out invites for Bronze and Silver swimmers to share with their friends. These invites are for our upcoming Buddy Day for the Bronze and Silver training group which will take place on Monday, October 21. This will be a fun practice and will give our current swimmers an opportunity to demonstrate their skill sets and their buddies an opportunity for a fun open swim experience and to learn about our upcoming Tryout which will take place Monday, October 28 at Horlick High School, 5:30-6:30 p.m.

If you haven't heard, we are in the middle of our Elegant Pie fundraiser. All orders are due October 24 with \$6 from each pie sold going towards your \$150 fundraising minimum.

There's a rumor going around that one swimmer from each training group who sells the most pies will get to smooch a pie into a coach's face? Who's idea was this?

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

OZ Meet Information

The OZ meet will take place at Homestead High School, this Friday-Sunday, October 18-20. The school address is 5000 W. Mequon Road in Mequon.

Coaching coverage will be as follows: Neil Friday PM and Saturday AM, Alyssa Saturday PM and Sunday AM, and Katie Sunday PM.

Friday warm-ups: 4:30-5:30 p.m., meet begins at 5:35 p.m. and is scheduled to end at 6:39 p.m.

Saturday & Sunday AM warm-ups: 7:00-8:00 a.m., meet begins at 8:05 a.m. and is scheduled to end at 10:16 a.m. and 10:32 a.m. respectively.

Saturday PM warm-ups: 10:16-11:25 a.m., meet begins at 11:30 a.m. and is scheduled to end at 2:47 p.m.

Sunday PM warm-ups: 10:32-11:40 a.m., meet begins at 11:45 a.m. and is scheduled to end at 3:03 p.m.

Drive safe, swim fast, have fun!

Upcoming Meets

Date	Meet	Entry Deadline
Oct. 18-20	OZ	Closed
Nov. 3	SEA	Oct. 25
Nov. 10	KENO	Oct. 28
Nov. 17	SSTY	Nov. 7
Nov. 22-24	HPAC	Closed
Dec. 6-8	SSTY	Nov. 9

Katie's Kickboard

Here we are just days away from the first meet of the season. Bronze and Silver had the opportunity to work on dives at Carthage on Tuesday. If your athlete still needs to get certified please consider coming down to Carthage. Any time we have practice there we will focus on their racing starts.

Bronze and Silvers will continue to prepare for the upcoming meet with starts, turns, and finishes. Be sure to check out what events they will be swimming located on the meet schedule page on our website. This is also a very chilly pool, please pack extra towels or sweatshirts to stay warm.

Golds will finally get to their Goal sheets this week during dryland. I will be reviewing them with each athlete throughout the season. In preparation for the meet Golds will also be working on starts, turns, turns and finishes at practice for the remainder of the week.

Remember that Bronze and Silvers have 'Bring a Buddy' day on Monday. This is a fun practice to show your friends how awesome TEAM SEA is and how much fun we have at practice. There are flyers for you that will be handed out at practice.

Please don't hesitate to contact me with any questions, comments, or concerns via email (coachkatiejames@gmail.com) or 15min before practice and 15min after practice.

The Importance of Officials - you can be one!

Did you know TEAM SEA hosts six meets per year? There are a lot of behind the scenes work involved with running a meet and one of the important cogs to the process are the officials. With the start of the new season, it's time again to cast our net to train up new officials.



You DO NOT need experience to become an official and TEAM SEA will cover all the costs associated with becoming an official - all you need to give is your time.

There are some tentative classes coming down the pipeline (October 26, 1-4 PM, November 4, 1-4 PM, and November 16, either 9 AM-Noon or 1-4 PM) and if you are interested in having the best seat in the house, not having to worry about signing-up to volunteer at SEA

hosted meets, and giving back to the sport that gives your swimmer so much, maybe officiating is for you!

Please reach out to Coach Neil if you would like to become an official ... WE NEED YOU!

Carthage College Practice Dates & Times

Here are the dates and times for practices that will take place at Carthage College on the date's pools are not available in Racine.

Bronze & Silver will practice 6:00-7:00 p.m. (Swimmers will have an opportunity to become certified diving off the blocks during these practices.)

Gold & Senior will practice 6:00-8:00 p.m.

Dates we will practice at Carthage College include October 15, 22, 24, 25, and December 10.

Buffalo Wild Wings Home Tam Advantage

TEAM SEA - Do you need a good excuse to skip cooking one night? Every time you dine in or carry out at our local Buffalo Wild Wings (next to Olive Garden at the corner of HWY 20 and 31), 10% of the total spent will be forwarded to TEAM SEA (yes, this does include alcohol). Just tell your server you are supporting TEAM "E" when placing your orders.

Mid-States All Star Scheduled for January

Once again, the WI LSC will be sending a Zone level team to represent Team Wisconsin during the Mid-States All Star meet at the IUPUI in Indiana on January 4-5 (athletes attending this event must be available for both days and this meet is not open to high school boys per WIAA).

The window to apply to attend opens November 1. In order to apply, 14&U swimmers must have meet at least AA standards for girls and A standards for boys.

If you need assistance or more information please reach out to the coaching staff.

Tryouts Scheduled for October 28

TEAM SEA has another Tryout scheduled for new and interested swimmers on Monday, October 28 at Horlick High School between 5:30 p.m. and 6:30 p.m.

Tell all our friends about how to get involved with one of Racine's hidden gems!

Bronze & Silver Buddy Day Scheduled, 10/21

On Monday, October 21 we will host a Bronze & Silver Buddy Day during their normal practice time (5:30-6:30 p.m.). During this practice, current Bronze & Silver swimmers can invite up to five friends to attend practice.

Practice will be "extra fun" this evening and treats will be served at the conclusion.

Invitations will be handed out to all Bronze and Silver swimmers beginning the week of October 7.

