

Serpent Times

weekly newsletter for
Southeastern Aquatics
Racine Family YMCA Swim TEAM
est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin to be champions in life through excellence in swimming.

May 6, 2020

Head Coach Notes

I'm happy to report no new updates this week. We've had some pretty big body blows recently with events that have been canceled so it's refreshing to not report any new "bad" news.

Good news is that there are some teams back in the water on the east and west coasts of the USA. Hopefully this trend continues and makes it to the Midwest sooner rather than later.

Virtual dry-land training is off and running. It takes some getting used for sure. If you are interested in participating, reach out to me. Cost is \$100 for the month of May ... hopefully we'll be back in the water later this month/early June and can run dry-land in person again. Keep those fingers and toes crossed.

Don't forget to forward your unwanted or unneeded shoes to Shay Borzynski. She is in the process of collecting shoes for a TEAM SEA fundraiser. She'll be collecting them for another 50-days or so. The swimmer who donates the most shoes wins a \$50 gift certificate and TEAM SEA will receive \$1000.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Thanks for reading!

Upcoming Meets

Date	Meet	Entry	Deadline
June 26-27	SEA Summer Sizzler		TBD
June 26-28	LAKE WGLO Invite		TBD
July 10-12	Bird Bath Invite		TBD

Katie's Kickboard

Hello again,

What a beautiful weekend we had! We were out enjoying the sun, got some yard work done, and grilled some brats. These nice days are keeping me sane, and getting me out of the house.

We have started offering dryland 3 days a week via Zoom. Our first one went well, and I'm still a little sore. There's a learning curve when it comes to recording myself and the way I explain things. But it's so nice to be back working with these athletes.

Last week on our Gold's Zoom learning we discussed more about the mental side of the sport. Learning about mental habits, good ones and bad ones. This Thursday we will continue with some activities on mental habits, and talk about the importance of failure in their development as an athlete.

Gold's decided to move the Thursday Zoom learning to 2pm instead of 1pm. Hopefully we can avoid interfering with their school work.

Don't forget to check social media and your email regularly for updates.

Request for Pictures - Annual Banquet

Jose Arteaga is in the process of building a video to be played during our upcoming Annual Awards Banquet. If you have any pictures you would like to share that were not posted via social media over the past year, please email him at joseharteaga@gmail.com. Thanks!

Buffalo Wild Wings Home Team Advantage

Do you need a good excuse to skip cooking one night? Every time you dine in or carry out at our local Buffalo Wild Wings (next to Olive Garden at the corner of HWY 20 and 31), 10% of the total spent will be forwarded to TEAM SEA (yes, this does include alcohol). Just tell your server you are supporting TEAM "E" when placing your orders.

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Julie Kopsea at jkopsea@yahoo.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Fall & Winter

Order By	Delivery On
TBA	TBA

If you have any questions or need help, please reach out to Julie Kopsea at 414.530.5399 or at jkopsea@yahoo.com.

Swimmer Spotlight

Will return when practices begin.

Name:

Age:

Group: Gold

Role Model:

Favorite Stroke:

Favorite Event:

Favorite Swimmer:

Future Goal:

Hobbies:

Famous Person You'd Like to Meet:

Favorite Book:

If you could change anything in the world, what would you change:

April Birthdays

Michael Cartwright, Madison Marry, Kinzie Reischl, Marie Spang, Alice Stratman, Kylie Thomas, Claire Wolfe.

Extended Calendar

May

19 Board meeting, 6:00 p.m. via Zoom - all welcome, contact Neil if you would like to attend

TEAM SEA Parent Board

President

Jeff Peterson - petersonj12@gmail.com

Vice President

Ben Foster - BenFoster311@gmail.com

Treasurer

Britney Bilgrien - babelgrien@gmail.com

Registration

Missy Reischl - mjreischl@outlook.com

Meet Director

Amy Bergman -

meetdirector.sea@gmail.com

Secretary

Katie Ritter - kr Ritter717@att.net

Officials

Jose Arteaga - joseharteaga@gmail.com

Fundraising

Shay Borzynski - sborzynski@gmail.com

Head Coach

Neil Wright -

south.eastern.aquatics@gmail.com

*Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve*

Did You Know?

When you introduce new swimmers to TEAM SEA and they join, your escrow account is credited \$50. Take advantage!