Serpent Times

newsletter for Southeastern Aquatics Racine Family YMCA Swim TEAM est. 1984









TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

February 24, 2022

Neil's Notes

Good luck to our 12&U State swimmers this weekend! Attack those walls!!

Three weeks remain in this season! Keep coming to practice and stay focused on what you are learning. Take advantage of OST during the time between the Fall & Winter Season ending and the Spring & Summer Season beginning (read about OST later in this newsletter).

As a reminder, all payments collected in February will be deposited this Monday, February 28. You will receive a quarterly escrow statement at the end of March if your balance is greater than \$100. Feel free to reach out to me any time to discuss your escrow account ... I'm here to help!

Save the date for our team travel meet to Kentucky. Updated dates are July 7-9 (Thursday-Saturday). In the past, Thursday warm-ups stated at 3:30 PM and Friday and Saturday had an AM and PM session (I'm not sure which age-groups landed where). You don't want to miss this meet as the venue is really different ... have you ever floated in an innertube and watched your son or daughter swim their events? You can here!

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

12&U State Meet Information

Our 12&Us will be racing this weekend in Brown Deer.

We have assigned warm-ups ... please be on time and don't forget to complete the online waiver.

Saturday AM warm-ups run 7:30-7:55 AM in lane two of the north pool, meet begins

at 8:40 AM and is scheduled to end at 10:52

Sunday AM warm-ups run 7:55-8:20 AM in lane two of the south pool, meet begins at 8:40 AM and is scheduled to end at 11:11 AM.

Drive safe, swim fast, have fun!

Regional Highlights & Recap

We posted solid results during last weekend's three day Regional meet notching 65% best times (100 or 155 swims) and too many DQs (11). We'll need to work a little harder and smarter during practices so we can lower those DQs at YMCA Sectionals.

New State aualifvina times were achieved by Jack Borzynski in the 200 Breaststroke, 100 Backstroke, 500 Freestyle, 200 Butterfly, Jordan Borzynski in the 200 IM, 200 Freestyle, 50 Breaststroke. Sophie Gutknecht in the 50 Backstroke, Lindsey Hohnl in the 100 Breaststroke, Ava Rydzewski in the 100 Freestyle, Evan Steenrd in the 25 Butterfly, and Zack Steenrod in the 50 Freestyle.

Bringing home a high point award was Jack Borzynski 1st for 13-14 with 117 points and Sophie Gutknecht 3rd for 9-10 with 99 points.

Posting some of the fastest times in our team's history were Megan Schultz 9th all-time in the 17-18 100 Butterfly, Zoe D'Alessandro 4th all-time in the Senior 100 IM, Evan Steenrod 7th all-time in the 8&U 200 Freestyle, and Jack Borzynski 10th all-time in the 13-14 200 Butterfly.

Zack Steenrod notched all best times in his events.

Dropping five or more seconds in an event included Jack Borzynski -10.32 500 Freestyle, Jordan Borzynski -7.60 200 IM, Evelyn Gutknecht -8.02 200 Freestyle, Sophie Gutknecht -31.87 200 Freestyle, Lindsey Hohnl -35.05 1000 Freestyle, Fiona Marini -15.23 100 Backstroke, Sophia Marini -7.42 200 Backstroke, Morgan Pankow -9.41 200 IM. Ava Rydzewski -5.19 200 Freestyle, Evan Steenrod -7.41 25 Butterfly, and Alice Stratman -5.54.

We are very proud of all our new athletes racing in new events and succeeding ... keep it up!

Good luck this weekend at 12&U State!

Upcoming Meets

Date		Meet	Entry	Deadline
Feb.	25-27	12&U	State	Closed
Mar.	3-6	13&0	State	Closed
Mar.	12-13	YMCA	Regionals	3/4
Mar.	18-20	YMCA	State	2/28
Mar.	28-1	YMCA	Nationals	3/20

Off-Season Training (OST)

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 21-April 14) and will be led by Coach Joanna.

Bronze and Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:00 PM with each week covering starts, breakouts, turns, and finishes for one stroke.

The order will be:

Freestyle, March 21-24 Backstroke, March 28-31 Breaststroke, April 4-7 Butterfly, April 11-14

The cost is \$150 for all four weeks or \$50 per week.

To sign-up simply email Coach Neil and forward payment to Coach Joanna (cash/chdck payable to SEA) when you attend the first practice.

Take advantage!

Bronze and Silver: Walter Olinski

TEAM SEA Amazon Smile

TEAM SEA has had an Amazon Smile account for many years, but it has been a while since we have reached out to families for support.

If you would like to support TEAM SEA via purchases when ordering from Amazon Smile please go to https://smile.amazon.com/ch/39-1580537.

Once there, please click on the Start Shopping button to support TEAM SEA. Thank you for helping one of Racine's Hidden Gems.

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.seay.org/scrip) - you can also read about PrestroPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Fall & Winter

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Order By	Delivery On			
March 13	March 18			

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

February Birthdays

Max Bergemann, Maddie Cerny, Jessica Gonzalez, Jake Hendricks, Charlotte Horton, Ava Knaus, Sophie Marini, Walter Olinski, Ava Rydzewski, and Megan Schultz.

Extended Calendar

<u>February</u>

25-27 12&U State

March

3-6 13&O State

12-13 Wisconsin YMCA Regionals

18 Final practice of Fall & Winter Season

18-20 YMCA State

28-1 YMCA Nationals

April

11 New swimmer tryouts

25 First day of Spring & Summer practice

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- 7-8 SEA Early Bird meet
- 14 Conference meet
- 22 Swim-a-Thon

June

- 3-5 SEA Pirate Plunge meet
- 11 Conference meet
- 24-25 SEA Summer Sizzler meet
- 24-26 WGLO

July

- 1 Conference meet
- 7-9 Lakeside Invite in Kentucky
- 14-17 Speedo Sectionals
- 15-16 Regionals
- 22-23 12&U State
- 28-31 13&O State

<u>August</u>

- 1-5 Speedo Junior Championships
- 4-7 14&U Zones

<u>September</u>

- 19 New swimmer tryouts
- 20 Fall & Winter Season begins

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$15 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve