

## Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



### **TEAM SEA's Mission:**

*To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.*

June 8, 2023

### **Neil's Notes**

Thank you to all families who helped run last weekend's Pirate Plunge. Besides a 10-minute timing system delay Saturday, the meet ran very smoothly.

We only have one meet left to host, our annual Summer Sizzler, Friday-Saturday, June 23-24. 12&U athletes race during the AM session and 13&O athletes race during the PM session. Families need to secure three sessions during this final hosted meet of the season.

Entries are still open for Tuesday's Conference Meet and our upcoming Summer Sizzler. Send an email to me if you plan on having your swimmer race in either of these meets.

This year's 13&O Training Trip begins 3:00 AM tomorrow morning. Myself, three parents and 15 athletes are heading down to Panama City Beach for a week of some great training and team bonding. In my absence, coaches Parker, Charlie, and Kelli will be working with the Silver training group and coach Parker will be overseeing the Senior training group. I will have my computer and mobile phone so do reach out if you need any help with the ins and outs of TEAM SEA.

Please ensure your swimmers YMCA membership is current. Stop by the Image Management Family YMCA (8501 Campus Drive) Welcome Center Desk to sign-up if you have not done so. Thank you.

Please remember, no practice June 23-24 (we are hosting our Summer Sizzler), and July 4. Our final practice of the season will be held Wednesday, July 26.

This summer our YMCA is not running the SCJ Community pool and all Senior swimmers planning on attending morning practices will have to purchase a season pass (\$19 for Racine County residents, \$29 otherwise). Season passes can be purchased online at the Racine County website or in person at the facility. Morning practices are scheduled to begin Monday, June 12.

AM practices for Seniors are scheduled to begin Monday, June 12. If practice needs to be canceled, information will go out at 6:30 AM (emails and social media). Practice runs 7-9 AM. Pretty much the only reason practice would be canceled is for thunder and/or lightning.

If you have a Facebook account, please consider joining TEAM SEA. We use Facebook to send out reminders and post pics from the meets and events we attend. Joining will help you stay in the loop with all things TEAM SEA related.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

### **Conference Meet Information**

This Tuesday we'll be heading back to the Lake Geneva YMCA for another installment of our Conference Meet.

Warm-ups begin at 4:00 PM and the meet begins at 5:00 PM.

Heat sheets and the timeline will be forwarded when received ... probably Monday.

Drive safe, swim fast, have fun!

### **Pirate Plunge Recap & Highlights**

Incredible swimming last weekend in Brown Deer ... as a team we finished with 74% best times and only three DQs (two Backstrokes, one Breaststroke).

New State qualifying times were posted by Ale Arteaga 11-12 100 Butterfly 1:22.97 and 50 Breaststroke 43.63, Jack Borzynski Senior 100 Butterfly 1:02.74, Jordan Borzynski 9-10 400 Freestyle 6:18.19 and 200 IM 3:22.59, Evan Steenrod 9-10 400 Freestyle 6:35.62, 100 Backstroke 1:38.52 and 50 Freestyle 38.42, Mason Walker 11-12 100 Breaststroke 1:34.08 and 50 Breaststroke 44.37, and Harrison Yanke

8&U 50 Butterfly 58.66, 50 Backstroke 53.51 and 50 Breaststroke 58.66.

Notching some of the fastest times in our team's history were Matilda Gutjahr 9<sup>th</sup> 8&U 100 Breaststroke 2:19.03, Ireland Byrne 8<sup>th</sup> 9-10 400 Freestyle 6:54.33, Hannah Scherwinski 17-18 9<sup>th</sup> 200 Backstroke 2:45.55, 7<sup>th</sup> 200 Breaststroke 3:14.87, Ale Arteaga 8<sup>th</sup> 11-12 400 IM 6:33.88, Jorja Makovsky 17-18 400 IM 7:18.96, Jordan Borzynski 9-10 5<sup>th</sup> 50 Freestyle 33.55, 4<sup>th</sup> 100 Backstroke 1:26.07, Harrison Yanke 7<sup>th</sup> 8&U 100 Freestyle 1:47.01, 10<sup>th</sup> 50 Backstroke 53.51, 6<sup>th</sup> 100 Backstroke 1:48.00, 7<sup>th</sup> 50 Breaststroke 58.66, 8<sup>th</sup> 50 Butterfly 58.66, Nathan Breit 8<sup>th</sup> 15-16 200 Backstroke 2:26.42, and Jack Borzynski 7<sup>th</sup> 15-16 100 Butterfly 1:02.74, 9<sup>th</sup> 200 Butterfly 2:31.18.

