

## Serpent Times

newsletter for  
Southeastern Aquatics  
Racine Family YMCA Swim TEAM  
est. 1984



### TEAM SEA's Mission:

*To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.*

February 6, 2025

### Neil's Notes

Now is the time to declare your intentions to race in this season's Regional meet. This meet is pretty much open to all swimmers and will be held at RAC! Sign-up today by sending an email our way ... to date, 29 TEAM SEA swimmers are signed up. Take advantage!

Here are the "weird" February practice dates, locations, and times:

Wednesday, February 12 we will train at Bradford High School (10-miles from RAC) in Kenosha (3700 Washington Road) with all practices beginning at 6:30 PM with Bronze and Silver ending at 7:30 PM, Gold at 8:00 PM, and Senior at 8:30 PM. We will enter the building through Door 5 which is the north fieldhouse doors.

Thursday, February 13 = no practice (no pools available).

Friday, February 14 we will train at Carthage College with all practices beginning at 6:00 PM with Bronze and Silver ending at 7:00 PM, Gold at 7:30 PM, and Senior at 8:00 PM.

Friday, February 21 = no practice (no pools available and Regionals).

Friday, February 28 we will train at the YMCA with all practices beginning at 5:00 PM and running to 7:00 PM for all athletes (swimmers do not need to stay the entire two hours ... thinking of our younger swimmers here). This practice will focus on starts, turns, finishes, and relay exchanges for the duration of the practice.

This Sunday's Conference Champs meet will be a lot of fun! The theme this year is Superbowl so be sure to wear your favorite NFL gear.

If you are not current with your monthly swim tuition payments, please ensure you get caught up. Additionally, there are some families with outstanding escrow balances from the last season. I'm slowly working through those files, but you can take a look to see if you have any balances too. Thank you.

Reminder, please ensure your swimmers carry a YMCA membership – either a youth membership or part of your family membership.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is – find us at Instagram (seaswimteam) and Facebook (SEA Swim Team – this page is set to private and you'll need to request to join).

### NBSC Meet Information

Saturday we will be racing at New Berlin Eisenhower Middle/High School (4333 South Sunny Slope Road in New Berlin).

AM warm-ups (8&U and Senior) run 8:00-8:50 AM in lane 3, meet begins at 8:55 AM and is scheduled to end at 10:56 AM. There will be a 15-minute warm-up session for athletes racing the 1650 Freestyle and 400 IM. Racing for these events is scheduled to begin at 11:20 AM and is scheduled to end at 12:23 PM.

PM warm-ups (9-10, 11-12) run 12:30-1:20 PM in lane 3, meet begins at 1:25 PM and is scheduled to end at 4:02 PM.

Drive safe, swim fast, have fun!

### Conference Champs Meet Information

Sunday, we head back to Lake Geneva (203 Wells Street) for this season's final installment of our Conference Meets.

Warm-ups begin at 8:00 AM, meet gets underway at 9:00 AM and is scheduled to end at

Heat Sheets will be available on the homepage of our website under the "NEWS" section.

This meet is Superbowl themed so wear your favorite NFL clothes.

Drive safe, swim fast, have fun!

### Upcoming Meets

Date	Meet	Entry Deadline
Feb 8	NBSC	Closed

Feb 9	Conference Champs	Closed
Feb 21-23	WI LSC Regionals	2/14
Feb 28-2	WI LSC Senior State	2/22
Mar 1-2	WI LSC 10&U State	2/22
Mar 7-9	WI LSC 11-12 State	2/22
Mar 15-16	YMCA Sectionals	3/1
Mar 21-23	YMCA State	3/16
Mar 31-4	YMCA Nationals	3/24
May 3-4	SEA Early Bird	4/20
Jun 6-8	SEA Pirate Plunge	TBA
Jun 20-21	SEA Summer Sizzler	TBA
Jul 18-20	WI LSC Regionals	TBA
Jul 25-27	12&U State	TBA
Jul 31-3	13&O State	TBA
Aug 7-10	14&U Zones	TBA
Oct 10-12	OZ Fall Classic	TBA
Nov 2	SEA Pentathlon	TBA
Jan 10-11	SEA Penguin Challenge	TBA

**Become an Official - no experience needed**

One of the important cogs in TEAM SEA operations is maintaining a strong stable of parents who are officials.

No experience is necessary and TEAM SEA reimburses any expenses associated with becoming certified.

Please contact Coach Neil if you are willing to step-up and become an official and he'll help get you started.

**World Record Holder Jason Lezak on His Way**

Save the date! Saturday, April 12 world record holder Jason Lezak will conduct a swim clinic for all TEAM SEA swimmers. Jason was USA's anchor leg of the unbelievable 400 Freestyle Relay during the Beijing Olympics where the USA men came from behind to touch out the French team and smash the world record by four seconds (the record still stands today). We hope to SEA all TEAM SEA swimmers and parents in attendance for this amazing opportunity to learn from one of the greats!