New Family Orientation & Registration

New Family Orientation & Registration will be held at Horlick High School this Monday, November 11 beginning at 6:00 p.m. Missy Reischl along with some help from some of our board members will talk all new families through the process and be able to answer and questions you may have.

If you are unable to attend, please contact Missy Reischl at mjreischl@outlook.com or text/call her at 262.989.9065.

Team Travel Meet T-shirt design contest

TEAM SEA is headed to Michigan for a team travel meet which will take place January 10-12 at Zeeland High School in Zeeland, Michigan (roughly a four-hour drive from here).

Hotel information will be available soon, but in the mean time TEAM SEA is looking for designs for t-shirts we will make for families attending this trip. The meet's name is Tropical Challenge so designs should incorporate a tropical theme and have enough room for names of the swimmers attending the meet.

Swimmers can submit their designs to the coaching staff through December 1. Swimmers will vote for their favorite designs December 2-6 (on deck at practice).

New Family Meeting, Tuesday, October 29

Parents of all new swimmers are welcome and encouraged to meet with Head Coach Neil Wright on Tuesday, October 29 during practice at Horlick beginning at 6:00 p.m.

This is a perfect opportunity to learn more about TEAM SEA, ask questions, and meet new parents. Hope to SEA you there!

If you are unable to attend, you can contact Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com anytime.

Guarantee Checks

New for the 2019-2020 Fall & Winter Season is the cessation of collecting a guarantee check for meet worker sessions. Instead, families will have their escrow accounts charged \$75 for each session missed during TEAM SEA hosted meets.

Guarantee checks will continue to be collected for fundraising (\$150). Families registering online need to forward their fundraising guarantee check to Shay Borzynski

:21 & Under Club for 8&U Swimmers

As an incentive for our youngest swimmers we offer a really cool t-shirt for any athlete breaking :21 in any 25-yard race.

With the meet season about to start, begin working towards this goal and remember, streamline position is the most important aspect of swimming! Good luck!

Elegant Famer Fundraiser Underway

One of our favorite fundraisers is currently underway. This is a great opportunity to sell some of southeastern Wisconsin's most favorite pies (just in time for Thanksgiving even).

Information is posted on the team's website and orders are due October 24 with pick-up taking place on November 13. Take advantage of this easy fundraiser!

Inclement Weather and Practice Cancellation

In the event RUSD cancels school or afterschool activities, TEAM SEA swim practice will also be canceled. In order to get the word out, the coaching staff will send emails, post a note on the homepage of our website, and post on social media (Twitter, Facebook, and Instagram).

In addition, from time-to-time, the pools we train in close unexpectedly. When this happens, the same protocol as inclement weather will put in place.

Please ensure Coach Neil has added your email address to the team's distribution list so you don't miss any timely updates and changes in regards to the practice schedule.

Annual TEAM SEA Halloween Practice

The Annual TEAM SEA Halloween practice is scheduled for Friday, November 1 at Horlick High School from 5:30 p.m. to 8:00 p.m.

This has been a super fun event for all ages and ends with a glowstick swim and pizza for dinner. Save the date!

TEAM SEA will provide pizza and families are asked to volunteer to bring the following items (please contact Coach Neil if you are willing to donate any of the items below:

Case of water	Case of water
Juice boxes	Juice boxes
Fruit plate	Fruit plate
Veggie plate	Veggie plate
Brownies	Cupcakes
Paper plates	Paper plates
Napkins	Napkins
Pretzels	Popcorn

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Julie Kopsea at jkopsea@yahoo.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is n the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Fall & Winter

Order By	Delivery On
October 20	October 23-24
November 3	November 6-7
November 17	November 20-21
December 8	December 11-12
December 15	December 18-19
January 5	January 8-9
January 19	January 22-23
February 2	February 5-6
February 16	February 19-20
March 8	March 18-19

If you have any questions or need help, please reach out to Julie Kopsea at 414.530.5399 or at jkopsea@yahoo.com.

October Birthdays

Sarina Foster, Shaelyn Jensen, Lenna Karapetian, Lauren Michel, Angela Mrotek, Parker Stingl, Charlotte Wright.

Swimmer Spotlight

Tyler Keland
 Age: 12
 Group: Silver
 Role Model: my Dad
 Favorite Stroke: Freestyle
 Favorite Event: Breaststroke
 Favorite Swimmer: Not sure yet
 Future Goal: To be an architect
 Hobbies: Swimming and running
 Famous Person
 You'd Like to Meet: None that I know of
 Favorite Book: Boy at War



October Birthdays

Sarina Foster, Shaelyn Jensen, Lenna Karapetian, Lauren Michel, Angela Mrotek, Parker Stingl, Charlotte Wright.

Extended Calendar

October

- 18-20 OZ meet
- 21 Buddy Day for Bronze & Silver swimmers
- 28 Tryouts at Horlick High School, 5:30-6:30 p.m.
- 29 New family meeting with Head Coach Neil, 6:00 p.m. at Horlick High School
- 29 Parent board meeting, Horlick High School beginning at 6:30 p.m. - all welcome

November

- 1 Halloween Glowstick Party!
- 3 SEA meet
- 10 Kenosha YMCA meet
- 11 New Family Registration & Orientation at Horlick High School beginning at 6:00 p.m.
- 17 SSTY meet
- 22-23 HPAC meet
- 28-29 No practice, Happy Thanksgiving

December

- 6-8 SSTY meet
- 14-15 12&U mid-season State meet

24-25 No practice, Happy Holidays

TEAM SEA Parent Board

President

Jeff Peterson - petersonj12@gmail.com

Vice President

Ben Foster - BenFoster311@gmail.com

Treasurer

Sheila Mrotek & Ana Arteaga -
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***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***