

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

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TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

February 22, 2024

Neil's Notes

What an amazing weekend of swimming we had. From Regionals to WIAA State to all of our college swimmers racing in their Conference meets ... amazing results! Congratulations TEAM SEA and good luck as we roll into Senior and 10&U State this weekend in Brown Deer and Green Bay.

Our Swim for a Cause event information has been handed out during practices and is available on our website. If your swimmer did not bring home a packet, they are available on the table next to lane one on the pool deck. Save the date, Sunday, May 19.

Please take a look at the escrow reports and zero out any negative balances from the last two seasons. Additionally, if you are paying swim tuition monthly, please stay current. All remaining payments were due February 15. Thanks in advance!

If you have a Facebook account, please consider joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

Senior State Meet Information

Beginning tomorrow morning our Senior swimmers will race in the 3-day Senior State event held in Brown Deer.

Friday Prelim warm-ups are assigned and will take place in the south pool in lane two, 7:50-8:15 AM (Ryan can warm-up at 9:30 AM). The meet begins at 8:35 AM and is scheduled to end at 12:26 PM.

Saturday Prelim warm-ups are assigned and will take place in the south pool in lane

two, 7:25-7:50 AM (Nathaniel can warm-up at 9:30 AM). The meet begins at 8:35 AM and is scheduled to end at 1:11 PM.

Sunday Prelim warm-ups are assigned and will take place in the south pool in lane two, 7:00-7:25 AM (Ryan can warm-up at 9:15 AM, Nathaniel can warm-up at 10:00 AM). The meet begins at 8:35 AM and is scheduled to end at 11:49 AM.

Friday Final warm-ups ... athletes racing in Finals should check with Coach Neil on what time to return.

Saturday Final warm-ups begin at 4:00 PM for Gabi, Callie, Zoe, Lindsey, Hugo, Brady, Nathan, and Jack. This session begins with the 200 Freestyle Relay. Anyone else moving on to Finals who are not listed above should check with Coach Neil on what time to return for warm-ups.

Sunday Final warmups begin at 4:00 PM for Mac, Zoe, Gabi, Callie, Nathan, Jack, Hugo, and Brady. This session begins with the 200 Medley Relay. Anyone else moving on to Finals who are not listed above should check with Coach Neil on what time to return for warm-ups.

Good luck TEAM SEA! Drive safe, swim fast, have fun!

10&U State Meet Information

Saturday and Sunday our 10&U athletes will be racing in Green Bay during this season's 10&U State meet (2391 S. Ridge Road, Green Bay).

At the time of this newsletter, the host team has not posted warm-up assignments. Coach Neil will text all families attending the meet when the information is posted.

Good luck TEAM SEA! Drive safe, swim fast, have fun!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Feb 23-25	Senior State	Closed
Feb 24-25	10&U State	Closed
Mar 1-3	11-14 State	Closed

Mar 9-10	SEA YMCA Sectionals	3/3
Mar 15-17	YMCA State	3/10
Apr 2-6	YMCA Nationals	3/17
May 4-5	SEA Early Bird	TBA

Regional Recap & Highlights

Regionals was amazing last weekend! All told, we posted 24 new State qualifying times, 71% best times (235 of 333 swims), and only six DQs (three IM, one each for Backstroke, Butterfly, and relay). As a team, we placed second of ten teams with 3,142-points.

Harrison Yanke got things rolling when he finished the 200 IM in 3:04.80 which broke Ivar Iverson's 2006 team record of 3:05.52.

New State qualifying times were achieved by Ale Arteaga 13-14 50 Freestyle 26.96, 100 Breaststroke 1:14.67, Jordan Borzynski 11-12 200 Backstroke 2:34.98, 50 Breaststroke 38.80, Sophie Gutknecht 11-12 50 Freestyle 28.19, 50 Butterfly 31.69, 100 Breaststroke 1:24.00, 50 Breaststroke 36.57, 100 Freestyle 1:02.87, Lindsey Hohnl Senior 100 Breaststroke 1:11.34, Bennett Menken 11-12 100 Breaststroke 1:22.42, Kaylee Stainger 11-12 50 Breaststroke 38.21, Evan Steenrod 9-10 50 Butterfly 38.24, Nate Steenrod 8&U 25 Butterfly 20.99, 50 Breaststroke 54.18, 100 Freestyle 1:32.06, Zack Steenrod 11-12 200 Backstroke 2:37.79, 50 Backstroke 34.84, 100 Backstroke 1:15.61, 50 Breaststroke 39.12, 200 Breaststroke 3:05.41, and Harrison Yanke 10&U 200 IM 3:04.80, 50 Freestyle 34.05, 50 Butterfly 40.93.

Posting some of the fastest times in our team's history included Zoe D'Alessandro 4th 17-18 100 IM 1:04.34, Aisling Fahy 10th 13-14 100 IM 1:24.49, Katie Goetzke 9th 17-18 1000 Freestyle 12:03.86, Jessica Gonzalez 9th 13-14 100 IM 1:20.60, Makenna Menken 4th 13-14 100 IM 1:15.77, Allie Mertina 5th 13-14 100 IM 1:17.26, Gabi Peterman 5th 15-16 100 IM 1:04.68, Nate Steenrod 7th 8&U 100 Backstroke 1:36.77, Molly Warren 9th 15-16 100 IM 1:06.58, and Harrison Yanke 8&U 7th 50 Freestyle 34.05, 4th 50 Butterfly 40.93, 7th 50 Backstroke 41.95, 2nd 200 Freestyle 2:53.15, 2nd 100 Backstroke 1:29.44, 4th 100 Freestyle 1:18.25, 2nd 100 Butterfly 1:37.76.

