

## Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



### **TEAM SEA's Mission:**

*To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.*

February 9, 2023

### **Neil's Notes**

This Sunday's Conference Champs meet is themed! Please wear your best Hawaiian outfits and let's have some fun!

We are no longer training at Park High School on February 10, this Friday. Instead, RAC is available and practices will be conducted there at the normal practice time.

There will be no practice offered on Friday, February 17 and Saturday, February 18. Take advantage of WI LSC Regionals that weekend which will be hosted at the Racine Aquatic Center (we are not hosting this meet). Entries due tonight. Additionally, there's no practice on Saturday, February 25.

Beginning February 20, we will be able to move all practice times 30-minutes earlier. Bronze and Silver will train 5:00-6:00 PM, Gold 6:00-7:30 PM and Senior 6:00-8:00 PM.

Beginning next season, Bronze swimmers will be able to train Friday nights!

If you ordered a TEAM SEA towel, please be sure to forward payment. \$40 per towel.

Save the dates for the Spring & Summer meet we will be hosting ... May 6-7, June 2-4 and June 23-24.

The 13&O Training Trip is scheduled and still has a few spots open for any female athletes and one spot for a male athlete on the fence about attending. Take advantage of this great opportunity!

If you have a Facebook account, please consider joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

### **Conference Champs Meet Information**

This Sunday we'll be racing in our final Conference Meet of the season. Remember, this event is hosted at the Lake Geneva YMCA (203 South Wells Street).

Warm-ups for Senior and Gold swimmers begin at 9:30 AM.

Warm-ups for Silver and Bronze swimmers begin at 10:00 AM.

The meet begins at 10:30 AM. At the time of this newsletter, the timeline and heat sheet has not been received from the host team. They will be emailed and posted when received.

Don't forget, the meet is themed! Wear your best Hawaiian outfit!

Drive safe, swim fast, have fun!

### **A+ Highlights & Recap**

Amazing results were posted during the three-day meet in Brown Deer last weekend. Season best and/or lifetime best times were posted and no DQs.

Congratulations to Hannah Scherwinski on picking up the YMCA State cut in the 50 Freestyle, 25.70.

Mac Thomas broke two individual team records: 100 Breaststroke, 1:04.06 (broke the mark previously held by Megan Schultz, 1:04.96 from 2022 and the 50 Freestyle, 24.07 (broke the mark previously held by Dana Iverson, 24.50 from 2011).

The quartet of Mac Thomas, Zoe D'Alessandro, Sofia Badillo, and Hannah Scherwinski combined to set the team record in the 17-18 400 Medley Relay, 4:04.24 and broke the team record in the 17-18 400 Freestyle, 4:45.27 (broke the mark previously held by Erin Wagner, Steph Hazen, Megan Cotton, and Julie Meredith, 3:49.62 from 2006).

Notching some of the fastest times in TEAM SEA's history include Sofia Badillo for 17-18, 4<sup>th</sup> 100 Backstroke, 9<sup>th</sup> 100 Butterfly, 4<sup>th</sup> 200 Backstroke; Zoe D'Alessandro for 17-18, 4<sup>th</sup> 100 Breaststroke, 4<sup>th</sup> 200 Breaststroke; Callie Klepp

for 15-16, 6<sup>th</sup> 100 Breaststroke; Hannah Scherwinski for 17-18, 4<sup>th</sup> 1000 Freestyle, 8<sup>th</sup> 500 Freestyle, 6<sup>th</sup> 200 Freestyle; and Mac Thomas for 17-18, 2<sup>nd</sup> 100 Freestyle, 3<sup>rd</sup> 100 Backstroke, 2<sup>nd</sup> 200 Breaststroke.

### J-HK 8&U Highlights & Recap

Last Sunday's 8&U meet in Whitewater was a lot of fun! Combined, TEAM SEA posted 41% best times and no DQs.

New State qualifying times were achieved by Nate Steenrod (YMCA State 50 Freestyle, 52.51) and Harrison Yanke (USA State 50 Freestyle, 40.60).

Claire Speers posted 100% best times and slashed 8.58-seconds from her previous best and Jules Horton, Nate Steenrod and Harrison Yanke brought home a highpoint trophy.

