

Serpent Times

newsletter for
Southeastern Aquatics
Racine Family YMCA Swim TEAM
est. 1984



TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

October 24, 2024

Neil's Notes

Tomorrow is our annual Glowstick Halloween Party at the Racine Aquatic Center, 5:30-7:30 PM. This event is for all swimmers! All practices tomorrow are canceled for this fun event. Here's a tentative outline of the night's events:

5:30-6:30 PM - team wide practice and fun relays

6:30-6:45 PM - using the 1-meter diving boards

6:45-7:00 PM - glowstick swim in the warmwater pool

7:00-7:45 PM - dinner

Hope to see you there and thank you to all the families who volunteered to bring items for this fun event!

Our first new family meeting since pre-covid was well attended. Thank you to all the moms and dads who made the time to stop by. A lot of great questions! As a reminder, if you need help with anything TEAM SEA related, please reach out ... it's super easy to do!

It's our pleasure to introduce Coach Katie as our newest TEAM SEA swim coach. She will be on deck three days a week helping out with our Bronze level swimmers. She brings a wealth of swimming background to our squad and is great with kids - she even taught Coach Kelli's boys how to swim back in the day. Welcome to the team Katie - we are glad you are here!

Our 15th Annual Pentathlon meet is one week from this Sunday and to date, 90 TEAM SEA swimmers are signed up to race! If you would like your swimmer entered in the meet, please send an email and we will be happy to slot him or her in. Easy cheesy!

We are really close to filling all volunteer spots for our upcoming meet on November 3rd. We only need seven more timers and two ushers. Please note, our Meet Directors may slide volunteers around on the day of the meet to assist in covering all positions. Your cooperation and flexibility are always appreciated.

We have two online stores currently open and both are scheduled to close at midnight on October 28. Families can order personalized TEAM SEA caps from our Elmore Swim Shop and many clothing items can be ordered from our Burghardt Sporting Goods online store. Swim caps will be delivered to me and I will hand them out at practice. Items ordered from Burghardt Sporting Goods will be delivered to your home. Take advantage!

Save the date for our annual team travel meet! We will be heading back to the Chasestrong Splash Prelim/Final meet in Center Grove, Indiana (just south of Indianapolis). We will have a block of rooms to pull from soon. This is a great meet and affords our swimmers an opportunity to race in a Prelim/Final meet where it's pretty easy to score a second swim. Scheduled for January 24-26 ... more information coming soon!

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

Upcoming Meets

Date	Meet	Entry Deadline
Nov 3	SEA Pentathlon	10/31
Nov 8	Conference Meet	10/28
Nov 17	SSTY Fall Invite	11/10
Dec 6	Conference Meet	TBA
Dec 7-8	Y-Finalist	11/25
Dec 14-15	Single Age State	TBA
Jan 11-12	SEA Penguin Challenge	TBA
Jan 19	Conference Meet	TBA
Jan 24-26	Chasestrong Splash P/F	TBA
Jan 26	J-HK 8&U All Star	TBA
Jan 31-2	SSTY A+	TBA
Feb 9	Conference Champs	TBA
Feb 21-23	WI LSC Regionals	TBA
Feb 28-2	WI LSC Senior State	TBA
Mar 1-2	WI LSC 10&U State	TBA
Mar 7-9	WI LSC 11-12 State	TBA

Mar 15-16	YMCA Sectionals	TBA
Mar 21-23	YMCA State	TBA
Mar 31-4	YMCA Nationals	TBA

Glowstick Halloween Party

Our annual Glowstick Halloween Party is scheduled for Friday, October 25. Although Park High School is not available, we will still conduct this event and make it as fun as possible at the Racine Aquatic Center. This event beings at 5:30 PM for all TEAM SEA swimmers (all practices this night are canceled).

We will conduct a team wide practice and then slide into some games and relays.

Chick-fil-a sandwiches will be provided for all swimmers and parents. A list of other items for families to donate can be found below. Please contact Coach Neil if you are willing to help make this event a success by donating!

Veggie try (need two) – Morey, Fahy

Fruit platter (need two) – Binder x2

Brownies (need three) – Horton, Jansen x2, Buska

Paper plates & napkins – Ehmcke

Single serving juice boxes/bags (need a handful of these) – Peterson, Koshen

Case of water (need two) – Westfall, Binder

Box of single serving chips (need two) – Daams, Koshen, Steenrod

If there's something else parents think would be cool to bring, please reach out to Coach Neil and let him know.

Looking forward to a great night of fun!