Swimmers achieving 100% best times were Ale Arteaga, Eli Ehmcke, Aisling Fahy, Sophie Gutknecht, Anna James, Levi Jansen, Piper Jansen, Fiona Marini, Allie Mertins, Gabi Peterman, Evan Steenrod, Nate Steenrod, Zack Steenrod, Bizzy Strickling, and Harrison Yanke.

Slicing five or more seconds in a single event included Jett Adam -10.58 100 Freestyle, Mathilde Angeline -5.42 100 Backstroke, David

Binder -9.72 100 Backstroke, Jordan Borzynski -14.04 200 Backstroke, Aisling Fahy -8.31 200 Freestyle, Ciara Fahy -8.49 200 Freestyle, Levi Jansen -7.99 200 Freestyle, Piper Jansen -25.00 200 Freestyle, Ava Kerbawy -41.77 200 Butterfly, Fiona Marini -30.49 200 Backstroke, Bennett Menken -9.52 200 Freestyle, Allie Mertins -10.30 200 IM, Claire Speers -6.11 50 Backstroke, Evalyn Speers -10.35 100 IM, Ellie Staniger -33.10 200 IM, Kaylee Staniger -17.10 200 Breaststroke, Molly Staniger -22.51 100 Freestyle, Evan Steenrod -26.67 100 Butterfly, Nate Steenrod -14.42 100 Freestyle, Zack Steenrod -11.03 200 Backstroke, Rhemy Thompkins -10.89 100 Freestyle, Aubree Van Dyke -5.11 100 Freestyle, Harrison Yanke -11.92 200 Freestyle, and Valeria Zavala Lopez -5.58 50 Breaststroke.

High Point Award winners were Ale Arteaga 3rd for 13-14, Jordan Borzynski 2nd for 11-12, Matilda Gutjahr 3rd for 8&U, Sophie Gutknecht 3rd for 11-12, Zack Steenrod 1st for 11-12, Rhemy Thompkins 3rd for 10&U, and Harrison Yanke 2nd for 8&U.

Gold Medalist: Ale Arteaga, Jordan Borzynski, Zoe D'Alessandro, Sophie Gutknecht, Lindsey Hohnl, Bennett Menken, Ellie Palermo, Evan Steenrod, Nate Steenrod, Zack Steenrod, Molly Warren, Harrison Yanke

Silver Medalist: Ale Arteaga, Rylie Bergemann, David Binder, Jordan Borzynski, Ava Kerbawy, Bennett Menken, Gabi Peterman, Evan Steenrod, Zack Steenrod, Harrison Yanke, Vivienne Yanke

Bronze Medalist: Rylie Bergemann, Caleb Bergman, Jordan Borzynski, Zoe D'Alessandro, Sophie Gutknecht, Levi Jansen, Bennett Menken, Evan Olson, Gabi Peterman, Kaylee Staniger, Nate Steenrod, Rhemy Thompkins, Harrison Yanke

The coaching staff is extremely proud of TEAM SEA's efforts last weekend! Congratulations!!

Don't forget to sign-up for YMCA Sectionals!

Offseason Training Opportunities

We (Coach Joanna and Parker) will be offering Offseason Training (OST) at the conclusion of our current season.

The focus will be starts, breakouts, turns, finishes, and technique for all four strokes.

The schedule for Bronze & Silver is 5:00-6:00 PM and for Gold & Senior, 6:00-7:30 PM.

OST will be offered on March 18-22 (Freestyle), March 25-28 (Backstroke), April 8-11 (Breaststroke), and April 15-18 (Butterfly).

Cost for all four weeks is \$60 for Bronze & Silver and \$90 for Gold & Senior (cash or check payable to SEA).

You can a la carte this experience for \$20 per week for Bronze & Silver and \$30 per week for Gold & Senior.

If you plan on having your swimmer attend OST, please kindly send an email to Coach Neil and he'll add his/her name to the list. Take advantage!

Silver attending: Summer Gustafson-Binger, John Westfall

Gold attending: Logan Buska

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

<i>Order By</i>	<i>Delivery On</i>
March 10	March 14-15

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

January Birthdays

Mathilde Angeline, Sofia Badillo, Ireland Byrne, Eli Coughlin, Amalia Ehmccke, Nicholas Foster, Fiona Marini, Ryan McGillis, Allie Mertins, Evan Olson, Ellie Palermo, Ellie Staniger.

February Birthdays

Maddie Cerny, Jessica Gonzalez, Charlotte Horton, Sophia Marini, Lila Rudoll, Lily Rudoll, Megan Schutlz.

Extended Calendar

February

23-25 Senior State

24-25 10&U State

March

1-3 11-14 State

9-10 YMCA Sectionals

15 Final practice of the season

15-17 YMCA State

April

2-6 YMCA Nationals

22 Tryouts

23 First day of Spring & Summer practice

May

4-5 SEA Early Bird

19 Swim for a Cause

27 No practice, Memorial Day

31-2 SEA Pirate Plunge

June

11 Last day of school (RUSD)

12 AM practice begins for Seniors

21-22 SEA Summer Sizzler

July

4 No practice, Happy Independence Day

11-14 Speedo Sectionals

19-21 Regionals

26-28 12&U State

31 Last day of Spring & Summer practice

August

1-4 13&O State

8-11 14&U Zones

13 Annual Awards Banquet

September

23 Tryouts

23 First day of practice for Fall & Winter

28 40th Anniversary TEAM SEA Celebration

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?

- a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***