

Serpent Times

newsletter for
Southeastern Aquatics
Racine Family YMCA Swim TEAM
est. 1984



TEAM SEA's Mission:

To empower the youth of Southeastern Wisconsin in a safe and supportive environment to be champions in life through excellence in swimming.

July 23, 2026

Neil's Notes

We are super busy with meets during the remaining days of our Spring & Summer Season (we have eight days of meets during our final ten days of practice). Take it one race at a time and stay focused on the process (not the outcome) of your races. Good luck TEAM SEA!

Please note we will not offer AM practice on Wednesday, July 29. All remaining practices through July 29 will be conducted as scheduled!

Zone practice for those racing in Minnesota will take place at SCJ, 7:00-8:30 AM (Monday, Tuesday, and Wednesday if needed – August 3-5).

High school girls are welcome to “bridge the gap” between the end of the summer season and the beginning of the high school season by attending OST free of charge. Take advantage!

The final day of practice is July 29. Take advantage of Off-Season Training during August!

Make a note ... beginning this Fall & Winter all swimmers will need to secure their USA Swimming Membership.

Please note, the information in our weekly newsletter changes from week-to-week. Dates and times for upcoming events are fluid and can change. Please ensure you are reading the latest newsletter so you are up-to-date!

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is – find us at Instagram (seaswimteam) and Facebook (SEA Swim Team – this page is set to private and you'll need to request to join).

12&U State Meet Information

We'll be racing in Brown Deer this weekend during 12&U State (9240 North Green Bay Road).

Warm-ups are assigned ... please be on time!

Friday warm-ups (11-12) run 1:55-2:20 PM in lane 2, meet begins at 2:35 PM and is scheduled to end at 5:46 PM.

Saturday warm-ups (10&U) run 7:45-8:05 AM, meet begins at 9:05 AM and is scheduled to end at 1:18 PM.

Saturday warm-ups (11-12) run 2:10-2:25 PM, meet begins at 2:05 PM and is scheduled to end at 6:02 PM.

Sunday warm-ups (10&U) run 8:25-8:45 AM, meet begins at 9:05 AM and is scheduled to end at 12:57 PM.

Sunday warm-ups (11-12) run 12:50-1:15 PM, meet begins at 2:00 PM and is scheduled to end at 3:57 PM.

Visit the meet landing page to view heat sheets and session reports.

Drive safe, swim fast, have fun!

Conference Champs Meet Information

Tuesday we'll be racing in Lake Geneva (203 Wells Street) for the final installment of our Conference meets for this summer.

Warm-ups run 4:50-5:15 PM in lanes 4-5, meet begins at 5:30 PM and is scheduled to end 7:52 PM.

Hotdogs or walking tacos will be available at the end of the meet outside in the parking lot.

Heat sheets will be sent via email when received.

Drive safe, swim fast, have fun!

Futures Meet Information

Wednesday-Friday next week we'll be heading back to Madison to race in this summer's Futures meet.

Warm-up schedule will be sent via text to the athletes scheduled to compete in this meet when the session reports are released. Don't hesitate in reaching out to Coach Neil if you need anything in the mean-time.

Drive safe, swim fast, have fun!

13&O State Meet Information

Thursday-Sunday next week we'll be heading back to the RecPlex in Pleasant Prairie to race in this summer's WI LSC State Championships.

More information will be added to this section of the newsletter Wednesday next week.

Drive safe, swim fast, have fun!

Upcoming Meets

<i>Date</i>	<i>Meet</i>	<i>Entry Deadline</i>
July 24-26	12&U State	closed
July 28	Conference Champs	closed
July 29-1	Futures	closed
July 30-2	13&O State	closed
Aug 6-9	14&U Zones	8/2
Oct 16-18	OZ Fall Classic	tba
Oct 29	Sprint Time Trials	10/25
Nov 1	SEA Pentathlon	tba
Nov 12	Mid-Distance Time Trials	11/8
Nov 13	Conference Meet	tba
Nov 15	SSTY YMCA Invite	tba
Nov 20-22	Arena Mid-Season Showdown	tba
Dec 4-6	YMCA Finalist	tba
Dec 11-13	RA Distance Classic	tba
Dec 12-13	12&U Single Age State	tba
Dec 17	Distance Time Trials	12/13

Regionals Recap & Highlights

We had a great Regional meet last weekend finishing 3rd overall with 1,785-points (18-teams raced in this meet). We also finished with 63% best times (116 of 183 swims) and only one DQ (Butterfly).

Congratulations to Harrison Yanke on breaking our 9-10 200 Backstroke team record with is effort of 3:06.41 (old record was held by Ivar Iverson, 3:11.75 from 2007).

