

Serpent Times

newsletter for
Southeastern Aquatics
Racine Family YMCA Swim TEAM
est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

July 14, 2022

Neil's Notes

Hello from Minnesota! We raced really well this morning during the first Prelim Session of Speedo Sectionals notching four best times of seven efforts. This meet runs through Sunday and is one of the Midwest's fastest meets of the summer.

Tomorrow we'll also begin racing at the Regional event in Kenosha. Good luck to all our swimmers taking to the blocks!

Here are a few reminders ... 1) Team picture is this Monday, July 18 at the Racine Aquatic Center (begins at 5:00 PM), 2) no practice tomorrow night - Friday, July 15, 3) final practice of the Summer Season is Wednesday, July 27.

Off-Season Training will be held at the SCJ outdoor pool during August. Read all about this opportunity later in the newsletter and take advantage!

Conference Champs!!!

Did you sign-up your swimmer for our first ever Conference Champs meet? Let's see ... the meet is themed (Mardi Gras), heat winner beads, Bag Tags for all swimmers, a DJ, all participants (swimmers, coaches, parents) encouraged to dress-up, awards for 1st-6th, and a cool backdrop to take pictures at. Email me today to have your swimmer(s) entered in the meet (taking place in Lake Geneva at the YMCA, Tuesday, July 26).

Awards Banquet

This year's Awards Banquet will be held Tuesday, August 9th. More information to follow soon!

Both 12&U and 13&O WI LSC State meets will be held in Brown Deer this summer.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Regional Meet Information

We'll be racing at the RecPlex in Kenosha this weekend (Friday-Sunday). There are assigned warm-ups for Saturday and Sunday ... please be on time.

Friday warm-ups run 4:00-5:00 PM, meet begins at 5:05 PM and is scheduled to end at 6:16 PM.

Saturday AM (12&U) warm-ups run 8:00-8:30 AM, meet begins at 8:35 AM and is scheduled to end at 11:07 AM

Saturday PM (13&O) warm-ups run 11:15-11:45 AM, meet begins at 12:30 PM and is scheduled to end at 4:21 PM.

Sunday AM (12&U) warm-ups run 7:30-8:00 AM, meet begins at 8:35 AM and is scheduled to end at 10:53 AM.

Sunday PM (13&O) warm-ups run 11:30 AM-Noon, meet begins at 12:05 PM and is scheduled to end at 3:19 PM.

Athletes who are close to a State qualifying time are encouraged to sign-up for Time Trials. Visit the meet host's meet landing page to sign-up.

Don't forget to complete the online waiver for this meet.

Lakeside Invite Highlights & Recap

Traditionally this trip and meet has been a great team bonding experience for our members and this year was no different. As a team, we posted 28% best times (43 of 152 swims) and eight DQs (four Breaststroke, three Butterfly, and one false start on Freestyle).

Although our best time percentage was lower than normal, the memories of racing at this facility will last a life time and when everyone's swim careers are finishes, we won't remember the times and meets, but the fun times and friendships built over the years.

We did post a few new State qualifying times ... Hugo Arteaga in the 200 Butterfly, Jack Borzynski in the 200 Breaststroke, and Jordan Borzynski in the 100 Backstroke.

Notching some of the fastest times in our team's history were Hugo Arteaga 3rd 400 Freestyle, 2nd 200 Freestyle, 3rd 200 Butterfly, Jack Borzynski 5th 400 IM, 8th 200 Backstroke, 8th 200 Breaststroke, and Evan Steenrod 6th 50 Freestyle, 9th 50 Butterfly.

Dropping five of more seconds in a single event included Hugo Arteaga -29.76 200 Butterfly, Jack Borzynski -20.83 400 Freestyle, Fiona Marini -5.77 100 Breaststroke, Sophia Marini -7.24 100 Breaststroke, Evan Steenrod -6.26 50 Butterfly, Nate Steenrod -31.85 100 Freestyle, Charlotte Wright -15.19 100 Backstroke, and Vivienne Yanke -5.76 100 Butterfly.

We hope everyone had a great experience during the meet!

Good luck this weekend during Regionals and Speedo Sectionals!

Upcoming Meets

Date	Meet	Entry Deadline
July 14-17	Speedo Sectionals	Closed
July 15-16	WI LSC Regionals	Closed
July 22-24	12&U State	7/17
July 26	Conference Champs	7/19
July 28-31	13&O State	7/18
Aug 1-5	Junior Nationals	7/31
Aug 4-7	14&U Central Zones	7/31

Team Picture Scheduled

The annual team picture will be held on Monday, July 18 at the Racine Aquatic Center.

All swimmers should arrive at 5:00 PM and will have their individual picture taken for the composite team picture.

After the individual picture, athletes can take their individual picture (or sibling pics).

Bronze and Silver will have a shortened practice this evening. Gold and Senior will train at their normal practice times.

Order forms will be available on the night of the event and pictures will be mailed directly to your home.

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to

raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment card (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

Order By	Delivery On
October 9	October 13-14
November 6	November 10-11
December 4	December 8-9
January 8	January 12-13
February 5	February 9-10
March 5	March 9-10

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

TEAM SEA Amazon Smile

TEAM SEA has had an Amazon Smile account for many years, but it has been a while since we have reached out to families for support.

If you would like to support TEAM SEA via purchases when ordering from Amazon Smile please go to <https://smile.amazon.com/ch/39-1580537>.

Once there, please click on the Start Shopping button to support TEAM SEA. Thank you for helping one of Racine's Hidden Gems.

Off-Season Training (OST)

OST will be offered between the end of the Spring & Summer and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for five weeks (Monday-Wednesday, August 1-August 31) and will be led by Coach Joanna.

Gold and Senior will swim 7:00-8:30 AM and Silver and Bronze will swim 8:30-9:30 AM with each week covering starts, breakouts, turns, and finishes for one stroke.

The cost for Gold & Senior is \$150 for all five weeks or \$30 per week.

The cost for Bronze & Silver is \$100 for all five weeks or \$20 per week.

To sign-up simply email Coach Neil and forward payment to Coach Joanna (cash/check payable to SEA) when you attend the first practice.

Take advantage!

July Birthdays

Hugo Arteaga, Natalia Badillo, Arev Buchaklian, Ciara Fahy, Julie Horton, Luiza Jaime, Madhura Patil, Evan Steenrod, Matthew Thornton, Rhagan Weidner.

Extended Calendar

July

14-17 Speedo Sectionals

15-17 Regionals

15-16 No practice (Seniors do have AM practice)

22-23 12&U State

26 Conference Champs meet

28-31 13&O State

August

1-5 Speedo Junior Championships

1-31 OST

4-7 14&U Zones

9 WIAA girls swim begins

22 Fall & Winter Registration opens

September

19 New swimmer tryouts

20 Fall & Winter Season begins

October

14-16 OZ Swim Your Own Age meet

November

5 WIAA girls Sectionals

6 SEA Pentathlon meet

12 WIAA Girls State

13 Conference Meet

13 SSTY Invite (only for Y-Nat swimmers)

14 WIAA boys swim begins

18-20 HPAC Invite

24-25 No practice, Happy Thanksgiving

December

2-4 Y-Finalist

10-11 Single Age State

11 Conference Meet

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$17 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***