

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

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TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

February 27, 2025

Neil's Notes

Amazing swimming during Regionals and WIAA State last weekend! Read all about Regionals in this newsletter and WIAA State in a link shared via the newsletter email sent out today.

We are conducting practice Friday and Saturday (remember Saturday is for Gold and Senior swimmers and run 8:00-9:30 AM) this week. Please remember we are training at the YMCA tomorrow night (2/28) – this is a perfect opportunity to ensure your swimmers are current with their YMCA memberships. All practices begin at 5:00 PM and run to 7:00 PM for all athletes (swimmers do not need to stay the entire two hours ... thinking of our younger swimmers here). This practice will focus on starts, turns, finishes, and relay exchanges for the duration of the practice with a short warm-up session beginning at 5:00 PM.

It's time to sign-up your sons and daughters for YMCA Sectionals! We are hosting this event at RAC and the meet is open to all TEAM SEA swimmers! Sign-up today!!

If you are not current with your monthly swim tuition payments, please ensure you get caught up. Additionally, there are some families with outstanding escrow balances from the last season. I'm slowly working through those files, but you can take a look to see if you have any balances too. Thank you.

Reminder, please ensure your swimmers carry a YMCA membership – either a youth membership or part of your family membership.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is – find us at Instagram (seaswimteam) and Facebook (SEA Swim Team – this page is set to private and you'll need to request to join).

Senior State Meet Information

Friday-Sunday we'll be racing in Brown Deer at the Walter Schroeder Aquatic Center.

All athletes will warm-up approximately 75-90-minutes prior to their first event and the times listed are "in water" times. Athletes who would like additional time should plan to arrive earlier than the listed times below.

Friday Prelim warm-ups: Nathaniel, Jack, Ethan, Nathan @ 7:50 AM, Gabi @ 8:30 AM, Ryan @ 9:00 AM, Molly, Lindsey @ 10:00 AM, Max @ 10:15 AM.

Saturday Prelim warm-ups: Nathan, Jack, Nathaniel, Brady @ 7:25 AM, Ryan @ 8:15 AM, Molly, Lindsey @ 9:00 AM, Gabi @ 9:30 AM, Ethan, Max @ 9:45 AM.

Saturday Final warm-ups: Gabi, Molly, Ale, Ashlyn, Brady, Jack, Nathaniel, Nathan @ 4:00 PM.

Sunday Prelim warm-ups: Brady, Jack, Nathaniel, Nathan @ 7:00 AM, Gabi, Molly, Ryan, Max @ 8:15 AM, Ethan @ 9:30 AM, Lindsey @ 10:00 AM.

Sunday Final warm-ups: Molly, Lindsey, Ashlyn, Gabi, Nathan, Jack, Nathaniel, Brady @ 3:00 PM.

Athletes moving on to Finals should check with Coach Neil on when to return for warm-ups.

Drive safe, swim fast, have fun!

10&U State Meet Information

Saturday and Sunday we'll be racing at the Verona High School Aquatic Center (234 Wildcat Way)!

Saturday AM (10&U girls) will warm-up in the warm-up (lane 6), 9:50-10:15 AM, meet begins at 10:30 AM and is scheduled to end at 2:04 PM.

Saturday PM (10&U boys) will warm-up in the competition pool (lane 5), 2:35-3:00 PM, meet begins at 3:15 PM and is scheduled to end at 6:14 PM.

Sunday AM (10&U girls) will warm-up in the competition pool (lane 6), 8:20-8:45 AM,

meet begins at 9:00 AM and is scheduled to end at 12:32 PM.

Sunday AM (10&U boys) will warm-up in the warm-up pool (lane 5), 1:00-1:25 PM, meet begins at 1:40 PM and is scheduled to end at 4:31 PM.