Jordan Borzynski punched his ticket to the 14&U Zone meet during the 50 Freestyle touching in 26.79.

New long course State qualifying times were recorded by Jordan Borzynski 13-14 200 Freestyle 2:16.87, 50 Breaststroke 37.20, Nathaniel Foster Senior 200 Butterfly 2:27.19, 200 Backstroke 2:28.41, Sophie Gutknecht Senior 50 Breaststroke 37.72, Adeline Hell 8&U 50 Backstroke 55.08, Hovan Karapetian 11-12 50 Freestyle 32.88, 50 Backstroke 39.11, 100 Backstroke 1:23.29, 100 Freestyle 1:12.19, AJ Phillips 8&U 50 Backstroke 54.43, Ellie Staniger 11-12 200 IM 2:54.04, 100 Butterfly 1:22.09, 50 Backstroke 38.36, 100 Backstroke 1:22.90, Molly Staniger 9-10 200 IM 3:27.21, 50 Backstroke 45.74, 200 Freestyle 2:58.53, 100 Freestyle 1:24.57, Nate Steenrod 9-10 100 Freestyle 1:25.27, and Vivi Yanke 13-14 50 Backstroke 26.48.

Cracking into our top ten list: Kaylee Staniger 13-14 3rd 1500 Freestyle 20:23.52, 8th 800 Freestyle 10:45.33, 5th 200 Butterfly 2:55.67. Aubree Van Dyke 15-16 8th 800 Freestyle 11:06.19, Lindsey Hohnl 17-18 10th 200 Breaststroke 3:12.48, AJ Phillips 8&U 7th 200 Freestyle 3:55.99, 8th 100 Breaststroke 2:29.22, Harrison Yanke 9-10 6th 50 Backstroke 40.46, Jordan Borzynski 13-14 7th 50 Freestyle 26.79, Zachary James 17-18 7th 800 Freestyle 10:15.73, and Nathaniel Foster 17-18 10th 200 Backstroke 2:28.41, 5th 200 Butterfly 2:27.19, 5th 50 Freestyle 24.88.

Notching 100% best times included Evelyn Clasen, Sophie Gutknecht, Hovan Karapetian, Allie Mertins, AJ Phillips, Ellie Staniger, Evan Steenrod, and Bria Widmar.

Slicing five or more seconds in an event were Aubrey Becker -5.58 200 Freestyle, Jordan Borzynski -16.89 200 IM, Evelyn Clasen -15.86 100 Freestyle, Ciara Fahy -18.85 200 Freestyle, Nathaniel Foster -7.17 200 Butterfly, Nicholas Foster -11.57 50 Butterfly, Sarina Foster -24.70 400 Freestyle, Adeline Hell -13.93 50 Breaststroke, Zachary James -29.53 800 Freestyle, Braxton Rosemann -6.88 200 Freestyle, Ellie Staniger -8.72 100 Breaststroke, Kaylee Staniger -52.07 1500 Freestyle, Molly Staniger -6.41 200 IM, Nate Steenrod -5.26 100 Freestyle, Zack Steenrod -11.66 400 IM, Bria Widmar -8.38 50 Breaststroke, and Harrison Yanke -45.64 200 Backstroke.

Good luck this weekend during 12&U State!

Maine Championships Recap & Highlights

Asher and Maddy Genduso spend the summers in Maine visiting family and this summer raced in Maine's LSC Championships.

Combined, they posted 18 of 21 best times (86%), no DQs and placed 13th of the 16 teams in the meet (150-points).

Asher cracked our top ten list for 11-12 in the 200 Breaststroke 3rd 3:13.92, 50 Breaststroke 5th 39.07, and 100 Breaststroke 7th 1:28.23.

Maddy posted 100% best times and dropped 5.59-seconds in the 100 Butterfly.

Way to Genduso's!

Hospitality Lead Needed

We are looking for parent of a 10&U swimmer who is interested in learning the ins-and-outs of running concessions and hospitality for coaches and officials at the meets we host.

Kelly and Chris Jansen will conduct business as usual for the next two years, but

after their son Levi graduates it will be time for another family to take the reins.

Although this is a volunteer position, the family who steps into this role will have their escrow account credited \$100 per session volunteered.

If you are interested in training to take over this position, please speak with Coach Neil.

Off-Season Training in August

Off-Season Training (OST) will be offered between the end of the Spring & Summer Season and the beginning of the Fall & Winter Season.

OST is an opportunity for our athletes to "bridge the gap" between seasons. It allows them to keep a feel for the water during the off-season and affords them the opportunity to really focus on the little things that make for fast swimming (starts, breakouts, turns, and finishes). Also, they get to hangout with their friends which is really great!

OST will be offered for four weeks Monday-Wednesday, August 3-26. Gold and Senior will swim 7:00-8:30 AM and Bronze and Silver will swim 8:30-9:30 AM with each week covering starts, breakouts, turns, and finishes for one stroke (the order by weeks is Freestyle, Backstroke, Breaststroke, Butterfly).

The cost for Gold and Senior is \$160 for all four weeks or \$40 per week.

The cost for Bronze and Silver is \$120 for all four weeks or \$30 per week.

All practices will be held at the outdoor SCJ Community pool and all participants will need a membership to the pool (secure at the front desk at the facility, \$28). There will be no refunds or "make-up days" for inclement weather/canceled practices.

If practice needs to be canceled because of thunder or lightening, a Facebook notification will be posted at 6:00 AM for Gold and Senior practice and 7:00 AM for Bronze and Silver.

If you plan on attending, simply attend the week(s) you would like to train at and forward payment to any coach on deck when you arrive. Take advantage!

RaiseRight Fundraising Information

SEA offers RaiseRight (formally SCRIP) sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! RaiseRight offers gift cards for many favorite merchants and restaurants, including Kohl's,

Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our RaiseRight webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Coach Neil at south.eastern.aquatics@gmail.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

RaiseRight delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates

<i>Order By</i>	<i>Delivery On</i>
October 11	October 14-15
November 15	November 18-19
December 13	December 16-17
January 10	January 13-14
February 14	February 17-18
March 14	March 17-18

If you have any questions or need help, please reach out to Coach Neil at 262.994.3157 or at south.eastern.aquatics@gmail.com.

July Birthdays

Marbella Davalos, Victoria Domnikova, Ethan Eckel, Ciara Fahy, Julie Horton, Evan Steenrod, Lillian Tanking.

Extended Calendar

July

17-19 Regionals
24-26 12&U State
28 Conference Champs
29 Final practice of the season
29-1 Futures
30-2 13&O State
29 Final practice to the season

August

6-9 14&U Zones

September

21 Tryouts
22 Fall & Winter Season begins

October

16-18 OZ Fall Classic
29 Sprint Time Trials

November

1 Pentathlon
12 Middle Distance Time Trials
13 Conference Meet
15 SSTY YMCA Invite
20-22 Arena Mid-Season Showdown

December

4-6 YMCA Finalist
11-13 RA Distance Classic
12-13 12&U Single Age State
17 Distance Time Trials

January

9-10 Penguin Challenge
17 Conference Meet
22-24 ChaseStrong Invite
24 J-HK 8&U All Star

February

7 Conference Champs
19-21 WI LSC Regionals
26-28 Senior State
27-28 10&U State

March

5-7 11-14 State
13-14 YMCA Sectionals
19-21 YMCA State

April

19 Tryouts
20 Banquet
21 Spring & Summer Season begins

How to TEAM SEA

In this section of the newsletter, you'll be able to review some of the processes involved with TEAM SEA. If you need additional help in understanding anything TEAM SEA related after reading this section, please reach out to Coach Neil. *Please note this section is under construction and will be updated throughout the season.*

How do we sign-up our swimmers for meets?

To enter your swimmer in any meet on our meet schedule (which can be viewed online at MEMBERS/MEET SCHEDULE or earlier in this newsletter) simply email Coach Neil stating which meet you plan on having your swimmer race in (please include the day(s) you plan on having your swimmer race if the meet is multiple days). 95% of our family's leave event selection up to the coaching staff (you are welcome to select your swimmer's events and if you do, please include them in the email you send).

Families can view meet information, entries, meet fees, and final results online on

the MEET SCHEDULE page. Families should view their escrow account via MEMBERS/ESCROW ACCOUNT throughout the season and forward meet fee payments via check (payable to SEA) or cash to any coach on deck.

How do we purchase TEAM SEA swim caps?

Coach Neil has TEAM SEA swim caps with him at practices and meets. Cost for silicone is \$20 and latex is \$5. What's the difference between the two caps ... basically, thickness. These days, most swimmers prefer silicone, but to each their own.

How many practices should my swimmer attend?

General rule of thumb: Bronze and Silver 2-3, Gold 4-5, and Senior 5-6.

How do I receive emails?

If you are currently not receiving weekly newsletter emails and other updates, please send an email to Coach Neil at south.eastern.aquatics@gmail.com and he'll ensure your email is added to the database.

I submitted a check for escrow and/or swim tuition and it's not cashed yet, when will it?

Deposits are made at the end of each month.

***Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve***