

Serpent Times

newsletter for
Southeastern Aquatics
Racine Family YMCA Swim TEAM
est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

March 17, 2022

Neil's Notes

What a great season of swimming we had this year (and we still have two big meets remaining)! I'm so grateful for Coach Joanna and the growth she has made since stepping on deck as a coach last August. I'm proud of all our parents who are the "team behind the team" for all the help during SEA hosted meets. I'm thankful that we are a YMCA swim team ... not only for grounding us with their characteristic traits of caring, honesty, respect, and responsibility, but for also ensuring we had a place to train over the past two years (we could only grow so big because of our limited space, but unlike some teams in our state and throughout the nation, we survived and thrived the best we could and honestly, did pretty well).

As we look to the upcoming Spring & Summer Season, we are excited to be training in Racine's newest and best pool. We will see a jump in our numbers because of this new training environment and will experience growing pains, but as long as we continue to maintain our focus on our athletes first, we should weather the increase in athletes just fine.

We are still in search of a quality coach. If you are interested or know of someone who is, please contact me.

This will be the final newsletter of the season. As we close this chapter, please don't hesitate in reaching out to me if you have questions or concerns. Do take advantage of OST ... which will be held at Sealed Air YMCA beginning Monday. Read all about OST later in this newsletter.

Don't forget to tell all your friends about our next tryout, Monday, April 11 at Sealed Air YMCA (stop by anytime between 5-6 PM).

Remember, our final practice of the season will be tomorrow, Friday, March 18.

We hope to SEA everyone back in the water real soon! Enjoy your break!!

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please

contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

YMCA State Meet Information

This weekend we race in Brown Deer (9240 North Green Bay Road) during this year's installment of our state's YMCA Championship meet! Because of the three different sessions on Saturday and Sunday, some swimmers will be arriving later in the session for their warm-up. Please read the warm-up section below carefully and speak with Coach Neil if you have any questions.

About three weeks ago I checked in our State cap inventory and noticed we needed to order more. I did order another 100 caps and they are suppose to arrive tomorrow, but I have a feeling they may not make it. If we don't receive the State caps I will hand out State caps to athletes who have never attended a State meet before. Anyone not receive a State cap this weekend will receive one when the next order arrives.

Friday warm-ups begin at 4:15 PM, meet begins at 5:30 PM and is scheduled to end at 5:55 PM. This session is for the 800 Freestyle Relay.

Saturday and Sunday 10&U warm-ups begin at 8:15 AM, meet begins at 9:00 AM and is scheduled to end at 11:09 AM Saturday and 10:56 AM Sunday.

Saturday early 11&O warm-ups (for events 53-71) begin at 11:00 AM, meet begins at 12:30 PM and is scheduled to end at 2:40 PM. Athletes racing in this session include Mac, Megan, Zoe, Sofia, Jordyn, Lindsey, Gabi, Sophia, Zack, Jack, Charley, Ethan, Joe, Hugo, Caleb, Nathaniel, Brady, Ava, Nicholas, Nolan, Max, Ian. Swimmers that can warm-up later include Ava, Nolan, and Nicholas (warm-up at 12:30 PM), Max and Ian (warm-up at 1:00 PM).

Saturday late 11&O warm-ups (for events 72-96) begin at 1:30 PM, meet begins at 2:55 PM and is scheduled to end at 5:50 PM. Athletes racing in this session include Hugo, Ethan, Joe, Charley, Brady, Jack, Nathaniel, Caleb, Ian, Max, Nicholas, Nolan, Megan, Sofia, Jordyn, Zoe, Mac, Zack, Lindsey.

Sunday early 11&O warm-ups (for events 145-163) begin at 11:00 AM, meet begins at 12:30 PM and is scheduled to end at 2:24 PM. Athletes racing in this session include Sofia, Megan, Zoe, Mac, Gabi, Lindsey, Jordyn, Sophia, Brady, Zack, Nicholas, Grayson, Ethan, Hugo, Nathaniel, Jack. *Swimmers that can warm-up later include Nicholas, Grayson, Ethan, Hugo, Nathaniel, and Jack (warm-up at 12:30 PM).*

Sunday late 11&O warm-ups (for events 164-186) begin at 1:00 PM, meet begins at 2:40 PM and is scheduled to end at 4:48 PM. Athletes racing in this session include Hugo, Zack, Joe, Ethan, Brady, Jack, Nathaniel, Caleb, Ian, Grayson, Nicholas, Max, Sofia, Megan, Zoe, Mac, Charley, Sophia, Gabi, Jordyn, Ava.

