Serpent Times *weekly newsletter for* Southeastern Aquatics Racine Family YMCA Swim TEAM est. 1984



TEAM SEA's Mission: To empower the youth of southeastern Wisconsin to be champions in life through excellence in swimming.

May 13, 2020

Head Coach Notes

Putting the important stuff first ...

I am in the process of completing the steps for TEAM SEA to be recognized as a Safe Sport Club through USA Swimming (this is a requirement for all USA Swimming teams that must be completed by September of 2021). To date, we only need some help from our swimmers and parents.

Swimmers (age 12-17) need to take the class "Safe Sport for Athletes" and our parents need to take the class "Parents Guide to Misconduct in Sport."

Visit <u>www.usaswimming.org/learn</u>, create an account, and take the class. Each class takes 30-35-minutes.

To date, swimmers are at 8.1% and parents are at 3.9% (we need both to be at a minimum of 10%).

When we reach 10% on both, we can submit our application! Thank you in advance for your help!!

TEAM SEA is looking for some help at the board level. If you have background in finances maybe you would be a good fit as SEA's treasurer? The position requires about 10-15 hours a week and individuals should be level-headed, even keeled, and care more about the team as a whole versus their own swimmer. Please reach out to me if you would like additional information or are interested in the position.

Another week and another non-update in regards to any changes and/or cancelations to report ... but let's be honest, what else is there to cancel (that's my attempt at some lighthearted comedy).

We are in week two of virtual dryland and like Coach Katie, I'd rather be running this "in person." We are making the best of it, but virtual dryland is A LOT different than in person dryland. If you interested in having your swimmer attend online dryland training, please reach out to me.

Don't forget to forward your unwanted or unneeded shoes to Shay Borzynski. She is in

the process of collecting shoes for a TEAM SEA fundraiser. She'll be collecting them for another 50-days or so. The swimmer who donates the most shoes wins a \$50 gift certificate and TEAM SEA will receive \$1000.

I can be reached at 262.994.3157 or <u>south.eastern.aquatics@gmail.com</u>. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Thanks for reading!

Upcoming Meets

Date		Meet	Entry Dead	line
June 2	6-27	SEA Summer	Sizzler	TBD
June 2	6-28	LAKE WGLO	Invite	TBD
July 1	0-12	Bird Bath	Invite	TBD

Katie's Kickboard

Hello again,

Rumor has it that we may get some 70' weather this coming week! I can't wait to get out and do something adventurous. We have been taking the dog's on regular walks but we are becoming bored of our normal route. We may venture to a State Park and take a hike, this is a great socially distanced activity.

After one week of our Virtual Dryland I can say I do miss the athletes and coaching in person 100x more than I did before starting. I am finding the balance between instructing, exercising with them, motivating them, and making sure no one is cheating. It is not easy to talk after doing 45 seconds of burpees with them!

Friday, May 15th Virtual Dryland will be at 12 pm (Noon). USA Swimming is hosting a Safe Sport training for Coaches via Zoom at 2pm. I will send out a link for the adjusted time for that.

I know by now we are all getting restless in our homes, we have probably organized the same closet 3 times already (this may only be me). With time, and the proper safety precautions, we can hopefully get back to the pool and our SEA family soon.

In the meantime, remember to take care of yourself, as Donna from Parks and Rec says "Treat Yo' Self" (this is the show my Husband and I are currently watching). Keep connected via social media and email, feel free to contact me with anything, <u>coachkatiejames@gmail.com</u>.

Request for Pictures - Annual Banquet

Jose Arteaga is in the process of building a video to be played during our upcoming Annual Awards Banquet. If you have any pictures you would like to share that were not posted via social media over the past year, please email him at joseharteaga@gmail.com. Thanks!

Buffalo Wild Wings Home Team Advantage

Do you need a good excuse to skip cooking one night? Every time you dine in or carry out at our local Buffalo Wild Wings (next to Olive Garden at the corner of HWY 20 and 31), 10% of the total spent will be forwarded to TEAM SEA (yes, this does include alcohol). Just tell your server you are supporting TEAM "E" when placing your orders.

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.seav.org/scrip) - vou can also read about PrestroPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Julie Kopsea at jkopsea@yahoo.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements

can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Fall & Winter

Order By	Delivery On
TBA	ТВА

If you have any questions or need help, please reach out to Julie Kopsea at 414.530.5399 or at <u>ikopsea@yahoo.com</u>.

Swimmer Spotlight

Will return when practices begin. Name: Age: Group: Gold Role Model: Favorite Stroke: Favorite Event: Favorite Swimmer: Future Goal: Hobbies: Famous Person You'd Like to Meet: Favorite Book: If you could change anything in the world, what would you change:

May Birthdays

Joey Abel, Josh Abel, Paige Betthauser, Jack Borzynski, Emily Cain, Leah Fallenbeck, Sophie Gutknecht, Ericka Kaprelian, Sydney Rybarik, Zack Steenrod, CJ Trask, Hopking Uyenbat.

Extended Calendar

Мау

Board meeting, 6:00 p.m. via Zoom - all welcome, contact Neil if you would like to attend

TEAM SEA Parent Board

President			
Jeff Peterson – <u>petersonj12@gmail.com</u>			
Vice President			
Ben Foster – <u>BenFoster311@gmail.com</u>			
Treasurer			
Open			
Registration			
Missy Reischl – <u>mjreischl@outlook.com</u>			
Meet Director			
Amy Bergman –			
meetdirector.sea@gmail.com			
Secretary			
Katie Ritter – <u>krritter717@att.net</u>			
Officials			
Jose Arteaga – <u>joseharteaga@gmail.com</u>			
Fundraising			
Shay Borzynski – <u>sborzynski@gmail.com</u>			

Head Coach Neil Wright -<u>south.eastern.aquatics@gmail.com</u>

> Caring * Honesty Respect * Responsibility Build * Promote * Achieve

Did You Know?

When you introduce new swimmers to TEAM SEA and they join, your escrow account is credited \$50. Take advantage!