Serpent Times

newsletter for Southeastern Aquatics Racine Family YMCA Swim TEAM est. 1984









TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

June 29, 2023

Neil's Notes

Thank you to all the families who stepped forward to assist with running the Summer Sizzler last weekend. The feedback from our leaders and coaches is that the meet ran very smoothly. It's a great feeling to put our last Spring & Summer team hosted meet behind us and not worry about hosting another meet until November! Save the date through ... November 5th we'll be hosting our annual Pentathlon at the Racine Aquatic Center.

Entries are open for Regionals (open to all swimmers; swimmers are not permitted to swim events in which they have State qualifying times in), Conference Champs (a great end of the season short course yard meet), and the WI LSC State meets. Please send an email if you would like your swimmers entered in any of these meets!

Our annual banquet is scheduled for Thursday, August 10 at Infusino's Banquet Hall in Racine. More information will be emailed soon and all swimmers who were on the team in the Fall & Winter and this Spring & Summer are welcome to attend!!

Please ensure your swimmers YMCA membership is current. Stop by the Image Management Family YMCA (8501 Campus Drive) Welcome Center Desk to sign-up if you have not done so or call 262.634.1994. Thank you.

This summer our YMCA is not running the SCJ Community pool and all Senior swimmers planning on attending morning practices will have to purchase a season pass (\$19 for Racine County residents, \$29 otherwise). Season passes can be purchased online at the Racine County website or in person at the facility. Morning practices are scheduled to begin Monday, June 12.

If you have a Facebook account, please considering joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

Conference Meet Information

Tomorrow night we'll be racing at the Rockport Pool in Janesville (2901 W Rockport Road).

Warm-ups begin at 4:40 PM, meet begins at 5:30 PM and is scheduled to end at 7:30 PM.

This is an outdoor 50-meter pool. Please bring folding chairs if you would like to sit during the meet. Probably not a bad idea to bring an umbrella for shade too. Coach Joanna will be on deck during this event.

Drive safe, swim fast, have fun!

Summer Sizzler Recap & Highlights

Great efforts last weekend in Pleasant Prairie! As a team we posted 68% best times (153 of 225) and only six DQs (two each of Butterfly and Breaststroke and one each of IM and Backstroke).

Congratulations to Mason Walker on picking up two new State qualifying times – 11-12 50 Freestyle 32.61 and 200 Breaststroke 3:27.02.

Notching some of the fastest times in our team's history were Ireland Byrne 8th 9-10 400 Freestyle, Ellie Olson 3rd 9-10 200 Backstroke, Nina Fick 4th 9-10 200 Backstroke, Ellie Palermo 9th 17-18 400 IM, Nate Steenrod 9th 8&U 200 Freestyle, Evan Steenrod 2nd 9-10 200 Backstroke, 4th 200 Breaststroke, and Mason Walker 9th 11-12 200 Breaststroke.

Slicing five or more seconds in a single event included Eli Coughlin -6.74 100 Freestyle, Jessica Gonzalez -36.13 100 Freestyle, Summer Gustafson-Binger -19.98 100 Freestyle, Sophie Gutknecht -13.11 200 IM, Lindsey Hohnl -12.21

200 IM, Fiona Marini -5.95 100 Breaststroke, Sophia Marini -8.88 200 Backstroke, Allie Mertins -48.53 400 Freestyle, Walter Olinski -10.48 100 Breaststroke, Ellie Olson -5.34 200 Freestyle, Evan Olson -12.34 200 Breaststroke, Gabi Peterman -8.04 100 Breaststroke, Ellie Staniger -16.43 50 Freestyle, Kaylee Staniger -37.92 200 Freestyle, Evan Steenrod -31.05 200 Backstroke, Zack Steenrod -6.01 50 Butterfly, Mason Walker -12.43 200 Breaststroke, and John Westfall -6.36 50 Freestyle.

Posting all best times in their events were Juliana Aburto, Jett Adams, Mathilde Angeline, Caleb Bergman, Amalia Ehmcke, Eli Ehmcke, Nicholas Foster, Ella Kirchenberg, Emma Masaya, Ryan McGillis, Reina Spicka, Ellie Staniger, Kaylee Staniger, and Molly Staniger.

Congratulations to the numerous swimmers who either swam in their first meet and/or swam in their first long course meet!

Silver medalist: Mason Walker Great job athletes!!

WGLO Invite Recap & Highlights

We had a pretty successful outing last weekend in Brown Deer during the WGLO Invite. As a team, we finished with 50% best times (20 of 40 swims) and no DQs.

Congratulations to Jordan Borzynski on qualifying for Zones for the first time ever. He posted a time of 38.53 in the 50 Backstroke.

