

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

June 25, 2026

Neil's Notes

The long course Conference meet tomorrow marks the end of our regular season meets and the start of our championship season. All remaining meets on our meet schedule are "suited" meets and the coaching staff is very excited to SEA all our hard work since April pay off!

Here's the list of meets still open for entries: Regionals, 12&U State, Conference Champs, 13&O State, and 14&U Zones (please note families are responsible for entering their swimmers in Zones via the WI LSC Zones page ... if you need help, please reach out). Send your swimmers' intentions to attend any of the remaining meets today!

Thank you to all the families who volunteer at this Spring & Summer's batch of hosted meets. It's a great feeling to not have to host another meet until November! Enjoy!!

It's America's 250th birthday this summer. Be sure to stop by and see me to pick-up one of our TEAM SEA USA flag swim caps.

Make a note ... beginning this Fall & Winter all swimmers will need to secure their USA Swimming Membership.

Please note, the information in our weekly newsletter changes from week-to-week. Dates and times for upcoming events are fluid and can change. Please ensure you are reading the latest newsletter so you are up-to-date!

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

Long Course Conference Meet Information

Tomorrow we'll be racing at the Rockport Pool Janesville (2801 Rockport Road).

Our warm-ups begin in lane six at 5:05 PM, meet begins at 5:30 PM and is scheduled to end at 8:30 PM.

We are charged to supply one volunteer timer.

Please bring your own chair if you plan on sitting. The meet host also recommends bringing snacks, drinks, sunscreen/sunglasses, and a stopwatch as this facility does not have a scoreboard. Heat sheet can be accessed via the meet landing page.

Drive safe, swim fast, have fun!

Upcoming Meets

Date	Meet	Entry Deadline
June 26	Conference Meet LCM	closed
July 9-12	Speedo Sectionals	7/1
July 10-12	West Michigan Classic	closed
July 17-19	WI LSC Regionals	7/10
July 24-26	12&U State	7/19
July 28	Conference Champs	7/19
July 30-2	13&O State	7/19
Aug 6-9	14&U Zones	tba
Oct 16-18	OZ Fall Classic	tba
Oct 29	Sprint Time Trials	10/25
Nov 1	SEA Pentathlon	tba
Nov 12	Mid-Distance Time Trials	11/8
Nov 13	Conference Meet	tba
Nov 15	SSTY YMCA Invite	tba
Nov 20-22	Arena Mid-Season Showdown	tba
Dec 4-6	YMCA Finalist	tba
Dec 11-13	RA Distance Classic	tba
Dec 12-13	12&U Single Age State	tba
Dec 17	Distance Time Trials	12/13

Summer Sizzler Recap & Highlights

We had a great meet last weekend! When the waves settled, we finished with 64% best times (161 of 251 splashes) and only two DQs (Butterfly and Breaststroke). Wow!!

Congratulations to Charlotte Gruettner who broke our 9-10 200 Breaststroke team record with her effort of 3:53.02 (old mark was held by Shaelyn Jensen from 2019, 4:05.98).

New long course State qualifying times were posted by Ethan Eckel Senior 100 Butterfly 1:02.99, Charlotte Gruettner 9-10 200 IM 3:25.23, Brady Moore Senior 100 Butterfly 1:03.25, and Rhemy Thompkins 11-12 100

Backstroke 1:22.79, 200 Breaststroke 3:25.40, 100 Butterfly 1:20.00.

Cracking into our team's Top Ten were Charlotte Gruettner 9-10 2nd 200 Backstroke 3:24.81, EJ Gruettner 8&U 2nd 200 Backstroke 4:28.01, Rhemy Thompkins 11-12 8th 100 Butterfly 1:20.00, Ireland Byrne 13-14 10th 200 Butterfly 3:14.98, Harrison Yanke 9-10 7th 50 Backstroke 40.60, AJ Phillips 8&U 8th 200 Freestyle 3:58.06, Brady Moore Senior 7th 200 Backstroke 2:19.45, Nate Steenrod 9-10 3rd 200 Backstroke 3:23.11, and Ethan Eckel 15-16 9th 100 Butterfly 1:02.99.

Swimming to all best times included Zoey Aho, Hannah Daams, Eli Ehmcke, Sarina Foster, Miles Hoffman, Charlotte Horton, Logan Masaya, Brennan Meyer, Rosie Nisiewicz, Alanna Peterson, Gavin Peterson, Regan Scheck, Luke Waddle, Bria Widmar, and Brynn Widmar.

Dropping five or more seconds in an event: Jett Adams -7.30 200 Backstroke, Ireland Byrne -7.48 200 Backstroke, Eli Ehmcke -12.58 200 IM, Ciara Fahy -11.49 400 Freestyle, Sarina Foster -31.53 200 IM, Summer Gustafson-Binger -25.16 200 Freestyle, Sophie Gutknecht -13.57 100 Butterfly, Miles Hoffman -11.51 200 Backstroke, Charlotte Horton -45.48 200 Breaststroke, Julie Horton -17.14 200 IM 3:55.94, Timothy Isaacson -15.32 100 Breaststroke, Delilah Kuhl -43.46 200 Freestyle, Emma Masaya -10.37 100 Freestyle, Rosie Nisiewicz -46.69 100 Freestyle, Evan Olson -49.49 400 Freestyle, Alanna Peterson -13.04 50 Freestyle, Gavin Peterson -17.94 100 Freestyle, Evan Steenrod -41.24 400 Freestyle, Nate Steenrod -100.60 200 Freestyle, Zack Steenrod -17.48 400 IM, Rhemy Thompkins -16.97 200 Breaststroke, Aubree Van Dyke -9.83 50 Breaststroke, Luke Waddle -12.62 200 Freestyle, and John Westfall -58.06 200 Butterfly.

Congratulations to Regan Scheck and Ana Yocco on racing in the first long course season ever!

Hospitality Lead Needed

We are looking for parent of a 10&U swimmer who is interested in learning the ins-and-outs of running concessions and hospitality for coaches and officials at the meets we host.

Kelly and Chris Jansen will conduct business as usual for the next two years, but after their son Levi graduates it will be time for another family to take the reins.

Although this is a volunteer position, the family who steps into this role will have

their escrow account credited \$100 per session volunteered.

If you are interested in training to take over this position, please speak with Coach Neil.

Off-Season Training in August

Off-Season Training (OST) will be offered between the end of the Spring & Summer Season and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and affords them the opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes). Also, they get to hangout with their friends which is really great!

OST will be offered for four weeks Monday-Wednesday, August 3-26. Gold and Senior will swim 7:00-8:30 AM and Bronze and Silver will swim 8:30-9:30 AM with each week covering starts, breakouts, turns, and finishes for one stroke (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The cost for Gold and Senior is \$160 for all four weeks or \$40 per week.

The cost for Bronze and Silver is \$120 for all four weeks or \$30 per week.

All practices will be held at the outdoor SCJ Community pool and all participants will need a membership to the pool (secure at the front desk at the facility, \$28). There will be no refunds or "make-up days" for inclement weather/canceled practices.

If practice needs to be canceled because of thunder or lightening, a Facebook notification will be posted at 6:00 AM for Gold and Senior practice and 7:00 AM for Bronze and Silver.

If you plan on attending, simply attend the week(s) you would like to train at and forward payment to any coach on deck when you arrive. Take advantage!

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take

a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

Order By	Delivery On
July 12	July 16-17

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

June Birthdays

Max Carlson, Eli Chentnik, Evelyn Gutknecht, Logan Masaya, Arya Morey, AJ Phillips, Bizzy Strickling, Aubree Van Dyke.

Extended Calendar

July

- 3 No PM practice
- 4 No practice, Independence Day
- 29 Final practice to the season

August

- 6-9 14&U Zones

September

- 21 Tryouts
- 22 Fall & Winter Season begins

October

- 16-18 OZ Fall Classic
- 29 Sprint Time Trials

November

- 1 Pentathlon
- 12 Middle Distance Time Trials
- 13 Conference Meet
- 15 SSTY YMCA Invite
- 20-22 Arena Mid-Season Showdown

December

- 4-6 YMCA Finalist
- 11-13 RA Distance Classic
- 12-13 12&U Single Age State
- 17 Distance Time Trials

January

- 9-10 Penguin Challenge
- 17 Conference Meet
- 22-24 ChaseStrong Invite
- 24 J-HK 8&U All Star

February

- 7 Conference Champs
- 19-21 WI LSC Regionals
- 26-28 Senior State
- 27-28 10&U State

March

- 5-7 11-14 State
- 13-14 YMCA Sectionals
- 19-21 YMCA State

April

- 19 Tryouts
- 20 Banquet
- 21 Spring & Summer Season begins

How to TEAM SEA

In this section of the newsletter, you'll be able to review some of the processes involved with TEAM SEA. If you need additional help in understanding anything TEAM SEA related after reading this section, please reach out to Coach Neil. *Please note this section is under construction and will be updated throughout the season.*

How do we sign-up our swimmers for meets?

To enter your swimmer in any meet on our meet schedule (which can be viewed online at MEMBERS/MEET SCHEDULE or earlier in this newsletter) simply email Coach Neil stating which meet you plan on having your swimmer race in (please include the day(s) you plan on having your swimmer race if the meet is multiple days). 95% of our family's leave event selection up to the coaching staff (you are welcome to select your swimmer's events and if you do, please include them in the email you send).

Families can view meet information, entries, meet fees, and final results online on the MEET SCHEDULE page. Families should view their escrow account via MEMBERS/ESCROW ACCOUNT throughout the season and forward meet fee payments via check (payable to SEA) or cash to any coach on deck.

How do we purchase TEAM SEA swim caps?

Coach Neil has TEAM SEA swim caps with him at practices and meets. Cost for silicone is \$20 and latex is \$5. What's the difference between the two caps ... basically,

thickness. These days, most swimmers prefer silicone, but to each their own.

How many practices should my swimmer attend?

General rule of thumb: Bronze and Silver 2-3, Gold 4-5, and Senior 5-6.

How do I receive emails?

If you are currently not receiving weekly newsletter emails and other updates, please send an email to Coach Neil at south.eastern.aquatics@gmail.com and he'll ensure your email is added to the database.

I submitted a check for escrow and/or swim tuition and it's not cashed yet, when will it?

Deposits are made at the end of each month.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***