Serpent Times newsletter for Southeastern Aquatics Racine Family YMCA Swim TEAM est. 1984



TEAM SEA's Mission: To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

June 17, 2022

Speedo

Neil's Notes

Happy early Father's Day to all our TEAM SEA dads out there! I hope your families spoil you Sunday.

Today is the deadline to have your son or daughter compete in our team hosted Summer Sizzler which will run June 24-25 (Friday and Saturday) at RecPlex. Take advantage of this great event and please don't forget to sign-up to work two sessions. Thanks in advance for supporting your team!

This Tuesday is the deadline to declare your intentions for our Noah's Ark team trip.

The Conference meet scheduled for July 1 will be held in Janesville at an outdoor 50meter pool – just a heads-up.

I recently sent an email to families who have a 17-year-old in regards to completing the Athlete Protection Training through the USA Swimming website. Please note that this is an annual requirement for all 18-and-old swimmers. Contact me if you need help finding the online class on the USA Swimming website.

I can be reached at 262.994.3157 or <u>south.eastern.aquatics@gmail.com</u>. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Upcoming Meets

Date	Meet Entry L	eadline
June 24-25	SEA Summer Sizzler	6/17
June 24-26	WGLO	Closed
June 30	Open Water State	6/23
July 1	Conference Meet	6/24
July 7-9	Lakeside Invite	Closed
July 14-17	Speedo Sectionals	7/6
July 15-16	WI LSC Regionals	TBA
July 22-24	12&U State	TBA
July 26	Conference Meet	7/19
July 28-31	13&O State	TBA
Aug 4-7	14&U Central Zones	TBA

Conference Meet Recap & Highlights

We had a great outing last weekend in Lake Geneva notching 63% best times and no DQs!

Cutting five or more seconds in a single event included Ale Arteaga -5.11 200 Freestyle and Charlotte Wright -25.95 in the 25 Breaststroke.

Posting all best times in their events were Ellie Olsen, Even Olsen, and Charlotte Wright.

Congratulations to Ellie Olson on joining the 21-and-under club by breaking :21 in the 25 Freestyle and to Aisling Fahy on competing in the first meet of her life!

Gold Medalist: Jack Borzynski (two events), Charlotte Wright (three events)

Silver Medalist: Jack Borzynski (one event), Ellie Olsen (one event)

Bronze Medalist: Jordan Borzynski (one event), Ellie Olsen (one event)

Great job swimmers!

Central Zones Open Water Meet

Hannah Scherwinski raced in the 5K Open Water Central Zone meet this morning and did a fantastic job. Final results are not posted yet, but she finished the race in roughly 1:09.

The next Open Water meet will be held on Thursday, June 30 at Lake Andrea in Pleasant Prairie (same venue as Zones).

If you have a BB time standard in the one of the distance events for your age-group you are qualified to race! Email Coach Neil to sign-up by June 23rd.

Noah's Ark Trip Scheduled for June 28

We are finally heading back to Noah's Ark! The date is set to splash around for a day at Wisconsin's best outdoor waterpark ... Tuesday, June 28.

We will meet in the parking lot of Sealed Air YMCA at 7:00 AM and depart shortly thereafter. We will depart Noah's Ark at 5:00 PM and return to Sealed Air around 7:30 PM.

10&U athletes must have a designated adult watching over them during this trip ... does not need to be mom or dad. 11&O athletes can attend without a designated adult.

Tickets are \$40 (please reach out to Coach Neil if you need financial assistance in attending).

We will need drivers! How many we need depends on how many athletes attend.

Can I bring my friend? Sure, as long as you have a ride for him or her.

If you are planning on attending, please forward \$40 (cash or check payable to SEA) to any coach on deck.

Attending to date includes: Gabi Peterman, Lindsey Hohnl, Evelyn and Sophie Gutknecht, Jack Gerszewski +2, Maddie Cerny, Thornton @ 3, Grace Gross, Zoe D'Alessandro, Carlson @ 3, Levi Jansen, Reina and Zosia Spiecka, Coach Neil @ 5, Coach Joanna

Drivers to date includes: Coach Neil (room for two more), Ahnna Thornton room for one more)

Don't miss out on this enjoyable day away from the training pool!

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.seay.org/scrip) - you can also read about PrestroPay on that page too.

Your order can be placed at SEA www.shopwithscrip.com by use the enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for s	Spring & Summer
Order By	Delivery On
July 3	July 8
If you have any	quartians or need halp

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at <u>south.eastern.aquatics@gmail.com</u>.

TEAM SEA Amazon Smile

TEAM SEA has had an Amazon Smile account for many years, but it has been a while since we have reached out to families for support.

If you would like to support TEAM SEA via purchases when ordering from Amazon Smile please go to https://smile.amazon.com/ch/39-1580537.

Once there, please click on the Start Shopping button to support TEAM SEA. Thank you for helping one of Racine's Hidden Gems.

Off-Season Training (OST)

OST will be offered between the end of the Spring & Summer and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the offseason and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for five weeks (Monday-Wednesday, August 1-August 31) and will be led by Coach Joanna.

Gold and Senior will swim 8:00-9:30 AM and Silver and Bronze will swim 9:30-10:30 AM with each week covering starts, breakouts, turns, and finishes for one stroke.

The cost for Gold & Senior is \$150 for all five weeks or \$30 per week.

The cost for Bronze & Silver is \$100 for all five weeks or \$20 per week.

To sign-up simply email Coach Neil and forward payment to Coach Joanna (cash/check payable to SEA) when you attend the first practice.

Take advantage!

June Birthdays

Nolan Barrett, Max Carlson, Evelyn Gutknecht, Callie Klepp, Allison Labarber, Arry Morey, Ellie Olson, Benji Thornton, Aubree Van Dyke.

Extended Calendar

<u>June</u>	
21	Deadline to sign-up for Noah's Ark
24-25	SEA Summer Sizzler meet
24-25	No practice
24-26	
28	Noah's Ark team trip
28	No practice
<u>July</u>	
1	Conference meet
4	No practice
7-9	Lakeside Invite in Kentucky
	Speedo Sectionals
	Regionals
	12&U State
26	Conference meet
	13&O State
August	
	Speedo Junior Championships
1-31	OST
	14&U Zones
9	WIAA girls swim begins
22	Fall & Winter Registration opens
<u>Septen</u>	
19	New swimmer tryouts
20	Fall & Winter Season begins
<u>Octobe</u>	
	OZ Swim Your Own Age meet
<u>Novem</u>	<u>ber</u>
5	WIAA girls Sectionals
6	SEA Pentathlon meet
12	
13	Conference Meet
13	SSTY Invite (only for Y-Nat swimmers)
14	WIAA boys swim begins
18-20	HPAC Invite
24-25	No practice, Happy Thanksgiving
<u>Decem</u>	<u>ber</u>
2-4	Y-Finalist
10-11	Single Age State
	Conference Meet
F.A.Q.	
1)	Where can I get one of those awesome

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$17 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)

- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

Caring * Honesty Respect * Responsibility Build * Promote * Achieve