New State qualifying times were posted by Jack Borzynski Senior 200 Butterfly 2:20.56, 200 Freestyle 2:01.87 and Nathan Breit Senior 100 Backstroke 1:05.13.

New Team Records were broken by Mac Thomas in the 50 Freestyle 27.00 (broke her own mark from last summer, 27.11) and in the 100 Breaststroke 1:13.54 (broke Megan Schultz's record from 2022, 1:14.95).

Notching some of the fastest times in our team's history included Hannah Scherwinski 17-18 100 Freestyle 9th 1:05.25, Mac Thomas 17-18 4th 100 Backstroke, 2nd 200 Breaststroke, Sofia Badillo 17-18 6th 200 Backstroke, Callie Klepp 15-16 9th 100 Breaststroke, Zoe D'Alessandro 17-18 8th 100 Breaststroke, 6th 200 Breaststroke, Jordan Borzynski 9-10 2nd 50 Backstroke, 6th 50 Butterfly, 2nd 100 Butterfly, Jack Borzynski 15-16 3rd 200 Freestyle, 7th 400 Freestyle, 4th 200 Butterfly, and Nathan Breit 15-16 7th 100 Backstroke.

Callie Klepp posted 100% best times during the meet.

Gold medalist: Jordan Borzynski

Silver medalist: Hugo Arteaga, Mac Thomas

Bronze medalist: Mac Thomas Solid efforts TEAM SEA!

Upcoming Meets

Date	Meet Entry	Deadline
Jun 30	Conference Meet	Closed
Jul 6-8	Lakeside Invite	Closed
Jul 13-16	Speedo Sectionals	7/1
Jul 14-16	WI LSC Regionals	7/2
Jul 21-23	12&U State	7/16
Jul 25	Conference Champs	7/20
Jul 27-30	13&O State	7/16
Jul 31-4	Junior Nationals	7/24
Aug 3-6	14&U Zones	7/30
Oct 13-15	OZ Swim Your Own A	ge TBA
Nov 5	SEA Pentathlon	TBA

Incentive Program for Key Roles

In an effort to ensure our hosted meets and fundraising continue to run smooth, we will begin incentivizing key positions; these positions include head official, meet director, concessions & hospitality lead (this is one position) and AO (administrative official).

These key roles will have their escrow accounts credited \$100 for each session they attend in their capacity (fundraising lead will be credited \$250 per season).

At this time, we have parents slotted into all positions except concessions & hospitality lead. If you are interested in learning more about this position, please contact Coach Neil.

We are always looking at training the next generation of parents so if anyone is interested in learning about any of these positions prior to a spot opening, please do reach out to Coach Neil.

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-<u>y.org/scrip</u>) - you can also read about PrestroPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA

enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

Order By	Delivery On
July 2	July 6-7

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aguatics@gmail.com.

Off-Season Training (OST)

OST will be offered between the end of the Spring & Summer Season and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the offseason and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for five weeks (Monday-Wednesday, July 31-August 30) and will be led by Coach Joanna.

Gold and Senior will swim 8:00-9:30 AM and Bronze and Silver will 9:30-10:30 AM with each week covering starts, breakouts, turns, and finishes for one stroke (the order by weeks is Free, Back, Breast, Fly, IM).

The cost for Gold and Senior is \$150 for all five weeks or \$30 per week.

The cost for Bronze and Silver is \$100 for all five weeks of \$20 per week.

To sign-up simply email Coach Neil and forward payment to Coach Joanna (cash/check payable to SEA) when you attend the first practice. Take advantage!

All practices will be held at the outdoor SCJ Community pool and all participants will need a membership (\$19 for Racine County residents, \$29 for all others). There will be no refunds or "make-up days" for inclement weather/canceled practices.

Bronze & Silver: Ciara Fahy

Gold & Senior: Aisling Fahy, Ryan McGillis

June Birthdays

Nolan Barrett, Max Carlson, Eli Chentnik, Alli Grinhaug, Evelyn Gutknecht, Callie Klepp, Eliani Krekling, Allison Labarber, Arya Morey, Ellie Olson, Cloey Sullivan, Grayson Sullivan, Benji Thornton, Aubree Van Dyke, and Mason Walker.

Extended Calendar

lune

30 Conference Meet (this one's in Janesville)

<u>July</u>

4 No practice

6-8 Lakeside Invite

13-16 Speedo Sectionals

14-16 WI LSC Regionals

21-23 12&U State

26 Final practice of the season

27-30 13&O State

31-4 Junior Nationals

<u>August</u>

3-6 14&U Zones

10 Annual Team Banquet

<u>September</u>

18 Tryouts for new members

19 First day of practice for Fall & Winter

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

Caring * Honesty Respect * Responsibility Build * Promote * Achieve