YMCA National Required Meets

Athletes qualified for, working towards, or may be attending as a relay swimmer will need to ensure they attend the following list of meets in order to at YMCA Nationals which will take place in Greensboro, NC, March 31-April 4, 2025.

High School Boys

November 17, SSTY Fall Invite

December 7-8 Y-Finalist (at least one day, but would be great to race both); will need permission from your high school coach and athletic director)

March 15-16, YMCA Sectionals

March 21-23, YMCA State

High School Girls

November 17, SSTY Fall Invite

December 7-8, Y-Finalist

March 15-16, YMCA Sectionals

March 21-23, YMCA State

Non-High School Swimmers

November 17, SSTY Fall Invite

December 7-8, Y-Finalist

March 15-16, YMCA Sectionals

March 21-23, YMCA State

High School Athlete Rep Needed

With the recent departure of Rylie Bergemann (who left for college this past August), we are in need of an alternate athlete rep.

Gabi Peterman was our alternate athlete rep, but now is our designated athlete rep.

If you are in high school and would like to be listed as TEAM SEA's alternate athlete rep, please speak with Coach Neil. There's very little time required (a few meetings per year) and you will get to learn a lot about the "dry-side" of competitive swimming in our state and nationally. Take advantage!

2025 13&O Training Trip

Since 1999, every two years all athletes' 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip is tentatively scheduled for June 22-29. A minimum of 14 athletes must attend this trip for it to take place.

The trip has averaged out to \$1200-\$1500 per swimmer over the years and we usually drive, stay, and train in the Panama City Beach, FL area.

Families interested in sending their swimmer(s) should forward a \$100 downpayment by Monday, December 2.

We will also need two chaperones to join Coach Parker on this event. Priority will be given to those parents who have not had an opportunity to attend. Lodging and travel expenses will be covered. Duties for chaperones include driving, cooking, and supporting our athletes in a positive manner.

Please contact Coach Neil you would like to attend or need more information.

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see

how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

<i>Order By</i>	<i>Delivery On</i>
November 18	November 21-22
December 16	December 19-20
January 20	January 23-24
February 17	February 20-21
March 17	March 20-21

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

OST (Off-Season Training)

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season (March 24-April 17, 2025).

OST represents an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and affords them a change to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 24-April 17) and lead by Coach Joanna and Coach Parker. Bronze and Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:30 PM with each week covering starts, breakouts, turns, and finishes for one stroke each week (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The fee for Bronze and Silver is \$120 for all four weeks or \$30 per week. The fee for Gold and Senior is \$160 for all four weeks or \$40 per week. Swimmers can al-a-carte which weeks they would like to attend.

To attend, simply email Coach Neil stating which week(s) your swimmers plans on attending and forward payment on the first practice your they attends.

All practices will be held at the RAC.

October Birthdays

Aubrey Becker Eden Cayemberg, Silas Coughlin, Saria Foster, Kylie Greiner, Adeline Hell, Nate Steenrod, Kennedy Thomson, Molly Warren, Bria Widmar, Valeria Zavala Lopez.

Extended Calendar

October

- 24 October payment due if paying monthly
- 25 Annual Halloween Party @ Park HS

November

- 3 SEA Pentathlon
- 8 Conference Meet
- 9 WIAA Girls Sectionals
- 16 WIAA Girls State
- 17 SSTY Fall Invite
- 18 HS Boys Season begins
- 24 November payment due if paying monthly
- 28-29 No practice, Happy Thanksgiving

December

- 6 Conference Meet
- 7-8 Y-Finalist Meet
- 14-15 Single Age State
- 24 December payment dur if paying monthly
- 24-25 No practice, Merry Christmas
- 31 No practice, Happy New Year's Eve

January

- 1 No practice, Happy New Year
- 11-12 SEA Penguin Challenge
- 19 Conference Meet
- 24 January payment due if paying monthly
- 24-26 ChaseStrong Splash Prelim/Final
- 26 J-HK 8&U All Star
- 31-2 SSTY A+

February

- 9 Conference Champs
- 15 WIAA Boys Sectionals
- 21-23 WI LSC Regionals
- 22 WIAA Boys State
- 24 February payment dur if playing monthly
- 28-2 WI LSC Senior State

March

- 1-2 WI LSC 10&U State
- 7-9 11-14 WI LSC State
- 15-16 YMCA Sectionals
- 21-23 YMCA State
- 24 Tryouts, 5:30-6:30 PM @ RAC
- 24 OST begins (runs through April 17)

31-4 YMCA Nationals

April

28 First day of Spring & Summer practice

May

3-4 16th Annual SEA Early Bird

30-1 10th Annual SEA Pirate Plunge

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve