

## Serpent Times

weekly newsletter for  
Southeastern Aquatics  
Racine Family YMCA Swim TEAM  
est. 1984



### TEAM SEA's Mission:

*To empower the youth of southeastern Wisconsin to be champions in life through excellence in swimming.*

March 27, 2020

### Head Coach Notes

For me, the countdown is on. We are currently exactly four weeks away from the first day of our Spring & Summer Season. This is, of course, a moving target of a date ... we don't know what our Governor and/or President will do in the coming weeks, but I'm hoping and praying Covid-19 slowly fades away and we can get back to normal sooner rather than later.

We have scheduled a board meeting for this Sunday, 11 AM via the Zoom App - if you are interested in attending, please email me and I'll supply the code.

With my gym closed, I have been exploring at-home full-body workouts. The first one I sampled ... I failed miserably (that was Wednesday). Today, I did six rounds of 5 push-ups, 30 squats, and 10 sit-ups. Basic, but it worked. Please encourage your athletes to continue working out (running, biking, calisthenics, etc.). Remember, it's not a matter of if the Spring & Summer Season will happen, but a matter of when.

On the good news front, congratulations are in order for Isabelle Buhler and Kinzie Reischl. They submitted essays for this year's Jon Brenner Scholarship contest. Isabelle's essay was selected for the top prize of \$500 and Kinzie's was selected for one of the four \$300 scholarships. We are so proud of you both!

Please don't forget to bring your escrow accounts current.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Thanks for reading!

### Upcoming Meets

Date	Meet	Entry Deadline
May 2-3	SEA Early Bird	TBD
May 8-9	MMSC Open	TBD
May 29-31	SEA Pirate Plunge	TBD
June 5-7	SHOR Open	TBD
June 26-27	SEA Summer Sizzler	TBD
June 26-28	LAKE WGLO Invite	TBD
July 10-12	Bird Bath Invite	TBD
July 15-18	Speedo Sectionals	TBD
July 17-19	WI LSC Regionals	TBD
July 24-26	12&U State	TBD
July 30-Aug. 2	13&O State	TBD
Aug. 6-9	14&U Central Zones	TBD

### Katie's Kickboard

Hello again,

We finally have a potential start date for our spring season, April 24th. I'm so excited to see your faces, not gonna lie, I miss you guys!

I hope everyone is keeping up on their school work and getting in some exercise every day. Let's hope we get some more nice weather so we can get outside. We were able to take the dogs for a long walk yesterday. We actually stopped by a few friend's houses and said 'hi' from the sidewalk.

Sorry for missing a few days with my motivation quotes. The books I orders arrived and I've had my nose stuck between the pages. What are you guys reading for fun? I have 3 new books to keep me entertained for awhile.

I have been working on our spring and summer season plan, and coming up with some exciting new ideas. You know me, always being creative and trying new things.

Please don't hesitate to contact me with any questions, comments, or concerns via email ([coachkatiejames@gmail.com](mailto:coachkatiejames@gmail.com)) or 15-minutes before practice and 15-minutes after practice.

### Buffalo Wild Wings Home Team Advantage

Do you need a good excuse to skip cooking one night? Every time you dine in or carry out at our local Buffalo Wild Wings (next to Olive Garden at the corner of HWY 20 and

31), 10% of the total spent will be forwarded to TEAM SEA (yes, this does include alcohol). Just tell your server you are supporting TEAM "E" when placing your orders.

### 13&O Training Trip, June 2020

Every so often (usually every other year), Coach Neil organizes a 13&O Training Trip to Panama City Beach, FL.

This trip is a great way to get in shape (includes 11 swim practices and three day-land practices), a way to tighten team bonds and friendships, and even serves as a right-of-passage for our swimmers.

The dates for our next 13&O Training Trip is June 14-21. We usually drive down in 15-passenger vans (departing at 3 AM and returning at 9 PM). Cost is usually around \$1,000 for the week (covers everything).

Swimmers attending include Megan Schultz, Mac Thomas, Macie Ritter, Josh Abel, Rylie Bergemann, Hugo Arteaga, Joe Skantz, Zack Kopsea, Natalia Badillo, Sofia Badillo, Alice Stratman, Zoe D'Alessandro, Ethan Bergman, Arev Buchaklian, Hopking Uyenbat, Maddie Cerny.

We may need a chaperone or two depending on the number of swimmers attending. Parents interesting in chaperoning include Lindsey Thomas, Erik Bergemann.

### SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage ([www.sea-y.org/scrip](http://www.sea-y.org/scrip)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA enrollment cord (please email Julie Kopsea at [jkopsea@yahoo.com](mailto:jkopsea@yahoo.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

### Order Dates for Fall & Winter

<i>Order By</i>	<i>Delivery On</i>
TBA	TBA

If you have any questions or need help, please reach out to Julie Kopsea at 414.530.5399 or at [jkopsea@yahoo.com](mailto:jkopsea@yahoo.com).

### Swimmer Spotlight

*Will return when practices begin.*

Name:

Age:

Group: Gold

Role Model:

Favorite Stroke:

Favorite Event:

Favorite Swimmer:

Future Goal:

Hobbies:

Famous Person You'd Like to Meet:

Favorite Book:

If you could change anything in the world, what would you change:

### March Birthdays

Isabelle Buhler, Blaze Cannalte, Zoe Chartrand, Oliver Greening, Grace Gross, Zack Kopsea, Brady Moore, Gabi Peterman, Kylie Schurman, Raelyn Schurman, Vivienne Yanke, Aarya Zore.

### Extended Calendar

#### March

24 Board meeting, March 29, 11 AM via Zoom App

#### April

24 Spring & Summer Season begin

#### May

2-3 SEA Early Bird

7 Annual Banquet, no practice

8-9 MMSC Open

25 Memorial Day, no practice

29-31 SEA Pirate Plunge

### TEAM SEA Parent Board

President

Jeff Peterson - [petersonj12@gmail.com](mailto:petersonj12@gmail.com)

Vice President

Ben Foster - [BenFoster311@gmail.com](mailto:BenFoster311@gmail.com)

Treasurer

Britney Bilgrien - [babilgrien@gmail.com](mailto:babilgrien@gmail.com)

Registration

Missy Reischl - [mjreischl@outlook.com](mailto:mjreischl@outlook.com)

Meet Director

Amy Bergman -

[meetdirector.sea@gmail.com](mailto:meetdirector.sea@gmail.com)

Secretary

Katie Ritter - [kr Ritter717@att.net](mailto:kr Ritter717@att.net)

Officials

Jose Arteaga - [joseharteaga@gmail.com](mailto:joseharteaga@gmail.com)

Fundraising

Shay Borzynski - [sborzynski@gmail.com](mailto:sborzynski@gmail.com)

Head Coach

Neil Wright -

[south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com)

*Caring \* Honesty  
Respect \* Responsibility  
Build \* Promote \* Achieve*

### **Did You Know?**

---

When you introduce new swimmers to TEAM SEA and they join, your escrow account is credited \$50. Take advantage!