

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

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TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

March 6, 2025

Neil's Notes

Great racing last weekend in Brown Deer and Verona. This weekend we travel south (a bit) to race in 11-14 USA State. Good luck!

It's time to sign-up your sons and daughters for YMCA Sectionals! We are hosting this event at RAC and the meet is open to all TEAM SEA swimmers! Extended deadline to sign-up is March 11. Take advantage!!

Please ensure you have registered to volunteer at YMCA Sectionals. We still have a few open spots. Thanks in advance for supporting your sons and daughters team!

If you are not current with your monthly swim tuition payments, please ensure you get caught up. Additionally, there are some families with outstanding escrow balances from the last season. I'm slowing working through those files, but you can take a look to see if you have any balances too. Thank you.

Reminder, please ensure your swimmers carry a YMCA membership - either a youth membership or part of your family membership.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

11-14 State Meet Information

This weekend we'll be racing at the RecPlex (990 Terwall Terrace in Pleasant Prairie). The following warm-up schedules represent "in water" time.

13-14 Prelim Warm-ups

Friday Prelim warm-ups for 13-14: Sophie, Kaylee, Vivienne, Ale = 7:25 AM and Ava = 8:30 AM (50 Butterfly begins at 10:00 AM), meet begins at 8:35 AM and is scheduled to end at 10:30 AM. Please note: the 400 Medley Relay is subject to change on results posted during the 100 Breaststroke.

Saturday Prelim warm-ups for 13-14: Vivienne, Kaylee, Ava, Sophie, Ale = 7:50 AM, meet begins at 8:35 AM and is scheduled to end at 10:30 AM.

Sunday Prelim warm-ups for 13-14: Sophie, Ale, Ava, Kaylee = 7:25 AM, Vivienne = 8:15 AM (100 Freestyle begins at 9:40 AM), meet begins at 8:35 AM and is scheduled to end at 11:00 AM. Please note, both sprint relays are subject to change depending on results posted through the meet.

11-12 Prelim Warm-ups

Friday Prelim warm-ups for 11-12: Ireland, Jordan, Evan Bennett = 12:05 PM, Luke = 1:15 PM (400 Medley Relay is scheduled to begin at 2:43 PM), meet begins at 12:50 PM and is scheduled to end at 2:54 PM.

Saturday Prelim warm-ups for 11-12: Ireland, Jordan, Evan = 11:35 AM, Bennett = 12:15 PM (50 Breaststroke is scheduled to begin at 1:38 PM), Luke = 1:45 PM (400 Freestyle Relay is scheduled to begin at 2:53 PM), meet begins at 12:45 PM and is scheduled to end at 3:03 PM.

Sunday Prelim warm-ups for 11-12: Evan, Bennett, Jordan, Luke = 12:30 PM, Ireland = 1:45 PM (100 Butterfly is scheduled to begin at 3:03 PM), meet begins at 1:15 PM and is scheduled to end at 3:41 PM. Please note: Bennett will race the 200 Breaststroke during Finals and should check with Coach Joanna on what time to return for warm-ups during Finals).

Athletes moving on to Finals should check with Coach Neil or Coach Joanna on what time to return for warm-ups. The top 16 for all events 200 and under for 13-14 and top 16 for all events 100 and under for 11-12 move on to Finals. Additionally, for timed final events, the top 8 move on to finals (includes all relays, distance events - 400 IM, 500 Freestyle, 1000 Freestyle, and all 200s for 11-12).

Families are encouraged to reach out to a coach if they are confused about anything in regards to this weekend's meet.

Drive safe, swim fast, have fun!