Drive safe, swim fast, have fun!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Feb 28-2	WI LSC Senior State	Closed
Mar 1-2	WI LSC 10&U State	Closed
Mar 7-9	WI LSC 11-12 State	Closed
Mar 15-16	YMCA Sectionals	3/1
Mar 21-23	YMCA State	3/16
Mar 31-4	YMCA Nationals	3/24
May 3-4	SEA Early Bird	4/20
Jun 6-8	SEA Pirate Plunge	TBA
Jun 20-21	SEA Summer Sizzler	TBA
Jul 18-20	WI LSC Regionals	TBA
Jul 25-27	12&U State	TBA
Jul 31-3	13&O State	TBA
Aug 7-10	14&U Zones	TBA
Oct 10-12	OZ Fall Classic	TBA
Nov 2	SEA Pentathlon	TBA
Jan 10-11	SEA Penguin Challenge	TBA

Regional Recap & Highlights

Regionals was an exciting meet and we posted strong results: 70% best times (305 swims of 501), placed second of ten teams scoring 4,220-points (which makes sense as we were the second largest team in the meet), 29 new State qualifying times, took home the top high point award in six of the eight contested age-groups, and had a handful of DQs (six Breaststroke, five IM, four relays, three each for Backstroke and Butterfly, and two Freestyle).

New State qualifying times were recorded by Ale Arteaga 13-14 200 Freestyle 2:07.34, 200 Breaststroke 2:42.55, Jordan Borzynski 11-12 500 Freestyle 6:05.07, Ireland Byrne 11-12 200 Backstroke 2:38.35, 200 Freestyle 2:18.93, Ethan Eckel Senior 50 Freestyle 23.10, 100 Freestyle 50.23, Julissa Gonzalez 7&U 25 Freestyle 24.17, Sophie Gutknecht 13-14 50 Freestyle 26.22, Adline Hell 7&U 25 Freestyle 24.48, Ava Kerbawy 13-14 50 Freestyle 26.52, Ashlyn Malzewski Senior 1000 Freestyle 11:50.68, Emma Masaya 9-10 200 IM 3:02.96, Tovi Papillon 9-10 50 Backstroke 40.45, Olivia Speers 9-10 50 Breaststroke 43.23, 50 Backstroke 37.59, Ellie Staniger 9-10 100 Backstroke 1:22.32, Molly Staniger 8&U 50 Backstroke 48.73, Evan Steenrod 11-12 200 IM 2:41.93, 50 Backstroke 34.48, 200 Backstroke 2:37.77, 100 Backstroke 1:13.19, 100 IM 1:18.29, Nate Steenrod 9-10

50 Breaststroke 48.47, Harrison Yanke 9-10 500 Freestyle 6:55.30, 200 Freestyle 2:29.76, and Vivienne Yanke 11-12 500 Freestyle 5:59.39, 200 Freestyle 2:15.19, 100 Butterfly 1:10.07, 200 IM 2:29.31.

Posting some of the fastest times in our team's history were Hannah Daams 13-14 9th 100 IM 1:16.45, Jessica Gonzalez 13-14 8th 100 IM 1:15.80, Matilda Gutjahr 8&U 8th 25 Freestyle 15.83, 7th 25 Butterfly 17.65, 4th 50 Breaststroke 44.71, 2nd 100 Freestyle 1:19.34, 7th 50 Freestyle 34.91, 4th 100 IM 1:27.81, Ashlyn Malzewski 17-18 7th 1000 Freestyle 11:50.68, 1650 Freestyle 20:08.44, Brennan Meyer 15-16 7th 100 IM 1:01.77, Harrison Yanke 9-10 8th 100 IM 1:15.45, 7th 50 Breaststroke 38.69, 9th 200 Backstroke 2:49.32, Vivienne Yanke 11-12 10th 100 Butterfly 1:10.07, 7th 200 Breaststroke 2:47.06.

Achiving 100% best times included Caleb Bergman, Sylvie Carlson, Ciara Fahy, Julissa Gonzalez, Julie Horton, Ashlyn Malzewski, Fiona Marini, Allie Mertins, Brennen Meyer, Tobi Papillon, Lily Rudoll, Evan Steenrod, Bizzy Strickling, Aubree Van Dyke, and Vivienne Yanke.

