

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

May 21, 2021

Head Coach Notes

Don't forget, there will be no practice on Monday, May 31 in observance of Memorial Day.

Swimmers who have not entered the Pirate Plunge team hosted meet can still do so ... please email me your intentions.

Here's a noteworthy update ... Brown Deer and the WSAC have updated their protocols in regards to meets. Because of these changes, we hope to condense the meet to two sessions per day instead of three. 12&U will remain in the AM and 13&O will race in the PM. Masks will not be required for those vaccinated. One spectator will be allowed in for each swimmer. There will be no assigned seating for athletes. Social distancing is no longer required. Locker rooms are fully open and with no limits. This is all great news! We have an email out to the teams attending and if everyone agrees, we will make these changes.

Entries close in three days for our upcoming Summer Sizzler. Please email me to have your swimmer(s) entered into the meet. The meet will be held at RecPlex on Friday and Saturday, June 25-26.

We finally have a rough draft of our Summer practice schedule (June 9-July 28) ...

Bronze: Monday-Thursday, 5:00-6:00 PM at Sealed Air YMCA

Silver: Monday-Friday, 5:00-6:00 PM at Sealed Air YMCA

Gold: Monday-Friday, 6:00-7:30 PM at Sealed Air YMCA, Saturday, 8:00-9:30 AM at Sealed Air YMCA

Senior: Monday-Friday, 7:00-9:00 AM and 4:00-6:00 PM at SCJ Aquatic Center, Saturday, 8:00-9:30 AM at Sealed Air YMCA

We may or may not offer a long course training opportunity for Gold and Senior (all depends on whether or not we secure pool time). Updates will be forwarded as they become available.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please

contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Katie's Kickboard

Hello again,

We have been blessed with some beautiful weather lately. My windows are open at home with the smell of freshly cut grass flowing through them. The Gold's have loved being able to do dryland outside these last two weeks.

Great job to all athletes who competed in the Conference meet this past Sunday in Lake Geneva. These meets are perfect opportunities for novice athletes to dip their toes into the field of competition.

Bronze and Silver athletes have been very motivated lately! We are always emphasizing kicking and having a tight streamline, which is the most important aspect of swimming. Some Silvers have snorkels, they are not required but highly recommended. You will need a sport/swimming style snorkel that is front facing. Snorkel's are a versatile tool that will be incredibly useful while training.

This week we have started our goal meetings with the Gold Training Group. I have said this before but these kids surprise me every day, they keep me on my toes, and I love them to pieces. They have amazing attainable goals that I look forward to watching them succeed.

Don't forget to check the meet schedule on the website for our upcoming meets. Email coach Neil or I with your interest in attending upcoming meets or with any questions/concerns.

NBSC Meet Information

This weekend we will be racing at New Berlin Eisenhower High School, 4333 S. Sunnyslope Road.

Saturday Warm-ups

12&U, 8:30 AM, meet begins at 9:05 AM and is scheduled to end at 9:35 AM.

13&O, 10:30 AM, meet begins at 11:30 AM and is scheduled to end at 12:45 PM.

Sunday Warm-ups

12&U, 8:30 AM, meet begins at 9:05 AM and is scheduled to end at 10:40 AM.

13&O, 11:00 AM, meet begins at Noon and is scheduled to end at 1:27 PM.

Drive safe, swim fast, have fun!

Conference Meet Highlights & Recap

Solid outing last weekend in Lake Geneva as TEAM SEA combined for 49% best times (22 of 45 swims) and only one DQ.

Cutting five or more seconds were Nathaniel Foster -9.25 100 Breaststroke, Nicholas Foster -19.33 100 Backstroke, Andy Krug -5.22 100 IM, and Jordyn Tran -45.66 200 Freestyle.

Notching 100% best times included Nathaniel Foster, Sophie Gutknecht, Zack Kopsea, Andy Krug, Morgan Pankow, and Jordyn Tran.

Gold Medalist: Ethan Bergman (3 events), Jordan Borzynski (1 event), Zack Kopsea (2 events)

Silver Medalist: Nathaniel Foster (1 event), Zack Kopsea (1 event), Andy Krug (1 event)

Bronze Medalist: Jack Borzynski (1 event), Andy Krug (2 events)

Great job swimmers!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
May 22-23	NBSC Meet	Closed
June 4-6	SEA Pirate Plunge	5/30
June 19	Conference Meet	6/12
June 25-26	SEA Summer Sizzler	5/23
June 25-27	WGLO	5/21
July 8-11	Speedo Sectionals	TBA
July 10	Conference Meet	TBA
July 16-19	Regionals	TBA
July 23-25	12&U State	TBA
July 29-1	13&O State	TBA
August 5-8	14&U Central Zones	TBA

Outdoor Practice Cancellation Protocol

With outdoor training right around the corner, it's not to review the protocols for when we have to cancel practice.

Weatherwise, practice will only be canceled if there is lightning and/or thunder.

The call to cancel will be made 45-minutes before practice begins (6:15 AM or 3:15 PM).

Notifications will be emailed and posted on social media.

13&O Training Trip Details to Date

The final dates for this year's training trip are June 11-18 (Friday-Friday).

Training Facility: Frank Brown Park

Girls attending: Natalia Badillo, Megan Schultz, Jorja Makovsky, Sofia Badillo, Mac Thomas, Zoe D'Alessandro, Maddie Cerny, Rylie Bergemann, Jordyn Tran, Sophia Marini, Gabi Peterman

Boys attending: Joe Skantz, Andy Krug, Ethan Bergman, Charley Halstead, Alex Lopez, Zack Kopsea, Brady Moore, Hugo Arteaga, Nathaniel Foster, Jack Borzynski

Chaperones: Maria Peterman, Eric Bergemann, Ben Foster.

Next Meeting (for all swimmers + parent(s), and chaperones = June 7).

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Julie Kopsea at jkopsea@yahoo.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Fall & Winter

<i>Order By</i>	<i>Delivery On</i>
May 16	May 20-21
June 13	June 17-18
July 18	July 22-23

If you have any questions or need help, please reach out to Julie Kopsea at 414.530.5399 or at jkopsea@yahoo.com.

May Birthdays

Paige Betthausen, Jack Borzynski, Emily Cain, Elias Folk, Sophie Gutknecht, Carter Justman, Erika Kaprelian, Charles Ray, Sydney Rybarik, Zack Steenrod, CJ Trask, and Hopking Uyenbat.

Extended Calendar

May

22-23 NBSC Meet

June

4-6 SEA Pirate Plunge

7 13&O Training Trip meeting

11-18 13&O Training Trip

19 Conference Meet

25-26 SEA Summer Sizzler

25-27 WGLO

July

8-11 Speedo Sectionals

10 Conference Meet (AM)

10 Tri-dual (PM)

16-19 Regionals

23-25 12&U State

29-1 13&O State

August

5-8 14&U Central Zones

Did You Know?

When you introduce new swimmers to TEAM SEA and they join, your escrow account is credited \$50. Take advantage!

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***