



**TEAM SEA's Mission:**

*To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.*

April 27, 2023

**Neil's Notes**

What a great beginning to our Spring & Summer Season. It's so great to see everyone back in the water learning more about our sport, trying new things, and working on becoming the best team we can.

Today is the deadline to have your swimmer(s) race in our upcoming Early Bird meet. Please send me an email if you plan on having your swimmer(s) race. Please don't forget all families are required to volunteer during this event or forfeit \$100 (we do not want your money; we prefer to see your smiling face on the pool deck supporting your swimmer and the team). At this point, please only sign-up for one session (two are required). We will update everyone mid-next week if families need to sign-up for two spots. Here's the tentative timeline as of this morning, Saturday 10 AM warm-ups, meet runs 11:05 AM to 2:46 PM; Sunday 8 AM warm-ups, meet runs 9:05 AM to 12:36 PM.

We are very close to rolling out our new registration platform. An email will be sent sometime next week with all the information you'll need to register for this season. Thank you again for your patience.

We have added some new technology to our toolbox and it has received rave reviews from our athletes and coaches. The equipment is called Most Swim Tech and it allows our coaches to communicate to our athletes while swimming so coaches can make in water corrections while the athletes swim. We secured 25 headsets and two walkie-talkies (two coaches can work with swimmers one-on-one and in small groups while relying information on different channels).

In addition to the Most Swim Tech, we have been testing out two Tritonware units at the Senior level. The hardware along with the App tracks over 40 metrics while the athlete wears the device under his or her swim cap and at the end of the training session, a Triton Score is established which includes information on readiness, focus, and intensity. Some of the

metrics tracked include speed underwater, turn time, number of breaths taken per 25, stroke count per 25, push off depth, and many more. We acquired these in January and will evaluate whether or not this technology is worth investing in at the conclusion of our current season. The annual subscription rate is \$275 (this cost would be the reasonability of the swimmer's family).

This summer our YMCA is not running the SCJ Community pool and all Senior swimmers planning on attending morning practices will have to purchase a season pass (\$19 for Racine County residents, \$29 otherwise). Season passes can be purchased online at the Racine County website or in person at the facility. Morning practices are scheduled to begin Monday, June 10.

If you have a Facebook account, please considering joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

**Upcoming Meets**

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
May 6-7	SEA Early Bird	4/27
May 13	NBSC Open	Closed
May 21	Conference Meet	TBA
Jun 2-4	SEA Pirate Plunge	5/25
Jun 11	Conference Meet	TBA
Jun 23-24	SEA Summer Sizzler	6/15
Jun 23-25	WGL0 Invite	TBA
Jun 29	Open Water State	TBA
Jun 30	Conference Meet	TBA
Jul 6-8	Lakeside Invite	TBA
Jul 13-16	Speedo Sectionals	TBA
Jul 14-16	12&U State	TBA

Jul 25	Conference Champs	TBA
Jul 27-30	13&O State	TBA
Jul 31-4	Junior Nationals	TBA
Aug 3-6	14&U Zones	TBA

**Hotel Information for Lakeside Invite, 7/6-8**

We will be attending the Lakeside Invite again this summer. The meet takes place in Kentucky at the Lakeside Swim Club facility (it's an outdoor facility with the competition pool located in a closed quarry).



As usual, hotels are difficult to come by (this summer there's a major volleyball and baseball tournament taking place on the same weekend we will be racing). After Coach Neil spoke with a few group reservation representatives, they seem to feel rooms will free up a week or two out of our arrival as many teams over reserve their needs.

However, we did secure a block of ten rooms at the Drury Inn & Suites located 7.2-miles/14-minutes from the venue. All rooms are double queen and the hotel offers complimentary hot breakfast and dinner/drinks.

If you are planning on attending this meet, you can reserve a room by visiting the link below.

Once all rooms are secured, please try and contact the hotel directly to see if you can secure a room (Coach Neil was able to pick-up a room on 1/25 without issue - reserved online at hotels website).

The hotel address is 9501 Blairwood Road, Louisville. Phone is 502.326.4170. Hope to see you there!

<https://www.druryhotels.com/bookandstay/newreservation/?groupno=10051888>

**SCRIP Fundraising Information**

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n

Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage ([www.sea-y.org/scrip](http://www.sea-y.org/scrip)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA enrollment cord (please email Coach Neil at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

**Order Dates for Spring & Summer**

<i>Order By</i>	<i>Delivery On</i>
May 7	May 11-12
June 4	June 8-9
July 2	July 6-7

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com).

**13&O Training Trip**

Every two year's all athletes 13&O are extended the opportunity to attend a week-long training trip with their teammates and TEAM SEA.

Our next trip will take place in June of 2023, 9<sup>th</sup>-16<sup>th</sup>. A minimum of 12 athletes must attend this trip for it to take place. Athletes interested in attending include: Rylie Bergemann, Sophia Marini, Brady Moore, Lindsey Hohnl, Gabi Peterman, Jack Borzynski, Alice Stratman, Nathaniel Foster, Nicholas Foster, Caleb Bergman, Molly Warren, Evelyn Gutknecht, Noah Fiorentino, Ian Lopez.

The trip has averaged out to \$1000 per swimmer over the years and we usually drive to Panama City Beach, FL. This year's trip is currently sitting at \$1350 (plus expenses for food).

We will also need two chaperones with priority given to those parents who have not had an opportunity to attend. Chaperones to date include Eric Bergemann, John Marini, Ben Foster, Maria Peterman, Sarah Foster.

Please contact Coach Neil if you would like to attend or need more information.

### **April Birthdays**

Juliana Aburto, Jett Adams, David Binder, Greyson Clark, Natalie Deschler, Grayson Kirchenberg, Andy Krug, Solana Malacara, Emma Masaya, Allison Oster, Elliott Oster, Alice Stratman, Kylie Thomas, Amelia Villarreal, Claire Wolfe.

### **Extended Calendar**

#### **April**

29 LSC Annual Meeting

#### **May**

6-7 SEA Early Bird

13 NBSC Open

20 Conference Meet

21 Swim for a Cause

29 No practice

#### **June**

2-3 No practice

2-4 Pirate Plunge

9-16 13&O Training Trip

11 Conference Meet

23-24 No practice

23-24 Summer Sizzler

23-25 WGLO Invite

29 Open Water State

30 Conference Meet

#### **July**

4 No practice

6-8 Lakeside Invite

13-16 Speedo Sectionals

14-16 WI LSC Regionals

21-23 12&U State

27-30 13&O State

31-4 Junior Nationals

3-6 14&U Zones

### **F.A.Q.**

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
  - a. Coach Neil
  - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
  - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?

- a. Bronze and Silver = 2-3
  - b. Gold = 4-5
  - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
  - 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
  - 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

***Caring \* Honesty  
Respect \* Responsibility  
Build \* Promote \* Achieve***