

## Serpent Times

newsletter for  
Southeastern Aquatics  
Racine Family YMCA Swim TEAM  
est. 1984



### TEAM SEA's Mission:

*To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.*

July 17, 2025

### Neil's Notes

We have officially entered the championship phase of the season with Speedo Sectionals last week in the books and Regionals beginning tomorrow. Besides the upcoming State meets, 14&U Zones, and Junior Nationals where qualifying times are needed to attend, all athletes are welcome to attend Conference Champs which will be held Tuesday, July 29 in Lake Geneva (this is a 25-yard pool and a great meet for all non-State TEAM SEA swimmers to attend ... take advantage and sign-up today!

Please note we will not conduct practice this Saturday, July 19.

All State entries (for 12&U and 13&O) will be finalized Sunday evening. Please forward any updates or changes at the conclusion of this weekend's Regional meet. Additionally, if your son or daughter was tagged as a relay only swimmer, please notify us as soon as you can if you swimmer will be able to attend. Thanks in advance!

Our annual awards banquet is next month! Please RSVP soon by sending an email.

I can be reached at 262.994.3157 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com). Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam) and Facebook (SEA Swim Team - this page is set to private and you'll need to request to join).

### Regional Meet Information

This Friday-Sunday we'll be racing in this summer's version of Regionals at the RecPlex in Pleasant Prairie (9900 Terwall Terrace).

Friday warm-ups begin at 4:30 PM, meet begins at 5:35 PM and is scheduled to end at 7:46 PM.

Saturday AM warm-ups (12&U) are assigned and run in lane 9, 7:30-8:00 AM, meet begins at 8:35 AM and is scheduled to end at 11:24 AM.

Saturday PM warm-ups (13&O) are assigned and run in lanes 8-9, 11:30 AM-Noon, meet begins at 12:45 PM and is scheduled to end at 4:10 PM.

Sunday AM warm-ups (12&U) are assigned and run in lane 6, 8:00-8:30 AM, meet begins at 8:35 AM and is scheduled to end at 11:02 AM.

Sunday PM warm-ups (13&O) are assigned and run in lanes 6-7, 11:45 AM-12:15 PM, meet begins at 12:30 PM and is scheduled to end at 4:11 PM.

Drive safe, swim fast, have fun!

### Upcoming Meets

Date	Meet	Entry Deadline
Jul 18-20	WI LSC Regionals	Closed
Jul 23-26	TYR Futures	Closed
Jul 25-27	12&U State	7/20
Jul 29	Conference Champs	TBA
Jul 31-3	13&O State	7/20
Aug 7-10	14&U Zones	TBA
Oct 10-12	OZ Fall Classic	TBA
Oct 30	Sprint Time Trials	10/28
Nov 2	SEA Pentathlon	10/19
Nov 7	Conference Meet	TBA
Nov 13	Mid Distant Time Trials	11/11
Nov 16	YMCA Invite	TBA
Nov 21-23	Areana Mid Season Showdown	TBA
Dec 5	Conference Meet	TBA
Dec 6-7	YMCA Finalist	TBA
Dec 12-14	RA Distance Classic	TBA
Dec 13-14	Single Age State	TBA
Dec 18	Distant Time Trials	12/16
Jan 10-11	SEA Penguin Challenge	12/28
Jan 18	Conference Meet	TBA
Jan 23-25	ChaseStrong Invite	12/20
Jan 25	J-HK 8&U All Star	TBA
Feb 8	Conference Champs	TBA
Feb 20-22	Regionals	TBA
Feb 27-1	Senior State	TBA
Feb 28-1	10&U State	TBA
Mar 6-8	11-14 State	TBA
Mar 14-15	YMCA Sectionals	3/8
Mar 20-22	YMCA State	TBA
Mar 30-3	YMCA Nationals	TBA
May 2-3	SEA Early Bird	4/19
Jun 5-7	SEA Pirate Plunge	TBA
Jun 19-20	SEA Summer Sizzler	TBA

## **Speedo Sectional Recap & Highlights**

Great swimming in Minnesota last week on the campus of the University of Minnesota. As a team we finished with 57% best times and one DQ (Freestyle).

Jack Borzynski notched his first second swim at this meet in the 100 Butterfly where he finished 27<sup>th</sup> with a time of 58.18 (5<sup>th</sup> fastest time in our team's history). He also posted the 3<sup>rd</sup> 200 Freestyle @ 2:00.55, 9<sup>th</sup> 200 IM @ 2:22.62, and 8<sup>th</sup> 50 Freestyle @ 25.59 for our 17-18 age-group.

Nathan Breit posted some of the fastest times for our 17-18 age-group: 10<sup>th</sup> 100 Freestyle @ 56.64, 4<sup>th</sup> 100 Backstroke @ 1:03.37, 5<sup>th</sup> 200 Backstroke @ 2:22.38, and 10<sup>th</sup> 100 Butterfly @ 1:01.67.

Nathaniel Foster achieved the 8<sup>th</sup> fastest and 10<sup>th</sup> fastest times in our team's history in the 100 Butterfly @ 1:00.56 and 50 Freestyle @ 25.15. He also posted the 8<sup>th</sup> fastest time in the 200 Freestyle for 17-18 age-group @ 2:04.86 (a time drop of 7.39).

Great job boys!

## **OZ Recap & Highlights**

We placed third of eight teams in attendance at last weekend's OZ Open where we scored 1,204-points, posted 51% best times, and two DQs (IM and Breaststroke).

New State cuts were posted by Matilda Gutjahr 10&U 50 Freestyle 32.09 and Molly Staniger 8&U 50 Breaststroke 54.25.

New team records were established by Matilda Gutjahr in the 8&U 50 Freestyle 32.09 (old mark was held by Kelli Klepel from 1992, 32.50), 100 IM 1:24.38 (old mark was held by Rayann Jaryszak from 2007, 1:24.42), and 500 Freestyle 7:19.20 (old mark was her own from this year, 7:20.06). She also posted some of the fastest times in our team's history for 8&U 2<sup>nd</sup> 100 Freestyle 1:15.59, 3<sup>rd</sup> 50 Backstroke 40.20, 2<sup>nd</sup> 25 Butterfly 16.93, 2<sup>nd</sup> 50 Butterfly 38.77, and 2<sup>nd</sup> 200 IM 3:03.35.

Cutting five or more seconds in an event were Sylvie Carlson -7.81 50 Backstroke, Ash Fahy -6.73 200 Backstroke, Ciara Fahy -57.95 200 Backstroke, Charlotte Gruettner -13.58 100 Breaststroke, Matilda Gutjahr -8.53 200 IM, Emma Masaya -11.75 500 Freestyle, Kaylee Staniger -158.38 1000 Freestyle, and John Westfall -43.80 200 Backstroke.

Posting all best times were Zoey Aho, Sylvie Carlson, and John Westfall.

Gold Medalist: Matilda Gutjahr, Ellie Staniger, Harrison Yanke

Silver Medalist: Charlotte Gruettner, Matilda Gutjahr, Molly Staniger, John Westfall, Harrison Yanke

Bronze Medalist: Zoey Aho, Ash Fahy, Ciara Fahy, Ellie Staniger, Kaylee Staniger, Molly Staniger, John Westfall, Vivi Yanke

Great efforts TEAM SEA!

## **Off-Season Training Available in August**

Off-Season Training (OST) will be offered between the end of the Spring & Summer Season and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and affords them the opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for four weeks (Monday-Wednesday, August 4-27 and be led by Coach Parker. Gold and Senior will swim 7:00-8:30 AM and Bronze and Silver will swim 8:00-9:00 AM with each week covering starts, breakouts, turns, and finishes for one stroke (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The cost for Gold and Senior is \$160 for all four weeks or \$40 per week.

The cost for Bronze and Silver is \$120 for all four weeks or \$30 per week.

All practices will be held at the outdoor SCJ Community pool and all participants will need a membership to the pool (secure at the front desk at the facility, \$25). There will be no refunds or "make-up days" for inclement weather/canceled practices.

If practice needs to be canceled because of thunder or lightening, a Facebook notification will be posted at 6:00 AM for Gold and Senior practice and 7:00 AM for Bronze and Silver.

If you plan on attending, simply attend the week(s) you would like to train at and forward payment to Coach Parker when you show-up. Take advantage!

## **Annual Awards Banquet**

Our annual Awards Banquet is scheduled for Tuesday, August 12 at Infusino's Banquet Hall (3201 Rapids Drive), 5:00-8:30 PM. Registration form is on our website under MEMBERS/ANNUAL RECOGNITION BANQUET. Don't miss out!

### **2025 Attendees**

Family	Bronze	Silver	Gold	Senior	Parents
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Carlson		Sylvie		Max	2
Ehmcke			Amalia Eli		2
Gutknecht			Evelyn Sophie		
Jansen			Piper	Levi	2
McGillis				Ryan	2
Morey	Tennyson		Arya		2
Van Dyke				Aubree	3
Westfall			John		6
Yanke			Harrison	Vivi	2

### **RaiseRight Fundraising Information**

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage ([www.sea-y.org/scrip](http://www.sea-y.org/scrip)) - you can also read about PrestoPay on that page too.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by use the SEA enrollment cord (please email Coach Neil at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com) for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

### **Order Dates**

<i>Order By</i>	<i>Delivery On</i>
July 13	July 17-18

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com).

### **July Birthdays**

Ethan Eckel, Ciara Fahy, Sarah Hackenbracht, Julie Horton, Anna James, Jocelyn Niebuhr, Ethan Rudolph, Evan Steenrod.

### **Extended Calendar**

#### July

18-20 WI LSC Regionals  
19 No Saturday practice

23-26 TYR Futures Championships

25-27 12&U State

30 Last practice for the season

31-3 13&O State

#### August

7-10 14&U Zones

12 Annual Banquet

12 High school girls swim begins

4-28 OST

#### September

22 Tryouts for new families

23 Fall & Winter Season begins

#### October

17-19 OZ Fall Classic

24 Annual Halloween Party

30 Sprint Time Trials

#### November

2 16<sup>th</sup> Annual SEA Pentathlon

7 Conference Meet

8 WIAA Girls Sectionals

13 Middle Distant Time Trials

15 WIAA Division 2 Girls State

16 WIAA Division 1 Girls State

16 YMCA Invite

21-23 Arena Mid Season Showdown

#### December

6 Conference Meet

6-7 YMCA Finalist

12-14 RA Distance Classic

13-14 Single Age State

18 Distant Time Trials

#### January

10-11 20<sup>th</sup> Annual SEA Penguin Challenge

18 Conference Meet

23-25 11<sup>th</sup> Annual ChaseStrong Invite

25 J-HK 8&U All Star

#### February

8 Conference Champs

20 WIAA Division 2 Boys State

21 WIAA Division 1 Boys State

20-22 WI LSC Regionals

27-1 Senior State

28-1 10&U State

#### March

6-8 11-14 State

14-15 YMCA Sectionals

20-22 YMCA State

30-3 YMCA Nationals

#### April

20 Spring & Summer Season begins

#### May

2-3 17<sup>th</sup> Annual SEA Early Bird

25 No practice, Memorial Day

#### June

5-7 11<sup>th</sup> Annual SEA Pirate Plunge

19-20 16<sup>th</sup> Annual SEA Summer Sizzler

## **F.A.Q.**

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- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
  - a. Coach Neil
  - b. \$20 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
  - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of the meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
  - a. Bronze and Silver = 2-3
  - b. Gold = 4-5
  - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Where do I sit if I plan on sticking around during practice? Please sit in the stands.
- 6) Got a question you need an answer to? Please reach out to Coach Neil at 262.994.3157.

***Caring \* Honesty***  
***Respect \* Responsibility***  
***Build \* Promote \* Achieve***