

Serpent Times

newsletter for
Southeastern Aquatics
Racine Family YMCA Swim TEAM
est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

October 20, 2022

Neil's Notes

Welcome to the 2022-2023 Fall & Winter Season (our 38th)! So great to be back training at our new home, the Racine Aquatic Center.

As we progress through the season, please reach out to me if you have any questions or concerns. You should never feel "in the dark" when it comes to anything TEAM SEA related.

We will open an online TEAM SEA spiritwear store soon. Watch Facebook and your email inbox for the link. Orders will be taken through October 31 and will be delivered before Christmas.

The next date RAC (Racine Aquatic Center) is unavailable will be Friday, November 4th. We are still waiting to hear back from the Y if we can conduct practice at Sealed Air ... will keep everyone posted and updated when information is available.

Thank you to all families who have taken the time to register for the Fall & Winter Season. We currently have 78 registered athletes on the team! We have about a dozen swimmers training who have not signed up yet. Please ensure you register your swimmers by visiting Sealed Air YMCA.

We have three meets coming up in November:

November 6, SEA Pentathlon
November 13, SSTY Fall Invite
November 18-20 HPAC Invite

If you would like your swimmers racing in any of these meets, please email me by the following deadlines:

SEA = October 28
SSTY = November 5
HPAC = entries closed

Take advantage of these opportunities scheduled for November!

If you have a Facebook account, please consider joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

Amazing job signing up to support our November 6th meet. All positions are filled! Our next hosted meet will take place at the RAC on January 14-15. Sign-up to work will open in mid-November.

Save the date ... I'm trying to schedule a travel meet for January 21-22 in Michigan. I have reached out to the host team and hopefully they have room. Fingers crossed.

You can order personalized TEAM SEA swim caps through the end of October. The link can be found on our website under the MEMBERS link / TEAM APPAREL.

What is my job as the parent of a competitive swimmer? In the simplest terms ... LOVE, SUPPORT, TRANSPORT. LOVE your swimmers unconditionally (win, lose, draw), SUPPORT your swimmers (ensure they have the equipment they need, feed them, make sure they get eight hours or more of sleep each night, etc.), and TRANSPORT them (get them to practice regularly and to meets on time). What is not your job as a parent? DO NOT COACH your swimmers. Please leave that to your professional coaching staff. When you coach your swimmers, they become confused and, if they are listening to you, will not want to make changes in stroke mechanics and or race strategies because what the coaching staff explains differs from what you may have told them. Let's work hard on staying in our lanes.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Elegant Farmer Fundraiser

Our annual Elegant Farmer Fundraiser is underway. If you would like to participate, ensure your orders are in by October 22.

Orders will be delivered November 7th. Families earn \$6.00 towards their \$150 requirement for each pie sold and \$7.00 for each ham.

Order forms are on our website under MEMBERS / ELEGANT FARMER.

OZ Meet Recap & Highlights

Our first meet of the season is now behind and it's always a struggle on so many different levels attending the first meet of a new season ... new swimmer jitters, Senior swimmers out of shape, nerves of competing again, etc.

Overall, we put together a decent showing when the waves settled Sunday afternoon. As a team, we posted 41% best times (51 swims of 125 splashes), finished 7th overall (scored 1109-points), and had 12 DQs (three Freestyle and Breaststroke, four Backstroke, and two IMs).

Congratulations to Ale Arteaga on notching a USA State qualifying time in the 50 Breaststroke for 11-12 girls, 37.97.

Posting some of the quickest times in our team's history were Brady Moore (10th 15-16 50 Freestyle, 23.01) and Hugo Arteaga (9th 15-16 200 Butterfly, 2:05.50).

Slashing five of more seconds in a single event included Ale Arteaga (-11.43 200 Breaststroke), Levi Jansen (-11.41 100 Freestyle), Ava Kerbawy (-21.19 100 IM), Evan Olson (-11.80 100 IM), Ellie Staniger (-18.71 50 Freestyle), Kaylee Staniger (-12.13 100 Backstroke), and Nate Steenrod (-6.62 50 Backstroke). WOW!

Racing in her first meet of her life was Sylvie Carlson!

Gold medalists: Ale Arteaga, Jordan Borzynski, Hannah Scherwinski, Nate Steenrod

Silver medalists: Ale Arteaga, Hugo Arteaga, Nate Steenrod, Zack Steenrod

Bronze medalists: Ale Arteaga, Jordan Borzynski, Brady Moore, Ellie Olson, Ellie Staniger, Nate Steenrod, Mason Walker

The host team stated they will be mailing awards in the near future.

The deadline to declare your intentions to race in the HPAC Invite is today, Wednesday, October 19. Email Coach Neil if you would like your swimmer(s) entered.

Congratulations TEAM SEA on a great first meet. Let's build off our successes and continue to be process driven so we can clean some of those DQs up.

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Nov 6	SEA Pentathlon	10/28
Nov 13	SSTY Fall Invite	11/5
Nov 18-20	HPAC Invite	Closed
Dec 2-4	Y-Finalist	11/20
Dec 7-10	Winter Junior Nats	11/15
Dec 10-11	Single Age State	TBA
Jan 14-15	SEA Penguin Challenge	TBA
Jan 29	Conference	TBA
Feb 3-5	A+	TBA
Feb 12	Conference	TBA
Feb 17-19	Regionals	TBA
Feb 24-26	Senior State	TBA
Feb 25-26	10&U State	TBA
Mar 3-5	11-14 State	TBA
Mar 11-12	YMCA Sectionals	TBA
Mar 17-19	YMCA State	TBA
Apr 3-7	YMCA Nationals	TBA

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

<i>Order By</i>	<i>Delivery On</i>
November 6	November 10-11
December 4	December 8-9
January 8	January 12-13
February 5	February 9-10

March 5	March 9-10
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If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

TEAM SEA Amazon Smile

TEAM SEA has had an Amazon Smile account for many years, but it has been a while since we have reached out to families for support.

If you would like to support TEAM SEA via purchases when ordering from Amazon Smile please go to <https://smile.amazon.com/ch/39-1580537>. Once there, please click on the Start Shopping button to support TEAM SEA. Thank you for helping one of Racine's Hidden Gems.

13&O Training Trip

Every two year's all athletes 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip will take place in June of 2023, 9th-16th. A minimum of 12 athletes must attend this trip for it to take place. Athletes interested in attending include: Jordyn Tran

The trip has averaged out to \$1000 per swimmer over the years and we usually drive to Panama City Beach, FL.

We will also need two chaperones with priority given to those parents who have not had an opportunity to attend.

Please contact Coach Neil if you would like to attend or need more information.

October Birthdays

Silas Coughlin, Sarina Foster, Shaelyn Jensen, Lenna Karapetian, Daxton LaRue, Jane Oliver, Morgan Pankow, Nate Steenrod, Charlotte Wright, Valeria Zavala Lopez.

Extended Calendar

November

5 WIAA Girls Sectionals
6 SEA Pentathlon meet
12 WIAA Girls State
13 Conference Meet
13 SSTY Invite
14 WIAA boys swim begins
18-20 HPAC Invite
24-25 No practice, Happy Thanksgiving

December

2-4 Y-Finalist
7-10 Winter Junior Nationals
10-11 Single Age State

11 Conference Meet

January

14-15 SEA Penguin Challenge
29 Conference Meet

February

3-5 A+
11 WIAA Boys Sectionals
12 Conference Meet
17-19 Regionals
24-26 Senior State
25-26 10&U State

March

3-5 11-14 State
11-12 YMCA Sectionals
17-19 YMCA State

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$17 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***