Upcoming Meets

| Date | Meet | Entry Deadline |
|-----------|-----------------------|----------------|
| Mar 7-9 | WI LSC 11-14 State | Closed |
| Mar 15-16 | YMCA Sectionals | 3/11 |
| Mar 21-23 | YMCA State | 3/16 |
| Mar 31-4 | YMCA Nationals | 3/24 |
| May 3-4 | SEA Early Bird | 4/20 |
| Jun 6-8 | SEA Pirate Plunge | TBA |
| Jun 20-21 | SEA Summer Sizzler | TBA |
| Jul 18-20 | WI LSC Regionals | TBA |
| Jul 25-27 | 12&U State | TBA |
| Jul 31-3 | 13&O State | TBA |
| Aug 7-10 | 14&U Zones | TBA |
| Oct 10-12 | OZ Fall Classic | TBA |
| Nov 2 | SEA Pentathlon | TBA |
| Jan 10-11 | SEA Penguin Challenge | TBA |

Senior State Recap & Highlights

When the waves settle in Brown Deer Sunday evening, TEAM SEA had finished 9th with 341-points in Division 2 and 19th overall of all teams in our state. As a team we posted 59% best times (40 of 68 swims) and one DQ in Backstroke (false start).

Our top finish was posted by Brady Moore in the 200 Freestyle where he placed fourth in a PR of 1:43.29 (also made the podium in the 100 Freestyle seventh 46.47 and eighth in the 200 IM 1:59.15. Other podium finishes included Jack Borzynski seventh in the 50 Butterfly 23.11 and Nathaniel Foster fifth in the 50 Butterfly 23.01.

New YMCA National qualifying times were turned in by Nathan Breit 100 Butterfly 52.07 and the quartet of Nathan, Jack, Nathaniel and Brady picked up four relay cuts: 400 Medley 3:32.79, 200 Freestyle 1:25.82, 400 Freestyle 3:09.46, and 200 Medley 1:36.49.

New YMCA State qualifying time was achieved by Max Carlson in the 200 Freestyle 1:53.18. New USA State qualifying times were posted by Nathaniel Foster in the 200 Freestyle 1:47.92 and Molly Warren in the 50 Freestyle 25.43.

Notching some of the fastest times in our team's history were Nathaniel Foster 17-18 7th 50 Freestyle 21.69, Nathan Breit 15-16 5th 50 Freestyle 21.87, 5th 100 Freestyle 47.98, 5th 100 Butterfly 52.07, 2nd 200 Backstroke 52.85, Jack Borzynski 15-16 4th 100 Freestyle 47.65, 3rd 100 Butterfly 51.41, Brady Moore 17-18 3rd 200 Freestyle 1:43.29, 4th 200 IM 1:57.68.

Max Carlson and Ryan McGillis posted 100% best times while Max dropped 17.37-seconds in the 200 Freestyle and Ethan Eckel cut 7.37-seconds in the 50 Butterfly.

Great meet TEAM SEA ... don't forget to sign-up to race during YMCA Sectionals at RAC, March 14-15.

10&U State Recap & Highlights

During last weekend's 10&U State, we finished sixth in Division 2 scoring 180-points (out of the entire state, we placed 15th). As a team we posted 56% best times (19 of 34 swims) and one DQ in Butterfly.

Congratulations to Matilda Gutjahr on her state championships in the 8&U 50 Breaststroke 43.51, 100 Freestyle 1:16.63, and 25 Breaststroke 20.44. She podiumed in her three other events: fifth in the 25 Freestyle 15.63, second in the 50 Freestyle 33.85, and second in the 100 IM 1:26.34. She was also awarded the 2nd place High Point award for scoring 108-points in the 8&U division.

Harrison Yanke podiumed in four of his events for 9-10: third 50 Breaststroke 39.18, fifth 100 IM 1:15.93, third 100 Breaststroke 1:25.40, and seventh in the 200 IM 2:45.99 (his final time was a 5.82-second improvement).

New State qualifying times were posted by Emma Masaya 9-10 50 Backstroke 37.03, Tovi Papillon 9-10 100 Backstroke 1:24.87 and Nate Steenrod 9-10 50 Butterfly 40.78.

Posting some of the fastest times in our team's history were Matilda 8&U 3rd 50 Breaststroke, 2nd 100 Freestyle, 6th 25 Freestyle, 3rd 50 Freestyle, 3rd 100 IM and Harrison Yanke 9-10 8th 200 IM.

Congratulations to Olivia Speers and Molly Staniger on posting two best times during the meet.

We are so proud of all of you and how far much you have grown this season!

Don't forget to sign-up for YMCA Sectionals!

