

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

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TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

February 14, 2025

Neil's Notes

Happy Valentines Day TEAM SEA.

Don't forget we are training at Carthage College tonight ... all practices begin at 6:00 PM with Bronze and Silver ending at 7:00 PM, Gold at 7:30 PM, and Senior at 8:00 PM.

Great job signing up to attend Regionals. To date, 79 TEAM SEA swimmers are scheduled to take to the blocks. If you would like your son or daughter entered in this local meet, please reach out to me by tonight!

Two remaining "weird" practices dates for February include: Friday, February 21 = no practice (no pools available and Regionals) and Friday, February 28 we will train at the YMCA with all practices beginning at 5:00 PM and running to 7:00 PM for all athletes (swimmers do not need to stay the entire two hours ... thinking of our younger swimmers here). This practice will focus on starts, turns, finishes, and relay exchanges for the duration of the practice.

If you are not current with your monthly swim tuition payments, please ensure you get caught up. Additionally, there are some families with outstanding escrow balances from the last season. I'm slowly working through those files, but you can take a look to see if you have any balances too. Thank you.

Reminder, please ensure your swimmers carry a YMCA membership - either a youth membership or part of your family membership.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

Regional Meet Information

Coming soon.

Drive safe, swim fast, have fun!

Upcoming Meets

Date	Meet	Entry Deadline
Feb 21-23	WI LSC Regionals	2/14
Feb 28-2	WI LSC Senior State	2/22
Mar 1-2	WI LSC 10&U State	2/22
Mar 7-9	WI LSC 11-12 State	2/22
Mar 15-16	YMCA Sectionals	3/1
Mar 21-23	YMCA State	3/16
Mar 31-4	YMCA Nationals	3/24
May 3-4	SEA Early Bird	4/20
Jun 6-8	SEA Pirate Plunge	TBA
Jun 20-21	SEA Summer Sizzler	TBA
Jul 18-20	WI LSC Regionals	TBA
Jul 25-27	12&U State	TBA
Jul 31-3	13&O State	TBA
Aug 7-10	14&U Zones	TBA
Oct 10-12	OZ Fall Classic	TBA
Nov 2	SEA Pentathlon	TBA
Jan 10-11	SEA Penguin Challenge	TBA

NBSC Recap & Highlights

Strong efforts during the NBSC meets. 61% best times (34 of 56 swims) and three DQs (one IM, two Backstroke).

New State qualifying times were turned in by Ireland Byrne 11-12 USA 100 Backstroke 1:11.60, 50 Freestyle 28.95, Tovi Papillon 10-year-old YMCA 100 Breaststroke 1:39.08, Ellie Staniger 10-year-old YMCA 200 Freestyle 2:31.17, 100 IM 1:23.87, Kaylee Staniger 13-14 USA and YMCA 100 Breaststroke 1:15.73, YMCA 400 IM 5:17.52, and Molly Staniger 7&U YMCA 24 Breaststroke 24.30.

Posting some of the fastest times in our team's history were Ireland Byrne 7th 11-12 200 Butterfly 2:44.64, Matilda Gutjahr 9th 8&U 50 Butterfly 41.83, 10th 25 Freestyle 15.95, and Nate Steenrod 8th 9-10 400 IM 7:48.08.

Achieving 100% best times in all of their events were Ireland Byrne, Ellie Staniger, and Nate Steenrod.

Cutting five or more seconds in an event included Ireland Byrne -6.20 200 Butterfly, Matilda Gutjahr -5.74 50 Butterfly, Piper Jansen -5.64 200 Freestyle, Cash Peterson -8.72 100 Breaststroke, Ellie Staniger -22.15 200 Freestyle, Kaylee Staniger -9.14 400 IM, Nate

Steenrod -27.83 200 Freestyle, and Zack Steenrod -124.65 1650 Freestyle.

Gold Medalist: Ireland Byrne, Matilda Gutjahr, Kaylee Staniger

Silver Medalist: Ireland Byrne, Matilda Gutjahr, Kaylee Staniger, Molly Staniger, Zack Steenrod

Bronze Medalist: Tovi Papillon, Cash Peterson, Molly Staniger, Evan Steenrod, Zack Steenrod

Great job swimmers! Don't forget to sign-up for YMCA Sectionals!!

Conference Champs Recap & Highlights

Another fun Conference Champs meet is in the books. TEAM SEA finished 2nd scoring 770-points, while posting 66% best times (73 of 110 efforts) and only four DQs (one each for IM and Butterfly and two Breaststroke).

New State qualifying times were turned in by Matilda Gutjahr 10&U USA State 50 and 100 Breaststroke (45.40, 1:36.85) and Molly Staniger 7&U YMCA State50 Breaststroke 57.81.

Matilda broke her 8&U team record in the 100 Breaststroke touching in 1:36.85 (previous best 1:37.26) and also posted the 2nd 500 Freestyle 8:00.69 and 5th 50 Breaststroke 45.40 fastest times in our team's history.

Notching 100% best times in all of their events included Jett Adams, Zoey Aho, Autumn Cress, Emma Ebert, Aviana Gelden, Charlotte Gruettner, Matilda Gutjahr, Piper Jansen, Arya Morey, Claire Speers, Ellie Staniger, Zack Steenrod, and Aubree Van Dyke.

