

Serpent Times

weekly newsletter for
Southeastern Aquatics
Racine Family YMCA Swim TEAM
est. 1984



TEAM SEA's Mission:

To empower the youth of southeastern Wisconsin to be champions in life through excellence in swimming.

July 3, 2020

Head Coach Notes

Our annual banquet now has a date ... Wednesday, August 5. This event will take place at the Franksville Beer Garden. It's our hope to line-up food trucks and the beer garden will be open (families are not allowed to bring their own alcoholic beverages). More information to follow ... please save the date!

Also scheduled is our team picture. Monday, July 27 (rain date July 28) we will meet at Meadowbrook Country Club at 10 AM. More information will follow and practice will not be offered on this date. Also, for those worried about gathering the team together for a team picture, VIP will be taking individual pictures and photoshopping a "team" picture. Sounds like a win and even fun!

Changes coming this Fall ... TEAM SEA's board along with the CEO of the Racine Family YMCA talked for the past three months about TEAM SEA becoming a fully YMCA swim team (which is the norm throughout USA) and at last month's board meeting, the decision was made to move forward as a fully YMCA swim team.

The two major changes include our YMCA membership fees (from \$50 annual to the monthly youth membership fee of \$18) and our board of parents change to an advisory role. More information will be shared as the process is codified for Fall & Winter Registration period (which will be handled through the welcome center desk at Sealed Air YMCA).

We will be conducting an expanded OST (off-season training) experience in August. OST will run Monday-Thursday in the mornings at Meadowbrook. Information can be found on the homepage of our website - take advantage!

We are in need of parents to step forward to help behind the scenes here at TEAM SEA. Currently, we are looking for some help in the kitchen during hosted meets, with SCRIP, and even a new treasurer. If you think you would be a good fit to help out behind the scenes, please reach out to me.

I can be reached at 262.994.3157 or south.eastern.aquatics@gmail.com. Please

contact me when you have any questions, concerns, or comments.

Are you social? TEAM SEA is - find us at Instagram (seaswimteam), Facebook (SEA Swim Team - this page is set to private and you'll need to request to join), or Twitter (@SEAWisconsin).

Katie's Kickboard

Hello again,

We are about half way through our summer, I have made it this far without a major sunburn! The weather has been beautiful, I think it's Mother Nature's way of paying us back for the spring we had. The water temperature is much more tolerable, especially for Bronze and Silver.

Coach Alyssa has been keeping them moving so they stay warm, but this week it was refreshing. We are making sure to spend plenty of time on kicking, technique, and of course having fun and FINALLY socializing with their friends.

Gold's have felt the heat this week, the water was much nicer, but dryland has been HOT! Make sure you pack a water bottle, and maybe a sports drink to keep you hydrated. Also making sure to eat breakfast before coming to practice, or even eat in the car on the way.

Gold's are meditating with LeBron James for 2 more sessions, we will continue meditating after this is done (I haven't picked it out yet). We will also start doing learning sessions, for 15/20 min at the beginning of practice focusing on an element of swimming. Remember to pack a soup can in your bag for shoulder exercises!

Feel free to contact Neil or I with any questions, comments, or concerns.

coachkatiejames@gmail.com

Upcoming Meets

Date	Meet	Entry Deadline
July 30	End of Season Time Trial	7/27
July 31	Rain date for above meet	

Hopefully we will be conducting a dual meet with GYD sometime in July as well.

Buffalo Wild Wings Home Team Advantage

Do you need a good excuse to skip cooking one night? Every time you dine in or carry out at our local Buffalo Wild Wings (next to Olive Garden at the corner of HWY 20 and 31), 10% of the total spent will be forwarded to TEAM SEA (yes, this does include alcohol). Just tell your server you are supporting TEAM "E" when placing your orders.

SCRIP Fundraising Information

SEA offers SCRIP sales as a fundraising option for our families. This has proven to be an easy way for many families to meet their fundraising requirement! SCRIP offers gift cards for many favorite merchants and restaurants, including Kohl's, Walmart, Pick 'n Save, Target, Kwik Trip, Starbucks, Amazon, iTunes, and many more. They make great gifts and are easy for families to use for personal use while fundraising. Take a look at the list, watch for specials, and see how easy it is to raise funds while you shop. Read the "how to" pages linked on our SCRIP webpage (www.sea-y.org/scrip) - you can also read about PrestoPay on that page too.

Your order can be placed at www.shopwithscrip.com by use the SEA enrollment cord (please email Julie Kopsea at jkopsea@yahoo.com for the code) and registering for PrestoPay at least two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA.

SCRIP delivery is in the pool balcony/bleachers, but individual arrangements can also be made. You may also take advantage of re-load and ScripNow options in between deliveries. Thank you for shopping!

Order Dates for Fall & Winter

<i>Order By</i>	<i>Delivery On</i>
July 12	July 15-16
July 26	July 29-30

If you have any questions or need help, please reach out to Julie Kopsea at 414.530.5399 or at jkopsea@yahoo.com.

Swimmer Spotlight

Will return!

Name:
Age:

Group: Bronze
Role Model:
Favorite Stroke:
Favorite Event:
Favorite Swimmer:
Future Goal:
Hobbies:
Famous Person You'd Like to Meet:
Favorite Book:
Favorite Movie:
If I could be any animal:
If you could change anything in the world, what would you change:

July Birthdays

Sarah Amundson, Hugo Arteaga, Natalia Badillo, Arev Buchaklian, Jayden DiBlase, Luiza Jaime, Austin Lentz, Madhura Patil, Evan Steenrod, Elizabeth Stratman, Matthew Thornton, Natalie Vitek.

Extended Calendar

July

27 Team picture, 10 AM, Meadowbrook
28 Board meeting, 6:00 p.m., Sealed Air Y
30 End of Season Time Trial
31 End of Season Time Trial
31 Last day of Summer practice

August

3-27 Off-season training
5 Banquet
September
8-17 Pre-season training
21 Tryouts
22 Fall & Winter Season begins

TEAM SEA Parent Board

President
Jeff Peterson - petersonj12@gmail.com
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Treasurer
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Head Coach
Neil Wright - south.eastern.aquatics@gmail.com

*Caring * Honesty
Respect * Responsibility
Build * Promote * Achieve*

Did You Know?

When you introduce new swimmers to TEAM SEA and they join, your escrow account is credited \$50. Take advantage!