Gold Medalist: Nate Steenrod, Harrison Yanke

Silver Medalist: Nate Steenrod

Bronze Medalist: Jules Horton, Olivia Speers

### Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Feb 12	Conference	Closed
Feb 17-19	Regionals	2/9
Feb 24-26	Senior State	2/19
Feb 25-26	10&U State	2/20
Mar 3-5	11-14 State	2/20
Mar 11-12	YMCA Sectionals	3/1
Mar 17-19	YMCA State	2/19
Apr 3-7	YMCA Nationals	3/27
May 6-7	SEA Early Bird	TBA
May 13	NBSC Open	TBA
May 21	Conference Meet	TBA
Jun 2-4	SEA Pirate Plunge	TBA
Jun 11	Conference Meet	TBA
Jun 23-24	SEA Summer Sizzler	TBA
Jun 23-25	WGLO Invite	TBA
Jun 29	Open Water State	TBA
Jun 30	Conference Meet	TBA
Jul 6-8	Lakeside Invite	TBA
Jul 13-16	Speedo Sectionals	TBA
Jul 14-16	12&U State	TBA
Jul 25	Conference Champs	TBA
Jul 27-30	13&O State	TBA
Jul 31-4	Junior Nationals	TBA
Aug 3-6	14&U Zones	TBA

### Hotel Information for Lakeside Invite, 7/6-8

We will be attending the Lakeside Invite again this summer. The meet takes place in Kentucky at the Lakeside Swim Club facility (it's an outdoor facility with the competition pool located in a closed quarry).



As usual, hotels are difficult to come by (this summer there's a major volleyball and baseball tournament taking place on the same weekend we will be racing). After Coach Neil spoke with a few group reservation representatives, they seem to feel rooms will free up a week or two out of our arrival as many teams over reserve their needs.

However, we did secure a block of ten rooms at the Drury Inn & Suites located 7.2-miles/14-minutes from the venue. All rooms are double queen and the hotel offers complimentary hot breakfast and dinner/drinks.

If you are planning on attending this meet, you can reserve a room by visiting the link below.

Once all rooms are secured, please try and contact the hotel directly to see if you can secure a room (Coach Neil was able to pick-up a room on 1/25 without issue - reserved online at hotels website).

The hotel address is 9501 Blairwood Road, Louisville. Phone is 502.326.4170. Hope to see you there!

<https://www.druryhotels.com/bookandstay/newreservation/?groupno=10051888>

### SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage ([www.sea-y.org/scrip](http://www.sea-y.org/scrip)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA

enrollment card (please email Coach Neil at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

#### Order Dates for Spring & Summer

Order By	Delivery On
March 5	March 9-10

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com).

#### 13&O Training Trip

Every two year's all athletes 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip will take place in June of 2023, 9<sup>th</sup>-16<sup>th</sup>. A minimum of 12 athletes must attend this trip for it to take place. Athletes interested in attending include: Jordyn Tran, Rylie Bergemann, Sophia Marini, Brady Moore, Lindsey Hohnl, Gabi Peterman, Jack Borzynski, Alice Stratman, Nathaniel Foster, Nicholas Foster, Sofia Badillo, Caleb Bergman, Molly Warren.

The trip has averaged out to \$1000 per swimmer over the years and we usually drive to Panama City Beach, FL. This year's trip is currently sitting at \$1350 (plus expenses for food).

We will also need two chaperones with priority given to those parents who have not had an opportunity to attend. Eric Bergemann, John Marini, Ben Foster, Maria Peterman, Sarah Foster are interested.

Please contact Coach Neil if you would like to attend or need more information.

#### February Birthdays

Maddie Cerny, Jessica Gonzalez, Charlotte Horton, Sophia Marini, Walter Olinski, Ava Rydzewski, Megan Schultz.

#### Extended Calendar

##### February

11 WIAA Boys Sectionals  
 12 Conference Champs Meet  
 17-18 No practice

17-19 Regionals  
 24-26 Senior State  
 25 No practice  
 25-26 10&U State

##### March

3-5 11-14 State  
 11-12 YMCA Sectionals  
 17-19 YMCA State  
 17 Final practice of the Fall & Winter Season  
 21 Tryouts, 5-6 PM @ RAC

##### April

3-7 YMCA Nationals  
 18 Spring & Summer Season begins

#### F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
  - a. Coach Neil
  - b. \$17 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
  - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
  - a. Bronze and Silver = 2-3
  - b. Gold = 4-5
  - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

**Caring \* Honesty**  
**Respect \* Responsibility**  
**Build \* Promote \* Achieve**