

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

June 13, 2024

Neil's Notes

It's shocking to believe, but we only have roughly 30-days remaining of practices for the Spring & Summer Season. Time seems to be really flying by this Spring and Summer.

Don't forget to enter your swimmer in our upcoming Summer Sizzler (June 21-22, Friday-Saturday) to be hosted at the RecPlex in Pleasant Prairie - send an email to south.easteran.aquatics@gmail.com and we'll be happy to slot them in. Also, please ensure you secure three volunteer spots ... thanks in advance for supporting your swimmer's team!

Morning practices have been amazing. The weather is certainly cooperating this year. Practices run Monday-Friday, 7-9 AM for our Senior training group. As a reminder, if practice needs be canceled, the call will be made at 6:15 AM and shared via email and social media.

We are heading back to the Bird Bath Invite in Appleton this summer. The meet is scheduled for July 12-14 at Erb Park. Entries are due June 23. This is an outdoor event and a lot of fun. Take advantage!

Our Annual Team Picture is scheduled for Monday, June 24 at the Racine Aquatic Center beginning at 5:00 PM. ALL athletes who are currently on the team and/or swam with TEAM SEA last Fall & Winter Season are welcome to attend. The process is simple. VIP will take an individual picture of all our swimmers/coaches and composite those pictures into a team picture. Additionally, VIP will take individual posed pictures for all families interested (can be sibling or friend pictures too). Families will be able to order pictures online ... information will be shared when received.

Save the date ... our annual banquet is scheduled for Tuesday, August 13. More information can be found on our website. As usual, we are looking for a few families to bring cupcakes. Thanks to the Westfall family for stepping up around. Please speak with me if you are able to help out. Thanks!

Please ensure your swimmer is registered for our current season ... either signed up online through our website and/or have submitted the first and second payments. Additionally, all out athletes need to carry a YMCA membership while training with TEAM SEA.

If you have a Facebook account, please considering joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

14th Annual Summer Sizzler Meet Information

We are scheduled to host our Summer Sizzler event on Friday-Saturday, June 21-22 at the RecPlex Aqua Arena, 9900 Tarwell Terrace in Pleasant Prairie.

Friday & Saturday AM warm-ups (12&U) begin at 8:00 AM, meet begins at 9:05 AM and is scheduled to end at 12:10 PM Friday and 12:56 PM Saturday.

Friday PM warm-ups (Open) begin at TBA.

Saturday PM warm-ups (Open) begin at TBA.

Drive safe, swim fast, have fun!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
Jun 21-22	SEA Summer Sizzler	6/19
Jun 28	Conference Meet	6/14
Jul 11-14	Speedo Sectionals	7/1
Jul 12-14	Bird Bath Invite	6/23
Jul 19-21	Regionals	7/10
Jul 23-27	Junior Nationals	7/15
Jul 26-28	12&U State	7/21

Jul 30	Conference Champs	7/20
Aug 1-4	13&O State	TBA
Aug 8-11	14&U Zones	TBA

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

<i>Order By</i>	<i>Delivery On</i>
July 14	July 18-19

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

OST (Off-Season Training)

OST will be offered between the end of the Spring & Summer Season and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Wednesday, August 5-28). Gold and Senior will swim 7:30-9:00 AM and Bronze and

Silver will swim 9:00-10:00 AM with each each covering starts, breakouts, turns, and finishes for one stroke (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The cost for Gold and Senior is \$160 for all four weeks or \$40 per week.

The cost for Bronze and Senior is \$120 for all four weeks or \$30 per week.

To sign-up simply email Coach Neil and forward payment on the first practice your athlete attends. Take advantage!

All practices will be held at the outdoor SCJ Community pool and all participants will need a membership to the pool. There will be no refunds or "make-up days" for inclement weather/canceled practices.

May Birthdays

Jack Borzynski, Sylvie Carlson, Haylee Clouse, Ezra Coughlin, Emma Ebert, Aisling Fahy, Sophie Gutknecht, Adriana Hotchkiss, Carter Justman, William Martin, Makenna Menken, Molly Staniger, Zack Steenrod.

June Birthdays

Gennie Bruzas, Max Carlson, Eli Chentnik, Mason Fisher-Sedlachek, Evelyn Gutknecht, Callie Klepp, Sebastian Malfavon, Arya Morey, Bizzy Strickling, Cloey Sullivan, Grayson Sullivan, Aubree Van Dyke, Mason Walker.

Extended Calendar

June

- 21-22 SEA Summer Sizzler
- 21-22 No practice, we host Summer Sizzler
- 24 Team Picture, 5 PM at RAC
- 28 Conference Meet, 50-meter pool

July

- 4 No practice, Happy Independence Day
- 11-14 Speedo Sectionals
- 12-14 Bird Bath Invite
- 19-21 Regionals
- 23-27 Speedo Summer Championships
- 26-28 12&U State
- 30 Conference Champs Meet
- 31 Last day of Spring & Summer practice

August

- 1-4 13&O State
- 8-11 14&U Zones
- 13 Annual Awards Banquet
- 13 High School girls swimming begins

September

- 23 Tryouts
- 23 First day of practice for Fall & Winter

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***