**2025 13&O Training Trip**

Since 1999, every two years all athletes' 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip is tentatively scheduled for June 22-29. A minimum of 14 athletes must attend this trip for it to take place. This year's trip is "sold out."

The trip has averaged out to \$1200-\$1500 per swimmer over the years and we usually drive, stay, and train in the Panama City Beach, FL area.

Attending (if you have not yet, please forward \$100 for the down payment) includes:

**GIRLS**

Kealey Alderks, Hannah Daams, Ash Fahy, Jessica Gonzalez, Evelyn Gutknecht, Lindsey Hohnl, Fiona Marini, Sophia Marini, Ashlyn Malzewski, Allie Mertins, Gabi Peterman, Kylie Thomas, Kaylee Staniger, Aubree Van Dyke, Molly Warren

**BOYS**

Caleb Bergman, Jack Borzynski, Nathan Breit, Max Carlson, Nathaniel Foster, Nicholas Foster, Levi Jansen, Grayson Kirchenberg, Ryan McGillis, Brennen Meyer, Brady Moore, Zack Steenrod

**CHAPERONES**

Maria Peterman, Melissa Hohnl, Kim Wright

**COACHES**

Parker Palermo, Neil Wright

**WAIT LIST**

Rylie Clouse

**RaiseRight Fundraising Information**

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage ([www.sea-y.org/scrip](http://www.sea-y.org/scrip)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA enrollment cord (please email Coach Neil at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

**Order Dates**

<i>Order By</i>	<i>Delivery On</i>
February 17	February 20-21
March 17	March 20-21

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com).

### **OST (Off-Season Training)**

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season (March 24-April 17, 2025).

OST represents an opportunity for our athletes to “bridge the gap” between seasons. It allows them to keep a feel for the water during the off-season and affords them a change to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 24-April 17) and lead by Coach Joanna and Coach Parker. Bronze and Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:30 PM with each week covering starts, breakouts, turns, and finishes for one stroke each week (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The fee for Bronze and Silver is \$120 for all four weeks or \$30 per week. The fee for Gold and Senior is \$160 for all four weeks or \$40 per week. Swimmers can al-a-carte which weeks they would like to attend.

To attend, simply email Coach Neil stating which week(s) your swimmers plan on attending and forward payment on the first practice they attend.

All practices will be held at the RAC.

### **February Birthdays**

Kealey Aalderks, Jenna Aschenbrenner, Autumn Cress, Jessica Gonzalez, Charolette Horton, Madelyn Kaminskis, Sophia Marini, Ava Montemurro, Zoe Pomeroy, Lila Rudoll, Lily Rudoll, Megan Schultz, Orion Sura.

### **Extended Calendar**

#### **February**

9 Conference Champs  
13 No practice, no pools available  
15 WIAA Boys Sectionals  
21 No practice, Regionals  
21-23 WI LSC Regionals  
22 WIAA Boys State  
24 February payment due  
28-2 WI LSC Senior State

#### **March**

1-2 WI LSC 10&U State  
7-9 11-14 WI LSC State  
15-16 YMCA Sectionals  
21-23 YMCA State

24 Tryouts, 5:30-6:30 PM @ RAC  
24 OST begins (runs through April 17)  
31-4 YMCA Nationals

#### **April**

12 Jason Lezak swim clinic  
28 First day of Spring & Summer practice

#### **May**

3-4 16<sup>th</sup> Annual SEA Early Bird

#### **June**

6-8 10<sup>th</sup> Annual SEA Pirate Plunge  
20-21 16<sup>th</sup> Annual SEA Summer Sizzler

#### **July**

18-20 WI LSC Regionals  
25-27 12&U State  
31-3 13&O State

#### **August**

4-28 OST

#### **September**

22 Tryouts for new families  
23 Fall & Winter Season begins

#### **October**

24 Annual Halloween Party

### **F.A.Q.**

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
  - a. Coach Neil
  - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
  - a. Email Coach Neil and let him know you would like your swimmer entered in “x” meet (please indicate what days of the meet if it takes place on multiple days)
- 3) I’m new to the team ... how many practices should my swimmer attend per week?
  - a. Bronze and Silver = 2-3
  - b. Gold = 4-5
  - c. Senior = 5-6
- 4) I’m not receiving emails; how can I be placed on the email list? Contact Coach Neil and he’ll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please reach out to Coach Neil at 262.994.3157.

*Caring \* Honesty*  
*Respect \* Responsibility*  
*Build \* Promote \* Achieve*