

## Serpent Times

weekly newsletter for  
Southeastern Aquatics  
Racine Family YMCA Swim TEAM  
est. 1984



### TEAM SEA's Mission:

*To empower the youth of southeastern Wisconsin to be champions in life through excellence in swimming.*

April 22, 2020

### Head Coach Notes

Although many things in our lives have changed, many other things have remained the same. For example, we still need to cut the grass, take the garbage and recycle to the curb, buy groceries, do the dishes and laundry, clean the house, shower, shave, brush our teeth, and the list goes on-and-on. Please continue to advocate that your swimmers focus on what they can control and do push them to continue exercising regularly. It's easy to slip into a habit of sleeping our days away and zoning out on television and video games - fight the urge. No doubt there are major changes in all our lives, but we can continue to exercise, focus on the controllables, and stay focused on the long game of this experience so when we come out of this we are ready to rock and roll!

Wisconsin's Safer at Home order was extended to May 26 (not without some drama behind the scenes with a lawsuit filed recently attempting to reserve the order). With the extension, all competitions have been canceled within our LSC and this includes our annual Pirate Plunge and the MMSC meet scheduled the second weekend of May. Never a dull moment.

I have been working on securing pool time for when we are allowed to train again. I'm feeling pretty positive about our options as of today!

Katie and I are pulling together the list of awards for our annual banquet and I should be able to forward the list of awards next week. We will reschedule the banquet and the team picture when we get back in the pool.

Don't forget to forward your unwanted or unneeded shoes to Shay Borzynski. She is in the process of collecting shoes for a TEAM SEA fundraiser. She'll be collecting them for another 50-days or so. The swimmer who donates the most shoes wins a \$50 gift certificate and TEAM SEA will receive \$1000.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please

contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Thanks for reading!

### Upcoming Meets

| Date           | Meet               | Entry Deadline |
|----------------|--------------------|----------------|
| June 5-7       | SHOR Open          | TBD            |
| June 26-27     | SEA Summer Sizzler | TBD            |
| June 26-28     | LAKE WGLO Invite   | TBD            |
| July 10-12     | Bird Bath Invite   | TBD            |
| July 15-18     | Speedo Sectionals  | TBD            |
| July 17-19     | WI LSC Regionals   | TBD            |
| July 24-26     | 12&U State         | TBD            |
| July 30-Aug. 2 | 13&O State         | TBD            |

### Katie's Kickboard

Hello again,

As we hunker down for yet another month home, away from our friends and the pool we love so much. I'm trying to stay sane by taking on little projects around the house and watching an old Olympic video here and there.

I have not had much interest in putting together a coloring book for the athletes. So we will put that on the back burner for another time. If you are working on submitting a drawing, I will most definitely still take them via email or porch drop-off.

The weather has been getting warmer and I have been getting out and walking the dogs, doing some yard work and just enjoying the fresh air flowing through the house when I open the windows. Don't forget to stay active!

Zoom meetings will be held once a week now, on Thursdays at 1pm. Attendance has been spotty, so hopefully one meeting a week will help with that. We are still making our way through my book 'The Swimmers Mind' and I have some fun stuff planned for when we finish the book.

We miss you guys so much, and I can't wait to be back in the pool! In the meantime, keep checking social media for updates and little challenges I'll be posting throughout the week. Feel free to reach out to me via email with anything, [coachkatiejames@gmail.com](mailto:coachkatiejames@gmail.com)

### **Request for Pictures - Annual Banquet**

Jose Arteaga is in the process of building a video to be played during our upcoming Annual Awards Banquet. If you have any pictures you would like to share that were not posted via social media over the past year, please email him at [joseharteaga@gmail.com](mailto:joseharteaga@gmail.com). Thanks!

### **Buffalo Wild Wings Home Team Advantage**

Do you need a good excuse to skip cooking one night? Every time you dine in or carry out at our local Buffalo Wild Wings (next to Olive Garden at the corner of HWY 20 and 31), 10% of the total spent will be forwarded to TEAM SEA (yes, this does include alcohol). Just tell your server you are supporting TEAM "E" when placing your orders.

### **13&O Training Trip, June 2020**

Every so often (usually every other year), Coach Neil organizes a 13&O Training Trip to Panama City Beach, FL.

This trip is a great way to get in shape (includes 11 swim practices and three day-land practices), a way to tighten team bonds and friendships, and even serves as a right-of-passage for our swimmers.

The dates for our next 13&O Training Trip is June 14-21. We usually drive down in 15-passenger vans (departing at 3 AM and returning at 9 PM). Cost is usually around \$1,000 for the week (covers everything).

Swimmers attending include Megan Schultz, Mac Thomas, Macie Ritter, Josh Abel, Rylie Bergemann, Hugo Arteaga, Joe Skantz, Zack Kopsea, Natalia Badillo, Sofia Badillo, Alice Stratman, Zoe D'Alessandro, Ethan Bergman, Arev Buchaklian, Hopking Uyenbat, Maddie Cerny.

We may need a chaperone or two depending on the number of swimmers attending. Parents interesting in chaperoning include Lindsey Thomas, Erik Bergemann.

### **SCRIP Fundraising Information**

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift

cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage ([www.sea-y.org/scrip](http://www.sea-y.org/scrip)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA enrollment cord (please email Julie Kopsea at [jkopsea@yahoo.com](mailto:jkopsea@yahoo.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

#### **Order Dates for Fall & Winter**

| <i>Order By</i> | <i>Delivery On</i> |
|-----------------|--------------------|
| TBA             | TBA                |

If you have any questions or need help, please reach out to Julie Kopsea at 414.530.5399 or at [jkopsea@yahoo.com](mailto:jkopsea@yahoo.com).

### **Swimmer Spotlight**

***Will return when practices begin.***

Name:

Age:

Group: Gold

Role Model:

Favorite Stroke:

Favorite Event:

Favorite Swimmer:

Future Goal:

Hobbies:

Famous Person You'd Like to Meet:

Favorite Book:

If you could change anything in the world, what would you change:

### **April Birthdays**

Michael Cartwright, Madison Marry, Kinzie Reischl, Marie Spang, Alice Stratman, Kylie Thomas, Claire Wolfe.

### **Extended Calendar**

April

28 Board meeting, 6:00 p.m. via Zoom

## **TEAM SEA Parent Board**

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President

Jeff Peterson - [petersonj12@gmail.com](mailto:petersonj12@gmail.com)

Vice President

Ben Foster - [BenFoster311@gmail.com](mailto:BenFoster311@gmail.com)

Treasurer

Britney Bilgrien - [babilgrien@gmail.com](mailto:babilgrien@gmail.com)

Registration

Missy Reischl - [mjreischl@outlook.com](mailto:mjreischl@outlook.com)

Meet Director

Amy Bergman -

[meetdirector.sea@gmail.com](mailto:meetdirector.sea@gmail.com)

Secretary

Katie Ritter - [kr Ritter717@att.net](mailto:kr Ritter717@att.net)

Officials

Jose Arteaga - [joseharteaga@gmail.com](mailto:joseharteaga@gmail.com)

Fundraising

Shay Borzynski - [sborzynski@gmail.com](mailto:sborzynski@gmail.com)

Head Coach

Neil Wright -

[south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com)

***Caring \* Honesty  
Respect \* Responsibility  
Build \* Promote \* Achieve***

## **Did You Know?**

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When you introduce new swimmers to TEAM SEA and they join, your escrow account is credited \$50. Take advantage!