Dropping five or more seconds in a single effort were Jett Adams -5.41 100 Freestyle, Sylvie Carlson -21.30 50 Breaststroke, Emma Ebert -5.89 50 Backstroke, Matilda Gutjahr -23.60 500 Freestyle, Piper Jansen -8.35 100 Freestyle, Ellie Staniger -20.09 200 Freestyle, Molly Staniger -25.99 50 Breaststroke, Evan Steenrod -15.89 500 Freestyle, Zack Steenrod -24.90 200 Butterfly, and Aubree Van Dyke -6.54 200 Freestyle.

Congratulations to Ava Montemurro on racing in the first meet of her life!

Gold Medalist: Jordan Borzynski, Ashlyn Malzewski, Kaylee Staniger

Silver Medalist: Jordan Borzynski, Ashlyn Malzewski, Zack Steenrod

Bronze Medalist: Zoey Aho, Jordan Borzynski, Ireland Byrne, Aisling Fahy, Aviana Gelden, Sophie Gutknecht, Piper Jansen, Evan Steenrod

Way to swimmers! Don't forget to sign-up for YMCA Sectionals!

Become an Official – no experience needed

One of the important cogs in TEAM SEA operations is maintaining a strong stable of parents who are officials.

No experience is necessary and TEAM SEA reimburses any expenses associated with becoming certified.

Please contact Coach Neil if you are willing to step-up and become an official and he'll help get you started.

World Record Holder Jason Lezak on His Way

Save the date! Saturday, April 12 world record holder Jason Lezak will conduct a swim clinic for all TEAM SEA swimmers. Jason was USA's anchor leg of the unbelievable 400 Freestyle Relay during the Beijing Olympics where the USA men came from behind to touch out the French team and smash the world record by four seconds (the record still stands today). We hope to SEA all TEAM SEA swimmers and parents in attendance for this amazing opportunity to learn from one of the greats!

2025 13&O Training Trip

Since 1999, every two years all athletes' 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip is tentatively scheduled for June 22-29. A minimum of 14 athletes must attend this trip for it to take place. This year's trip is "sold out."

The trip has averaged out to \$1200-\$1500 per swimmer over the years and we usually drive, stay, and train in the Panama City Beach, FL area.

Attending (if you have not yet, please forward \$100 for the down payment) includes:

GIRLS

Kealey Aalderks, Hannah Daams, Ash Fahy, Jessica Gonzalez, Evelyn Gutknecht, Lindsey Hohnl, Fiona Marini, Sophia Marini, Ashlyn Malzewski, Allie Mertins, Gabi Peterman, Kylie Thomas, Kaylee Staniger, Aubree Van Dyke, Molly Warren

BOYS

Caleb Bergman, Jack Borzynski, Nathan Breit, Max Carlson, Nathaniel Foster, Nicholas Foster, Levi Jansen, Grayson Kirchenberg, Ryan McGillis, Brennen Meyer, Brady Moore, Zack Steenrod

CHAPERONES

Maria Peterman, Melissa Hohnl, Kim Wright

COACHES

Parker Palermo, Neil Wright

WAIT LIST

Rylie Clouse

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

<i>Order By</i>	<i>Delivery On</i>
February 17	February 20-21
March 17	March 20-21

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

OST (Off-Season Training)

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season (March 24-April 17, 2025).

OST represents an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and affords them a change to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 24-April 17) and lead by Coach Joanna and Coach Parker. Bronze and

Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:30 PM with each week covering starts, breakouts, turns, and finishes for one stroke each week (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The fee for Bronze and Silver is \$120 for all four weeks or \$30 per week. The fee for Gold and Senior is \$160 for all four weeks or \$40 per week. Swimmers can al-a-carte which weeks they would like to attend.

To attend, simply email Coach Neil stating which week(s) your swimmers plan on attending and forward payment on the first practice they attend.

All practices will be held at the RAC.

February Birthdays

Kealey Aalderks, Jenna Aschenbrenner, Autumn Cress, Jessica Gonzalez, Charolette Horton, Madelyn Kaminskis, Sophia Marini, Ava Montemurro, Zoe Pomeroy, Lila Rudoll, Lily Rudoll, Megan Schultz, Orion Sura.

Extended Calendar

February

- 15 WIAA Boys Sectionals
- 21 No practice, Regionals
- 21-23 WI LSC Regionals
- 22 WIAA Boys State
- 24 February payment due
- 28-2 WI LSC Senior State

March

- 1-2 WI LSC 10&U State
- 7-9 11-14 WI LSC State
- 15-16 YMCA Sectionals
- 21-23 YMCA State
- 24 Tryouts, 5:30-6:30 PM @ RAC
- 24 OST begins (runs through April 17)
- 31-4 YMCA Nationals

April

- 12 Jason Lezak swim clinic
- 28 First day of Spring & Summer practice

May

- 3-4 16th Annual SEA Early Bird

June

- 6-8 10th Annual SEA Pirate Plunge
- 20-21 16th Annual SEA Summer Sizzler

July

- 18-20 WI LSC Regionals
- 25-27 12&U State
- 31-3 13&O State

August

- 4-28 OST

September

- 22 Tryouts for new families
- 23 Fall & Winter Season begins

October

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of the meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please reach out to Coach Neil at 262.994.3157.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***