Drive safe, swim fast, have fun!

YMCA Sectional Highlights & Recap

Amazing job racing and hosting last weekend's YMCA Sectional meet at our new home. TEAM SEA won the meet scoring 3,657-points and posted 64% best times (240 of 373 swims).

Hugo Arteaga achieved a YMCA National qualifying time in the 200 Butterfly when he finished in 1:56.85 and also broke the 15-16 team record in the process (old mark was set in 2006 by Chuck Allison, 1:57.94).

Ale Arteaga set the team record for 9-10 when she finished the 200 Butterfly in 3:04.41.

Twenty-four new State qualifying times were recorded during the two-day meet: Ale Arteaga 100 Backstroke, Ethan Bergman 200 Butterfly, Jack Borzynski 50 Freestyle, Ireland Byrne 25 Freestyle, Nathaniel Foster 200 Butterfly, Nicholas Foster 100 Breaststroke, Sophie Gutknecht 100 Butterfly and 50 Breaststroke, Charley Halstead 200 Breaststroke, Charlotte Horton 25 Freestyle, Brady Moore 500 Freestyle, 200 IM, and 200 Backstroke, Ellie Olson 25 Backstroke, Olivia Speers 50 Backstroke, Ellie Staniger 25 Backstroke, Evan Steenrod 50 Freestyle, Zack Steenrod 50 Backstroke, Benji Thornton 50 Freestyle, 25 Backstroke, and 25 Breaststroke, Jordyn Tran 100 Freestyle, and Vivienne Yanke 50 Butterfly and 50 Freestyle.

Notching some of the fastest times in our team's history were Sophie Gutknecht 7th 9-

10 100 Butterfly, Ale Arteaga 2nd 9-10 500 Freestyle, 6th 100 Backstroke, 2nd 200 Backstroke, 2nd 400 IM, Megan Schutlz 2nd 17-18 1650 Freestyle, Lindsey Hohnl 8th 13-14 1650 Freestyle, Jorja Makovsky 7th 17-18 1650 Freestyle, Evan Steenrod 6th 8&U 100 Freestyle, 8th 50 Backstroke, 9th 50 Breaststroke, Hugo Arteaga 4th 15-16 200 Freestyle, Brady Moore 6th 13-14 500 Freestyle, 9th 200 Backstroke, 10th 200 IM, Jordan Borzynski 5th 9-10 500 Freestyle, 3rd 200 Backstroke, Charley Halstead 4th 17-18 1650 Freestyle, Jack Borzynski 10th 13-14 1650 Freestyle, and Ethan Bergman 8th 17-18 200 Butterfly.

Posting 100% best times were Juliana Aburto, Caleb Bergman, David Binder, Ireland Byrne, Jessica Gonzalez, Grace Gross, Charley Halstead, Julie Horton, Luiza Jaime, Alex Lopez, Jorja Makovsky, Brady Moore, Madura Patil, Yash Patil, Ellie Staniger, Alice Stratman, Ellie Thomas (congratulations on your first meet!), Benji Thornton, Matt Thornton, Rhegan Weidner, and Claire Wolfe.

Slashing five or more seconds in a single event included Juliana Aburto -18.26 100 Freestyle, Savannah Allison -8.83 50 Freestyle, Ale Arteaga -41.92 500 Freestyle, Hugo Arteaga -12.62 200 Butterfly, Caleb Bergman -12.78 200 Backstroke, Ethan Bergman -10.84 200 Butterfly, Mac Carlson -10.64 100 Backstroke, Maddie Cerny -15.84 1000 Freestyle, Hannah Daams -10.28 100 Freestyle, Nathaniel Foster -8.64 200 Butterfly, Nicholas Foster -13.90 100 Backstroke, Sarina Foster -127.09 100 Backstroke, Grace Gross -68.16 200 Backstroke, Evelyn Gutknecht -5.81 100 Breaststroke, Sophie Gutknecht -58.94 200 IM, Marlie Haas-Uebe -9.19 100 Breaststroke, Luiza Jaime -15.32 100 Freestyle, Levi Jansen -7.36 50 Breaststroke, Shaelyn Jensen -35.75 200 Backstroke, Grayson Kirchenberg -6.58 50 Freestyle, Callie Klepp -8.71 100 Breaststroke, Andy Krug -7.73 500 Freestyle, Alex Lopez -5.40 100 Freestyle, Jorja Makovsky -33.18 400 IM, Fiona Marini -15.15 100 Breaststroke, Sophia Marini -7.35 500 Freestyle, Brady Moore -28.24 500 Freestyle, Madhura Patil -58.53 100 Freestyle, Yash Patil -67.68 200 Freestyle, Adam Ries -18.21 500 Freestyle, Ava Rydzewski -11.50 100 Breaststroke, Evan Steenrod -5.46 50 Backstroke, Nate Steenrod -10.71 50 Freestyle, Zack Steenrod -6.59 100 Freestyle, Benji Thornton -9.77 25 Breaststroke, Matt Thornton -34.19 50 Backstroke, Aubree Van Dyke -7.65 100 Freestyle, Claire Wolfe -15.67 100 Backstroke, Charlotte Wright -12.94 100 IM, and Vivienne Yanke -6.34 100 IM.

All these highlights are indicators of growth and development throughout the last six months. Congratulations to all our hard working athletes and good luck during YMCA State this weekend!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Mar. 18-20	YMCA State	Closed
Mar. 28-1	YMCA Nationals	3/20
May 7-8	SEA Early Bird	4/29
May 15	Conference Meet	5/7

Off-Season Training (OST)

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 21-April 14) and will be led by Coach Joanna.

Bronze and Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:00 PM with each week covering starts, breakouts, turns, and finishes for one stroke.

The order will be:

Freestyle, March 21-24
Backstroke, March 28-31
Breaststroke, April 4-7
Butterfly, April 11-14

The cost is \$150 for all four weeks or \$50 per week.

To sign-up simply email Coach Neil and forward payment to Coach Joanna (cash/check payable to SEA) when you attend the first practice.

Take advantage!

Bronze and Silver: Walter Olinski, Levi Jansen, Ashlynn Golle, Evalyn and Olivia Speers, Grayson Kirchenberg

Gold and Senior: Grace Gross, Lindsey Hohnl

TEAM SEA Amazon Smile

TEAM SEA has had an Amazon Smile account for many years, but it has been a while since we have reached out to families for support.

If you would like to support TEAM SEA via purchases when ordering from Amazon Smile please go to

<https://smile.amazon.com/ch/39-1580537>.

Once there, please click on the Start Shopping button to support TEAM SEA. Thank you for helping one of Racine's Hidden Gems.

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

<i>Order By</i>	<i>Delivery On</i>
May 8	May 13
June 5	June 10
July 3	July 8

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

March Birthdays

Isabelle Buhler, Grace Gross, Zack Kopsea, Alex Lopez, Brady Moore, Gabi Peterman, Olivia Speers, and Vivienne Yanke.

Extended Calendar

March

18 Final practice of Fall & Winter Season
18-20 YMCA State
21-14 OST (Monday-Thursdays)
28-1 YMCA Nationals

April

- 11 New swimmer tryouts
- 25 First day of Spring & Summer practice

May

- 7-8 SEA Early Bird meet
- 14 Conference meet
- 22 Swim-a-Thon

June

- 3-5 SEA Pirate Plunge meet
- 11 Conference meet
- 24-25 SEA Summer Sizzler meet
- 24-26 WGLO

July

- 1 Conference meet
- 7-9 Lakeside Invite in Kentucky
- 14-17 Speedo Sectionals
- 15-16 Regionals
- 22-23 12&U State
- 28-31 13&O State

August

- 1-5 Speedo Junior Championships
- 4-7 14&U Zones

September

- 19 New swimmer tryouts
- 20 Fall & Winter Season begins

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$15 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve