

Serpent Times

newsletter for
Southeastern Aquatics
Racine Family YMCA Swim TEAM
est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin in a safe and supportive way to be champions in life through excellence in swimming.

July 21, 2022

Neil's Notes

Tonight is the last chance to enter your swimmer in the Conference Champs meet slated for this Tuesday, July 26 at the Lake Geneva YMCA (warm-ups begin at 4:00 PM). This will be very fun meet! Email me tonight if you would like your swimmer entered in the meet!

It's always amazing how fast our Summer Season goes. Please remember our final practice will be held Wednesday, July 27. Those athletes with a desire to continue training in August are encouraged to sign-up for Off-Season Training (read all about this opportunity on page two of this newsletter).

In regards to our team pictures, the company the email me when pictures are uploaded to their website. When I'm notified, I will let everyone know.

Our Fall & Winter Season will begin on Tuesday, September 20. More information about sign-up and practice schedule will be forwarded soon.

Awards Banquet

This year's Awards Banquet will be held Tuesday, August 9th. More information to follow soon!

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

12&U State Meet Information

This weekend we'll be attending 12&U State in Brown Deer. There are assigned warm-ups for all sessions of the meet. Please don't forget to complete the online waiver. Good luck!

Friday warm-ups in lane 8, 1:55-2:00 PM. Meet begins at 2:30 PM and is scheduled to end at 4:24 PM.

Saturday 10&U warm-ups in lane 8, 8:00-8:25 AM. Meet begins at 9:00 AM and is scheduled to end at 11:04 AM.

Saturday 11-12 warm-ups in lane 8, 12:55-1:20 PM. Meet begins at 1:30 PM and is scheduled to end at 3:16 PM.

Sunday 10&U warm-ups in lane 8, 8:25-8:50 AM. Meet begins at 9:00 AM and is scheduled to end at 10:54 AM.

Sunday 11-12 warm-ups in lane 8, 12:00-12:25 PM. Meet begins at 1:00 PM and is scheduled to end at 3:21 PM.

Drive safe, swim fast, have fun!

Regional Highlights & Recap

Congratulations to these three athletes who achieved new State qualifying times during last weekend's meet ... Ale Arteaga (50 Butterfly), Jack Borzynski (200 Butterfly), and Jordan Borzynski (200 IM).

Jack and Jordan posted some of the fastest times in our team's history. Jack (4th 200 Butterfly, 9th 100 Freestyle, 7th 200 IM) and Jordan (9th 50 Backstroke, 7th 50 Butterfly).

Natalie Johnson posted all best times during the meet!

Swimmers cutting five or more seconds off their previous best times included Callie Klepp -5.71 in the 200 Breaststroke, Ellie Olson -13.99 in the 100 Freestyle, and Evan Olson -5.09 in the 100 Backstroke.

As a team we finished with 42% best times and only four DQs (three Butterfly events and one Breaststroke race).

Great job TEAM SEA!

Speedo Sectionals Highlights & Recap

We had a great showing last week in Minnesota posting 56% best times and no DQs.

Hugo Arteaga picked up two Winter Junior National qualifying times (50 Freestyle and 100 Butterfly). He also broke his 15-16 100 Butterfly team record of 58.36 set last year with an effort of 56.81. Hugo broke our Senior team record in the 50 Freestyle with his swim of

24.04 (previous record was held by James Weslaski, 24.43 from 2016).

Athletes posting some of the fastest swims in our team's history included Hugo in the 200 Butterfly (3rd for 15-16), Zack Kopsea in the 200 and 100 Breaststrokes (5th and 4th for 15-16), Joe Skantz in the 100 Freestyle (7th for Senior), and Mac Thomas in the 200 and 100 Breaststroke, 100 Backstroke, and 100 Breaststroke (2nd, 3rd, and 2nd for 15-16).

Zack also posted all best times in his events during the meet.

Super awesome swimming athletes ... get ready for State!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
July 22-24	12&U State	Closed
July 26	Conference Champs	7/21
July 28-31	13&O State	Closed
Aug 1-5	Junior Nationals	7/31
Aug 4-7	14&U Central Zones	7/31

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Spring & Summer

<i>Order By</i>	<i>Delivery On</i>
October 9	October 13-14

November 6	November 10-11
December 4	December 8-9
January 8	January 12-13
February 5	February 9-10
March 5	March 9-10

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

TEAM SEA Amazon Smile

TEAM SEA has had an Amazon Smile account for many years, but it has been a while since we have reached out to families for support.

If you would like to support TEAM SEA via purchases when ordering from Amazon Smile please go to <https://smile.amazon.com/ch/39-1580537>. Once there, please click on the Start Shopping button to support TEAM SEA. Thank you for helping one of Racine's Hidden Gems.

Off-Season Training (OST)

OST will be offered between the end of the Spring & Summer and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and gives them an opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes).

OST will be offered for five weeks (Monday-Wednesday, August 1-August 31) and will be led by Coach Joanna.

Gold and Senior will swim 7:00-8:30 AM and Silver and Bronze will swim 8:30-9:30 AM with each week covering starts, breakouts, turns, and finishes for one stroke.

The cost for Gold & Senior is \$150 for all five weeks or \$30 per week.

The cost for Bronze & Silver is \$100 for all five weeks or \$20 per week.

To sign-up simply email Coach Neil and forward payment to Coach Joanna (cash/check payable to SEA) when you attend the first practice.

Take advantage!

July Birthdays

Hugo Arteaga, Natalia Badillo, Arev Buchaklian, Ciara Fahy, Julie Horton, Luiza Jaime, Madhura Patil, Evan Steenrod, Matthew Thornton, Rhegan Weidner.

Extended Calendar

July

22-23 12&U State
26 Conference Champs meet
28-31 13&O State

August

1-5 Speedo Junior Championships
1-31 OST
4-7 14&U Zones
9 WIAA girls swim begins
22 Fall & Winter Registration opens

September

19 New swimmer tryouts
20 Fall & Winter Season begins

October

14-16 OZ Swim Your Own Age meet

November

5 WIAA girls Sectionals
6 SEA Pentathlon meet
12 WIAA Girls State
13 Conference Meet
13 SSTY Invite (only for Y-Nat swimmers)
14 WIAA boys swim begins
18-20 HPAC Invite
24-25 No practice, Happy Thanksgiving

December

2-4 Y-Finalist
10-11 Single Age State
11 Conference Meet

F.A.Q.

- 1) Where can I get one of those awesome TEAM SEA swim caps and how much do they cost?
 - a. Coach Neil
 - b. \$17 for silicone, \$5 for latex
- 2) How do I sign-up my swimmer for a meet?
 - a. Email Coach Neil and let him know you would like your swimmer entered in "x" meet (please indicate what days of meet if it takes place on multiple days)
- 3) I'm new to the team ... how many practices should my swimmer attend per week?
 - a. Bronze and Silver = 2-3
 - b. Gold = 4-5
 - c. Senior = 5-6
- 4) I'm not receiving emails; how can I be placed on the email list? Contact Coach Neil and he'll be happy to add your email address to the list.
- 5) Got a question you need an answer to? Please text Coach Neil at 262.994.3157.

*Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve*