

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

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TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

March 20, 2025

Neil's Notes

We can't believe the Fall & Winter Season is just about over ... it's crazy how fast time flies. On behalf of all the coaches here at SEA, it has been a pleasure working with all swimmers and parents this past season. The growth achieved during the past six months has been amazing! Let's continue growing and learning all Spring & Summer long!!

As a reminder, our final practice for this season will take place tomorrow! Those swimmers interested in continuing training for the next four weeks are encouraged to take advantage of Off-Season Training which begins this Monday - read all about this opportunity later in this newsletter.

In regards to the upcoming Jason Lezak visit ... here's the tentative schedule for our 13&O athletes: 8:00-8:30 AM autographs and pictures, 8:30-10:00 AM water instruction, 10:00-10:45 AM talk with swimmers and parents; here's the tentative schedule for our 12&U athletes: 10:00-10:45 AM talk with swimmers and parents, 10:45 AM-Noon water instructions, 12:00-12:30 PM autographs and pictures. Don't miss this great event! No charge to attend!! Just show up!!!

For athletes planning on racing at YMCA Nationals, practice will run 5:00-7:00 PM beginning this Monday.

Registration for Spring & Summer will be open soon. An email will be sent when it's available. Our first day of practice for the upcoming Spring & Summer Season will be on Monday, April 28.

The 13&O Training Trip is fast approaching. We will conduct a meeting for all swimmers and at least one of their parents on Monday, May 12 beginning at 6:00 PM in the south bleachers at RAC. Please plan on attending!

We will conduct Tryouts on Monday, March 24 for any new swimmers interested in training with TEAM SEA. Families can stop out at RAC anytime between 5:00 PM and 6:00 PM.

If you are not current with your monthly swim tuition payments, please ensure you get caught up. Additionally, there are some families with outstanding escrow balances from the last season. I'm slowing working through those files, but you can take a look to see if you have any balances too. Thank you.

Reminder, please ensure your swimmers carry a YMCA membership - either a youth membership or part of your family membership.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

YMCA State Meet Information

This weekend 44% of TEAM SEA will be racing during YMCA State at the Walter Schroeder Aquatic Center (9240 North Brown Deer Road in Brown Deer). Congratulations swimmers and coaches!

Please note: athletes are responsible for picking up their awards during the meet. Awards will not be bagged for coaches to pick-up and awards will not be mailed. Plan on picking up all awards prior to leaving the venue.

Athletes racing the 1000 and 1650 Freestyle need to provide their own timer and counter.

This meet will be crowded. Plan on arriving earlier (especially our 10&U families as we are slotted into the second warm-up session and half of the 300 athletes racing during the 10&U session will be there 30-minutes before we warm-up) and don't forget, if you plan on parking on campus there is a \$5 fee (cash only). View the map below for additional parking locations. Also, admission fee is charge via the entry fees so families can come and go as they like during the meet.



Friday (events 1-12) warm-ups begin at 4:30 PM, meet begins at 5:30 PM and is scheduled to end at 7:45 PM (please note the first heat of the boys 1650 Freestyle will swim with the first heat of the girls 1650 Freestyle (this affects Zach James).

The Saturday and Sunday 10&U sessions have assigned warm-ups and TEAM SEA is slotted into the second session. Warm-ups will take place in lanes 1-2 in the North pool, 8:25-8:50 AM, meet begins at 9:05 AM and is scheduled to end at 11:29 AM Saturday and 11:23 AM Sunday.

Saturday warm-ups for events 49-67 begin at 11:15 AM, meet begins at 12:35 PM and is scheduled to end at 2:39 PM.

Saturday warm-ups for events 68-92 begin at 1:45 PM, meet begins at 2:55 PM and is scheduled to end at 5:43 PM.

Sunday warm-ups for events 131-149 begin at 11:15 AM, meet begins at 12:35 PM and is scheduled to end at 2:41 PM.

Sunday warm-ups for events 150-168 begin at 1:45 PM, meet begins at 2:50 PM and is scheduled to end at 4:29 PM.

Athletes who may be swimming later in any of the sessions of the meet this weekend are welcome to arrive for warm-ups 90-minutes prior to their event. If you are unsure of when to arrive, please reach out to your coach. Good luck TEAM SEA! Drive safe, swim fast, have fun!

Upcoming Meets

Date	Meet	Entry Deadline
Mar 21-23	YMCA State	Closed
Mar 31-4	YMCA Nationals	3/24
May 3-4	SEA Early Bird	4/20
Jun 6-8	SEA Pirate Plunge	TBA
Jun 20-21	SEA Summer Sizzler	TBA

Jul 18-20	WI LSC Regionals	TBA
Jul 25-27	12&U State	TBA
Jul 31-3	13&U State	TBA
Aug 7-10	14&U Zones	TBA
Oct 10-12	OZ Fall Classic	TBA
Nov 2	SEA Pentathlon	TBA
Jan 10-11	SEA Penguin Challenge	TBA

YMCA Sectional Recap & Highlights

We had an amazing YMCA Sectional experience last weekend. We won the meet scoring 4453.50-points, notched 33 new state qualifying times, posted 65% best times (352 of 538 swims), and only posted fourteen DQs (six Breaststroke, three each for Butterfly and IM, and two Backstroke).

But honestly, even more important than the statistics posted during the meets we race at is the growth and development our team undergoes between the beginning of the season to last weekend's culminating meet. There are many examples of this growth and development and here are a few examples: first year team members qualifying for State, swimmers learning to race in new events (both in distance and stroke), swimmers challenging themselves to race in time trials for another opportunity to punch their ticket to State, making new friends and developing a bond that goes beyond "I'm better than you," but instead goes deeper in terms of support and having fun learning more about the amazing sport of swimming because at the end of the day, it's really about the relationships we make and the memories we make together more than the best times, state cuts, records, etc. Keep growing TEAM SEA!

New State qualifying times achieved last weekend were turned in by Jordan Borzynski 11-12 200 IM 2:31.26, Ireland Byrne 11-12 400 IM 5:36.64, Ethan Eckel Senior 200 Butterfly 2:11.57, Amalia Ehmcke 9-10 100 Breaststroke 1:36.72, 50 Freestyle 33.40, Nathaniel Foster Senior 400 IM 4:30.94, 1000 Freestyle 10:25.17, 500 Freestyle 4:55.67, Nicholas Foster 13-14 200 Freestyle 2:05.18, 500 Freestyle 5:35.20, 50 Freestyle 25.63, Aviana Gelden 8&U 25 Breaststroke 27.98, Rowan Glassen 7&U 50 Butterfly 57.78, Julissa Gonzalez 7&U 25 Backstroke 28.43, Charlotte Gruettner 9-10 50 Backstroke 42.48, Matilda Gutjahr 9-10 50 Butterfly 39.82, Emma Masaya 9-10 100 Breaststroke 1:33.96, 50 Butterfly 38.60, 100 IM 1:21.98, Ryan McGillis Senior 1000 Freestyle 11:06.05, Brady Moore Senior 400 IM 4:17.42, 200 Breaststroke 2:21.86, 1000 Freestyle 10:23.02, 200 Butterfly 2:02.80, 1650 Freestyle 17:37.64, Olivia Speers 9-10

200 IM 3:01.98, 100 Breaststroke 1:35.81, 50 Freestyle 32.29, Ellie Staniger 9-10 50 Backstroke 38.88, 100 Butterfly 1:27.38, Evan Steenrod 11-12 200 Freestyle 2:28.57, Nate Steenrod 9-10 200 IM 3:18.79, Zack Steenrod 13-14 200 Butterfly 2:43.42, and Molly Warren Senior 100 Backstroke 1:02.74.

Matilda Gutjahr broke our 8&U 50 Breaststroke team record with her swim of 42.95 (old mark was held by Sara Bollendorf, 43.03 from 2011), the 200 Backstroke with a swim of 3:11.51 (old mark was held by Rayann Jaryszak, 3:12.61 from 2006), and also set our team record in the 1000 Freestyle touching in 15:35.55. Together with Molly Staniger, Matilda and Molly became the first 8&U swimmers to ever race the 1000 Freestyle in our history!

Posting some of the fastest times in our team's history included Matilda Gutjahr 8&U 2nd 50 Butterfly 39.82, 2nd 200 Freestyle 2:50.24, 2nd 100 Backstroke 1:29.66, 3rd 200 IM 3:11.88, Nathaniel Foster 15-16 8th 500 Freestyle 4:55.67, 7th 1000 Freestyle 10:25.17, 6th 1650 Freestyle 17:22.98, Brady Moore 17-18 4th 1000 Freestyle 10:23.02, 1650 Freestyle 3rd 17:37.64, 200 Backstroke 8th 2:01.01, 7th 200 Butterfly 2:02.80, 6th 400 IM 4:17.42, and Jack Borzynski 15-16 7th 100 Backstroke 54.87, 9th 200 Breaststroke 2:22.19.

Meet records were broken by Matilda Gutjahr in the 50 Breaststroke, Harrison Yanke in the 50 Breaststroke, 100 Breaststroke, Jordan Borzynski in the 100 Freestyle, 200 IM, Nathaniel Foster in the 500 Freestyle, and Brady Moore in the 400 IM.

Achieving 100% best times were Ireland Byrne, Ethan Eckel, Amalia Ehmcke, Jessica Gonzalez, Julissa Gonzalez, Ella Kirchenberg, Fiona Marini, Tennyson Morey, Evan Olson, Eleni Schrik, Zack Steenrod, Bizzy Strickling, Luke Waddle, Tatum Walker, and Valeria Zavala Lopez.

Cutting five or more seconds in a single event included Jett Adams -7.34 200 IM, Zoey Aho -5.48 100 IM, Jenna Aschenbrenner -5.69 100 Freestyle, Johathan Aschenbrenner -17.08 100 Backstroke, Aubrey Becker -18.83 100 Backstroke, Jordan Borzynski -14 200 IM, Ireland Byrne -15.01 400 IM, Max Carlson -11.54 200 Backstroke, Sylvie Carlson -10.51 100 Breaststroke, Silas Coughlin -8.20 100 IM, Hannah Daams -6.39 200 IM, Ethan Eckel -6.42 100 Backstroke, Amalia Ehmcke -21.38 200 IM, Aisling Fahy -20.08 400 IM, Ciara Fahy -14.32 100 Backstroke, Nathaniel Foster -34.41 1650 Freestyle, Nicholas Foster -45.85 500 Freestyle, Rowan Glassen -9.73 50 Butterfly, Jessica

Gonzalez -23.52 200 Breaststroke, Charlotte Gruettner -7.58 100 Backstroke, Matilda Gutjahr -14.08 200 Freestyle, Evelyn Gutknecht -21.84 200 Breaststroke, Julie Horton -6.04 100 Backstroke, Piper Jansen -6.65 200 IM, Natalie Johnson -16.53 200 Freestyle, Carter Justman -71.03 200 IM, Madelyn Kaminskis -12.33 200 IM, Ava Kerbawy -6.54 200 IM, Ella Kirchenberg -10.55 500 Freestyle, Grayson Kirchenberg -12.62 200 Freestyle, Ashlyn Malzewski -14.22 500 Freestyle, Emma Masaya -7.29 100 Breaststroke, Ryan McGillis -11.52 1000 Freestyle, Allie Mertins -13.63 1650 Freestyle, Brennan Meyer -20.89 200 Freestyle, Arya Morey -8.76 100 IM, Tennyson Morey -6.29 50 Freestyle, Evan Olson -5.22 100 Freestyle, Cash Peterson -10.08 100 IM, Eleni Schrik -25.68 100 Freestyle, Evaly Speers -21.67 200 Breaststroke, Olivia Speers -13.42 200 IM, Ellie Staniger -5.67 100 Butterfly, Kaylee Staniger -10.72 200 Freestyle, Evan Steenrod -9.17 100 Butterfly, Zack Steenrod -12.60 500 Freestyle, Rhemy Thompkins -7.67 200 IM, Aubree Van Dyke -9.03 200 IM, Tatum Walker -9.03 50 Backstroke, John Westfall -67.03 500 Freestyle, Vivienne Yanke -8.25 100 Backstroke, and Valeria Zavala Lopez -30.23 100 Butterfly.

Congratulations to Aram Buchaklian and Santiago Davalos on racing in their first ever TEAM SEA meet!

Gold Medalist: Jack Borzynski, Jordan Borzynski, Ireland Byrne, Nathaniel Foster, Matilda Gutjahr, Ashlyn Malzewski, Emma Masaya, Allie Mertins, Brady Moore, Gabi Peterman, Olivia Speers, Molly Staniger, Evan Steenrod, Nate Steenrod, Orion Sura, Rhemy Thompkins, Molly Warren, John Westfall, Harrison Yanke

Silver Medalist: Ale Arteaga, Jack Borzynski, Ireland Byrne, Max Carlson, Amalia Ehmcke, Nathaniel Foster, Lindsey Hohnl, Madelyn Kaminskis, Ashlyn Malzewski, Emma Masaya, Brady Moore, Gabi Peterman, Lila Rudoll, Olivia Speers, Ellie Staniger, Molly Staniger, Evan Steenrod, Nate Steenrod, Harrison Yanke

Bronze Medalist: Jack Borzynski Nathan Breit, Max Carlson, Silas Coughlin, Ethan Eckel, Amalia Ehmcke, Aisling Fahy, Rowan Glassen, Emma Masaya, Ryan McGillis, Cash Peterson, Olivia Speers, Evan Steenrod, Nate Steenrod, Rhemy Thompkins, Molly Warren, Valeria Zavala Lopez

Good luck this weekend in Brown Deer during YMCA State! Drive safe, swim fast, have fun!!

World Record Holder Jason Lezak on His Way

Save the date! Saturday, April 12 world record holder Jason Lezak will conduct a swim clinic for all TEAM SEA swimmers. Jason was USA's anchor leg of the unbelievable 400 Freestyle Relay during the Beijing Olympics where the USA men came from behind to touch out the French team and smash the world record by four seconds (the record still stands today). We hope to SEA all TEAM SEA swimmers and parents in attendance for this amazing opportunity to learn from one of the greats!

Here's the tentative scheduled ...

8:00-8:30 AM autographs and pictures, 8:30-10:00 AM water instruction, 10:00-10:45 AM talk with swimmers and parents; here's the tentative schedule for our 12&U athletes: 10:00-10:45 AM talk with swimmers and parents, 10:45 AM-Noon water instructions, 12:00-12:30 PM autographs and pictures. Don't miss this great event! No charge to attend!! Just show up!!!

2025 13&O Training Trip

Since 1999, every two years all athletes' 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip is tentatively scheduled for June 22-29. A minimum of 14 athletes must attend this trip for it to take place. This year's trip is "sold out."

The trip has averaged out to \$1200-\$1500 per swimmer over the years and we usually drive, stay, and train in the Panama City Beach, FL area.

Attending (if you have not yet, please forward \$100 for the down payment) includes:

GIRLS

Kealey Aalderks, Hannah Daams, Ash Fahy, Jessica Gonzalez, Lindsey Hohnl, Fiona Marini, Sophia Marini, Ashlyn Malzewski, Allie Mertins, Morgan Pankow, Gabi Peterman, Kaylee Staniger, Aubree Van Dyke, Molly Warren

BOYS

Caleb Bergman, Jack Borzynski, Nathan Breit, Max Carlson, Nathaniel Foster, Nicholas Foster, Zach James, Levi Jansen, Grayson Kirchenberg, Ryan McGillis, Brennen Meyer, Brady Moore, Zack Steenrod

CHAPERONES

Maria Peterman, Melissa Hohnl, Kim Wright

COACHES

Parker Palermo, Neil Wright

OPEN SPOTS

None at this time.

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

<i>Order By</i>	<i>Delivery On</i>
TBA	TBA

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

OST (Off-Season Training)

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season (March 24-April 17, 2025).

OST represents an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and affords them a change to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 24-April 17) and lead by Coach Joanna and Coach Parker. Bronze and Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:30 PM with each week covering starts, breakouts, turns, and finishes

for one stroke each week (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The fee for Bronze and Silver is \$120 for all four weeks or \$30 per week. The fee for Gold and Senior is \$160 for all four weeks or \$40 per week. Swimmers can al-a-carte which weeks they would like to attend.

To attend, simply email Coach Neil stating which week(s) your swimmers plan on attending and forward payment on the first practice they attend.

All practices will be held at the RAC.

Attending includes Amelia and Eli Ehmcke, Sarah Hackenbracht, Cash Peterson, Summer Gustafson-Binger, Delilah Kuhl, Autumn Cress, Ethan Rudolph.

March Birthdays

Nathan Breit, Summer Gustafson-Binger, Selah Isaacson, Zach James, Zach Kopsea, Sadie Luburich, Bennett Menken, Brady Moore, Julia Nogueira, Pedro Nogueira, Rafaela Nogueira, Gabi Peterman, Coco Saigh, Olivia Speers, Vivienne Yanke.

Extended Calendar

March

- 21-23 YMCA State
- 24 Tryouts, 5:30-6:30 PM @ RAC
- 24 OST begins (runs through April 17)
- 31-4 YMCA Nationals

April

- 12 Jason Lezak swim clinic
- 28 First day of Spring & Summer practice

May

- 3-4 16th Annual SEA Early Bird
- 12 13&O Training Trip meeting, 6 PM

June

- 6-8 10th Annual SEA Pirate Plunge
- 20-21 16th Annual SEA Summer Sizzler

July

- 18-20 WI LSC Regionals
- 25-27 12&U State
- 31-3 13&O State

August

- 4-28 OST

September

- 22 Tryouts for new families
- 23 Fall & Winter Season begins

October

- 24 Annual Halloween Party

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil

- b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of the meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please reach out to Coach Neil at 262.994.3157.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***