Slicing five or more seconds in a single event: Jett Adams -23.23 200 IM, Zoey Aho -8.63 100 Backstroke, Ale Arteaga -9.43 200 Breaststroke, Johathan Aschenbrenner -14.28 100 Freestyle, Aubrey Becker -5.08 50 Butterfly, Jordan Borzynski -16.85 500 Freestyle, Ireland Byrne -11.27 500 Freestyle, Sylvie Carlson -36.37, Autumn Cress -6.94 100 Freestyle, Hannah Daams -10.43 100 IM, Amalia Ehmcke -28.70 200 Freestyle, Aisling Fahy -73.00 1000 Freestyle, Ciara Fahy -62.92 500 Freestyle, Jessica Gonzalez -32.73 400 IM, Julissa Gonzalez -10.42 25 Freestyle, Charlotte Gruettner -7.77 50 Breaststroke, Sophie Gutknecht -43.54 500 Freestyle, Juli Horton -9.36 100 Freestyle, Piper Jansen -6.86 100 Butterfly, Natalie Johnson -6.39 100 Freestyle, Carter Justman -15.27 200 Freestyle, Ava Kerbawy -9.01 100 Butterfly, Fiona Marini -58.81 500 Freestyle, Evan Olson -7.29 100 IM, Cash Peterson -7.16 100 Breaststroke, Lily Rudoll -6.55 100 Butterfly, Claire Speers -17.28 100 Backstroke, Kaylee Stainger -61.51 500 Freestyle, Evan Steenrod -10.26 200 IM, Nate Steenrod -20.63 500 Freestyle, Zack Steenrod -103.88 1000 Freestyle, Bizzy Strickling -10.74 50 Backstroke, Orion Sura -5.09 25 Freestyle, Aubree Van Dyke -36.53 500 Freestyle, Luke Waddle -10.23 200 Freestyle, John Westfall -33.25 500 Freestyle, Bria Widmar -5.10 50 Freestyle, Harrison Yanke -30.44 200

Backstroke, and Vivienne Yanke -32.13 500 Freestyle.

Congratulations to Selah Isaacson and Lillian Tanking on racing in the first meet of their lives ... amazing job girls!

Gold Medalist: Ale Arteaga, Ireland Byrne, Ethan Eckel, Aisling Fahy, Matilda Gutjahr, Ava Kerbawy, Emma Masaya, Tovi Papillon, Olivia Speers, Evan Steenrod, Nate Steenrod, Orion Sura, John Westfall, Harrison Yanke, Vivienne Yanke

Silver Medalist: Ale Arteaga, Ireland Byrne, Sophie Gutknecht, Levi Jansen, Ava Kerbawy, Emma Masaya, Tovi Papillon, Gabi Peterman, Olivia Speers, Kaylee Staniger, Ava Kerbawy, Molly Staniger, Evan Steenrod, Nate Steenrod

Bronze Medalist: Jett Adams, Ireland Byrne, Aisling Fahy, Rowan Glassen, Levi Jansen, Ashlyn Malzewski, Emma Masaya, Brennan Meyer, Evan Olson, Tovi Papillon, Kaylee Staniger, Ava Kerbawy, Evan Steenrod, Nate Steenrod, Zack Steenrod, Molly Warren, Vivienne Yanke

High Point Award Winners: Matilda Gutjahr 1st for 8&U 160-points, Olivia Speers 1st for 9-10 130-points, Nate Steenrod 1st for 9-10 139-points, Ireland Byrne 1st for 11-12 139-points, Evan Steenrod 1st for 11-12 136-points, Ale Arteaga 1st for 13-14 117-points, Ava Kerbawy 2nd for 13-14 103-points, and Levvi Jansen 3rd for 13-14 112-points.

Amazing meet TEAM SEA! Good luck this weekend!!

Don't forget to sign-up to race at YMCA Sectionals! This is a TEAM SEA hosted meet at RAC, March 15-16 ... all swimmers are eligible to race!!

Become an Official - no experience needed

One of the important cogs in TEAM SEA operations is maintaining a strong stable of parents who are officials.

No experience is necessary and TEAM SEA reimburses any expenses associated with becoming certified.

Please contact Coach Neil if you are willing to step-up and become an official and he'll help get you started.

World Record Holder Jason Lezak on His Way

Save the date! Saturday, April 12 world record holder Jason Lezak will conduct a swim clinic for all TEAM SEA swimmers. Jason was USA's anchor leg of the unbelievable 400 Freestyle Relay during the Beijing Olympics where the USA men came from behind to touch

out the French team and smash the world record by four seconds (the record still stands today). We hope to SEA all TEAM SEA swimmers and parents in attendance for this amazing opportunity to learn from one of the greats!

2025 13&O Training Trip

Since 1999, every two years all athletes' 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip is tentatively scheduled for June 22-29. A minimum of 14 athletes must attend this trip for it to take place. This year's trip is "sold out."

The trip has averaged out to \$1200-\$1500 per swimmer over the years and we usually drive, stay, and train in the Panama City Beach, FL area.

Attending (if you have not yet, please forward \$100 for the down payment) includes:

GIRLS

Kealey Aalderks, Hannah Daams, Ash Fahy, Jessica Gonzalez, Lindsey Hohnl, Fiona Marini, Sophia Marini, Ashlyn Malzewski, Allie Mertins, Morgan Pankow, Gabi Peterman, Kylie Thomas, Kaylee Staniger, Aubree Van Dyke, Molly Warren

BOYS

Caleb Bergman, Jack Borzynski, Nathan Breit, Max Carlson, Nathaniel Foster, Nicholas Foster, Levi Jansen, Grayson Kirchenberg, Ryan McGillis, Brennen Meyer, Brady Moore, Zack Steenrod

CHAPERONES

Maria Peterman, Melissa Hohnl, Kim Wright

COACHES

Parker Palermo, Neil Wright

WAITLIST

At this time there are no additional spots open.

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrrip) - you can also read about PrestroPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

Order By	Delivery On
March 17	March 20-21

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

OST (Off-Season Training)

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season (March 24-April 17, 2025).

OST represents an opportunity for our athletes to “bridge the gap” between seasons. It allows them to keep a feel for the water during the off-season and affords them a change to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 24-April 17) and lead by Coach Joanna and Coach Parker. Bronze and Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:30 PM with each week covering starts, breakouts, turns, and finishes for one stroke each week (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The fee for Bronze and Silver is \$120 for all four weeks or \$30 per week. The fee for Gold and Senior is \$160 for all four weeks or \$40 per week. Swimmers can al-a-carte which weeks they would like to attend.

To attend, simply email Coach Neil stating which week(s) your swimmers plan on attending and forward payment on the first practice they attend.

All practices will be held at the RAC.

February Birthdays

Kealey Aalderks, Jenna Aschenbrenner, Autumn Cress, Jessica Gonzalez, Charolette Horton, Madelyn Kaminskis, Sophia Marini, Ava

Montemurro, Zoe Pomeroy, Lila Rudoll, Lily Rudoll, Megan Schultz, Orion Sura.

Extended Calendar

February

28 Practice at Y, 5:00-7:00 PM for all
28-2 WI LSC Senior State

March

1-2 WI LSC 10&U State
7-9 11-14 WI LSC State
15-16 YMCA Sectionals
21-23 YMCA State
24 Tryouts, 5:30-6:30 PM @ RAC
24 OST begins (runs through April 17)
31-4 YMCA Nationals

April

12 Jason Lezak swim clinic
28 First day of Spring & Summer practice

May

3-4 16th Annual SEA Early Bird

June

6-8 10th Annual SEA Pirate Plunge
20-21 16th Annual SEA Summer Sizzler

July

18-20 WI LSC Regionals
25-27 12&U State
31-3 13&O State

August

4-28 OST

September

22 Tryouts for new families
23 Fall & Winter Season begins

October

24 Annual Halloween Party

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in “x” meet (please indicate what days of the meet if it takes place on multiple days)
- 3) I’m new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I’m not receiving emails; how can I be placed on the email list? Contact Coach

Neil and he'll be happy to add your email address to the list.

- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please reach out to Coach Neil at 262.994.3157.

Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve