

Serpent Times

newsletter for

Southeastern Aquatics

Racine Family YMCA Swim TEAM

est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

July 15, 2021

Head Coach Notes

Good luck at Regionals this weekend!

Here are a few important reminders as we roll into the weekend: Seniors will practice 7-9 PM tonight at Sealed Air YMCA, there is no Saturday morning practice tomorrow (7/17), please don't forget to complete the waiver for this weekend's meet, our final practice for the Spring & Summer Season will be Wednesday, July 28.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Katie's Kickboard

Hello again,

Here we are in the final weeks of our summer season. I told you time would fly by! We have Wisconsin Regionals this weekend at the Rec Plex for our final shot at some state cuts. This week will be all prep work. See you on deck bright and early.

Last weekend we had our last Conference Meet of the summer season. I have loved that we've been able to offer meets throughout this mess of a year. These were definitely my favorite ones all year.

I want to thank all the Gold's for stepping up and organizing a team game of tag to pass the time on picture day. They truly had a blast, along with some team bonding.

Before you know it, we'll be starting our fall season. But until then keep plugging away in the final days of summer season.

Regional Meet Information

We are racing at the RecPlex this weekend!

Friday warm-ups, 4:30-5:30 PM, meet begins at 5:35 PM and is scheduled to end around 8:00 PM.

Saturday/Sunday AM (12&U swimmers) warm-ups, 7:30-8:30 AM, meet begins at 8:35 AM and is scheduled to end at 11:51 AM and 11:01 AM respectively.

Saturday PM (13&O swimmers) warm-ups, 12:30 PM, meet begins at 1:05 PM and is scheduled to end at 4:52 PM.

Sunday PM (13&O swimmers) warm-ups, 11:15-11:45 AM, meet begins at 12:20 PM and is scheduled to end at 3:46 PM.

One spectator per athlete will be allowed in the venue. Coaches will receive wrist Friday night and will hand deliver to any swimmer whose parent is planning on attending the meet (the swimmer will then hand deliver the wrist band to the parent - wrist band is good for the entire weekend).

All swimmers need to be sure to have a waiver submitted for this event.

Drive safe, swim fast, have fun!

Speedo Sectionals Highlights & Recap

TEAM SEA had a solid outing last week during the Speedo Sectionals event.

Mac Thomas broke our Senior and 15-16 team record in the 50 Freestyle when she finished in 27.23. The previous records were held by Carina Tennessen (15-16, 28.13 from 1995) and Erin Wagner (Senior, 27.86 from 2003).

Sofia Badillo, Megan Schultz, Natalia Badillo and Mac Thomas broke the Senior team record in the 400 medley Relay when they finished in 4:39.60. They broke Maren Hoferitza-Palermo, Caitlin Mertins, Emily Bollendorf and Kinzie Reischl's record from 2015 of 4:43.69.

Notching some of the fastest times in our team's history included Natalia Badillo 6th 17-18 100 Backstroke, Sofia Badillo 6th Senior 200 Backstroke, 9th Senior 100 Backstroke, Ethan Bergman 8th Senior 200 Freestyle, 7th 17-18 100 Butterfly, Zoe D'Alessandro 7th 15-16

100 and 200 Breaststroke, Megan Schutz 6th Senior 200 Freestyle, Joe Skantz 10th Senior 100 Backstroke, and Mac Thomas 4th Senior 100 Backstroke, 5th 15-16 100 Breaststroke.

Sofia Badillo posted 100% best times in all of her events.

Great efforts swimmers!

Conference Meet Highlights & Recap

A lot of great swimming last weekend during our final Conference meet. As a team, we posted 56% best times and only one DQ.

Posting 100% best times included Alex Lopez, Ian Lopez and Morgan Pankow.

Cutting five or more seconds in a single event were Andy Krug -10.46 in the 100 Butterfly, Gabi Peterman -6.34 in the 100 Backstroke, Sophia Pettey -5.85 in the 50 Freestyle, and Elizabeth Smith -6.26 in the 50 Freestyle.

Congratulations to Ian Lopez on his first meet!

Continued success swimmers!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
July 16-19	Regionals	Closed
July 23-25	12&U State	July 18
July 29-1	13&O State	July 19
August 5-8	14&U Central Zones	Aug. 1

Off-Season Training Available in August

Off-Season Training will be offered at the SCJ outdoor pool August 2-31.

Senior & Gold will train 7:00-8:30 AM and Silver and Bronze will train 8:30-9:30 AM.

Practices will be held on Monday, Tuesday, and Thursday.

This is a great opportunity to “keep a feel for the water,” learn new skills, polish old skills, and keep a bit of an aerobic base during the off season.

Senior & Gold fee is \$150 and Silver & Bronze fee is \$100. Check payable to SEA. Forward payment to a coach on the first day you attend or beforehand.

Take advantage!

Annual TEAM SEA Banquet

Our annual TEAM SEA Banquet is scheduled for Monday, August 16. The date has not yet been officially locked in, so watch for updates.

This event will be held at the Franksville Beer Garden (same place as last summer) and begin at 6:00 PM. The Beer Garden will be open

and two food trucks will be on site if you are interested in dining.

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl’s, Walmart, Pick ‘n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the “how to” pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Katie at coachkatiejames@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Fall & Winter

<i>Order By</i>	<i>Delivery On</i>
July 18	July 22-23

If you have any questions or need help, please reach out to Coach Katie at 262.822.2966 or at coachkatiejames@gmail.com.

July Birthdays

Hugo Arteaga, Natalia Badillo, Arev Buchaklian, Luiza Jaime, Austin Lentz, Madura Patil, Elizabeth Smith, Evan Steenrod, Elizabeth Stratman, Matthew Thornton and Rhegan Weidner.

Extended Calendar

July

- 16-19 Regionals
- 23-25 12&U State
- 28 Final practice of the Summer Season
- 29-1 13&O State

August

- 10 High school girls swimming begins

- 16 Annual TEAM SEA Banquet (tentative date)
5-8 14&U Central Zones
September
13 Registration opens for Fall & Winter
20 Tryouts for new swimmers
21 Fall & Winter Season begins

Did You Know?

When you introduce new swimmers to TEAM SEA and they join, your escrow account is credited \$50. Take advantage!

*Caring * Honesty*
*Respect * Responsibility*
*Build * Promote * Achieve*