Become an Official - no experience needed

One of the important cogs in TEAM SEA operations is maintaining a strong stable of parents who are officials.

No experience is necessary and TEAM SEA reimburses any expenses associated with becoming certified.

Please contact Coach Neil if you are willing to step-up and become an official and he'll help get you started.

World Record Holder Jason Lezak on His Way

Save the date! Saturday, April 12 world record holder Jason Lezak will conduct a swim clinic for all TEAM SEA swimmers. Jason was USA's anchor leg of the unbelievable 400

Freestyle Relay during the Beijing Olympics where the USA men came from behind to touch out the French team and smash the world record by four seconds (the record still stands today). We hope to SEA all TEAM SEA swimmers and parents in attendance for this amazing opportunity to learn from one of the greats!

2025 13&O Training Trip

Since 1999, every two years all athletes' 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip is tentatively scheduled for June 22-29. A minimum of 14 athletes must attend this trip for it to take place. This year's trip is "sold out."

The trip has averaged out to \$1200-\$1500 per swimmer over the years and we usually drive, stay, and train in the Panama City Beach, FL area.

Attending (if you have not yet, please forward \$100 for the down payment) includes:

GIRLS

Kealey Aalderks, Hannah Daams, Ash Fahy, Jessica Gonzalez, Lindsey Hohnl, Fiona Marini, Sophia Marini, Ashlyn Malzewski, Allie Mertins, Morgan Pankow, Gabi Peterman, Kylie Thomas, Kaylee Staniger, Aubree Van Dyke, Molly Warren

BOYS

Caleb Bergman, Jack Borzynski, Nathan Breit, Max Carlson, Nathaniel Foster, Nicholas Foster, Levi Jansen, Grayson Kirchenberg, Ryan McGillis, Brennen Meyer, Brady Moore, Zack Steenrod

CHAPERONES

Maria Peterman, Melissa Hohnl, Kim Wright

COACHES

Parker Palermo, Neil Wright

WAITLIST

At this time there are no additional spots open.

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) -

you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment card (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

| <i>Order By</i> | <i>Delivery On</i> |
|-----------------|--------------------|
| March 17 | March 20-21 |

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

OST (Off-Season Training)

OST will be offered between the end of the Fall & Winter Season and the beginning of the Spring & Summer Season (March 24-April 17, 2025).

OST represents an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and affords them a change to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Thursday, March 24-April 17) and lead by Coach Joanna and Coach Parker. Bronze and Silver will swim 5:00-6:00 PM and Gold and Senior will swim 6:00-7:30 PM with each week covering starts, breakouts, turns, and finishes for one stroke each week (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The fee for Bronze and Silver is \$120 for all four weeks or \$30 per week. The fee for Gold and Senior is \$160 for all four weeks or \$40 per week. Swimmers can al-a-carte which weeks they would like to attend.

To attend, simply email Coach Neil stating which week(s) your swimmers plan on attending and forward payment on the first practice they attend.

All practices will be held at the RAC.

Attending include Amelia and Eli Ehmcke.

March Birthdays

Nathan Breit, Summer Gustafson-Binger, Selah Isaacson, Zach James, Zach Kopsea, Sadie Luburich, Bennett Menken, Brady Moore, Julia Nogueira, Pedro Nogueira, Rafaela Nogueira, Gabi Peterman, Coco Saigh, Olivia Speers, Vivienne Yanke.

Extended Calendar

March

7-9 11-14 WI LSC State
15-16 YMCA Sectionals
21-23 YMCA State
24 Tryouts, 5:30-6:30 PM @ RAC
24 OST begins (runs through April 17)
31-4 YMCA Nationals

April

12 Jason Lezak swim clinic
28 First day of Spring & Summer practice

May

3-4 16th Annual SEA Early Bird

June

6-8 10th Annual SEA Pirate Plunge
20-21 16th Annual SEA Summer Sizzler

July

18-20 WI LSC Regionals
25-27 12&U State
31-3 13&O State

August

4-28 OST

September

22 Tryouts for new families
23 Fall & Winter Season begins

October

24 Annual Halloween Party

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of the meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6

- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please reach out to Coach Neil at 262.994.3157.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***