Achieving 100% best times included Caleb Bergman, Greyson Clark, Hannah Daams, Nathaniel Foster, Nicholas Foster, Matilda Gutjahr, Evelyn Gutknecht, Sophie Gutknecht, Charlotte Horton, Julie Horton, Levi Jansen, Piper Jansen, Callie Klepp, Jorja Makovsky, Allie Mertins, Arya Morey, Ellie Palermo, Gabi Peterman, Ellie Staniger, Kaylee Staniger, Molly Staniger, Zack Steenrod, Aubree Van Dyke, Mason Walker, John Westfall, Vivienne Yanke, and Valeria Zavala Lopez.

Cutting five or more seconds in an event were Jett Adams -17.30 50 Freestyle, Savannah Allison -6.84 100 Backstroke, Ale Arteaga -36.58 400 Freestyle, Caleb Bergman -28.92 100 Breaststroke, Jack Borzynski -6.17 400 Freestyle, Jordan Borzynski -24.30 400 Freestyle, Ireland Byrne -48.65 200 Freestyle, Greyson Clark -29.22 100 Backstroke, Hannah Daams -29.14 100 Freestyle, Aisling Fahy -52.01 200 Freestyle, Nina Fick -27.43 100 Breaststroke, Nathaniel Foster -15.92 200 Backstroke, Nicholas Foster -32.16 200 Freestyle, Matilda Gutjahr -6.85 100 Breaststroke, Evelyn Gutknecht -17.21 200 Breaststroke, Sophie Gutknecht -13.31 400 IM, Lindsey Hohnl -5.73 400 Freestyle, Charlotte Horton -31.29 100 Breaststroke, Julie Horton -14.76 100 Backstroke, Levi Jansen -24.05 100 Freestyle, Piper Jansen -33.18 100 Freestyle, Callie Klepp -5.57 100 Breaststroke, Jorja Makovsky -19.82 400 Freestyle, Fiona Marini -12.63 100 Backstroke, Allie Mertins -5.03 50 Backstroke, Arya Morey -21.47 100 Backstroke, Ellie Olson -30.27 100 Breaststroke, Ellie Palermo -16.07 400 Freestyle, Gabi Peterman -8.10 200 Backstroke, Evan Steenrod -9.61 100 Backstroke, Nate Steenrod -19.86 100 Backstroke, Zack Steenrod -14.75 400 Freestyle, Aubree Van Syke -12.18 50 Butterfly, Mason Walker -9.39 100 Breaststroke, John

Westfall -26.08 100 Backstroke, Harrison Yanke -21.11 100 Backstroke, and Vivienne Yanke -12.28 100 Breaststroke.

Congratulations to Rhemy Thompkins on swimming in her first meet ever!

The coaching staff is so proud of everyone's efforts last weekend and are excited to see what happens during the course of the remainder of our Summer Season!

### Upcoming Meets

| <i>Date</i> | <i>Meet</i>        | <i>Entry Deadline</i> |
|-------------|--------------------|-----------------------|
| Jun 13      | Conference Meet    | Closed                |
| Jun 23-24   | SEA Summer Sizzler | 6/15                  |
| Jun 23-25   | WGLO Invite        | 6/4                   |
| Jun 30      | Conference Meet    | 6/20                  |
| Jul 6-8     | Lakeside Invite    | Closed                |
| Jul 13-16   | Speedo Sectionals  | 7/1                   |
| Jul 14-16   | WI LSC Regionals   | 7/2                   |
| Jul 21-23   | 12&U State         | TBA                   |
| Jul 25      | Conference Champs  | TBA                   |
| Jul 27-30   | 13&O State         | TBA                   |
| Jul 31-4    | Junior Nationals   | 7/24                  |
| Aug 3-6     | 14&U Zones         | TBA                   |

### Incentive Program for Key Roles

In an effort to ensure our hosted meets and fundraising continue to run smooth, we will begin incentivizing key positions; these positions include head official, meet director, concessions & hospitality lead (this is one position) and AO (administrative official).

These key roles will have their escrow accounts credited \$100 for each session they attend in their capacity (fundraising lead will be credited \$250 per season).

At this time, we have parents slotted into all positions except concessions & hospitality lead. If you are interested in learning more about this position, please contact Coach Neil.

We are always looking at training the next generation of parents so if anyone is interested in learning about any of these positions prior to a spot opening, please do reach out to Coach Neil.

### SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal

use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the “how to” pages linked on our SCRIP webpage ([www.sea-y.org/scrip](http://www.sea-y.org/scrip)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA enrollment cord (please email Coach Neil at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

**Order Dates for Spring & Summer**

| <i>Order By</i> | <i>Delivery On</i> |
|-----------------|--------------------|
| July 2          | July 6-7           |

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com).

**Off-Season Training (OST)**

OST will be offered between the end of the Spring & Summer Season and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to “bridge the gap” between seasons. It allows them to keep a feel for the water during the off-season and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for five weeks (Monday-Wednesday, July 31-August 30) and will be led by Coach Joanna.

Gold and Senior will swim 8:00-9:30 AM and Bronze and Silver will 9:30-10:30 AM with each week covering starts, breakouts, turns, and finishes for one stroke (the order by weeks is Free, Back, Breast, Fly, IM).

The cost for Gold and Senior is \$150 for all five weeks or \$30 per week.

The cost for Bronze and Silver is \$100 for all five weeks of \$20 per week.

To sign-up simply email Coach Neil and forward payment to Coach Joanna (cash/check payable to SEA) when you attend the first practice. Take advantage!

All practices will be held at the outdoor SCJ Community pool and all participants will

need a membership (\$19 for Racine County residents, \$29 for all others). There will be no refunds or “make-up days” for inclement weather/canceled practices.

**June Birthdays**

Nolan Barrett, Max Carlson, Eli Chentnik, Alli Grinhaus, Evelyn Gutknecht, Callie Klepp, Eliani Kreckling, Allison Labarber, Arya Morey, Ellie Olson, Cloey Sullivan, Grayson Sullivan, Benji Thornton, Aubree Van Dyke, and Mason Walker.

**Extended Calendar**

June

- 9-16 13&O Training Trip
- 12 AM practice begins for Seniors (weather permitting)
- 13 Conference Meet
- 23-24 No practice
- 23-24 Summer Sizzler
- 23-25 WGLO Invite
- 30 Conference Meet (this one’s in Janesville)

July

- 4 No practice
- 6-8 Lakeside Invite
- 13-16 Speedo Sectionals
- 14-16 WI LSC Regionals
- 21-23 12&U State
- 26 Final practice of the season
- 27-30 13&O State
- 31-4 Junior Nationals

August

- 3-6 14&U Zones
- 10 Annual Team Banquet

September

- 18 Tryouts for new members
- 19 First day of practice for Fall & Winter

**F.A.Q.**

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
  - a. Coach Neil
  - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
  - a. Email Coach Neil and let him know you would like your swimmer entered in “x” meet (please indicate what days of meet if it takes place on multiple days)
- 3) I’m new to the team ... how many practices should my swimmer attend per week?

- a. Bronze and Silver = 2-3
  - b. Gold = 4-5
  - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
  - 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
  - 6) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

***Caring \* Honesty***  
***Respect \* Responsibility***  
***Build \* Promote \* Achieve***